

7 / 8 AUGUST 2020

י"ח באב תש"פ

Shabbat commences at 20:24pm and terminates at 21:31pm

KINLOSS SHUL IS OPEN FOR SERVICES

PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 7TH

Friday night 7:30pm:

Mincha and Kabbalat Shabbat in the Nissan and Rifca Deal Halls

Sephardi Friday Night Service at 7:00pm in the Sephardi Synagogue

Shabbat morning services:

HASHKAMA 7:45am in the Nissan and Rifca Deal Halls

MAIN SYNAGOGUE 9:15am led by Chazan Eli Sufrin.

Kriat Hatorah by Chazan Eli Sufrin

Rabbi Laitner will speak

THE MINYAN 9:30am in the Kinloss Suite.

Kriat Hatorah by Carl White

Rabbi Laitner will speak

SEPHARDI SERVICE 9:00am in the Sephardi Synagogue

led by Rabbi Heller and Reuben Gorji.

Shabbat Afternoon:

8:20pm Mincha followed by Shiur by Rabbi Laitner

"Over the next few weeks between mincha and maariv, we plan to consider some 'less famous' stories in the Torah and 'how' to learn them. We continue this week with, "Was there an 'Original Raider of the Lost Ark'? " Please bring your own chumash (in the Nissan and Rifca Deal Halls)

21:31pm Ma'ariv and the Termination of Shabbat
in the Nissan and Rifca Deal Halls

Booking system and how to access:

In the interest of health and safety we will be capping the number of people attending services.

To book please go to <http://www.kinloss.org.uk/book>

It is essential that we operate a track and trace system on all those attending the building and therefore, individuals **MUST** book in advance online to attend.

Bookings must be made in advance of 24 hours of the commencement of the service.

If an option is not available, it is either full or no longer available.

Only members can book in using this system.

Individuals over the age of 21 must have membership separate to that of their parent(s).

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating:

Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

If you are experiencing problems with booking, please contact the office by email on office@kinloss.org.uk. Please do not attend if you have not received confirmation of booking.

AN EXAMPLE OF EDUCATION

In this weeks Parsha of Ekev we read the second of the three paragraphs of the Shema that starts with the words Vehaya Im Shamo'a Tishme'oo. This talks about consequences for adhering to or turning away from the Mitzvot that G-d commanded us to keep, and continues telling us that we should “teach these words to our children.....when you sit in your house and when you walk on the way, when you lie down at night and when you get up in the morning”.

What lesson does the Torah, which comes from the word Hora'a, meaning to teach, wish to impart by pointing out the various times when one should teach their children. Why not simply state that we should teach our children at all times?

The Torah wishes to teach us the fundamentals not just of when to teach our children but what form of education to give our children. Children may observe Torah Aptitude and Mitzvot out of fear, respect or to fulfil their parents wishes and desires. However, once the motivation ceases to exist, they will discontinue practising their Judaism. True education consists of shaping a person's way of life and thinking so that principles instilled in them remain embedded forever. As it is written (Proverbs 22:6) “Educate the child according to his way even as he grows old he will not depart from it”.

The Torah is teaching us to permeate our children with a love of Torah and the importance of Mitzvot so that not only when they are “sitting in their houses” under their parents watchful eye do they remain steadfast in their observance, but also when they leave home and “walk on the way”.

A great way to instil this love was succinctly laid out in last weeks Parsha of Vaetchanan, where we read the first paragraph of the Shema. The verse says in relation to the words of the Torah “you shall teach them to your children and you shall speak of them”. Surely it should have first said speak of them and then teach them? The reason for this order is to tell us that we need to learn Torah and observe Mitzvot, and by example we will “teach them” after which we “shall speak of them”.

Let us all lead from the front by example, which in turn will lead us all to the complete redemption with the coming of Moshiach speedily in our days.

