



28 / 29 MAY 2021

י"ח סיון תשפ"א

SHABBAT WILL START AT 8:49pm AND TERMINATE AT 10:07pm

Mazel tov to Gabriella Marks on her Bat Mitzvah.
We extend a warm welcome to her family and guests.

**PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE
PRE-BOOKED BEFORE 9am ON FRIDAY 28TH MAY**

FRIDAY NIGHT

7:30pm MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Main Shul

7:20pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:00am MAIN SYNAGOGUE led by Chazan Eli Sufrin

Kriat Hatorah by Michael Fluss
Rabbi Lawrence will speak

9:20am THE MINYAN in the Kinloss Suite

Kriat Hatorah by Jeremy Nicholls
Rabbi Laitner will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:45am YOUTH SERVICE in the Nissan and Rifca Deal Halls

11:20am CHILDREN'S SERVICES

must be booked in advance

www.kinloss.org.uk/childrenservice

and bookings will open every Sunday morning.

Places are limited and are on a first come first served basis

Ages 0 – 4 – Beit Midrash – run by Eva Namdar & Orly Hakimian

Reception to Yr 2 – Ladies Gallery in the Main Synagogue – run by Natalie Sommer

Family Friendly for Years (3-6) – Kinloss Suite – run by Jason Marantz and Rabbi Lawrence

SHABBAT AFTERNOON

4:00pm - 5:30pm Bnei Akiva

please send email to register in advance - bakinloss1@gmail.com

8:55pm MINCHA AND SHIUR by Rabbi Laitner titled

“Understanding the background to Talmudic Aggada, part 2: Hillel's rise to greatness
(Pesachim 66a-b)”

10:07pm MA'ARIV & TERMINATION OF SHABBAT

in the Main Shul

The Humility of Moses by Rabbi Michael Laitner

'And the gentleman Moses was extremely humble; more than anybody else on earth.' (Bamidbar 11,3).

Prior to this verse, Moses is rebuked by Aaron and Miriam. **Rashi**, writes that Moses was both humble and patient when confronted in such a way. Moses' humility was so great that he took criticism silently rather than seeking to justify himself, ever willing to improve himself, even though Aaron and Miriam are subsequently censured for disparaging Moses. Also remarkable is his brief, but sincere and effective prayer on behalf of Miriam (12,13), for her healing from the punishment of *tzara'at* (a spiritual malady which affects the body). This demonstrates that there are times when a short, sincere prayer is appropriate.

Yet earlier in the *Sidra*, when the people complain about the *manna* and demand meat (11,11), Moses appears despondent about being the leadership of the people, asking God why he has to bear such a burden, as if he was a parent of the Jewish people.

The **Talmud (Sanhedrin 8a)** quotes the sage **Rav Simla'i**, who says that the later verse is a lesson for judges that they must be able to bear the burden of the community as a mother bird would look after a fledgling. **Rabbi Baruch Halevi Epstein**, in his 19th century commentary, **Torah Temima**, elaborates that although a judge may often face extreme aggravation and pressure from litigants, he must not allow himself to abandon his responsibilities. Rather, he should display the love shown by the mother bird, despite the difficulties this can involve. Given this, we should be grateful to all those who take on the responsibility of judging.

Litigants and other interested parties must also treat judges with necessary courtesy and respect.

Moses was humble enough not only to remain silent in the face of criticism, but also to evaluate whether he should change his ways. Moses finds his public role highly demanding, but nonetheless discharges it with the care of a mother bird for her fledglings.

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	838	605	774
HAFTARAH	857	620	1182

BEHA'ALOTCHA STATISTICS

MITZVOT: 5 OF THE 613 MITZVOT, 3 POSITIVE & 2 PROHIBITIONS
VERSES: 136 (11TH LONGEST OF THE 54 SIDROT)
WORDS: 1840 (12TH LONGEST)
LETTERS: 7055 (12TH LONGEST)
HAFTARAH: 21 VERSES (JOINT 31ST SHORTEST OF THE 80 HAFTAROT)

The Psalmist's Prayer for Peace

Last Shabbat we were joined by Mike Freer MP, who wanted to show his solidarity with the Jewish community in the aftermath of the appalling anti-Semitism we witnessed locally earlier in the week. While he did not know what it was to feel anti-Semitism, he affirmed that he could identify with our fears. He delivered a strong message, as someone who had experienced homophobic violence and threats, that no-one should be attacked or fearful for being who they are.

