



5 / 6 February 2021

כ"ד שבט תשפ"א

SHABBAT WILL START AT 4:42pm AND TERMINATE AT 5:48pm

Mevarachim Hachodesh Adar falls on Friday 12th & Shabbat 13th

KINLOSS SHUL IS OPEN FOR SERVICES

PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 5TH FEBRUARY

FRIDAY NIGHT

4:45pm MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Main Shul

4:35pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:15am MAIN SYNAGOGUE led by Chazan Eli Sufrin
Kriat Hatorah by Chazan Eli Sufrin
Rabbi Laitner will speak

9:30am THE MINYAN in the Kinloss Suite
Kriat Hatorah by Robert Owen
Rabbi Lawrence will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

Until further notice, The Youth Minyan, Family Service and Children's Service,
will not be taking place

SHABBAT AFTERNOON

4:50pm MINCHA AND SHIUR by Rabbi Laitner titled:
"Few words & Massive impact! Little-known characters in the Megilah: part 1,
Bigtan & Teresh"

5:48pm MA'ARIV & TERMINATION OF SHABBAT
in the Main Shul

D'VAR TORAH BY RABBI LAITNER

Experiencing the Revelation

'And it was the voice of the Shofar, resounding very strongly. Moshe (Moses) spoke and God answered with a voice' (Shemot 19,19)

This verse is part of the extensive description in the Torah of how Revelation occurred on Har Sinai (Mount Sinai). The experiential aspect of the Revelation is very important and one which merits very careful study through a close reading of the *pesukim* (verses).

Let us concentrate on the second part of the *pasuk* (verse).

Who is Moses speaking to and what does he say? Neither of these details appear in the *pasuk*. **Rashi**, (1040-1105), explains that Moshe spoke the last eight of the Ten Commandments as the people could not cope with the experience of hearing God say the first two. While Moshe spoke, the Shofar still blew so God helped Moshe's voice to be heard over the Shofar. God also supplied Moshe with the words that Moshe was to speak.

However, this *pasuk* comes before the Ten Commandments, which are listed in chapter 20! This could be an example of how Rashi understands that the Torah is not necessarily to be read in chronological order. Perhaps Rashi thinks that we can read the Torah in the style of a novel - for example, at the end of one chapter in a novel with character A at a certain point, the next chapter may need to go back chronologically so that character B can catch up.

Contrastingly, the commentary of **Ramban** (1194-1270) takes a different view. Ramban prefers to read the *pesukim* in a chronological sequence. Read the verses in this chapter carefully and you can see how this unfolds. To give an example, Moshe brought the people to the foot of the mountain (verse 17), the people heard communication with God, (verse 19) Moshe then went up towards the top of the mountain (verse 20). The Ramban has many more interesting insights, based on this close reading.

R'Avraham Ibn Ezra (1089-1107) takes a different view. He writes that Moshe's unexplained speaking is in fact him asking a question to God, a question which the Torah does not reveal. Whatever the question was, God answered Moshe but not with the Shofar. Then, in the next verse, God calls Moshe to go up to the mountain. Perhaps Moshe was still a seeker (see our discussion about Moshe's role as a shepherd at the start of Shemot chapter 3). He sought God, here through a question and God responded.

These three approaches help us to understand the messages the Torah is giving us from the preparations for the Revelation at Sinai.

YITRO STATISTICS
MITZVOT: 17 OF THE 613 MITZVOT, 3 POSITIVE AND 14 NEGATIVE
VERSES: 75 (8TH SHORTEST OF THE 54 SIDROT)
WORDS: 1105 (9TH SHORTEST)
LETTERS: 4022 (9TH SHORTEST)
HAFTARAH: 21 VERSES (JOINT 31ST LONGEST OF THE 80 HAFTAROT)
TODAY'S SHLISHI IS THE SHORTEST SHLISHI OF THE TORAH. THE TEN
COMMANDMENTS ARE READ IN SHISHI. DID YOU KNOW THAT THERE
ARE 15 MITZVOT IN THE "TEN COMMANDMENTS"?
THE THREE SHORTEST VERSES OF THE TORAH ARE TO BE FOUND IN
SHISHI (I.E. EXODUS 20:13-15).

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	445	288	394
HAFTARAH	464	302	1154

The Howls of Hyenas

What an amazing session last night on the hidden Jewish communities of Ethiopia, the Beta Yisrael of East Kachene and Semien Showa.

