



2 October 2021

כ"ו תשרי תשפ"ב

**SHABBAT WILL START AT 6:24pm AND TERMINATE AT 7:23pm**

*Rosh Chodesh Elul falls on Wednesday & Thursday 6 / 7 October*

**FRIDAY NIGHT**

6:25pm MINCHA, KABBALAT SHABBAT & MA'ARIV  
in the Nissan and Rifca Deal Halls

6:20pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV  
in the Sephardi Synagogue

**SHABBAT MORNING SERVICES**

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

**9:15am MAIN SERVICE in the Main Synagogue**  
**led by Chazan Eli Sufrin**  
Rabbi Lawrence will speak

**9:30am THE MINYAN in the Kinloss Suite**  
Kriat Hatorah by Ben Morris  
Rabbi Laitner will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue  
led by Rabbi Heller and Reuben Gorji

9:45am YOUTH SERVICE in the Nissan and Rifca Deal Halls

**11:00am CHILDREN'S SERVICES**  
must be booked in advance [www.kinloss.org.uk/childrenservice](http://www.kinloss.org.uk/childrenservice)  
and bookings will open every Sunday morning.  
Places are limited and are on a first come first served basis

Ages 0 – 4 in the Liora Graham Beit Midrash - run by Michal Bassalian and Coral Harding  
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer  
Yr 3 - 6 in the first floor classrooms - run by Jason Marantz

**PLEASE NOTE BOOKING IN ADVANCE WILL NOT BE REQUIRED  
FOR CHILDREN'S SERVICES FROM THE 9TH OCTOBER.  
HOWEVER, ADULTS ARE STILL REQUIRED TO WEAR MASKS**

**SHABBAT AFTERNOON**

6:20pm MINCHA AND SHIUR by Rabbi Laitner titled  
"Peshuto shel Mikra" – what is the 'straightforward' meaning of Biblical texts?"

7:23pm MA'ARIV & TERMINATION OF SHABBAT  
in the Main Synagogue

# An Introduction to the Book of Bereishit

By Rabbi Michael Laitner

Rabbi Naftali Zvi Yehuda Berlin (aka by the acronym *Netziv*) was one of the leading Lithuanian Rabbis of the 19<sup>th</sup> century. Below are some thoughts from his introduction to his commentary on *Sefer Bereishit* (the book of Genesis).

*Sefer Bereishit* is also known as *Sefer Hayashar*, the book of the upright (see Talmud Tractate Avoda Zara 25a for examples). The ‘upright’ are Abraham, Isaac and Jacob, central characters in *Sefer Bereishit* who are referred to as *yesharim*. Why are they specifically called *yesharim* (upright people) rather than, say, *tzadikim* (righteous people)?

*Netziv* answers that Abraham, Isaac and Jacob were certainly *tzadikim* and other good things. However, the trait which the Talmud wishes to emphasise is *yesharim* as they excelled in being upright in their dealings with other people.

*Netziv* contrasts this with the generation of the Second Temple. People of that generation were righteous and scholarly. However, they were not *yesharim* in the way they behaved towards each other. Because they committed the sin of *sinat chinam* (causeless hatred), the Temple was destroyed in their generation (see Talmud Tractate Yoma 9b).

*Netziv* writes that part of this *sinat chinam* was a failure to accept that others could be right. Individuals felt they had the right to denigrate anybody who did not comply with their own personally stringent religious standards, even though the other persons’ actions were permitted by normative Jewish law and practice rather than being unacceptable deviations. This failure caused *sinat chinam* and ultimately led to the destruction of the Temple.

Abraham, Isaac and Jacob are praised as *yesharim* as they were righteous and upright both in their relationship with God and in their relationship with other people, not denigrating those who acted acceptably even whilst not maintaining the same religious standards as themselves.

As we read through the stories of *Sefer Bereishit*, we should think about the behavioural examples of the characters that we encounter and how we can apply their teachings in our own lives, so that we too can aim to become *yesharim*.

