

FRIDAY 19 APRIL – EREV PESACH & FAST OF THE FIRSTBORN

Sephardi Shacharit followed by Siyum	7:30am
Shacharit followed by Siyum	7:45am
Latest time for Eating Chametz	10:39am
Latest time for Nullifying Chametz	11:49am
Sephardi Mincha followed by Kabbalat Shabbat and Ma'ariv	7:15pm
Shabbat and Yomtov begins, Latest Candle Lighting	7:49pm
(Light a 48- hour candle prior to candle lighting in order to light second night candles)	
Mincha followed by Kabbalat Shabbat and Ma'ariv	7:50pm
Earliest time to start Seder	8:49pm

SHABBAT 20 APRIL - FIRST DAY PESACH

Haskhama	8:15am
Sephardi Shacharit	9:00am
Shacharit (Combined Service)	9:30am
Youth Minyan	10:00am
Sephardi Mincha	7:30pm
Mincha followed by a Shiur by Rabbi Andrews	7:45pm
Ma'ariv	8:56pm
Light Candles and Preparation for Seder After	8:56pm

SUNDAY 21 APRIL – SECOND DAY PESACH

Haskhama	8:15am
Sephardi Shacharit	9:00am
Shacharit (Combined Service)	9:30am
Youth Minyan	10:00am
Sephardi Mincha	7:30pm
Mincha followed by a Shiur by Rabbi Laitner	8:00pm
Ma'ariv and Conclusion of Yom Tov	8:58pm

MONDAY 22 APRIL – CHOL HAMO'ED

Shacharit	7:45am
Mincha and Ma'ariv	7:30pm

TUESDAY 23 - WEDNESDAY 24 APRIL – CHOL HAMO'ED

First Shacharit	6:50am
Second Shacharit	8:00am
Mincha and Ma'ariv	7:30pm

CHILDREN'S SERVICES

Age 0-4 in the Small Deal Hall

Reception to Year 2 with Natalie Sommer in the Avram Nemetnejad Room

School Years 3-6 in the first floor classrooms

ALL SERVICES START AT 10.45AM.

A Staged Brexodus

“Has any god ever tried to take for himself one nation out of another nation, by trials, by signs and wonders, by war, a mighty hand and an outstretched arm, or by great and awesome deeds, like all the things the Lord your God did for you in Egypt before your very eyes?” (Devarim 4,34)

With these words, Hashem puts the Exodus in the “impressively hard” basket. It took signs, wonders, plagues, (but no indicative votes) to enable one nation to extricate itself from another. Heaven alone knows what forces will resolve today’s Brexodus. This article concerns only events of three and a half thousand years ago and a separation that readers of “1066 and All That” would agree unequivocally was “a good thing”.

From the verses (Exodus 6, 6-7) our sages identify four expressions of redemption,



which they correspond to the four cups of wine on the Seder Table. “I shall bring you out” (*vehotzeiti*), “I shall rescue you” (*vehitzalti*), “I shall redeem you” (*ve-gaalti*) and “I will

take you to me as a people” (*ve-lekatchi li le’am*). These are gradations of separation, not in a “soft” to “hard” sense, because Exodus does actually mean Exodus and each transpires. As the Maharal of Prague (1520-1609) establishes in his commentary *Gevurot Hashem*, they reflect stages of physical, emotional and spiritual detachment, diminished dependence and a progression to autonomy.



“I shall bring you out”.

The first priority in escaping subjugation is throwing off the physical fetters. Through the signs, wonders and plagues, Bnei Yisrael were released

from the hardship of Egyptian servitude. Nonetheless, though physically out, while they had pursuers behind them and the sea in front, they were not truly free. “Rescue” means the removal of threat and apprehension; it is independence.

In the wilderness, life could not be a permanent Pesach, driving ahead but looking only in the rear-view mirror of traumatic experience and the past enemies who beset us. Having established “freedom from”, the next two expressions progress “freedom to”. Though Mannah was a miraculous daily welfare hand-out from Hashem, gathering it for ourselves was the beginning of acquired responsibility. Further, keeping Shabbat (where we restrained ourselves from foraging) was an expression of confidence indicating vision going beyond subsistence. With Shabbat, we set limits in our lives. We bond as families and people. We finally experience pleasure.

Whether we draw our inspiration from Richard Dawkins in “The Selfish Gene” or Monty Python, “for millions this life is a sad vale of tears, sitting round with nothing to say, while scientists say we’re just simply spiralling coils, of self-replicating DNA.” Our life can be more! It can be imbued with purpose and meaning beyond propagating just more of the same.

