

8 / 9 January 2021

כ"ה טבת תשפ"א

SHABBAT WILL START AT 3:55pm AND TERMINATE AT 5:05pm

Mevarachim Hachodesh Shevat falls on Thursday

Mazel tov to Max Goodall and family on his Bar Mitzvah

KINLOSS SHUL IS OPEN FOR SERVICES

PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 8TH JANUARY

KABBALAT SHABBAT: LIVE
FRIDAY 8 JANUARY, 2:55 PM

with
Rabbi Michael Laitner
 US Jewish Living team and Finchley Synagogue

with a Dvar Torah from
Rabbi Jeremy Lawrence
 Senior Rabbi of Finchley Synagogue

In response to the ongoing pandemic we will start with a special communal prayer written by the Chief Rabbi and we will recite Tehilim 121 (p. 510 in the green siddur)

Live via the United Synagogue Facebook and TheUS.tv
 f LIVE THEUS.TV

Parashat Shemot
 Candle Lighting: 3:55pm
 in London

Please note:
 By participating in this live stream you are not accepting Shabbat until you light candles.

3:55pm MINCHA, KABBALAT SHABBAT & MA'ARIV
 in the Main Shul

3:40pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
 in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:15am MAIN SYNAGOGUE led by Michael Staszewski
 Kriat Hatorah by Max Goodall and Michael Rotenberg
 Rabbi Lawrence will speak

9:30am THE MINYAN in the Kinloss Suite
 Kriat Hatorah by Carl White
 Rabbi Laitner will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
 led by Rabbi Heller and Reuben Gorji

Until further notice, The Youth Minyan, Family Service and Children's Service, will not be taking place

SHABBAT AFTERNOON

4:00pm MINCHA AND SHIUR by Rabbi Laitner titled
 'What do we learn from Moshe & Tziporah about returning to Judaism?'

5:05pm MA'ARIV & TERMINATION OF SHABBAT
 in the Main Shul

Known Unknown

For the last several weeks, we have traced the journey of Yosef the young dreamer from pit to prisoner to Egyptian chancellor. Now, a new Pharaoh arose who did not know Yosef. The new king feared the growing Israelite cohort that filled the land and resolved to take wise preventative action.

Our commentators ask about the emphasis placed on the idea that the new king didn't know Yosef. Why do we need to be told?

Obviously, time has passed. Is the Torah simply teaching that the new Pharaoh hadn't met the hero who had spared his country the years of famine and made the palace rich? Would the Torah include this detail just to highlight that the new ruler didn't know his country's history?

In fact, this might be the case. Egyptian history records many changes in regime – not just changes of king but of entire ruling families and dynasties. The Pharaohs who built the step pyramid at Saqqara and the Sphinx belonged to the eleven dynasties of the Old Kingdom. Tutankhamen belonged to the 18th Dynasty. Ramses II, who was possibly the king at the time of Moses belonged to the 19th dynasty.

Just like other turbulent transitions, it might be a case of “out with the old and in with the new.” A new dynasty committed to securing its own power base and eradicating the families who had prospered under their predecessors. The new king had no relationship with Yosef, and Yosef's children had no loyalty to him.

“Not knowing Yosef” could also be understood on a symbolic level. Yosef's interpretation of the old Pharaoh's dreams taught important lessons about the roles and powers of Hashem and man. Yosef had taught that destiny was established by Hashem. The years of plenty and the years of famine were ordained. Nonetheless, our destiny is shaped by our responses. The collection of food when the harvests were good and the storage of grain for the years ahead highlight the role of humanity. We don't just let Hashem get on with it.

Pharaoh with his idols and magicians pretended that he was a Hashem. Yosef had taught his Pharaoh that men were but men; and despite their pretensions to

divinity, kings were but mortal and finite. Hashem, alone, had sovereign, universal and infinite power.

On this level, not knowing Yosef has two consequences. First is Yosef's lesson of the relative roles – and that Pharaoh as a Hashem was self-deception. Secondly, Yosef established in his time that Hashem does reveal Himself through dreams and human prophecy.

The idea that the new king didn't know Yosef isn't just there to teach us that the new Pharaoh didn't know his Egyptian history trivia. If you look at the ongoing Exodus narrative, you'll see that the interactions between Moses and Pharaoh were all about re-teaching the Yosef lessons.