## BEREISHIT STATISTICS

MITZVOT: THERE IS ONLY ONE MITZVAH IN THE SIDRA, WHICH IS THE FIRST IN THE TORAH: TO BE FRUITFUL AND MULTIPLY.  
VERSES: 146 (8TH LONGEST OF THE 54 SIDROT)  
WORDS: 1931 (8TH LONGEST)  
LETTERS: 7235 (11TH LONGEST)

THE MYSTERY OF THE SAMECHS: THE LAST LETTER TO MAKE ITS APPEARANCE IN THE TORAH IS THE SAMECH. REMARKABLY, OUT OF THE 7,235 LETTERS IN THE SIDRA, THERE ARE ONLY 7 SAMECHS.

| Page No. | SONCINO | HERTZ | ARTSCROLL |
|----------|---------|-------|-----------|
| Sidra    | 1       | 2     | 2         |
| Haftarah | 27      | 21    | 1130      |

## Head First

### What does it mean to be well?

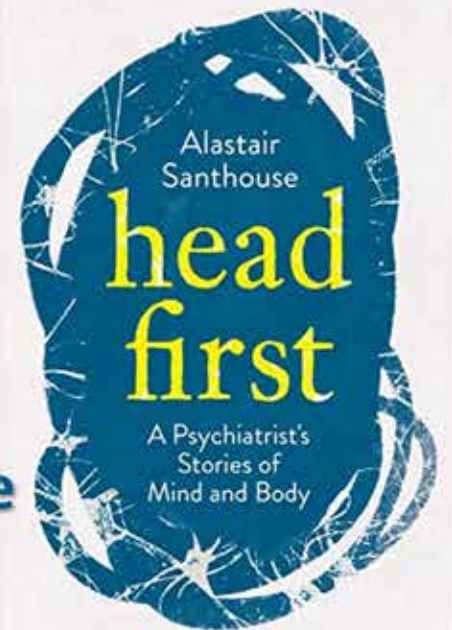
Anorexia... Depression... Exhaustion...

Why what's "all in your mind" matters...



**Dr Alastair Santhouse**

Consultant Psychiatrist



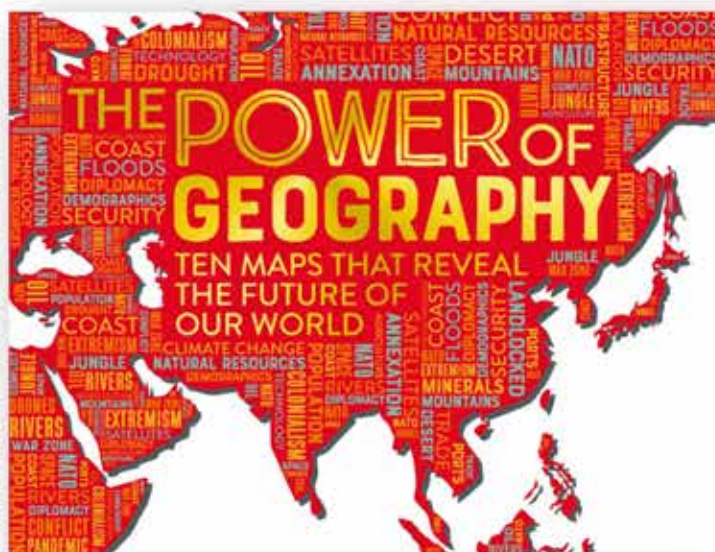
Monday **11<sup>th</sup>** October 8pm Live at Kinloss & on Zoom

[www.kinloss.org.uk/headfirst](http://www.kinloss.org.uk/headfirst)

**Rabbi Lawrence** in conversation with the **Authors** with **Q&A**

## The Power of Geography

### All about Space & Security...



Monday **18<sup>th</sup>** October 8pm on Zoom

[www.kinloss.org.uk/power](http://www.kinloss.org.uk/power)

### Tim Marshall

Acclaimed Diplomatic Editor,  
Foreign Correspondent and  
Political Analyst



# **Lunch and Learn In Kinloss building and on zoom Starts at 1pm**



**WEDNESDAY 13 OCTOBER 2021**  
**RABBI ZEIDMAN**



**WEDNESDAY 20 OCTOBER 2021**  
**RABBI MASON**



**WEDNESDAY 27 OCTOBER 2021**  
**RABBI WAYLAND**



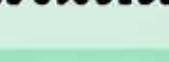
**WEDNESDAY 3 NOVEMBER 2021**  
**RABBI Y FINE**



**WEDNESDAY 10 NOVEMBER 2021**  
**RABBI LAWRENCE**



**WEDNESDAY 17 NOVEMBER 2021**  
**RABBI WOLLENBERG**



**WEDNESDAY 24 NOVEMBER 2021**  
**PNINA SAVERY**



**WEDNESDAY 1 DECEMBER 2021**  
**RABBI CHAPPER**



**WEDNESDAY 8 DECEMBER 2021**  
**RABBI D FINE**



**WEDNESDAY 15 DECEMBER 2021**  
**CHAVA WULWICK**

**In Beit Hamidrash and streamed via  
[www.kinloss.org.uk/landl](http://www.kinloss.org.uk/landl). £5 for light lunch**

# MAZEL TOV - מזל טוב

\* Mazel Tov to our chattanim Jeremy Mindell and Martin Shiers (Main Synagogue) and Richard Ellis and Michael Goldman (Hashkama).