Malka Shabtay took us right into the Gedam (synagogue and community compound). We saw the special kiddush cups, designated by the craftsmen exclusively for sale amongst the community. These families trace a lineage back to pre-Mishnaic times, with their own halachic development. We heard about their ongoing practices of Shabbat boundaries and Taharat haMishpacha. We saw a re-enactment of the annual red heifer ceremony.

Malka and Liran shared with us their experiences of being welcomed into the community and the local amazement that there were white Jews!

We learned of the challenges that the communities face, poverty, the persistence of the evangelizing church and anti-Semitism. Even amongst the professionals and educated in Ethiopia, the myth is perpetuated that Jews can become hyenas at night and suck out the blood of non-Jewish children.

Where there were 44 Gedams about a century ago, the number has fallen to fifteen.

The ingathering of these exiles and their bonding with Israel has been compared by them to the coming alive of Ezekiel's valley of dry bones. Our connection with them, is similarly a reconnection with vestiges of ancestral traditions that we have studied in rabbinic literature but not encountered as lived Judaism.

These communities are looking to establish their own cemetery (currently denied them) as well as Jewish schools. They would like to develop their facilities in Ethiopia as well as forge stronger connections with Israel.

If anyone is interested in further information about Malka's work, please contact Liranmorav@gmail.com. Liran's father is just completing his tour of duty as Israel's ambassador to Ethiopia.

Mi-She-Nichnas Adar Marbim beSimcha – as we look towards the month of Adar (Rosh Chodesh Friday and Shabbat next week) we should increase our levels of joy.



The salvation of Purim and the redemption of Pesach see us on a positive trajectory, now augmented by Yom HaAtzmaut then Yom Yerushalayim. It feels just like one of those Whitty / Van Tam graphs – a joyous peak at Shavuot and then sharply down through 17th Tammuz and Tisha B'Av before the hard spiritual climb of Tishrei.

This year, there is a cautious optimism as we head into Adar. I have been encouraged to hear members' excitement and relief at receiving the first or now both vaccinations. Early indications suggest a marked success in prevention of infection and transmission. Nonetheless, caution is still advised, and the United Synagogue continue to follow the advice from the Chief Medical Officer regarding limiting exposure with caps on services.

Booking is available for Purim. There will be a number of Megillah readings in shul, which will be broadcast on Zoom to those who prefer to stay home or are unable to join us. Being physically present is clearly the ideal way to fulfil the mitzvah; however, our Dayanim reassure those at risk of contracting or spreading the virus that under these difficult circumstances, listening to a live reading on Zoom is the safer course.

This year, also, to make bookings easier and to optimise numbers, in the leinings that are not in shul and not in full services, we will be seating families together (ie men & women).

More on Purim to follow!

Wishing you all good health and Shabbat Shalom

R' Jeremy Lawrence

Joy as a Response to Trauma

Mi-She-Nichnas Adar Marbim beSimcha



Join **Mandy Lawrence** on **Thursday at 8pm** for a shiur marking the first yahrzeit of her mother Della Levy z"l. Zoom #980 0095 6766 Passcode: Della

<https://zoom.us/j/98000956766?pwd=RTVUcUUrUWg1Uic0Qmg3VWdMS3lyUT09>

**Bring Your
Lunch and Learn Together**

Starts at 1pm



KINLOSS

WEDNESDAY 10 FEBRUARY 2021

RABBI Y FINE

WEDNESDAY 17 FEBRUARY 2021

RABBI WAYLAND

WEDNESDAY 24 FEBRUARY 2021

RABBI D FINE

WEDNESDAY 3 MARCH 2021

RABBI LAWRENCE

WEDNESDAY 10 MARCH 2021

RABBI FRIEDMAN

WEDNESDAY 17 MARCH 2021

RABBI GARBER

WEDNESDAY 24 MARCH 2021

PNINA SAVERY



www.kinloss.org.uk/landl



KINLOSS

The logo for Kinloss Kids features a stylized icon of a building with vertical bars above the word "KINLOSS" in a bold, sans-serif font. To the right of "KINLOSS", the word "KIDS" is written in a large, white, cursive script font.

