



5 / 6 March 2021

כ"ב אדר תשפ"א

SHABBAT WILL START AT 5:33pm AND TERMINATE AT 6:36pm

Mazel tov to Louis Jesner and family on his Bar Mitzvah in the Main Shul
and Matti Green and family on his Bar Mitzvah in the Minyan
We extend a warm welcome to all of their family and guests.

KINLOSS SHUL IS OPEN FOR SERVICES

**PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE
PRE-BOOKED BEFORE 9am ON FRIDAY 5TH MARCH**

FRIDAY NIGHT

5:35pm MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Main Shul

5:25pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:15am MAIN SYNAGOGUE led by Chazan Eli Sufrin
Kriat Hatorah by Louis Jesner
Rabbi Lawrence will speak

9:30am THE MINYAN in the Kinloss Suite
Kriat Hatorah by Matti Green and Carl White
Rabbi Lawrence will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

Until further notice, The Youth Minyan, Family Service and Children's Service,
will not be taking place

SHABBAT AFTERNOON

5:35pm MINCHA AND SHIUR by Rabbi Laitner titled:
'Singing Pesach! Part 2 – the curious case of Hallel on Seder night'

6:36pm MA'ARIV & TERMINATION OF SHABBAT
in the Main Shul

Uncle Moishy: “Ain’t Gonna work on Saturday” – Leora and Harry Salter

וַאֲתָהּ דִּבֶּר אֶל־בְּנֵי יִשְׂרָאֵל לֵאמֹר אַךְ אֶת־שַׁבָּתִי תִשְׁמְרוּ כִּי אֹת הָיָה וּבִינֵיכֶם לְדֹרֹתֵיכֶם לְדַעַת כִּי אֲנִי ה' מִקְדָּשְׁכֶּם:

“Speak to the Israelite people and say: Nevertheless, you must keep My Shabbat, for this is a sign between Me and you throughout the ages, that you may know that I the Hashem have consecrated you.”

This week’s Parasha continues on the same theme with the instructions on how to build the Ark, the Table, the Menora, and the other vessels. Right in the middle of the instructions to build each item, the Torah interrupts and introduces a completely different subject: “You must keep My Shabbat, for this is a sign between Me and you throughout the ages...”

Could there be a connection between the building project and Shabbat? Otherwise, how can we explain the interruption of the commandment to keep Shabbat?

The two are indeed strongly connected and so, even in the midst of all activity, we must stop on Shabbat. However important and holy building the Mishkan is, all work must cease on the seventh day. The Sforno comments that even though Hashem commanded the Jewish people to build a residence for him, this does not override the restrictions associated with the proper observance of Shabbat. The Sforno adds that Shabbat is a symbol serving as a reminder of G-d and the Bnei Yisrael’s mutual relationship, and if the Jewish people were to ignore this symbol by building the residence for G-d on this day, then there would no point for G-d to take up residence in the Mishkan.

Moreover, the thirty-nine categories of labour that are forbidden on Shabbat are all derived from the work of the Mishkan. For thousands of years, Halachic decisions about what is permitted on Shabbat have stemmed from when the Bnei Yisrael stopped working on the Mishkan in the wilderness.

Even though the building of the Mishkan was hugely important and an extremely holy building, the holiest thing the Bnei Yisrael could do was cease working on the seventh day to respect Shabbat.

This pattern is as relevant to our lives as it was in the Mishkan. For six days a week we work our daily lives but on the seventh day, we stop and remember the symbol and sign between us and G-d. No matter how important or holy our work may be, we must recognise the importance of Shabbat in order to serve Hashem to our greatest ability. As the classic Uncle Moishy song says: “Ain’t gonna work on Saturday, even double, triple pay, won’t make me work on Saturday, it’s Shabbos Kodesh!”