The fourth transition is to be taken to Hashem. This is life with direction and hope.

We are established around the constitution of the Torah. We head towards the land of Israel. We build an edifice celebrating spiritual loyalties and thanks. How far we have come from building store-cities for oppressive task masters!

In explaining his model, the Maharal notes that we begin trapped in the dominion of the Egyptians, move into empty space, where we come to ourselves. There, we are initially wholly dependent on Hashem before being able to choose to follow the Divine Way. True freedom is having the capacity to make the hard choices between right and wrong, rather than existential choices between survival and demise.

Some see the Seder in purely Jewish historical terms. Others consider wider messages of liberation. The Maharal reminds us that the Seder challenges us to look at growth on the macro and the micro level. Within the great miracles of history, Hashem sought to teach us about responsibility and accountability.

Though mentions of Brexit evoke an exasperate “Dayyeynu! Enough already!” and the Seder, itself, calls “Order! Order!”, it is precisely with reference to Dayyeynu that the Maharal makes these observations. He traces the fifteen stages of Dayyeynu, demonstrating that they are not just a sequence of happenings, joined to each other by an incongruous refrain. Dayyeynu maps a paradigm of liberation.

Whether it is our own history, others’ experience of subjugation, or being a victim of bullying or domestic abuse, there is a journey, not a single step to freedom. This is not a journey that we can readily start on our own. It begins with chinks in the oppressive armour and often with help from outside. Once begun, it takes a while till we can stand up for

ourselves and even longer till we can look more forward than back.

From our vantage point of freedom, to be trapped between Egypt and the sea or to wander in the wilderness eating Mannah for all eternity would not satisfy. We look back at the fifteen milestones and need to have passed them all. As such, the refrain



Dayyeynu “it would have been sufficient” seems perplexing. Could we say that partial liberation would suffice? Freedom in name only? “Dayyay-no”? On Pesach, we dare not phrase the chametz-dik question whether “half a loaf is better than no bread at all.” From the perspective of a person embarking on a journey to freedom, each incremental change, each augmentation of empowerment might seem a worthy end.

What wonderful miracles have underpinned our survival and regeneration in recent years. As a Jewish world we should not stagnate nor become complacent with our situation.

Our Seder steers us forwards in our mission to live by high standards and infuse the world with higher purpose. “Baavor Zeh...” It is for this that Hashem rescued me from Egypt.

Wishing you and your families all a Chag Kasher ve’Sameach.

R' Jeremy Lawrence

THIS WEEK'S HAFTORAH BY RABBI ANDREWS

Haftorot of Pesach:

Haftorah for the First day of Pesach (Joshua 5:1-15, 6:1,27):

God tells Joshua to circumcise the Jewish men who had not yet been circumcised due to conditions in the desert. Upon doing so, he reminds the people of how the previous generation had all been circumcised before consuming the Passover offering.

Haftorah for the 2nd day of Pesach (II Kings 23:1-9,21-25):

King Josiah learned of a Torah scroll that had been discovered in the Temple. The king encouraged the people to celebrate Passover according to the Torah as the holiday had been neglected for generations.

Haftorah for the 7th day of Pesach (II Samuel 22):

King David composes a song in his old age. This parallels the Torah reading in which Moshe teaches the Jewish people the "Song of the Sea".

Haftorah for the 8th day of Pesach (Isaiah 10:32-34, 11, 12:1-6):

Isaiah prophesizes regarding the messianic era. He tells of a time when "the wolf will dwell with the lamb, and the leopard will lie with the kid goat; the calf and the young lion will graze together, and a young lad shall lead them".

If you find yourself at Kinloss over the course of the day, please stop by the office to say hello! I can usually be found there during the regular office hours (except Thursday).

Eruv Tavshilin

On Yom Tov, one is normally allowed to cook what is needed for that festive day—but not the next. When First Seder Night falls on a Wednesday, so that Thursday and Friday are Yom Tov (2020), or as with 2019, when 7th Day Pesach falls on Friday, this would leave us unprepared for Shabbat. We are allowed to carry on preparing for Shabbat if preparations began before Yom Tov set in.

Before Yom Tov we prepare a symbolic starter for Shabbat (normally a Matzah and another cooked food, like an egg, meat or fish), which are set aside to be eaten on Shabbat.