That's why it's important that Moses can say who has sent him; that Hashem commands and that Hashem demands. Pharaoh starts the drama by questioning “who is this Hashem?” But eventually, his magicians unable to replicate the plague of lice identify the finger of Hashem. After the plague of hail Pharaoh concedes that he has sinned before Hashem and, eventually, as his soldiers perish at the Sea, Pharaoh sees his might crushed by the Hand of Hashem.

The Bible is teaching us that there can be a link between the what you know and the who you know. It personalises Yosef's lessons. It identifies the teaching with the man.

When people look at us, do they see our suits, our jewellery, our cars or our job descriptions? Or do we project values of meaning?

What do I stand for? For what am I known?

Shabbat Shalom

Rabbi Jeremy Lawrence

SHEMOT STATISTICS

MITZVOT: NONE OF THE 613 MITZVOT
VERSES: 124 (15TH LONGEST OF THE 54 SIDROT)
WORDS: 1763 (14TH LONGEST)
LETTERS: 6762 (16 LONGEST)
HAFTARAH: 22 VERSES (JOINT 33RD LONGEST OF THE 80

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	319	206	292
HAFTARAH	345	225	1146

Open, Cautious and Responsible



This has been a hard week with a rising infection rate, many members ill and a number in hospital. We wish *refuah shalema* to them and their families. The burial society has also seen a marked rise in Covid mortalities. The freshly dug graves are monuments to family tragedies. May the families be comforted among the mourners of Zion and Jerusalem.

I spoke in shul last week (ahead of Boris' Monday lockdown announcement) about the parameters under which we were staying open.

It is a topic that has polarised some in our community, and those of us who have been party to the discussions in all our shuls are not making decisions lightly.

Scotland closed places of Worship on Monday. England has not.

The rationale to keep them open is based on advice by the health advisors to the government, concerning both their utility and their safety.

The utility is well documented.

Of course, the benefits of prayer are unquantifiable (and there can be no doubt that Hashem can hear and respond to us from home). However, the structure of coming together to pray, like the structure advocated in learning and exercise regimens is certainly of benefit to one's mental wellbeing, if one is so disposed. The loss of it is also disruptive / destructive.

Places of worship provide hope, comfort, community and constancy. Remaining open is a privilege because of our purpose – but most certainly one that should not be abused.

Like any place where people gather, they place people at risk of contracting the virus.

The medical advice on which we are relying is the advice given to government.

The presence of ventilation, properly regulated social distancing and the wearing of masks substantially diminishes the risk of transmission amongst the low-risk groups.

Cleaning hands and wiping down surfaces remain amongst the best protections.

We have restricted numbers, separated seats, are carefully avoiding contact in the corridors or entranceways; worshippers are reminded to leave at a distance and not congregate outside.

We are fortunate to have highly qualified medical personnel in the congregation attending daily. They are in the hospitals and on the front line of our health and protection. They attest to the pressures on the NHS – but can also attest to the

contribution of worship, on the protective measures and the responsibility with which they are provided in Kinloss.

Our remaining open is on a knife edge. At any point the advice might be that the utility does not justify the risk. If directed by the government, Barnet Council or the United Synagogue, we will close immediately.

It is probable that attendances will be further capped. While we are of the view that there are advantages to alleviating the pressures on services by guests for smachot through creating separate simcha minyanim, there is a counterview that just as other major life commemorations have been limited and cancelled, we should not facilitate work arounds that increase the footfall in our premises.

Families with smachot in the next couple of months are naturally anxious. We are expecting that we will be given some direction in the next few days.

If you are still coming to shul, you can help by: not having to go to your box to remove your tallit or siddur once the service is running; not wearing a cloth mask that is reused and not cleaned regularly between uses; disinfecting hands and maintaining strict distancing at all times.

If you are vulnerable; if you have a family member who is quarantined or isolating; if you have a cough or other symptoms, please avoid the shul – but do let us know if we can help or support you.

Our weekday services are zoomed on
Meeting ID: 965 0685 4925, Passcode: Kinloss.