KI TISA STATISTICS

MITZVOT: 9 OF THE 613 MITZVOT, 4 POSITIVE AND 5 PROHIBITIONS
VERSES: 139 (10TH LONGEST OF THE 54 SIDROT)
WORDS: 2002 (5TH LONGEST)
LETTERS: 7424 (8TH LONGEST)
HAFTARAH: 39 VERSES (6TH LONGEST OF THE 80 HAFTAROT)
TODAY’S SECOND ALIYAH IS THE LONGEST IN THE TORAH FOR LEVI.

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
KI TISA	540	352	484
MAFTIR (PARAH)	898	652	838
HAFTARAH (PARAH)	1194	999	1216

Getting our Seder in Order

Yashar Koach to everyone who helped with Purim, particularly our readers, some of whom leined several times over, live and on Zoom.

We are now in the month before Pesach. Some of the shops have already begun the stock change over. The Talmud (Pesachim 6a) teaches שואלין ודורשין בהלכות we should examine and study the laws of Pesach from thirty days before the festival; and the idea is extrapolated to the other chagim as well.

As well as recalling kashering techniques, what we do when Seder falls on Motzaei Shabbat, how we are going to keep track of tefilla times when the clocks go forward after 2nd Seder etc, our preparation should look to making our Sedarim both traditional and innovative.

The familiar tunes, menu and ritual are essential, the mainstay of our traditions, binding us in our families. However, the Seder is about questions and answers, and conversation around the Exodus, inspired by the passages of Chazal in our Haggadot. While I have used the same stained Haggadah every year for the last thirty to navigate the evening – the hamotzi and marmor pages a forensic *charosetologist's* dream, ahead of the Seder I like to read something new and different. We've grown by at least one Haggadah a year. I recommend them as perfect presents for most occasions and all ages.

My stained and dependable Hagaddah is the R' Dovid Feinstein Kol Dodi (Artscroll), which has excellent essays on the conduct of the evening and very clear guidance on the pages. The ruler down the edge of the back cover is great for measuring matzah and lettuce leaves, ensuring that seder guests do not get shortchanged and underperform their degustation.

Today, I would use the Rav Rimon "Shirat Miriam Hagaddah" (Mossad HaRav Kook). Rav Rimon is an outstanding modern Posek and educator. Taking advantage of progress in publishing, it has flowcharts as well as a great commentary. Where I used to use a ruler to measure my matzah, Rav Rimon has full size photographs of how much matzah needs to be consumed for hamotzi, with the marmor, afikoman etc.

Rabbi Sacks z"l's "Chief Rabbi's Haggadah" is a staple for every home. It has wonderful thematic and

historical essays. It is more for reading ahead of Yom Tov than at the table, though it has a clear haggadah text with excellent but brief commentary.



I recently acquired Erica Brown's "Seder Talk – Conversational Haggada" (OU Press / Maggid). Erica is a dynamic educator with great insights. The Haggadah has two parts. From right to left there is a functional Haggadah with commentary. From Left to right Erica has an essay for each day of Pesach, drawing on classic sources, modern art, literature and psychology. "Seder Talk" has accessible ideas and discussion points in each essay but is also worthwhile for the reader well versed in commentary.

As well as functional Haggadot, there are some beautiful facsimile editions of historic illuminated works from around the world. They are interesting because the texts may be a little different and the artwork tells its own story. The Birds' Head Haggadah (c1300) from Germany avoids any representations of the full human face. Egyptians are incomplete crusaders, whereas the Jews have birds' heads and in slavery wear the designated Jewish conical hats. Some suggest that these are a hook-nose trope and other anti-Jewish imagery was required by the Christian censors. Others suggest that the eagle or griffin (lion and eagle) as symbol of strength and Hashem's protection.

I haven't yet touched on the editions devoted to specific commentators, or collections (Ramban, Alschich, Rav Soloveitchik, Rav Kook etc); or those which are good for children of different ages, with activities or short Q&A – Divrei Torah the kids can share around the table.

A well run seder and commentary best evolves with some reading and preparation. This year we are again going to have sedarim without extended family and friends. Ahead of the seder (and not for the seder), it would be great to prepare some short Pesach videos to share around the families and some personalised handouts for the evening based on what we have read.