## IVRIT DISCUSSION GROUP 'CHUG'

will return on  
Monday 4th October at  
7.30pm

Please contact  
Tony Korn  
tk66654@gmail.com  
or 07958 334 665  
for more details

## SHARED READING GROUP

EVERYONE IS WELCOME  
EXISTING OR NEW PARTICIPANTS

**Tuesday 5th October AT 2:00PM**

Zoom link:

<https://us02web.zoom.us/j/4377475806?pwd=YzBuclDMKzBNejdYczlhZytmUFJlQT09>

**Meeting ID: 437 747 5806**

**Passcode: books**

For more information, please speak to:  
Kate Fulton on 07801 911 481 or  
kathrynfulton@hotmail.com



## Prospective Parents Tours

We invite you to  
experience what Sacks  
Morasha is all about.

Take a walk through  
our corridors and meet  
our wonderful team in-  
person. You can also  
watch our video and  
unique 3D virtual tour at  
[sacksmorasha.org.uk](http://sacksmorasha.org.uk)



Strong links  
with Jewish  
and private  
secondary  
schools

Feeding  
curiosity  
and building  
confidence



Excellent  
well-being  
programme

Providing  
high  
academic  
excellence

Join us for a Prospective Parents meeting at 10am, 12<sup>th</sup>  
October or 8pm, 18<sup>th</sup> October. To register your interest,  
email [office.administrator@morashajps.org.uk](mailto:office.administrator@morashajps.org.uk)  
or call 0203 115 1900

## WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our  
security rotas for shifts.

Our Shul is one of the most visible,  
high profile buildings in London.

The Community remains on a serious  
state of alert and  
we **MUST** provide a visible deterrent.

You would only be required for one hour  
every 8 weeks, on Shabbat morning.

Please email :  
[securekinloss@yahoo.co.uk](mailto:securekinloss@yahoo.co.uk)  
or call  
Martin Shiers on 07831 836 031,  
to volunteer and register.



# HAMPSTEAD THEATRE

Wednesday 27th October

**Delicate, witty and epic in equal measure - travels from Nottingham to Zimbabwe to explore a mother and daughter's search for belonging, their struggle with a multicultural heritage, and a haunting history that cannot be ignored.**

**Play starts 8pm prompt -  
£15 per adult ticket for Kinloss Members (RRP £20)**

**[WWW.KINLOSS.ORG.UK/THEATRE](http://WWW.KINLOSS.ORG.UK/THEATRE)**

  
**KINLOSS**

**‘Kinloss Knit, Stitch and Natter’ group  
will be taking a break over the summer/ chaggim period  
and will restart again  
on Tuesday 12th October at 3pm.  
For more details, please visit [www.kinloss.org.uk/knit](http://www.kinloss.org.uk/knit)**



## YEAR 7 INDUCTION SHABBAT

Shabbat 23rd October

9:45am Youth Service in the Deal  
Halls followed by a bumper  
Kiddush to welcome Year 7

### Movie and Waffles Night

Motsei Shabbat @ 7:20pm in the  
Deal Halls

Movie and Waffle Bar by  
WaffleMeUP

Sign up: [www.kinloss.org.uk/waffles](http://www.kinloss.org.uk/waffles)

For more information, visit:  
[www.kinloss.org.uk/year7](http://www.kinloss.org.uk/year7) or  
contact Leora & Harry on:

07827031851 or [youth@kinloss.org.uk](mailto:youth@kinloss.org.uk)



## YEAR 7 MOVIE AND WAFFLES NIGHT

Motsei Shabbat 23rd October  
7:20pm in the Deal Halls  
£4 for members - £8 for non-  
members

Movie and Waffle Bar by  
WaffleMeUP

Sign up now:  
[www.kinloss.org.uk/waffles](http://www.kinloss.org.uk/waffles)



## 13 @ KINLOSS

### A PARENT AND SON BAR MITZVAH PROGRAMME

LEARN KEY FUNDAMENTAL TOPICS OF JUDAISM AND THE  
PRACTICAL SIDE OF BECOMING A BAR MITZVAH BOY IN A  
7 PART PROGRAMME:

WISDOM  
MITZVOT  
ISRAEL  
JEWISH HISTORY  
CHESED  
MENTAL HEALTH  
FINALE

EACH SESSION WILL BE TAUGHT THROUGH EXPERIENTIAL  
LEARNING

TO SIGN UP AND FIND OUT MORE INFORMATION ABOUT  
THE PROGRAMME, VISIT: [WWW.KINLOSS.ORG.UK/BM](http://WWW.KINLOSS.ORG.UK/BM)