Thanks to everyone who continues to support the community in many different ways; to all our welfare volunteers, those making calls or collecting and delivering.

Thanks to all who support the education programmes and Tehillim circles.

Please do join us on Sunday Evening for some fascinating and personal insights on "The Gift of Life". This should be of particular interest to anyone with a family member or family history of kidney disease as well as anyone contemplating the mitzvah of altruistic organ donation.

The event on the hidden Jewish communities in Ethiopia tells a remarkable story and features communities whose traditions date back to the First Temple Era. It poses some challenging questions about our rites and our rights as Jews.

Please do look after yourselves and stay safe. Wishing you all a Shabbat Shalom

R' Jeremy Lawrence

LIVE KIDNEY DONATION: THE GIFT OF LIFE

SUNDAY 10TH JAN: 7.30PM



DAYAN MENACHEM GELLEY
ROSH BEIT DIN - LONDON



REBBETZIN LORI PALATNIK
KEYNOTE SPEAKER



RABBI JEREMY LAWRENCE
SENIOR RABBI - KINLOSS



PROF LIZ LIGHTSTONE
PROF OF RENAL MEDICINE



PROF ANTHONY WARRENS
DEAN FOR EDUCATION & DIRECTOR OF THE
INSTITUTE OF HEALTH SCIENCES EDUCATION



MR JEREMY CRANE
CONSULTANT TRANSPLANT
& VASCULAR SURGEON

REGISTER AT
WWW.KINLOSS.ORG.UK/KIDNEY

MONDAY MATTERS FOR WOMEN

The next group meeting will be on
MONDAY 11TH JANUARY at 3:00pm

Log in via: www.kinloss.org.uk/matters

Everyone is welcome

HEALTHCARE TALKS

A 2021 webinar series organised by Kinloss Synagogue in partnership with The Wellington Hospital and United Synagogue

HEALTHCARE PROBLEMS FOR CHILDREN DURING THE PANDEMIC

19th Jan 8.00pm

Mr Andrew Goldberg	Consultant Orthopaedic Surgeon
Dr Lisa Anderson	General Practitioner
Dr Mark Furman	Consultant Paediatric Gastroenterologist
Dr Lee Noimark	Consultant Paediatric Allergist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist

THE LATEST THINKING ON DISEASE MEDICAL ADVANCES

2nd March 8.00pm

Dr Clive Onnie	Consultant Gastroenterologist
Dr Huw Beynon	Consultant Rheumatologist
Prof Daniel Hochhauser	Consultant Medical Oncologist
Dr Jenny Cross	Consultant Nephrologist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist

FOR THE OVER 70s: OPTIMISING YOUR HEALTH

13th April 8.00pm

Dr Michael Fertleman	Consultant Physician
Dr Bal Athwal	Consultant Neurologist
Mrs Joanne Hockey	Consultant Gynaecologist
Dr Huw Beynon	Consultant Rheumatologist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist



Professor Martyn Caplin

Consultant Gastroenterologist

As a member of Kinloss, I am delighted to chair the 2021 Healthcare Talks Series in partnership with The Wellington Hospital. We have a tremendous programme of talks planned in 2021 with leading authorities, who will share their valuable insights on common healthcare problems for children, the latest medical advances and how best to optimise our health. I am confident these talks will provide you and your family with a great deal of support and reassurance during an uncertain time for many. I hope you can register and join our talks.



Dr Lisa Anderson
General Practitioner



Dr Bal Athwal
Consultant Neurologist



Dr Huw Beynon
Consultant Rheumatologist



Dr Jenny Cross
Consultant Nephrologist



Dr Michael Fertleman
Consultant Physician



Dr Mark Furman
Consultant Paediatric Gastroenterologist



Mr Andrew Goldberg
Consultant Orthopaedic Surgeon



Professor Daniel Hochhauser
Consultant Medical Oncologist



Mrs Joanne Hockey
Consultant Gynaecologist



Dr Lee Noimark
Consultant Paediatric Allergist



Dr Clive Onnie
Consultant Gastroenterologist

WHEN AND HOW TO REGISTER:

You can register online at www.kinloss.org.uk/health no later than a week before each webinar taking place. The webinars will start promptly on the date and the time specified as above.