Shabbat Shalom

R' Jeremy Lawrence

Bring Your Lunch and Learn Together Starts at 1pm



WEDNESDAY 10 MARCH 2021
RABBI FRIEDMAN

WEDNESDAY 17 MARCH 2021
RABBI GARBER

WEDNESDAY 24 MARCH 2021
PNINA SAVERY



Catch up of Rabbi Lawrence's Lunch & Learn from the 3rd March
<https://youtu.be/ESAtLueH0vc>

www.kinloss.org.uk/landl

The Wellington Hospital
part of **HCA Healthcare UK**



HEALTHCARE TALKS

A 2021 webinar series organised by Kinloss Synagogue in partnership with
The Wellington Hospital and United Synagogue

Kinloss would like to thank :
Professor Martyn Caplin, Dr Clive Onnie, Dr Huw Beynon
Prof Daniel Hochhauser and Dr Jenny Cross

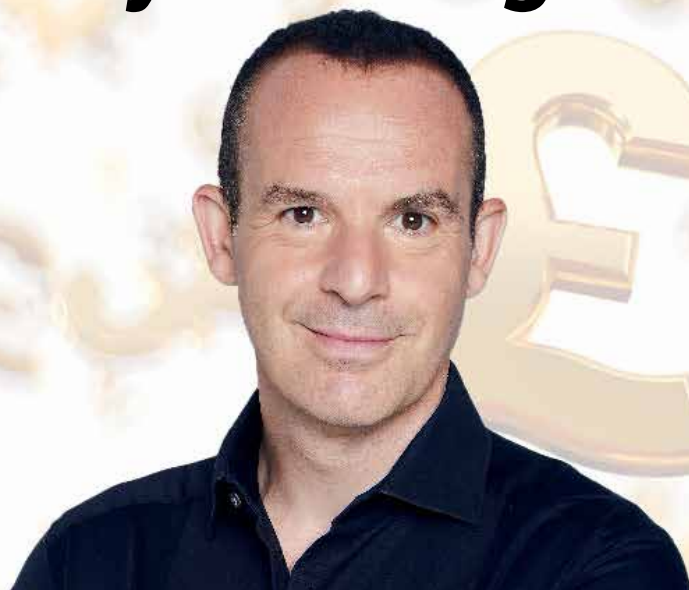
for their participation and extremely informative discussion on 2nd March
"The latest thinking on disease medical advances"

To view recording of this event go to :

<https://www.facebook.com/KinlossUS/videos/218493923357888>

To book a place on the next in the series "For the over 70s: optimising your health"
please register online at www.kinloss.org.uk/health

Meet the **Money Saving Expert**



**RABBIS LAWRENCE AND LEVIN
IN CONVERSATION WITH MARTIN LEWIS**

**MONDAY 8th MARCH
8pm**



Martin Lewis is the founder of **MoneySavingExpert.com**, his personal charity **Money and Mental Health Policy Institute** (MMHPI), his TV show **The Martin Lewis Money Show** and is a campaigning broadcast journalist who has saved consumers across the country billions of pounds. To find out how and to hear his thoughts on personal finance in the pandemic, join us for this exclusive event.



Live on Zoom

**BOOK NOW AT
WWW.KINLOSS.ORG.UK/MARTIN**


KINLOSS


MSE
MoneySavingExpert.com

SH
South Hampstead Synagogue



KINLOSS



KINLOSS PRESENTS
ONLINE
GAME SHOW



Motzei Shabbat 13th March at 8pm

***Hosted by a production team, full of fun
rounds, trivia and prizes
it's an event night not to miss!***

£5 per zoom screen

***Book online at
www.kinloss.org.uk/gameshow***

Meet Shaun Bailey



Join Rabbi Lawrence in conversation
with Shaun Bailey (AM)