MEMBERS: £40 NON-MEMBERS: £50

FOR MORE INFORMATION, CONTACT LEORA AND HARRY:  
07827031851 OR EMAIL: [YOUTH@KINLOSS.ORG.UK](mailto:YOUTH@KINLOSS.ORG.UK)



## 12@Kinloss Kinloss Bat Mitzvah Programme

**The course includes interactive sessions  
exploring Jewish identity and values**

**Using text and creative activities  
relating to remarkable women from  
history**



Taught on Wednesday Nights starting in  
October

For Parents and Daughters  
£40 for Members, £50 for Non-Members

To sign up, go to: [www.kinloss.org.uk/bt](http://www.kinloss.org.uk/bt)

RABBI LAWRENCE IN CONVERSATION

# BOOK LAUNCH

*Melanie Harris*

MONDAY

8TH NOVEMBER

8.15PM, IN THE KINLOSS  
BUILDING AND VIA ZOOM



SELF PUBLISHED THRILLER BY KINLOSS MEMBER MELANIE - When a bridge club embark on a Mediterranean cruise, one of the more colourful members is brutally murdered and the body is concealed on the recreation deck



BOOK NOW

[WWW.KINLOSS.ORG.UK/MELANIE](http://WWW.KINLOSS.ORG.UK/MELANIE)



KINLOSS



KINLOSS  
tribe

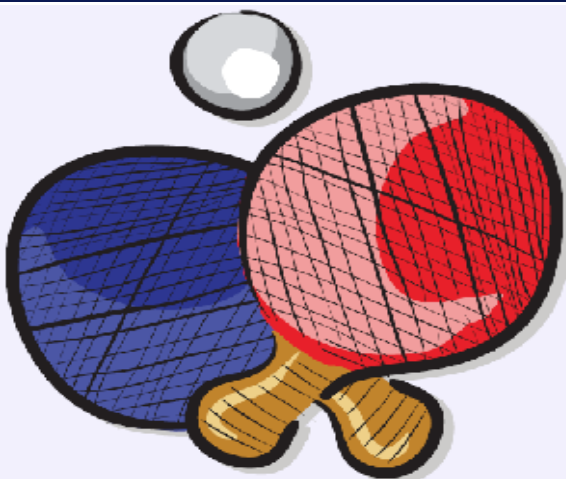
## Kinloss Youth Service Kiddushim

Is it your anniversary of  
your Bar/Bat Mitzvah or  
Birthday?

Do you have a family  
celebration?

Would you like to  
sponsor the Youth  
Service Kiddush?

Contact us to sponsor  
the Kiddush:  
[youth@kinloss.org.uk](mailto:youth@kinloss.org.uk)  
or 07827031851



Our **Table Tennis Club for children**  
will be restarting after the Chaggim.  
For further information and to  
register your interest, please  
contact Stuart Lasky via email

[stuartlondon@btconnect.com](mailto:stuartlondon@btconnect.com)

Mazel Tov to the Children in our  
Community celebrating their  
birthdays

Sarah Ward (3)  
Caleb Zwick (10)



*giftaid it*



Gift Aid is a government initiative to  
encourage giving to charities.

Signing up would maximise the value  
of your contributions made to Kinloss.

Are you already signed up?  
If you're not sure  
or would like to sign up,  
please call the  
Kinloss Office to discuss  
with Denise or Shimon  
020 8346 8551

## THE FRIENDSHIP CLUB AT KINLOSS

**will return on  
Tuesday 5th October  
and every Tuesday thereafter**

**WE ARE ALSO LOOKING FOR DRIVERS  
TO PICK UP AT**

**9:30AM AND COLLECT AT 1:00PM**

**CALL TRUDY ON 020 8346 3925  
OR JUST TURN UP  
EVERYONE IS WELCOME!**

## KINLOSS cares about you

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - [www.kinloss.org.uk/pnt](http://www.kinloss.org.uk/pnt)



**Contact Rochelle  
0208 349 5263  
[kinlosscares@kinloss.org.uk](mailto:kinlosscares@kinloss.org.uk)**

### TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21 - 29

**Is your child single and between the age of 21 - 29?**

**If so, they are not covered under your household membership and funeral scheme.  
It is essential they are members in their own right  
cost is £5 a month.**

