

- **Tuesday** evening: Bedikat Chametz after 8.28pm
- **Wednesday:** Fast of Firstborn Siyum details below.
 - No eating Chametz after 10.49am.
 - Nullify & Burn Chametz by 11.56am.
 - **Candle-lighting 7.31pm. Begin Seder after 8.36pm.**
- **Thursday & Friday** are Yom Tov.
- **Shabbat:** Candles by Fri night 7.34pm.
 - Havdalla Motzaei Shabbat 8.40pm.

Full Pesach Calendar & Times inside.



Rabbi Lawrence
Zoom Meeting Room

<https://zoom.us/j/3652480613>

Password: Kinloss

Join me for a live interview with
His Excellency Mark Regev,
Israel Ambassador to the Court of St James.
Monday 13th April 11am

Email questions to Rabbi@rabbiLawrence.net

The Shul Doors May Be Closed But Kinloss remains Busy!



For Streaming Updates on WhatsApp please
connect to www.kinloss.org.uk/streaming



Covid19 Halachic guidance from the
United Synagogue: Important
information on Pesach preparation,
Health issues, Tefilla, Taharat
HaMishpacha and Bereavement.

<https://www.theus.org.uk/article/coronavirus-updates>



[Special Pesach Message from Chief
Rabbi Mirvis](#)



Fast of Firstborn Siyum

Weds 8.30am with Rabbi Laitner <https://www.facebook.com/UnitedSynagogueUK/>

Weds 9.00am with Rabbi Lawrence on Zoom [Direct link to Siyum](#)

Mincha & Maariv on Zoom: Tuesday 7.30pm. **Weds:** Mincha 1.45pm

Havdalla: Motzaei Shabbat 8.40pm

[Direct link to Services](#)

Kinloss Children's Services online Please download and share. (Please don't watch on Shabbat or Yom Tov)

Sara has recorded a [Shabbat service](#) <https://youtu.be/1pgFRWJKRg8> & [Pesach Service](#) https://youtu.be/uWgUbpM_fy4

Natalie has her [Shabbat Service](#) https://youtu.be/LtN3XmTI_J4 and a series of **Pesach videos** with

- Hallel - <https://youtu.be/f2MWC358ldQ> The Story of Pesach - <https://youtu.be/uPTGG0q1VYU>
- The Order of the Seder - <https://youtu.be/jr7o5lxqEsQ> Mah Nishtana - <https://youtu.be/wlgJlbJhUKE>
- Echad Mi Yodeah - https://youtu.be/mOd1G_FymRI

All on one Playlist: <https://www.youtube.com/playlist?list=PLg7EuXlp3pO5T7BioHtSyDV-cRPiUGu9A>



Pesach Times 5780 / 2020			
Day	Title	Time	Green Siddur Pages
Tues 7 April	Bedikat Chametz	After 8.28pm	p642
Weds 8 April	Erev Pesach Siyum for Firstborn Facebook Siyum for Firstborn Zoom Do not eat Chametz after Dispose of Chametz by Eruv Tavshilin	8.30am 9.00am 10.49am 11.56am Before Yom Tov	Facebook Link Zoom Link p642
	 Candle-lighting First Seder Eat Afikoman by Halachic midnight	7.31pm From 8.36pm 1.01am	p644
Thurs 9 April	 1st Day Pesach Morning Yom Tov Kiddush Candle-lighting Second Seder Count Omer 1	 From 8.36pm From 8.36pm	p730 p644
Fri 10 April	 2nd Day Pesach Morning Yom Tov Kiddush Candle-lighting Kiddush for Shabbat Count Omer 2	 By 7.34pm	p730 p314
Shabbat 11 April	Shabbat Chol HaMoed Morning Shabbat Kiddush Shabbat Concludes / Havdalla Zoom Maariv Count Omer 3	 8.40pm 8.50pm	p464 Zoom Link
Sun 12 April	Chol HaMoed Zoom Mincha & Maariv Count Omer 4	 7.30pm After 8.40pm	Zoom Link
Mon 13 April	Chol HaMoed Zoom Mincha & Maariv Count Omer 5	7.30pm	Zoom Link
Tues 14 April	Chol HaMoed Zoom Mincha	7.30pm	Zoom Link
	 Candle-lighting Kiddush Count Omer 6	7.41pm	p644 p646
Weds 15 April	 7th Day Pesach Morning Yom Tov Kiddush Candle-lighting Evening Kiddush Count Omer 7	 After 8.47pm	p730 p644 p660
Thurs 16 April	8th Day Pesach Yizkor Prayers Morning Yom Tov Kiddush Yom Tov Ends / Havdalla	 8.49pm	p666 p730
	Zoom Maariv / Havdalla Count Omer 8 May eat sold Chametz	8.55pm After 9.45pm	Zoom Link
Fri 17 April	 Candle-lighting Count Omer 9	 By 7.46pm	p644
Shabbat 17 April	Parashat Shemini Shabbat End / Havdalla Count Omer 10	 8.53pm	