The Secret Synagogues and Ancient Rites of Ethiopia's Hidden Jews



The remarkable research and
activism of Dr Malka Shabtay

In conversation with Liran Moran and

Rabbi Jeremy Lawrence

now a **breaking story** on i24 News

Wednesday 3 Feb, 8pm

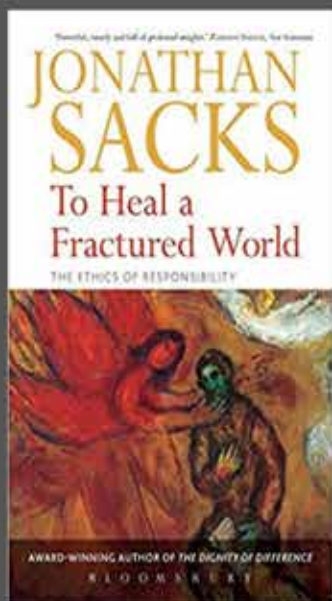
www.kinloss.org.uk/Ethiopia




KINLOSS



The Rabbinic Chavrusa in memory of Rabbi Lord Sacks



Rabbi Friedman and Rabbi Lawrence
discuss 'To Heal a Fractured World: The Ethics of
Responsibility'



MONDAY

— · 25 JANUARY, 8.00PM · —

BOOKING ESSENTIAL AT:

www.kinloss.org.uk/SacksBook

OR

FACEBOOK LIVE

<https://www.facebook.com/HGSSynagogue>

KINLOSS

THEUS.TV

HGSS
Living. Learning. Caring.



CHATS FOR CHAPS

Percy Kaye is inviting you to a scheduled Zoom meeting

ON WEDNESDAY 13TH JANUARY AT 11:00AM

To join the meeting, click:

www.kinloss.org.uk/chaps (No passcode required)



Children's Services

with grateful thanks to
Natalie Sommer
we have uploaded her
Children's Service Videos
for Shemot
<https://youtu.be/sfVZINhkTjo>

other links for Natalie
are available on
www.kinloss.org.uk/natalie

RABBI LAWRENCE WILL BE ON LEAVE
MONDAY 11 TO WEDNESDAY 20 JANUARY
INCLUSIVE

PLEASE CALL THE KINLOSS OFFICE
DURING HIS ABSENCE

0208 346 8551

MAZEL TOV • מזל טוב

MAX GOODALL

Mazel Tov to Max on his Bar Mitzvah

Max has three siblings Jenna, Ella and Louis and he attends Immanuel College

His hobbies are boxing, building models and reading

Charity work as part of Simcha, he took part in Year 8's Project Impact Program

Mazel Tov to parents Cassie & Guy Goodall, and to grandparents Sharon & Richard Goodall and Malcolm Dagul. Thinking of grandma Jenny at this time.



Mazel Tov to the Children in our Community celebrating their birthdays this week

Charles Wolfson (12)
Zachary Carciente (10)
Joseph Speigel (9)

Shari Dunitz (6)
Jamie Phillips (10)
Jack Wilson (3)

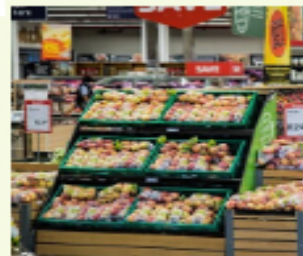


KINLOSS cares

about you

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt



Contact Rochelle
0208 349 5263

kinlosscares@kinloss.org.uk

BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:

In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

It is essential that we operate a track and trace system on all those attending the building and therefore, individuals **MUST** book in advance online to attend. Bookings must be made in advance of 24 hours of the commencement of the service. If an option is not available, it is either full or no longer available.

Only members can book in using this system.
Individuals over the age of 21 must have membership separate to that of their parents.

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

If you are experiencing problems with booking, please contact the office by email on office@kinloss.org.uk

Please do not attend if you have not received confirmation of booking.