This is the *Eruv Tavshilin*.

As it is set aside, the following Bracha is made:

***Baruch Atah Adonoy Elohaynu Melech Haolam, Asher Kidshanu Bemitzvotayv
Vetzivanu Al Mitzvat Eruv***

ברוך אתה ה' אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו על מצות ערוב

Candle Lighting between Yom Tavs & for Shabbat

Candle lighting must always be before Shabbat.

As we are allowed to transfer flames and cook on Yom Tov, candle lighting for Yom Tov does not need to be before the Chag comes in (though there is no merit in unwarranted delay.)

Candle lighting for second day of Yom Tov ought to be after the first day of Yom Tov has completed, so candle lighting will normally be about an hour later than the previous evening, unless it is a Friday night. Candle lighting on second day Yom Tov ought to be from an existing flame.

Where the community has brought in Shabbat early (as we do during the summer), it is preferable that candles are lit at home at the same time that Shabbat is brought in at shul. While this is not always possible and there may be good reasons for exceptions, it is certainly preferable that Shabbat is "in" at home before worshippers return from shul.

BOOK LAUNCH + Q&A

ANTISEMITISM HERE AND NOW

by Deborah Lipstadt



Join us on 27th May 2019 at 8pm

Join Deborah Lipstadt, acclaimed writer, professor and historian as she launches her new book 'Antisemitism – Here and Now'. Deborah was successful in the legal defeat of Holocaust denier David Irving, which produced the BAFTA-nominated film Denial.

**£3.50 for Kinloss members
& £5.00 for non-members**

**To book, please visit
www.kinloss.org.uk/deborah
or call 020 8349 5267**


KINLOSS

SCHOLARS IN RESIDENCE

Shabbat 17th – 18th May

Friday night - Rabbi Gideon Weitzman

Shabbat Morning – Rabbi David Aaron

Pre Mincha Shiur & Seuda - Rabbi Dr. Yona Goodman

Rabbi Gideon Weitzman is the Director of the Puah Institute in the US and the Head of the Puah Institute for Fertility and Medicine in Accordance with Halacha in Israel. On completion of his studies, he founded the Kansas City Community Kollel and served as the first Rosh Kollel. He is also the Rabbi of the Merkaz Modiin Synagogue in Modiin.



As a child of a holocaust survivor, **Rabbi David Aaron** is a spiritual visionary who has invested over three decades delving into life's question marks. Rabbi Aaron received his rabbinic ordination for Yeshivat ITRI. He is the Dean and Founder of Isralight and Yeshivat Orayta. He runs Jewish educational programmes in Israel and abroad, and is the author of eight 'paradigm-shifting' books.

Rabbi Dr. Yona Goodman has spent his career teaching, guiding and writing about the unique challenge of raising religious children and teens. Rabbi Goodman received his Doctorate in Jewish Education from Hebrew University where he is the National Director of Education in the Yeshivot Bnei Akiva Educational Network in Israel. Rabbi Goodman specialises in guiding teachers and parents whose children have begun to deviate from the Jewish way of life.



Mizrachi UK, Kinloss & Stenecourt invite you
to join top scholars from Israel for the
most inspiring and uplifting event of 2019...

THE DAY OF INSPIRATION

Sunday 19 May 2019, 08:15-22:30*

Kinloss



Rav J. Horn



Sivan Rahav-Meir



Rav B. Freedman



Rav S. Brody



Chief Rabbi E. Mirvis



Rav Dr S. Shalom



Rav M. Leibtag



Rabbanit S. Taragin



Rav Y. Goldsmith



Rav R. Taragin



Rabbanit R. Fraenkel



Rav D. Milston



Rav J. Dweck



Rav G. Sylvester



Rav J. Solomon



Rav D. Aaron



Rav D. Perez



Rav Y. Fleisher



Rav G. Weitzman



Rabbanit P. Fischer



Rav Y. Grunstein



Rav E. Weber



Rav Y. Goodman



Rav M. Taragin



Cheryl Mandel



Rav D. Katz



MIZRACHI
UNITED KINGDOM



£15 (food available for purchase)

To book, please go to www.mizrachi.org.uk/events/woi19

'Arts & Crafts' programme for Reception - Year 6

On Shabbat 17/18 May, all of the visiting
educators will be speaking across 50
communities around the UK

SYCAMORE
WEALTH

ISRAEL360°
CELEBRATING ISRAEL ACROSS THE WORLD

*There will be morning, afternoon and evening sessions. For £15 everyone is welcome to come & go for keynote addresses or shiurim that they wish to attend.