Making a Meal of this Year's Seder



This Seder night will be very different from all others. In Shemot 12:4 we are told that if our households are too small to eat the whole Paschal Lamb by ourselves, we should share and join with others. By Talmudic times, the idea of coming together for Seder in a Chavura was well-established. The Seder of Rabbi Akiva in Bnei Brak features prominently in the Haggadah. There was also another A-lister Seder held by Rabban Gamliel that year.

This year for many, our Sedarim will be small and somewhat lonely. We will be missing our closest family and the chaverim with whom our Yom Tovs are normally celebrated. Very many will be eating in ones and twos, asking themselves the four questions. Who knows one? This Seder night, and even for second Seder, my heart goes out to the solitary seder sitters.

With all the success of Zoom and livestreaming on Facebook or YouTube, there have been a multiplicity of Social Media Seder scenarios posited. There are also several real and wishful *piskei halacha* swirling around cyberspace for how to handle the current situation.

Please do not rely on the “it’s been said in Rav Ploni’s name” texts and WhatsApps to tune in or Zoom in without discussing directly with your live and accessible Rabbi first!

There have certainly been specific psaks given for real *pikuach nefesh* or potential *pikuach nefesh* situations.

There are some very reputable public positions published directly by authorities I follow locally, in Israel and America.

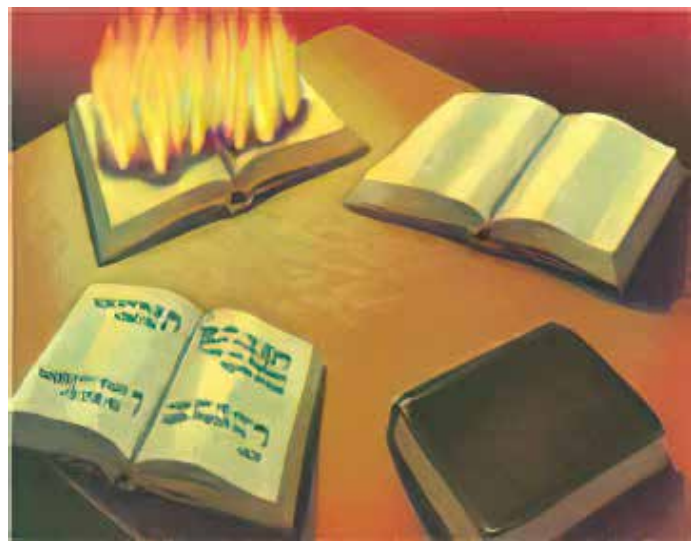
The advice I have seen draws a distinction to be drawn between the “in extremis” need for monitoring contact with the isolated, vulnerable and sick (list to be taken together) on the one hand and the desire to be inclusive and maintain a connection with the truly lonely and desperately-hating-the-thought of Seder-alone family members and friends, on the other.

There is no question that lines of communication might be a real life-saver for the former. The significance of contact should not be trivialised. Nor should the halachot of Shabbat and Yom Tov find themselves suddenly jettisoned. It is above my station to set out “my position” on this, certainly in this forum.



For the latter, the strong advice is to run a pre-Seder, where the family can read passages of the Haggadah and sing the favourite songs as

well as eat a meal over Zoom ahead of Yom Tov. The specific Brachot of the Seder and the key elements of Matzah and Marror ought not to be said or eaten at the pre-Seder. It is essential that these are reserved for after nightfall (8.36pm).