SERVICES (שבת SEE FRONT PAGE)	SUN 10TH 26 TEVET	MON 11TH 27 TEVET	TUES 12TH 28 TEVET	WEDS 13TH 29 TEVET	ROSH CHODESH THUR 14TH 1 SHEVET	FRI 15TH 2 SHEVET
SHACHARIT	8:00am	7:15am	7:15am	7:15am	7:00am	7:15am
SEPHARDI	8:00am	6.30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	4:05pm	4:05pm	4:05pm	4:05pm	4:05pm	MINCHA KABBALAT SHABBAT 4:05pm

SHARED READING ZOOM

EVERYONE IS WELCOME- EXISTING OR NEW PARTICIPANTS

Tuesday 19th January at 2pm

Log in:

<https://us02web.zoom.us/j/4377475806?pwd=M2pvdEZuSjU0U1owRW4xaVVPeEpCQT09>

Meeting ID: 437 747 5806 Passcode: story

For more information, please speak to:

Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com



JANUARY @ KINLOSS YOUTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT	SUNDAY
				1	2 PARASHAT VAYECHI	3
4	5 LEARN 2 LEAD	6 BAT MITZVAH PROGRAMME	7 PARASHA QUIZ & SBM	8  INSTAGRAM DVAR TORAH	9 PARASHAT SHEMOT	10
11 DAVENING SQUAD	12 VIRTUAL TOUR OF PRESIDENT'S RESIDENCE	13 BAR MITZVAH PROGRAMME	14 PARASHA QUIZ & SBM	15  INSTAGRAM DVAR TORAH	16 PARASHAT VAYERA	17
18	19 LEARN 2 LEAD	20 BAT MITZVAH PROGRAMME	21 PARASHA QUIZ & SBM	22  INSTAGRAM DVAR TORAH	23 PARASHAT BO	24
25 DAVENING SQUAD	26 SUPPER QUIZ	27	28 PARASHA QUIZ & SBM	29  INSTAGRAM DVAR TORAH	30 PARASHAT BESHALACH	31



KINLOSSYOUTH



07827031851



YOUTH@KINLOSS.ORG.UK

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRTZEIT

Shabbat 9 JANUARY

Danielle Amdur	Sister
Alan Lee	Mother
Denise Plant	Father

Sunday 10 JANUARY

Muriel Altman	Sister
David Aminoff	Father
Gabriel Aminoff	Father
Pauline Aminoff	Husband
Ruth Goldman	Father
Gloria Lebetkin	Sister
Helene Levene	Father
Gerald Lucas	Sister
Elaine Oster	Father
Jean Rauch	2nd Husband
Paul Richer	Mother
Simon Winston	Father
Raphael Zarum	Sister

Monday 11 JANUARY

Leon Barnes	Father
Sandra Coleman	Mother
Bernice Kliger	Mother
Warren Levy	Father
Myrna Taylor	Husband

Tuesday 12 JANUARY

Carole Jayson	Brother
Muris Kalatizadeh	Father
Youssef Kalatizadeh	Father
Asnat Nematnejad	Husband
Marian Phillips	Mother

Wednesday 13 JANUARY

Charles Kaplan	Mother
Rosemary Miller	Father
Carole Mond	Husband
Hilarie Rose	Mother
Nina Schaffer	Husband
Russell Shaw	Father
Marian Stern	Mother

Thursday 14 JANUARY

Louise Azizollahoff	Father
Denis Felsenstein	Brother
Barbara Frank	Father
Anthony Kraus	Father
Janet Rabbie	Father
Cheryl Sarsby	Father
Geoffrey Soll	Father
Monique Solomon	Mother
Sidney Wagner	Father
Saul Zneimer	Father

Friday 15 JANUARY

Shirley Davidson	Brother
Lorraine Silver	Father
David Whiteman	Father

CONDOLENCES:

* Janine Bloom, Max Bloom, Marcia & Peter Bloom and Hayley Silvester on the passing of their husband, father, son and brother Darren Bloom Z"L

* Darren Shrubsole on the passing of his father David Shrubsole Z"L

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

28/02/2021	10:30 at Bushey Old in memory of Gwendoline Greenwood Z"L
04/03/2021	10:30 at Bushey Old in memory of David Rosenberg Z"L
14/03/2021	09:30 at Bushey Old in memory of Jean Morris Z"L
17/03/2021	12:00 at Bushey Old in memory of Norman Gilmore Z"L
21/03/2021	12:00 at Bushey Old in memory of Sheila Cohen Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