CHALLAH MAKE

THURSDAY 11TH FEB @ 4PM



**Grab your aprons and let's
make challah for Shabbat
with Allegra Benitah
The 'Challah Mummy'**



**SUITABLE FOR AGES 5 - 12
(SOME CHILDREN MAY NEED
PARENTAL ASSISTANCE)**

SIGN UP NOW

WWW.KINLOSS.ORG.UK/CHALLAH21
(LIST OF INGREDIENTS WILL BE SENT)



ZOOM PILATES FOR WOMEN

**Join a Pilates group every Monday evening at 8.15pm on zoom.
Classes £10 per session.**

For more information or to book, please contact Josie directly on 07890 676 738

PURIM 2021


KINLOSS

Thursday 25th Feb

**5.30pm – Mincha, Ma'ariv
and Megillah (Main Shul)**

**6.45pm – Megillah
(Kinloss Suite)**

**7pm – Women for Women
(Deal Halls)**

**8pm – Megillah
(Main Shul)**

Friday 26th Feb

**6.45am – Shacharit with
Megillah (Main Shul)**

**8.45am – Megillah only
(Kinloss Suite)**

**10am – Megillah only
(Main Shul)**

**10.15am – Women for
Women (Deal Halls)**

**10.30am – Explanatory
Megilla (Online Only)**

All Megillah readings will be streamed via Zoom

Kids Entertainment Thursday 25th Feb

4pm - Age 0 - 4

4.45pm - Ages 4 - 7

5.30pm - Ages 8 - 11

Ordinarily, adults have an obligation to hear the megillah in person both in the evening and day of Purim. If you can hear a reading in shul or from somebody else whilst complying with government and US Covid regulations, or if you can read it yourself from a kosher scroll, then you should do so. If owing to Covid restrictions it is not possible, then you should listen to one of the live recitals we are broadcasting, rather than a recording.

Book now & more info:
www.kinloss.org.uk/purim



KINLOSS

Half Term Virtual Magic Show with Josh Horus



Professional Magician
Britain's Got Talent
Finalist 2019
Over 1 million followers
on Social Media

Tuesday 16th Feb | 4PM

Suitable for child Yr 3 - Yr 6

Book now before it disappears:

www.kinloss.org.uk/magic

The top section of the poster features a collage of craft and Shabbat-related items. On the left, a cardboard pencil holder contains several sharpened colored pencils. Next to it is a red pencil and a small red eraser. In the center is a green, flower-shaped glass jar. To the right, there are paint containers (one purple, one blue), a lit candle in a brass holder, a glass of wine, and a small loaf of braided bread. The Kinloss logo, consisting of a barcode-like graphic above the word 'KINLOSS', is positioned in the upper left corner.

KINLOSS

**Join Ilana Banana and Rabbi Lawrence
for music, crafts and a sing-a-long
Kabbalat Shabbat on
Friday 5th March at 10.30am.**

**It's going to be a fun half hour
for your little ones (ages 0 - 5)!**

**Free for Kinloss Members
£4 for non-members
(Craft activities will be sent to you in
advance)**

**BOOK NOW
WWW.KINLOSS.ORG.UK/FUN**

The bottom section of the poster shows a close-up of several red pencils and two paintbrushes with gold ferrules and dark handles, arranged diagonally.



KINLOSS

VIRTUAL GAME SHOW

KINLOSS PRESENTS *ONLINE* GAME SHOW



Motzei Shabbat 13th March at 8pm

*Hosted by a production team, full of fun
rounds, trivia and prizes
it's an event night not to miss!*

£5 per zoom screen

*Book online at
www.kinloss.org.uk/gameshow*

Mazel Tov to the Children in our Community celebrating their birthdays this week

Jonah Goodman (9)
Ariella Ellis (9)
Rachel Nourani (7)
Noa Sacker (7)
Bertie Lewis (9)

Ethan Cowan (3)
Tamara Samuels (8)
Sammy Joseph (12)
Samuel Nyman (10)



SHARED READING ZOOM
EVERYONE IS WELCOME- EXISTING OR NEW PARTICIPANTS
Tuesday 9th February at 2pm

Log in:

<https://us02web.zoom.us/j/4377475806?pwd=M2pvdeZuSjU0U1owRW4xaVVPeEpCQT09>

Meeting ID: 437 747 5806 Passcode: story

For more information, please speak to:
Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

CHATS FOR CHAPS

Percy Kaye is inviting you to a scheduled Zoom meeting
ON WEDNESDAY 10TH FEBRUARY AT 11:00AM

To join the meeting, click:

www.kinloss.org.uk/chaps (No passcode required)

MONDAY MATTERS FOR WOMEN

The next group meeting will be on
MONDAY 15TH FEBRUARY at 3:00pm

Log in via: www.kinloss.org.uk/matters
Everyone is welcome

Join Kinloss & The Jewish Council for Racial
Equality

'Heroes of Jewish activism against racism'

Looking at Jewish heroes of the fight against
racism in the US, South Africa and UK and the
unsung heroes whose work has been
instrumental in combatting racism.