It's an opportunity to share Divrei Torah, eat different and inventive (Kasher lePesach) symbolic foods "*Zabagli-alone-ly*" ... The four children are around the Pesach Table – but so many are missing. What does they say? "What does making a seder without family mean for us?" "What do all these principles of self-isolation mean to you?" "What does it mean to be a part of a community – counting oneself in or excluding oneself?"

What is a plague? What does it mean for a



country to be afflicted? What do we thank Hashem for? Do we have a better understanding of the idea that we spill wine when reciting the plagues because Hashem's

creation is suffering and lives (even of people

we may not care for or who are our enemies) are embittered?

Aside from a myriad of humorous Covid-Haggadah spoofs, and song rewrites, there are many meaningful questions to discuss around our tables this year. Some of these can be done at a 5.30pm pre-Seder with family and neighbours, who would cherish the opportunity to Zoom in.

The full Seder does need to be run later – but it is possible to curtail the Halayla Hazehs, to skip the Dai-Dai chorus of Dayeynu and the post Hallel songs.

It is imperative to finish the pre-Seder before candle lighting at 7.31pm and one should not be eating after that until Kiddush at 8.36. Clearly, having eaten something at the pre-Seder, the Shulchan Orech component of the Seder will be lesser. It might be soup and dessert... It is important that one is still hungry for Matzah at Seder time and has room for the Matzah, Marror, Charoset etc.

The meal should still be festive.

This year, we have queued like slaves. Next year may we shop like free men and women. This year we are locked in. Next year may we be able to go out in threes and fours.

May we be blessed with health to join together next year.

Chag Sameach

R' Jeremy Lawrence



Eruv Tavshilin – ערוב תבשילין

Amongst the 39 prohibited activities on Shabbat (See Mishna Shabbat 7:2), many pertain to food preparation from trapping and shechting, or planting and harvesting; through threshing, winnowing and selecting to grinding, kneading and cooking. Essentially foods must be prepared and cooked before Shabbat. Within certain parameters food may be reheated.

Under a principal known as “Melechet Ochel Nefesh” some preparation of foods on Yom Tov for that day of Yom Tov is allowed, most notably the ability to transfer flame and to cook. Yom Tov cooking, and candle lighting may only be done from an existing flame. Nonetheless, one may not prepare from one day of Yom Tov to the next. So, one can cook on Thursday for Thursday and Friday for Friday, but what about preparing for Shabbat?

To allow dedicated and hot Shabbat food (rather than just cold Yom Tov leftovers), the Rabbis established an Eruv Tavshilin or “combining of cookings.” In the words of the Raavad (Abraham ben David 1125-1198, the great Provencal Rabbi who was a contemporary commentator on Rambam), we combine the culinary needs of Shabbat with the culinary needs of Yom Tov to make them together. With an Eruv Tavshilin, given that one has already commenced one’s Shabbat preparation ahead of Yom Tov, one may continue to cook and bake for Shabbat on Yom Tov, just as one can cook on Yom Tov for the day itself.

Ideally, an Eruv should be prepared in every household (often, but not exclusively by the person, or even each person, who lights the Shabbat/Yom Tov candles).

Two pieces of food are required. One must be cooked and the other is (conventionally) baked. The traditional examples are egg or fish as cooked foods and bread or matzah as baked. For Pesach, please use matzah! Ideally, the foods are complete, meaning they are whole and can be eaten as-is.

Ahead of Wednesday sunset (or Thursday in Israel, on occasions where there is just one day of Yom Tov before Shabbat), the foods should be set aside together (or given to someone to hold) and the **beracha** and **declaration** recited. The Aramaic declaration may be read in translation.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו, וְצִוָּנוּ עַל מִצְוַת עֶרֶב.

**Baruch Atah Adonoy Elohaynu Melech
Haolam, Asher Kidshanu Bemitzvotaynu
Vetzivanu Al Mitzvat Eruv.**



Blessed are you, L-rd our G-d, King of the universe, who has sanctified us with his commandments, and commanded us concerning the mitzvah of eruv.

בְּהִדִּין עֶרֶבָא יְהֵא שָׂרָא לָנָא לְאַפּוּי וּלְבִשּׁוּלִי
וּלְאַטְמוּנִי וּלְאַדְלוּקִי שְׂרָגָא וּלְתַקְנָא וּלְמַעֲבֵד כָּל
צְרָכָנָא, מִיּוֹמָא טָבָא לְשַׁבְּתָא לָנָא וּלְכָל יִשְׂרָאֵל
הָדָרִים בְּעִיר הַזֹּאת.