**This will also enable them to attend weekday, Shabbatot and Chaggim Services.**



**Please sign up here :  
<https://portal.tribeuk.com/account/tcm/register/>**

## SERVICE TIMES:

**We are no longer asking members to book for Shabbat and Weekday Services,  
and we are still unable to accept non members**

| SERVICES<br>(שבת SEE<br>FRONT PAGE) | SUN 3RD<br>27 TISHREI | MON 6TH<br>28 TISHREI | TUES 7TH<br>29 TISHREI | ROSH<br>CHODESH<br>WEDS 8TH<br>30 TISHREI | ROSH<br>CHODESH<br>THUR 9TH<br>1 CHESHVAN | FRI 10TH<br>2 CHESHVAN                  |
|-------------------------------------|-----------------------|-----------------------|------------------------|-------------------------------------------|-------------------------------------------|-----------------------------------------|
| SHACHARIT                           | 8:00AM                | 7:15AM                | 7:15AM                 | 7:00AM                                    | 7:00AM                                    | 7:15AM                                  |
| SEPHARDI                            | 8:00am                | 6:30AM                | 6:30AM                 | 6:30AM                                    | 6:30AM                                    | 6:30AM                                  |
| MINCHA /<br>MA'ARIV                 | 6:10PM                | 6:10PM                | 6:10PM                 | 6:10PM                                    | 6:10PM                                    | MINCHA<br>KABBALAT<br>SHABBAT<br>6:10PM |

Weekday Services will be in the *Main Synagogue*,  
and are also on Zoom : [www.kinloss.org.uk/zoom](http://www.kinloss.org.uk/zoom)

# Ilana Banana is back!

**Wednesdays from Oct 6th**

**9.30-11.30**

**Music & play for 0-3s and their  
carers/families**

**£10/family**

**Fridays from Oct 8th**

**Chicken Soup Sing-along**

**07944 011 323**

**[www.lanaland.co.uk](http://www.lanaland.co.uk)**



# THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

## Shabbat 2 OCTOBER

|                 |         |
|-----------------|---------|
| Joseph Abrams   | Father  |
| Shoshana Baldot | Husband |
| Clive Chippeck  | Father  |
| Linda Cohen     | Father  |
| Hilton Mervis   | Son     |
| Vivienne Mervis | Son     |

## Sunday 3 OCTOBER

|                 |         |
|-----------------|---------|
| Pauline Aminoff | Father  |
| Sivi Harounoff  | Father  |
| Brian Hornick   | Father  |
| Anita Lichtig   | Husband |
| Alan Lyons      | Mother  |
| Jonathan Lyons  | Mother  |

## Monday 4 OCTOBER

|                 |         |
|-----------------|---------|
| Cyddar Adler    | Brother |
| Huguette Cukier | Husband |
| Ann Marks       | Father  |
| Margaret Marks  | Husband |
| Ruth Sulke      | Husband |

## Tuesday 5 OCTOBER

|                  |         |
|------------------|---------|
| Cynthia Rothman  | Husband |
| Margaret Solomon | Father  |
| Anthony Warrens  | Mother  |

## Wednesday 6 OCTOBER

|                  |        |
|------------------|--------|
| Arnold Archer    | Mother |
| Frances Colton   | Mother |
| Jacob Golchewski | Father |
| Barbara Hoddes   | Mother |
| Irene Milch      | Father |
| Sheila Sive      | Mother |

## Thursday 7 OCTOBER

|                  |         |
|------------------|---------|
| Shirley Davidson | Mother  |
| Jennifer Goodman | Husband |
| Helen Hantman    | Father  |
| Michelle Levin   | Mother  |

## Friday 8 OCTOBER

|                      |        |
|----------------------|--------|
| Henrietta Fearnley   | Mother |
| Caroline Greenbourne | Mother |
| Nigel Howard         | Mother |
| Henry Milner         | Father |
| Heather Weichselbaum | Father |

## CONDOLENCES:

\* Anthony Colton on the passing of his wife Frances Colton Z"L

**CONSECRATIONS:** Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

|            |                                                    |
|------------|----------------------------------------------------|
| 17/10/2021 | 10:00 at Bushey New in memory of Sonya Daniels Z"L |
| 17/10/2021 | 14:30 at Bushey New in memory of Darren Bloom Z"L  |
| 20/10/2021 | 12:00 at Bushey Old in memory of Pearl Trosser Z"L |
| 22/10/2021 | 11:00 at Bushey Old in memory of Moshe Nurtman Z"L |
| 27/10/2021 | 11:00 at Bushey Old in memory of Eric Tager Z"L    |

## FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS



**Rabbi Jeremy Lawrence:** 07501 895 124  
**Shimon Gillis, Chief Operations Officer:** 020 8349 5264  
**Shul Office:** 020 8346 8551  
**Kinloss Cares:** 020 8349 5263