Monday 15th February: 8pm
Presentation and Q&A

Register now at
www.kinloss.org.uk/equality

KINLOSS BNEI AKIVA

ART ATTACK

Join us this week for a chilled sviva full of creativity,
drawing and challenges
Motsel Shabbat 6 Feb | 6:15pm



SEE YOU THERE!

SIGNUP LINK:
shorturl.at/afBP1



KINLOSS

**CALLING ALL CHILDREN
IN THE COMMUNITY
AGED BETWEEN 7 - 11 YEARS OLD!!!!**

**WE ARE LOOKING FOR A DESIGN FOR THE
FRONT COVER OF THE FORTHCOMING
KINLOSS PESACH MAGAZINE.**

**PLEASE SEND IN YOUR DESIGNS BY
9AM ON FRIDAY 12TH FEBRUARY 21 TO:**

office@kinloss.org.uk

**ALL ENTRIES WILL BE JUDGED BY OUR PANEL
AND THE WINNER WILL RECEIVE
PIZAZA VOUCHERS!!!!**

BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:
 In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

It is essential that we operate a track and trace system on all those attending the building and therefore, individuals **MUST** book in advance online to attend. Bookings must be made in advance of 24 hours of the commencement of the service. If an option is not available, it is either full or no longer available.

Only members can book in using this system.
 Individuals over the age of 21 must have membership separate to that of their parents.

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

If you are experiencing problems with booking, please contact the office by email on office@kinloss.org.uk

Please do not attend if you have not received confirmation of booking.

SERVICES (שבת SEE FRONT PAGE)	SUN 7TH 25 SHEVAT	MON 8TH 26 SHEVAT	TUES 9TH 27 SHEVAT	WEDS 10TH 28 SHEVAT	THUR 11TH 29 SHEVAT	ROSH CHODESH ADAR FRI 12TH 30 SHEVAT
SHACHARIT	8:00am	7:15am	7:15am	7:15am	7:15am	7:05am
SEPHARDI	8:00am	6:30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	4:50pm	4:50pm	4:50pm	4:50pm	4:50pm	MINCHA KABBALAT SHABBAT 4:55pm

KINLOSS CARES

WE NEED YOUR HELP

WE ARE LOOKING FOR VOLUNTEERS
AGED 25 – 40 WHO ARE
AVAILABLE TO HELP

FOR MORE DETAILS AND TO EXPRESS AN
INTEREST: WWW.KINLOSS.ORG.UK/VOLUNTEER



Bluebirds Ballet School

has established itself as a reputable school offering weekly ballet classes for dancers over the age of 55 (Silver Swans Ballet).

They are currently teaching all their classes online and would like to introduce the Kinloss community to a free taster on Monday 15th February at 10:30am.

To register for the free trial, please email Nicole at bluebirdsballetschool@gmail.com

KINLOSS cares

about you

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt

Contact Rochelle
0208 349 5263

kinlosscares@kinloss.org.uk



HEALTHCARE TALKS

A 2021 webinar series organised by Kinloss Synagogue in partnership with The Wellington Hospital and United Synagogue

THE LATEST THINKING ON DISEASE MEDICAL ADVANCES

2nd March 8.00pm

Dr Clive Onnie	Consultant Gastroenterologist
Dr Huw Beynon	Consultant Rheumatologist
Prof Daniel Hochhauser	Consultant Medical Oncologist
Dr Jenny Cross	Consultant Nephrologist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist

FOR THE OVER 70S: OPTIMISING YOUR HEALTH

13th April 8.00pm

Dr Michael Fertleman	Consultant Physician
Dr Bal Athwal	Consultant Neurologist
Mrs Joanne Hockey	Consultant Gynaecologist
Dr Huw Beynon	Consultant Rheumatologist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist



Professor Martyn Caplin

Consultant Gastroenterologist

As a member of Kinloss, I am delighted to chair the 2021 Healthcare Talks Series in partnership with The Wellington Hospital. We have a tremendous programme of talks planned in 2021 with leading authorities, who will share their valuable insights on common healthcare problems for children, the latest medical advances and how best to optimise our health. I am confident these talks will provide you and your family with a great deal of support and reassurance during an uncertain time for many. I hope you can register and join our talks.