**Bahadein eiruva y'hei sharei lana la-afuyei ul'vashulei
ul'atmunei ul'adlukei sh'raga ul'takana ul'mebad kol
tzar'kana, miyoma tava l'shab'ta lana ul'chol yisra-eil
hadarim bair hazot.**

With this eruv, may we be permitted to bake and to cook, to insulate, to light a flame, to prepare and undertake anything necessary from Yom Tov to Shabbat, for ourselves and all Israelites living in this city.

The set-aside Eruv foods ought to be eaten on Shabbat. Some have the custom of using the baked food for Hamotzi and the cooked one for Seuda Shelishit (Mishna Berura 527:11).

Stressing the importance of the Eruv, some authorities hold that without an Eruv Tavshilin, one may not even light Shabbat candles.

However, as you can see from the language of the declaration, the ambit of the Eruv extends to others. Accordingly, the local Rabbi's or Gadol's Eruv also covers his community, and this may be depended upon if one has forgotten to make an eruv of one's own. Some Poskim allow this leniency just the once and all are agreed that one should not become habituated.

The word Eruv ערוב is related to Arevut ארבות as in the expression כל ישראל ערביין זה בזה “every Israelite has responsibility for each other” (Talmud Shavuot 39b) As we head into this somewhat strange Pesach, my appreciation to all to all who volunteer in the community – in welfare, services, security and education. As you look out for others, may Hashem look out for you and yours with blessings of health and happiness.

חג בשר ושמן!

Rabbi Jeremy Lawrence

The Chief Rabbi's Pesach Message 5780

A recent BBC News item reported that more than a quarter of people engage in monthly domestic disputes about which types of plastic can be recycled. Research carried out in London last year found that nearly 90% of drivers were still grappling with what the new Ultra Low Emissions Zone would mean for them. A report issued in January by a cross-party Parliamentary group suggested that, in efforts to reduce plastic waste, many are using materials which can actually cause greater damage to the environment. When it comes to responding to climate change, I fear that too many of us are failing to see the wood for the trees.

It is told of the apocryphal 'wise elders of Chelm' that they were becoming increasingly concerned about the town's only bridge. A small cavity in the bridge quickly became a dangerous gap. Every day brought more incidents of people falling into the valley below and injuring themselves. An emergency meeting of the elders was called. After a full day of intense discussion and debate, the unanimous solution was finally announced: they would urgently build a hospital in the valley below!

I wonder what the reaction of the elders of Chelm would be to the problem of climate change and, indeed, whether it would be different at all to the way many people actually view the issue today.

On Pesach, we recall how Aaron, not Moses, was instructed to instigate the first three of the ten plagues – blood and frogs, which emerged from water, and lice, which emerged from the earth. Rashi explains that Moses owed both water and the earth a personal debt of gratitude. The waters of the Nile had protected his life when, as a baby, he was set afloat in a basket, while the earth provided the hiding place for the body of the Egyptian taskmaster whom Moses had killed in order to save a Hebrew slave.

This anthropomorphism is surprising. Can one really feel a sense of respect or deference for a river or the earth?

I believe that there is a powerful message here about our attitude to the environment. We tend to measure the impact of climate change by sea level, temperature increase or the amount of carbon in the air. These are of course all crucial in their own right but what if we measured the impact of climate change by the number of human lives it has already destroyed? Might that help focus our minds?

Accurate figures would be difficult to produce, but there is no question that millions of lives are lost every year to air pollution, natural disasters, pandemics and extreme water or food shortages related to climate change.

More than anything, Pesach is about responsibility. Slaves are merely an instrument, acting purely upon instruction. As we celebrate our freedom from Egypt and its accompanying responsibility – to Torah, to Hashem and to living in His service – we must not forget our responsibility to protect the fragile world that He created for us.

Consequently, our response to climate change should not only be about this type of plastic or that; this type of car or that. It should be a far more fundamental shift in the way that we think about the natural environment. Planet earth has sustained humanity for millennia just as it sustained Moses in Egypt. In return, we are failing to offer it the respect that it deserves.

Valerie and I wish you a Chag Kasher Vesameach.