Israel's anxieties were shared in our Zoom on Sunday evening <https://youtu.be/uMLSDHUIyvc>. David Barr from Kibbutz Alumim, which is very much on the Gaza border, spoke for the families who experienced the proximate threats from rockets and mortars, and the growing target radius, now reaching Ashdod and Ashkelon.

Jerusalem's deputy mayor, Fleur Hassan-Nahoum expressed her concerns that Hamas



have a deliberate policy of positioning and justifying themselves as the guardians of Jerusalem and

are seizing on opportunities to foment demonstrations there to trigger a rocket response. Fleur, who had played a significant role in the UAE trade talks stemming from the Abraham Accords, nonetheless hoped that the opportunities for trade and prosperity would encourage local populations to work for peace.

שְׁאֵלוֹ שְׁלוֹם יְרוּשָׁלַם Pray for the Peace of Jerusalem comes from Tehillim 122 (v6).

The Psalm begins with the joy of a pilgrim journeying to the city either for one of the *Shalosh Regalim* (Pesach, Shavuot & Sukkot) or specifically with the Bikkurim (first fruits).



Within the Psalm there is a theme of coming together; the outsider coming to Jerusalem (v1), the joy of the individual becoming a part of a pilgrim group (v1), the common purpose of the tribes (v6) prayer for siblings and friends (v8). It also addresses the harmonisation of Jerusalem's roles, the spiritual capital (v4) and royal city (v5), its protective walls and its prosperous palaces (v7).

Rav Kook wrote (Ein Eyah vol 2) on v7 יְהִי־שְׁלוֹם בְּחִילָהּ שְׁלוֹה בְּאַרְמוֹתֶיהָ that *Shalom*, the peace of the ramparts, is the tranquility after turmoil. *Shalva*, the peace of the palaces, is the transcendent calm of knowing oneself and one's purpose.

Malbim (R' Meir Leibush ben Yehiel Michel Wisser, d1879) explains that the *Shalom* of the citadels is the peace of the city, free from external threat. The *Shalva* of the ramparts is the peace within the city when its residents are collaborative and harmonious. The *Shalva* within is a prerequisite of the *Shalom* beyond.

לְמַעַן אֶחָי וְרַעִי אֲדַבֶּרֶה־נָּא שְׁלוֹם בְּךָ: לְמַעַן בֵּית־ה' אֶל־הֵיכָלֵנוּ אֲבַקֶּשֶׁה טוֹב לָךְ:

For the sake of my siblings and friends, I pray for your well-being; for the sake of the house of the Lord our God, I seek your good. (v8,9)

Malbim states that our good deeds underpin the peace of our fellows; Ibn Ezra, that enduring peace is contingent on our desiring good for the other.

May our local communities, with Israel and Jerusalem be blessed with tranquility and peace.

Shabbat Shalom



R' Jeremy Lawrence



KINLOSS

MEMORIAL BOARDS

ANNUAL UPDATE 5781 / 5782

We are now offering, for a short time, the opportunity to add your loved ones' names and Yahrzeits to the beautiful new Memorial Boards in the Main Synagogue Foyer. All names will be in perpetuity.

The price of a single plaque is £850.

Please note : this cannot be Gift Aided
or paid by Charity Voucher

Bookings taken until Friday 23rd July 2021

For further information please contact the office on
020 8346 8551 / office@kinloss.org.uk

To download form to complete go to
www.kinloss.org.uk/memorial

**Bring Your
Lunch and Learn Together
Starts at 1pm**



**WEDNESDAY 2 JUNE 2021
RABBI D FINE**



**'Conformity and the Lesson
of the Spies'**

**WEDNESDAY 9 JUNE 2021
RABBI LAWRENCE**



**WEDNESDAY 16 JUNE 2021
RABBI VIVIAN SILVERMAN**



**WEDNESDAY 23 JUNE 2021
RABBI ROSELAAR**



www.kinloss.org.uk/landl



**Huge thank you to the volunteers who helped make,
pack and deliver cupcakes to our Kinloss members.
Special thanks to Nicole Greenwold for heading the
team and Ruth Warrens for the donation of cake
toppers.**

Your opinion matters!
UNITED SYNAGOGUE

Membership Survey



LAST CHANCE!
SURVEY CLOSING ON MONDAY



Check your inbox for your
personalised survey link and win one
of two £100 Amazon vouchers

For any queries please email survey@theus.org.uk





KINLOSS YOUTH SERVICE KIDDUSHIM

Is it your anniversary of your
Bar/Bat Mitzvah or Birthday?