GUIDED VISIT TO THE CZECH MEMORIAL SCROLLS EXHIBITION & AFTERNOON TOUR OF APSLEY HOUSE WITH RABBI LAWRENCE

Wednesday 15th May

The Story of the rescue of 1,564 Czech Scrolls by Westminster Synagogue, which arrived at Kent House in February 1964, has passed into history as a small but remarkable episode in the tragedy of European Jewry. The permanent exhibition which was established in 1988, tells the unique story of the arrival from Prague and of their restoration and distribution to communities throughout the world.

Apsley House, a Grade I listed building is the London townhouse of the Duke of Wellington. The house is now run by English Heritage and is open as a museum and art gallery, exhibiting

the Wellington Collection, a large collection of paintings, other artworks and memorabilia of the career of the 1st Duke. Discover through the guided tour, stunning art collections, medals and memorabilia and learn about many aspects of the Duke's life and work.

Transportation is not provided, more details will follow upon booking.

Cost of the trip: £18 Kinloss Members & £20 non-Members

To book visit www.kinloss.org.uk/scrolls or call Lucy on **020 8349 5267**

WOMEN ONLY

Have you got a simcha coming up?

Come and practice your Israeli dancing and celebrate Yom Haatzma'ut with your Kinloss community

Sunday 5th May @ 8pm in the Small Deal Hall
£5 including refreshments

For further information please contact

Nicole Greenwold (0797 975 1784) or Julia Hammell (07711 098 841)

ANIM ZEMIROT

will not be taking
place
until 11th May

Pesach Day 1: Shabbat & Day 2
Breakfast Banter, 9.30am in Benchers Café
Youth Minyan, 10am in the Liora Graham Beit Hamidrash



Learn2Lead
Continues Tuesday 30th April
7.30 – 9pm in the Nemetnejad Room
Recognised by Duke of Edinburgh Award Scheme: Skills
For further information or to register please visit:
www.kinloss.org.uk/l2l

Learn2Volunteer continues Tuesday 7th May

Daf Yummy with the Student Bet Midrash
Thursday nights during term time
Continues Thursday 2nd May
7.45 – 9.30pm in the Small Deal Hall
Boys & Girls in years 7 – 13
**Join us each week as we explore Chumash, Festivals & Jewish Themes,
enjoy a scrumptious supper and hear from incredible speakers!**
Free of charge

Watch this space:
Summer Chill - Returns May 2019

Save the date: Youth Survivor Dinner
With guest speaker Joe Szlezinger
Friday 24th May
School Years 7 – 13

Youth Shavuot: Tikkun Leil
Motzei Shabbat, 8th June

Yr 11 & 6th Form Shavuot BBQ
Monday 10th June

Save the date: Tribe-a-side
Sunday 14th July

Look out for future events at:
www.kinloss.org.uk/youth
www.kinloss.org.uk/kids

Summer Chill, Shabbat Lunches, BBQs, Roller Disco, Tribe-a-side, Pesach, Tikkun Leil...

Shabbat Shalom
Barry, Chaya, Choli, Amalia, Rachel & Sammy
youth@kinloss.org.uk 07792460091



We are looking for extra people to join our
Ivrit Ulpan classes on Tuesdays 8pm-10pm
for intermediate students.
Please contact Shai on
07935 963765 for more details.

MAZEL TOV - מזל טוב

* Danielle & Gilad Kestenbaum on the birth of a baby boy, brother to Sophia. Mazel Tov to grandparents Deborah & Jonathan Kestenbaum and Debbie & Ian Fenton, also to great grandparents Jean & Barry Zackon.

* Vivien & Lionel Shebson on the birth of a great-grandson in Israel. A son to Shelley & Yossi Shebson and a grandson to Ruth & Jeremy Shebson and Elissa & David Finn.

* Abi & Jonathan Gradel on the birth of a son. A brother for Ariella. Mazeltov to grandparents Susan & David Gradel and Rosalind & David Warshaw.