Eikev Statistics

Mitzvot: 8 of the 613 mitzvot, 6 positive and 2 prohibitions
Verses: 111(26th longest of the 54 Sidrot)
Words: 1747 (16th longest)
Letters: 6865(14th longest)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	1032	780	980
Haftarah	1051	794	1197

**RABBI LAWRENCE IS CURRENTLY
ON ANNUAL LEAVE AND WILL BE RETURNING ON
FRIDAY 14TH AUGUST.**

**IF YOU HAVE ANY QUERIES DURING HIS ABSENCE,
PLEASE CALL THE KINLOSS OFFICE ON
020 8346 8551 (OPTION 3)
OR EMAIL OFFICE@KINLOSS.ORG.UK**



**KINLOSS
tribe**

**TRIBE COMMUNITY MEMBERSHIP
FOR SINGLES AGED BETWEEN
21 - 29**

Is your child single and between the age of 21 - 29?

**If so, they are not covered under your household
membership and funeral scheme.**

**It is essential they are members in their own right
cost is £5 a month.**

**This will also enable them to attend weekday,
Shabbatot and Chaggim Services.**

Please sign up here :

<https://portal.tribeuk.com/account/tcm/register/>



KINLOSS

DESIGN A ROSH HASHANA CARD

PRIZE ON OFFER:

PIZZA

AGES 3+



Create a Rosh Hashana card that
will be professionally printed
and sent out to senior members
of the community by the shul

Email as a JPEG to
office@kinloss.org.uk
Deadline: 19th August

SERVICE TIMES @ KINLOSS:

PLEASE NOTE ALL SERVICES MUST BE PRE-BOOKED
To book the Main Shul Services please go to:
www.kinloss.org.uk/book

To register to attend the Sephardi services
please email michael@michaelhakimian.com

SERVICES (שבת see front page)	Sun	Mon	Tues	Weds	Thurs	Fri
Shacharit	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
Sephardi	8:00am	6.30am	6.30am	6.30am	6.30am	6.30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	Mincha Kabbalat Shabbat 7:30pm

BOOKING IS NOW OPEN FOR
ROSH HASHANA & YOM KIPPUR

WWW.KINLOSS.ORG.UK/BOOK

CALL: 0208 346 8551

EMAIL: OFFICE@KINLOSS.ORG.UK

DEADLINE: 10TH AUG

WISHING YOU A HAPPY, HEALTHY
AND PEACEFUL NEW YEAR



KINLOSS

Volunteers Needed

We are looking for more volunteers in the Shul
to help welcome people,
ensure social distancing
and track & trace systems are adhered to.



**If you would like to help,
please email office@kinloss.org.uk**

SHUL MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time.

**PLEASE NOTE ATTENDANCES AT ROSH HASHANAH AND
YOM KIPPUR WILL BE LIMITED ONLY TO MEMBERS
PAID UP TO DATE**

Please pay your invoices via online BACS payment
OR the member portal <https://myus.theus.org.uk/login>
OR CALL THE OFFICE 020 8346 8551 (OPTION 3)
AND SPEAK TO DENISE
TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE



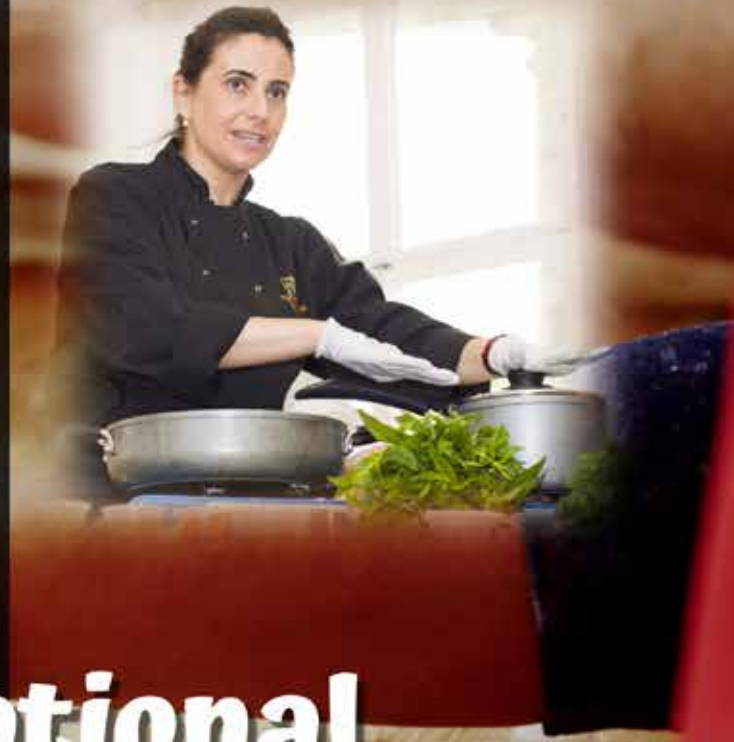
YIZKOR BOOKLET 5781 / 2020

**ANY CHANGES PLEASE COMPLETE AND
RETURN THE FORMS TO THE KINLOSS
OFFICE BY TOMORROW LATEST
FRIDAY 7TH AUGUST
IF DETAILS REMAIN THE SAME PLEASE
CALL DENISE 0208 346 8551 (OPTION 3)**



- Expert Jewish Italian Cook
- Owner of La Cucina di Silvia - Teaches, caters and delivers delicious traditional home-cooking
- Blogger on Jewish cooking

*Cooking for
the Soul*



Inspirational
Rosh Hashana dishes
with Silvia Nacamulli

Tuesday 1st September @ 8pm

Sign Up at

www.kinloss.org.uk/bake

Ivrit Discussion Group

Weekly on Mondays from 7:30pm-9pm by Zoom. For more information please contact
Tony Korn direct : tk66654@gmail.com or go to <http://www.kinloss.org.uk/ivrit-discussion-group>



BOOK IN FOR

ROSH HASHANA

& YOM KIPPUR

@ KINLOSS YOUTH

www.kinloss.org.uk/bookyn

MAZEL TOV - מזל טוב

* Mazel tov to Hanna Renshaw & Jacob Haddad on the occasion of their marriage this week. Mazel tov also to parents Elaine & Stephen and Glynnis & Motti.

* Kate & Ashley Fulton on the engagement of their daughter, Daisy, to Greg, son of Anita & Ian Monk. Mazel tov to grandparents and other members of both families.

The United Synagogue's

LUNCH & LEARN SERIES



TUESDAYS:

Whistle-stop tour through Tanach -
Trei Asar (Twelve Minor Prophets) with
Pnina Savery

Join us weekly as we explore these significant books
of Tanach. We will study one book every session,
understanding their historical context and main
message to both their generation, and to us today.



THURSDAYS:

Explore the Parasha with US

Looking for a nice Dvar Torah to share at the Shabbat
table? Join us as we delve into the weekly Parasha
with a variety of guest speakers.

Week 7: Thursday 30 July, Tisha B'Av
(no Lunch and Learn)

Week 8: Thursday 6 August, Parasha Eikev
with Rabbi Dr Michael Harris

Week 9: Thursday 13 August, Parasha Re'eh
with a guest speaker (to be confirmed)



All sessions
start at
1:00pm

and will be
available on the
US Facebook
and TheUS.tv

f THEUS.TV

Mazel Tov to the Children in our Community celebrating their birthdays this week

Elisha Abeles (12)
Hannah Weil Cohen (8)
Netanel Mindell (3)
Stella Marks (3)

Jaimie Hochman (5)
Ilan Renshaw (3)
Ella Donaldson (5)
Judd Sollosi (2)



WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members - PLEASE join our security rotas.
Please email securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031
to volunteer and register.

COVID-19 & Certificate of Religious Practice (CRP)

Everything you need to know this year

Available to watch on TheUS.tv from
Thursday 13 August, 7:00pm

A temporary CRP system has been introduced
for the 2021/22 academic intake.