Chief Rabbi Ephraim Mirvis
March 2020 • Nisan 5780



Please note this letter was sent out by the Chief Rabbi's Office in February

Watch and listen to
Shiurim online
Join our WhatsApp Group on
www.kinloss.org.uk/streaming



Shopping and Delivery Options and COVID Information

Please go to www.kinloss.org.uk/covidhelp

to see all shopping and delivery options.

This will be regularly updated as we receive new information
so please check regularly.

MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time.
Please pay your invoices via online BACS payment

OR the member portal <https://myus.theus.org.uk/login>

OR CALL THE OFFICE 020 8346 8551

AND SPEAK TO DENISE TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE



**Mazel tov to the following children in our community
celebrating their birthdays 11 - 24 April**



Lilianna Hart (6)
Aaron Goodman (7)
Nate Wikler (12)
Asher Sosnow (11)
Nixon Lux (4)

Lielle Falk (10)
Rachel Toffel (3)
Noah Peters (2)
Sammy Laitner (5)
Annabelle Suchet (1)

Natalie Nourani (4)
Ariella Hart (8)
Levi Rosenthal (6)
Zachary Glass (9)

Ella Wolfson (2)
Yona Frankfurt (7)
Maayan Levene (10)

Opening Times of the Shul Office during Pesach

The Shul Office times will be as follows:

OPEN Wednesday 8th April (Erev Pesach) - 9am until 1pm

Closed Thursday 9th, Friday 10th (Yom Tov)

Closed Sunday 12th

Closed Monday 13th (Bank Holiday)

OPEN on Chol Hamoed Tuesday 14th between 9am until 1pm

Closed Wednesday 15th and Thursday 16th (Yom Tov)

OPEN Friday 17th April - 9am until 1pm

**In case of emergency, please call
Rabbi Lawrence on 07501 895 124**

**Emails sent to office@kinloss.org.uk
will be checked regularly on non-Yomtov/Shabbat days**

PLEASE NOTE THE KINLOSS BUILDING IS TOTALLY LOCKED

HAPPY PESACH FROM ALL THE STAFF AT KINLOSS

CONDOLENCES:

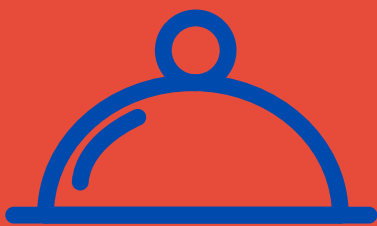
- * Marilyn Morrow on the passing of her brother Peter Goldman Z"L
- * Philippa Goldmeier, Rebecca Corney, Sara Kaye, Jonny Goldmeier and Dr David Goldmeier on the passing of their husband, father and brother Michael Goldmeier Z"L
- * Maurice Lazarus, Sheila Swift, Marlene Lee, Ashley Wood, Tricia Dent & Alison Amelkin on the passing of their mother and sister Roberta Lazarus Z"L

KINLOSS YOUTH PRESENTS



KINLOSS
tribe

MONDAY



NIGHT



SUPPER QUIZ

13TH APRIL

7:15PM LOG ON!
QUIZ STARTS AT 7:30PM

BRING YOUR OWN SUPPER!
QUIZ IS ON KAHOOT SO BRING A
PHONE

ZOOM MEETING ID: 541-016-728

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

RABBI LAWRENCE WILL BE RECITING THE MEMORIAL PRAYER FOR ALL THE FOLLOWING YAHRZEITS ON **SHABBAT 11 APRIL**

Shabbat 11 APRIL

Kenneth Burns	Father
Ruth Glass	Father
Philip Lewis	Mother
Pamela Miller	Husband
Jodi Schajer	Father
Barrie Tankel	Father
Michael White	Mother

Sunday 12 APRIL

Shirley Bowles	Father
Benita Brown	Father
Simon Crespi-Gulgoz	Father
Zachy Heller	Father
Sheila Leveson	Brother
Anthony Spencer	Mother

Monday 13 APRIL

Wendy Ellis	Father
Rita Gordon	Husband
Anthony Korn	Mother
Edna Moser	Sister
Steven Villiers	Father