Mazeltov to the children in our community celebrating their birthdays this week:



Tomer Brittan (12)
Samuel Laitner (4)
Natalie Nourani (3)
Ariella Hart (7)
Levi Rosenthal (5)
Zachary Glass (8)

Asher Sosnow (10)
Nixon Lux (3)
Ella Wolfson (1)
Yona Frankfurt (6)
Maayan Levene (9)
Kaylee Spiegel (5)

KINLOSS
CARES

CHAPS FOR CHATS

Will be on
Wednesday 15th May 11:00am to 12:00pm
in the Nemetnejad Room
If you would like to attend
please contact Jackie Caplin 07974 665418

WE HAVE BEEN REQUESTING 30 VOLUNTEERS TO COME FORWARD BY PESACH.

ONLY 1 PERSON HAS COME FORWARD!!

WHERE ARE YOU, OTHER 29 VOLUNTEERS????

Shul members - PLEASE join our security rotas for shifts from 11am onwards.
We needed 30 volunteers in place before Pesach, and only one volunteer has kindly come forward!
We urgently need more!!!!!!!

Our Shul is one of the most visible, high profile buildings in London.
The Community remains on a serious state of alert and we MUST provide a visible deterrent.
You would only be required for one hour every eight weeks, on Shabbat morning.
Please email securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031, to volunteer and register.



**SHARON KINDERGARTEN'S MOCK SEDER
ON FRIDAY 12TH APRIL**

**Special Screening of
“No Asylum - The Untold Chapter of Anne Frank’s Story”
to mark the anniversary of Bergen Belsen’s liberation
with Q & A with Eva Schloss, a Holocaust Survivor,
Stepdaughter of Otto Frank and Stepsister to Anne Frank**



Come to Brighton with Kinloss

Sunday 7th July

Kosher catered afternoon tea

Transport provided

Leaving and returning to Kinloss

All day trip

£35 • Kinloss Members

£40 • Non-Members



**To book, please visit
www.kinloss.org.uk/brighton
or call Lucy on 020 8349 5267**

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 20 APRIL

Zelda Fassbender	Brother
Frances Glassberg	Sister
Eric Green	Brother
Helen Pope	Father
Barry Silverstein	Mother
Ivan Silverstein	Mother
Ralph Silverstein	Mother
Hyman Valman	Brother

Sunday 21 APRIL

Irene Botsman	Mother
Doreen Brown	Father
Anne Chajet	Mother
Vivienne Kaye	Father
Oliver Kenley	Father
Alicia Lewis	Father
Philip Lewis	Father
Gillian Linke	Husband

Monday 22 APRIL

Kenneth Burns	Father
Ruth Glass	Father
Philip Lewis	Mother
Pamela Miller	Husband
Jodi Schajer	Father
Barrie Tankel	Father
Michael White	Mother

Tuesday 23 APRIL

Shirley Bowles	Father
Benita Brown	Father
Simon Crespi-Gulgoz	Father
Zachy Heller	Father
Sheila Leveson	Brother
Robert Revan	Father
Theresa Shefras	Mother
Anthony Spencer	Mother

Wednesday 24 APRIL

Wendy Ellis	Father
Rita Gordon	Husband
Anthony Korn	Mother
Edna Moser	Sister
Millicent Villiers	Husband
Steven Villiers	Father

Thursday 25 APRIL

Stuart Nash	Mother
Minnie Weintrob	Father

Friday 26 APRIL

Philip Caplan	Mother
Laurence Faïman	Mother
George Gaty	Mother
Ruth Levy	Father
Howard Markham	Mother

Opening Times of the Shul Office during Pesach

The Shul Office will be closed on Friday 19th April (Erev Pesach),
re-opening on Chol Hamoed (Tuesday) at 9:00am

The Shul Office will close for the end of Pesach, at 1:00pm on
Thursday 25th April, reopening at 9:00am on Monday 29th April

In case of emergency, please call Rabbi Lawrence on 07501 895 124

Emails sent to office@kinloss.org.uk will be checked regularly on non-Yomtov/Shabbat days

HAPPY PESACH FROM ALL THE STAFF AT KINLOSS

TOMBSTONE CONSECRATIONS:

SUN 26 MAY	09:30am in Bushey in memory of Sheila White
SUN 26 MAY	12:30pm in Bushey in memory of Stella Robinson
MON 27 MAY	12:00pm in Bushey in memory of Sylvia Gold

FINCHLEY SYNAGOGUE USEFUL CONTACTS

Rabbi Jeremy Lawrence: 07501 895 124

Rabbi Nisan Andrews: 07407 764 854

Shimon Gillis, Director of Operations: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Mandy Namdar (Safeguarding Officer): safeguarding@kinloss.org.uk