Conservative Candidate for London Mayor



Thurs 11th March 8pm
www.kinloss.org.uk/mayor

Meet Siân Berry



Join Rabbi Lawrence in conversation
with Siân Berry

Green Candidate for London Mayor



Thurs 18th March Time TBC
www.kinloss.org.uk/mayor

*Invitations have also been extended to Sadiq Kahn (Labour) and Luisa Porritt (Liberal Democrats)
We look forward to updating you.*



Magical Prague with Charles Landau

"splendour and beauty of Prague, a
city beyond compare"

Wednesday 7th April at 8pm

The treasures of the Old Town with its cemetery and
museum

Relive the life of the Maharal and the legend of the
Golem

Franz Kafka, Dvorak, Smetana, Nicholas Winton
and Charles Bridge

The terror of Theresienstadt, Heydrich,
assassination, heroes and martyrs

What was 'The Museum of an Extinct Race'?

Book Now

www.kinloss.org.uk/prague

Baron (Frank) Field of Birkenhead

in conversation with Rabbi Lawrence



MP for Birkenhead 1979-2019

Minister for Welfare Reform

Friend of Israel

Campaigner for Social Justice



"I am resigning the whip... the latest example of Labour's
leadership becoming a force for antisemitism in British
politics... The latest example, from last week, comes
after a series of attempts by Jeremy to deny the past
statements and actions by him were antisemitic. Britain
fought the Second World War to banish these views from
our politics, but that superhuman effort and success is
now under huge and sustained internal attack."
Frank Field MP, Aug 2018

Thurs 15th April

8pm

www.kinloss.org.uk/field

MAZEL TOV • מזל טוב



LOUIS JESNER

Mazel Tov to Louis on his Bar Mitzvah

Louis has two younger brothers Isaac and Toby, and he attends City of London School

His hobbies are playing football, he is a black belt in karate, a keen swimmer and runner, and enjoys X-box

Charity work for his bar mitzvah, Louis has volunteered for GIFT

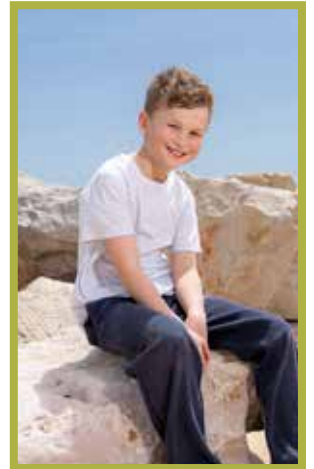
MATTI GREEN

Mazel Tov to Matti on his Bar Mitzvah

Matti has three siblings Lili, Kiri and Ethan, and he attends JFS

His hobbies are football, gaming and cycling

Charity work for his barmitzvah, Matti had a mountain climb which was postponed due to the pandemic but hopes to do this in July



* Mazel tov to Dr Emily Simon & Elie Jesner on Louis Bar Mitzvah. Mazel tov also to grandparents Helen & John Simon, Cynthia Jesner and Rabbi Adrian & Pamela Jesner.

* Mazel Tov to Chaja and Aron Green on Matti's Bar Mitzvah. Mazel tov also to grandparents Ineke & Michael Woolf, Melvyn Green, and Nadia & Marcel Wikler.

* Mazaltov to Sara Renshaw and Matan Aderet on the birth of a baby girl in Israel. Mazaltov also to grandparents Elaine and Stephen Renshaw and Nava Aderet. Mazaltov also to great grandmother Betty Renshaw in Tel Aviv.

MONDAY MATTERS FOR WOMEN

The next group meeting will be on
MONDAY 8TH MARCH
at 3:00pm

Log in via: www.kinloss.org.uk/matters

Password: Kinloss

Everyone is welcome

CHATS FOR CHAPS

Percy Kaye is inviting you to a scheduled Zoom meeting
ON WEDNESDAY 10TH MARCH AT 11:00am

To join the meeting, click:
www.kinloss.org.uk/chaps Password: Kinloss

THIS PESACH 4,000+ JEWISH PEOPLE NEED YOUR SUPPORT Help US to help them

7 - 8 MARCH 2021

WWW.CHARITYEXTRA.COM/USCHESED



We are looking for people to Lein in the Main Synagogue.