Tuesday 14 APRIL

Stuart Nash	Mother
Minnie Weintrob	Father

Wednesday 15 APRIL

Laurence Faïman	Mother
George Gaty	Mother
Ruth Levy	Father
Howard Markham	Mother

Thursday 16 APRIL

Anthony Artman	Father
Gary Bradley	Mother
Geoffrey Bradley	Wife
Sheila Forman	Husband
Philip Goldberg	Father
Maurice Hajioff	Mother
Raphael Harris	Sister
Janice Joseph	Father
Ashley Prager	Father
Peter Sherwood	Mother

Friday 17 APRIL

Eli Abt	Father
Cydlar Adler	Mother
Chokat Bassally	Mother
Shirley Davidson	Father
Keith Harris	Father
Pauline Harris	Husband
Howard Israel	Mother
Flora Michaels	Husband
Marie Silverberg	Husband
Jennifer Sosnow	Brother
David Weinberg	Mother

RABBI LAWRENCE WILL BE RECITING THE MEMORIAL PRAYER FOR ALL THE FOLLOWING YAHRZEITS ON **SHABBAT 18 APRIL**

Shabbat 18 APRIL

Marilyn Azizollahoff	Mother
Charlotte Collins	Mother
Arnold Fulton	Sister
Stephen Landy	Brother
Cilla Summers	Mother

Sunday 19 APRIL

Rosalind Fine	Mother
June Gotkine	Father
Adelle Kaplan	Mother
Gloria Reuben	Husband

Monday 20 APRIL

David Gradel	Mother
David Levy	Father
Parviz Namdar	Father
Simin Rahimzadeh	Father
Leslie Rotenberg	Father
Zena Wagner	Mother
Ann Winkler	Mother

Tuesday 21 APRIL

Rhoda Robinson	Father
Linda Sharpe	Father
Shirley Weiner	Sister
Michael White	Sister

Wednesday 22 APRIL

Iraj Elghanian	Mother
John Josephs	Mother
David Marks	Father
Donald Sharpe	Brother

Thursday 23 APRIL

Stephen Barnett	Father
Howard Josephs	Mother
Beatrice Primhak	Mother

Friday 24 APRIL

Elizabeth Azizoff	Mother
Rochelle Bard	Father
Yvette Kamlisch	Mother
Helene Levene	Mother
Rachel Shababo	Father
Susan Sharp	Father
Michael Zabaroff	Mother



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

ALL TOMBSTONE CONSECRATIONS ARE POSTPONED FOR THE TIME BEING

PESACH MESSAGE

PRESIDENT MARIE VAN DER ZYL

NISSAN 5780



We all know how much this Pesach will be different from others we have enjoyed in the past. Firstly and most importantly it is hard to be filled with joy and hope when so many of our family and loved ones are sick, or isolated in their homes. We are all fearful about Covid-19.

We all know about the Pesach imperative to help a stranger. In normal times this means inviting someone in need into your home to enjoy your Seder meal. While this is impossible at the moment, we can and should all be volunteering to help strangers in need.

We can volunteer through the NHS and through amazing Jewish organisations such as the Jewish Volunteering Network, who have set up programmes to give assistance to those who need it most. We can also drop cards into neighbours who may need help (an 'I Can Help' card is available to download on our coronavirus advice page on the website).

We at the Board of Deputies have liaised with the Government, the Opposition, Jewish and Muslim faith communities, in order to amend the Coronavirus Bill so that we will still be able to bury our loved ones with dignity according to our tradition.

We have been working with all the different denominations to support as much continuity of religious life as possible. We have seen a wonderful and unique spirit of altruism develop in the last few weeks, and this is something we really can cherish.

And of course there is the fundamental duty incumbent on all of us to stay safe by remaining at home as much as possible, to protect the NHS and to ensure this virus is defeated in the minimum amount of

time. We must all take on the message that we will not be able to go back to our normal lives if our behaviour means that the virus can spread.

To all of our key workers including NHS staff, carers, Burial Society workers, Rabbis, Synagogue staff and volunteers, teachers, shop and transport workers and so many others, we thank you for your selfless commitment to protecting and keeping the nation going at this difficult time.

These are truly difficult times for all of us but now, more than ever, our community needs us. Together we will come through.

Pesach Sameach to you and your families from everyone at the Board of Deputies.

Marie van der Zyl

Marie van der Zyl

Board of Deputies of British Jews