Dr Bal Athwal

Consultant Neurologist



Dr Huw Beynon

Consultant Rheumatologist



Dr Jenny Cross

Consultant Nephrologist



Dr Michael Fertleman

Consultant Physician



Professor Daniel Hochhauser

Consultant Medical Oncologist



Mrs Joanne Hockey

Consultant Gynaecologist



Dr Clive Onnie

Consultant Gastroenterologist

WHEN AND HOW TO REGISTER:

You can register online at www.kinloss.org.uk/health – pre-booking is essential. The webinars will start promptly on the date and the time specified as above.

ARE YOU THINKING OF TAKING A GAP YEAR?

WE'RE HERE TO TALK

FOR YEARS 12-13, WE'RE HERE TO
DISCUSS GAP YEAR OPTIONS,
INCLUDING: YESHIVA, SEMINARY
AND GAP YEAR PROGRAMMES

RABBI LAITNER, LEORA AND
HARRY ARE AVAILABLE FOR
PRIVATE MEETINGS TO DISCUSS
AND ADVISE ON THE BEST
OPTIONS

TO BOOK A SESSION, CONTACT:
YOUTH@KINLOSS.ORG.UK OR 07827031851



CHILDREN'S SERVICES

with grateful thanks to
Natalie Sommer
we have uploaded her
Children's Service Videos
for Yitro

<https://youtu.be/AH3eoLPEA-I>
other links for Natalie are available on
www.kinloss.org.uk/natalie

Yvrit Discussion Group

Weekly on Mondays
from 7:30pm-9pm by Zoom
For more information go to

<http://www.kinloss.org.uk/ivrit-discussion-group>
Please contact Tony Korn direct :
tk66654@gmail.com

giftaid it



Gift Aid is a government
initiative to encourage
giving to charities.
Signing up would
maximise the value of your
contributions made to
Kinloss.
Are you already signed up?
If you're not sure or would
like to sign up, please call
the Kinloss Office
to discuss with
Denise or Shimon
020 8346 8551



KINLOSS
tribe



KINLOSS

SIXTH FORM LEARNING

For Years 12-13, join us for
learning with Rabbi Laitner on
analysing and discussing key
Jewish ethics and ideas

STARTING 10TH FEBRUARY

Message us to sign up!

For more information, contact
Leora and Harry on: 07827031851



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 6 FEBRUARY

Barbara Bleiberg	Father
Stephanie Ferster	Mother
Gerald Gershon	Mother
Alexander Langdon	Father
Sarita Langdon	Husband
Karen Leigh	Mother
Nicola Lever	Father
Ronald Rosenblatt	Father
Heather Taylor	Mother

Sunday 7 FEBRUARY

Susan Brett	Mother
Aubrey Moher	Father
Susan Shrago	Mother

Monday 8 FEBRUARY

Renate Altmann	Father
Felice Crown	Husband
Elizabeth Feldmann	Mother
Jack Ferster	Father
Frances Glassberg	Mother
Vivienne Mervis	Mother
Clive Rubin	Step Mother
Roberta Sanford	Father
Myrna Taylor	Father

Tuesday 9 FEBRUARY

Malcolm Chaplin	Father
Rosalind Fine	Father
Barry Frey	Brother
Michael Green	Mother
John Miller	Mother
Ruth Pittack	Father
Gail Silver	Brother

Wednesday 10 FEBRUARY

Carol Cantor	Father
Margaret Craven	Mother
Jennifer Morris	Mother
Hanna Nisse	Brother
Monica Simons	Father

Thursday 11 FEBRUARY

Helen Barget	Father
Caroline Cohen	Mother
Daniella Ebrahimoff	Father
Lotte Levy	Mother
Adrienne Sussman	Mother
David Watson	Mother

Friday 12 FEBRUARY

Harris Bor	Father
Alistair Halpern	Father
Mandy Lawrence	Mother
Philip Platt	Mother
Lorraine Silver	Mother
Stanley Weitzman	Father

CONDOLENCES:

* Mimi Benisty on the passing of her father Isaac Belity Aserraf Z"L. Condolences also to her mother Coti, and to siblings Alberti, Ani, Ruth, Deborah and Jaime Belity.

* Jeffrey Shine on the passing of his mother Lily Shine Z"L.

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

28/02/2021	10:30 at Bushey Old in memory of Gwendoline Greenwood Z"L
04/03/2021	10:30 at Bushey Old in memory of David Rosenberg Z"L
14/03/2021	09:30 at Bushey Old in memory of Jean Morris Z"L
17/03/2021	12:00 at Bushey Old in memory of Norman Gilmore Z"L
21/03/2021	12:00 at Bushey Old in memory of Sheila Cohen Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