If you are able to volunteer, please email
Clive Onnie - Cliveonnie@gmail.com

Children's Services

with grateful thanks to
Natalie Sommer
we have uploaded her
Children's Service Videos

KI TISA
<https://youtu.be/pujEuXEgfvM>

other links for Natalie are
available on
www.kinloss.org.uk/natalie

Bluebirds Ballet School



has established itself as a
reputable school offering weekly
ballet classes for
dancers over the age of 55
(Silver Swans Ballet).

They are currently teaching all their
classes online and would like to
introduce the Kinloss community
to another **FREE taster**
on **Monday 15th March**
at **10:30am**.

To register for the free trial, please email Nicole
at bluebirdsballetschool@gmail.com

Yvrit Discussion Group

Weekly on Mondays
from 7:30pm-9pm by Zoom
For more information go to
<http://www.kinloss.org.uk/ivrit-discussion-group>

Please contact Tony Korn direct :
tk66654@gmail.com



WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS



Shul members, PLEASE join our security rotas for shifts.
Our Shul is one of the most visible, high profile buildings in
London.

The Community remains on a serious state of alert
and we **MUST** provide a visible deterrent.
You would only be required for one hour every eight weeks,
on Shabbat morning.

Please email securekinloss@yahoo.co.uk or call
Martin Shiers on 07831 836 031, to volunteer and register.

giftaid it



Gift Aid is a government
initiative to encourage giving to
charities. Signing up would
maximise the value of your
contributions made to Kinloss.

Are you already signed up?
If you're not sure or would like to
sign up, please call the
Kinloss Office to discuss
with Denise or Shimon
020 8346 8551

ZOOM PILATES FOR WOMEN

Join a Pilates group every Monday evening at 8.15pm on zoom. Classes £10 per session.
For more information or to book, please contact Josie directly on 07890 676 738

Mazel Tov to the Children in our Community celebrating their birthdays this week

Samuel Hart (5)
Itai Zeloof (9)
Tali Stock (9)
Eliana Suchet (7)
Joshua Beenstock (12)
Noam Greenaway (12)

Jack Clyne (10)
Ori Zeloof (9)
Oscar Gradel (10)
Jude Marks (6)
Jason Fouladbakhsh (12)
Toby Jesner (8)



SIGN UP FOR

DAVENING SQUAD

LEARN HOW TO
LEAD KABBALAT
SHABBAT

CONTACT HARRY TO SIGN UP ON: 07827031851
FOR BOYS OVER BARMITZVAH - STARTING 8TH
MARCH



ONLINE COMMUNITY SCREENING
OUT OF THE DARKNESS
NARRATED BY JASON ISAACS

7.30PM
MARCH 16TH 2021

ONLINE

Please join us for a special Community Screening of our new and original Docufilm **Out of the Darkness**.

Narrated by Jason Isaacs.

Tuesday 16th March 2021, 19:30 – 20:45.

Out of the Darkness includes the compelling testimony of Holocaust Survivor Janine Webber and features a diverse cast of participating students and a rabbi. It teaches students about the Holocaust and helps students understand that we must all play our part in the fight against racism, victimisation and intolerance if we are to build a better, safer future for everyone.

To view the trailer click [here](#)

[CLICK HERE TO REGISTER](#)

www.holocaustlearninguk.org

"I thought the Docufilm was amazing. I think my peers would get so much from watching it at school. I think it is educational for all ages and hits all the points in every way, making it so moving and interesting."
Evie, Year 12

Keep up-to-date on on Facebook, Instagram and Twitter:

Instagram
[holocaust_learning_uk](#)

Twitter
[@HolocaustLearn](#)

Facebook
[HLearningUK](#)

Emerging from Lockdown

a pre-Pesach Shiur with
Rabbi Ashi Taragin

Weds 17th March, 8pm

www.kinloss.org.uk/PesachShiur



KINLOSS

BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:

In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

Only members can book in using this system.