Tune in for an information session hosted by **Stanmore & Canons Park Synagogue** and the **United Synagogue** to hear about the ways you can earn points this year as part of your applications to Jewish schools, and to find out how the challenges posed to the CRP system by COVID-19 were resolved by the **Office of the Chief Rabbi and the US.**

Speakers include:

Dan Bacall (Director of External Affairs, Office of the Chief Rabbi)

David Collins (Chief Programmes Officer, US)

Rav Cobi Ebrahimoff (Tribe Programmes Rabbi)

Sue Nyman (Chair, Yavneh College Academy Trust)

Moderated by:

Rabbi Daniel Fine

(Community Rabbi, Stanmore & Canons Park Synagogue)



Certificate of Religious Practice (CRP)

2020 Update for schools and nurseries

under the religious authority

of the Office of the Chief Rabbi

Schools Admissions

2020/21 in-year and 2021/22 Special Arrangements

We all know that this year is very challenging for parents, especially those hoping their children will start at or change to a Jewish school for school year 2021/22 or in-year 2020 / 21.

The CRP has had to change in light of the consequences of Covid-19.

In particular, for in-year 2020/21 and 2021/22 only, parents need not fulfil all of the requirements of the CRP form where the application is for a sibling (as defined in the school's admissions' policy) of a child already in the school for which the child is applying. However the form still must be completed in this case.

Normally, criteria for obtaining points on a CRP include attendance at shul, involvement in Jewish education and volunteering for a Jewish organisation.

This year, it will not be possible to gain points by attending Shabbat morning services in synagogue unlike in previous years, so parents and children can attend internet-based erev shabbat or erev chag services instead. In addition, as well as the education and volunteering opportunities to gain points, this year there is also the option to gain points by children and parents completing an online course prepared specifically for the purpose of providing an additional opportunity to gain points at this time.

The course is open to all applicants from any community. It will consist of 6 sessions of 30 minutes, covering topics relevant to Jewish customs and practices, festivals, kashrut, etc. All 6 sessions need to be completed in order to satisfy this section of the CRP form.

**The course will run in August and September 2020 and further details on how to participate is available via www.theus.org.uk/crp
To log in to Kabbalat Shabbat services online please go to theUS.tv**

Families for whom online access presents difficulties are asked to call the US on 020 8343 5656 for more information on how they can participate.

**For more information, and questions and answers, please go to :
<https://www.theus.org.uk/crp> or contact the schools directly**



WE'RE STILL HERE DURING THE SUMMER BREAK!

Feel free to contact us throughout the summer break and check out our Instagram page for Q&A's, videos and amazing content!



KINLOSSYOUTH



07827 031851

See you all again in September for the start of the new term!

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 8 AUGUST

Muriel Abt	Mother
Rodney Geminder	Mother
Nigel Howard	Father
Gerald Kirsh	Father
David Lightstone	Mother
Ruth Rosenberg	Mother
Leonard Stern	Mother
Jonathan Tapnack	Father
Pearl Trosser	Sister

Sunday 9 AUGUST

Leonard Coleman	Son
Gloria Fox	Mother
Ivor Freedman	Mother

Monday 10 AUGUST

Frida Aboody	Husband
Donald Breslaw	Wife
Pari-Vash Fahimian	Husband
Mia Lyons	Sister
Philip Platt	Father

Tuesday 11 AUGUST

Farzaneh Amini	Son
Patricia Arnold	Father
Estelle Belmont	Mother
David Isaacs	Father

Wednesday 12 AUGUST

Mark Freeman	Mother
Rochelle Garfinkel	Mother
Hilarie Rose	Father
Cheryl Sarsby	Mother
Antony Schneider	Father

Thursday 13 AUGUST

David Brodie	Mother
Myrna Taylor	Mother

Friday 14 AUGUST

Lynne Dyan	Father
Irene Scott	First Husband
Peter Sheldon	Brother
Blanche Stechler	Father

Phyllis Nathan Trust

The Trust helps needy people in the Kinloss community and is providing additional support in the current crisis. If you are in need, or know about anyone who could benefit,

please contact Shimon initially on 0208 349 5264.

All enquires will be treated with the utmost confidentiality.

CONSECRATIONS Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

03/09/2020	12:00pm Bushey in memory of Celia Summercorn
07/09/2020	2:00pm Bushey in memory of Alan Shefras
10/09/2020	11:30am Bushey in memory of Rose Pine

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