Individuals over the age of 21 must have membership separate to that of their parents.

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

Please do not attend if you have not received confirmation of booking.

SERVICES (שבת SEE FRONT PAGE)	SUN 7TH 23 ADAR	MON 8TH 24 ADAR	TUES 9TH 25 ADAR	WEDS 10TH 26 ADAR	THUR 11TH 27 ADAR	FRI 12TH 28 ADAR
SHACHARIT	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
SEPHARDI	8:00am	6:30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	5:35pm	5:35pm	5:35pm	5:35pm	5:35pm	MINCHA KABBALAT SHABBAT 5:45pm

PESACH 2021

SALE OF CHAMETZ FORMS ARE NOW
AVAILABLE ONLINE

PLEASE GO TO : WWW.KINLOSS.ORG.UK/PESACH

KINLOSS cares

about you

What can we offer?



- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt

Contact Rochelle
0208 349 5263

kinlosscares@kinloss.org.uk

If you are attending our services and able to help a bereaved family that still cannot get to shul to recite Kaddish for a loved one, please could you register on the link

www.theus.org.uk/kaddishvolunteers

With many thanks

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 6 MARCH

Ashley Brodin	Mother
Leonard Coleman	Sister
Harold Ellis	Mother
Mahin Hakimian	Father
Pauline Harris	Mother
Sonia Hirsch	Mother

Sunday 7 MARCH

Elizabeth Azizoff	Father
Davide Barzilai	Mother
Brian Clarke	Mother
Amanda Davis	Mother
Gloria Kaufman	Brother
Samantha Kay	Father
Anthony Korn	Father
Muriel Krieger	Mother
Eve Kugler	Husband
Miriam Langdon	Father
Sharon Lee	Mother
Harvey Plant	Father
Simon Sherrard	Father

Monday 8 MARCH

Fay Aarons	Brother
Monica Coburn	Father
Linda Davis	Mother
Suzanne Doffman	Father
Zena Gerstler	Brother
Laurence Joseph	Father
Linda Lew	Husband
Leo Rosenberg	Brother
Pamela Rubens	Husband
Eta Weitzman	Mother
Monty Zeid	Brother

Tuesday 9 MARCH

David Elek	Father
Audrey Godfrey	Mother
Deborah Harris	Husband
Isaac Symons	Mother
Esther Yellon	Father

Wednesday 10 MARCH

Harvey Bengen	Father
Gilda Braff	Father
Eva Greenspan	Husband
Laurence Greenspan	Brother
Roslyn Pine	Mother

Thursday 11 MARCH

Arnold Archer	Father
Sheila Cameron	Mother
Neil Cohen	Father
Jonathan Deal	Son
Frances Greenfield	Mother
Geoffrey Solomon	Father
Miriam Solomon	Sister
Susan Sperber-Kosky	Father
Anthony Stanton	Father
Sylvia Woolf	Mother

Friday 12 MARCH

Anne Chajet	Father
Charles Cohen	Father
Dara Ebrahimoff	Father
Shirley Freeman	Mother
Rosalind Goulden	Mother
Michael Jacobs	Mother
Margaret Marks	Father
Yvonne Mocatta	Mother
Sandrine Prager	Mother
Roselyn Rosenfeld	Mother
Valerie Selwyn	Father

CONDOLENCES:

* Michael Tager, Patrizia Tager, Claudia Marks and Silvia Tager-Shattock on the passing of their brother and father Eric Tager Z"L

* Charles Kelmanson on the passing of his mother Freda Morris Z"L

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

14/03/2021	09:30 at Bushey Old in memory of Jean Morris Z"L
17/03/2021	12:00 at Bushey Old in memory of Norman Gilmore Z"L
21/03/2021	12:00 at Bushey Old in memory of Sheila Cohen Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