Do you have a family celebration?

Would you like to sponsor the
Youth Service Kiddush?

**CONTACT US TO
SPONSOR THE KIDDUSH:
YOUTH@KINLOSS.ORG.UK
OR 07827031851**

**ALL KIDDUSHIM MUST BE SINGLE
WRAPPED AND EATEN OFF THE SHUL
PREMISES**



**KINLOSS
tribe**





GABRIELLA MARKS

Mazel Tov to Gabriella on her Bat Mitzvah

Gabriella has a brother Eric and she attends JFS

Her hobbies are dancing and arts

Gabriella participated in the Yad Vashem UK twinning project as charity work as part of the Simcha

- * Mazel Tov to Nicola & Dan Marks on Gabriella's Bat Mitzvah. Also wishing mazel tov to the family, brother Eric and her proud grandparents Marsha & Dennis and Helena & Victor
- * Mazel tov to Samantha & Yoav Hochman on the birth of a daughter Aria Ruth, and sister to Jaimie. Mazel tov also to grandparents Martine & Johnny Mardkhah and Shoshana & Bezalel Hochman.
- * Mazel Tov to Suzy & Gideon Aminoff on the birth of a son, a brother to Maya. Mazel Tov also to grandparents Rebecca & David Aminoff and Lesley & Russell Selwyn, and great grandmother Pauline Aminoff.
- * Mazel Tov to Flora Michaels on her 100th birthday.
- * Mazel Tov to Martin White on his 90th birthday.
- * Mazel Tov to Carole & Anthony Sharot on the birth of their daughter Ava (Ahava). Mazel Tov also to grandparents Shoshana & Bruce Jaffe and Angela & Trevor Sharot (Singapore), and great grandparents Miriam & Eliezer Chetrit (Israel) and Betty S Jaffe (USA). Remembering Perry Jaffe Z"L at this happy time.
- * Mazel Tov to Joyce Grossmark on the occasion of the wedding of her granddaughter Ilana Grossmark to Robert Wigman. Remembering Trevor Grossmark Z"L on this happy occasion.



TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21 - 29

Is your child single and between the age of 21 - 29?

If so, they are not covered under your household membership and funeral scheme.

It is essential they are members in their own right cost is £5 a month.

This will also enable them to attend weekday, Shabbatot and Chaggim Services.

**Please sign up here :
<https://portal.tribeuk.com/account/tcm/register/>**



THE KLBD VIRTUAL ROADSHOW

SEE AND HEAR ABOUT NEWEST KLBD CERTIFIED
PRODUCTS
LEARN WHAT KLBD IS DOING TO MAKE KEEPING KOSHER
EASIER
FIND OUT HOW MANUFACTURERS BECOME KOSHER
CERTIFIED
AND RECEIVE PROMOTIONS FOR MANY KLBD PRODUCTS!

Brought to you by:



Sharon Feldman-Vazan
Retail Food & Drink Manager
KLBD Kosher Certification
VIA **zoom**



WHAT COMPANIES DO TO GAIN THEIR KLBD KOSHER CERTIFICATION?



HOW TO FIND KOSHER PRODUCTS ON THE HIGH STREET

(That you never knew were there!)



HEAR ABOUT THE GLOBAL SEARCH FOR KOSHER PRODUCTS



WIN A KLBD GOODY BOX DELIVERED TO YOUR DOOR!

WEDNESDAY 30TH JUNE, 8PM

BOOK NOW - WWW.KINLOSS.ORG.UK/KLBD

CHATS FOR CHAPS

Percy Kaye is inviting you to a scheduled Zoom meeting

ON WEDNESDAY 2nd JUNE AT 11:00am

To join the meeting, click: www.kinloss.org.uk/chaps Password: Kinloss

SHARED READING ZOOM

EVERYONE IS WELCOME EXISTING OR NEW PARTICIPANTS

Tuesday 15th June at 2pm

<https://us02web.zoom.us/j/4377475806?pwd=YzBucllMKzBNjdYczlhZytmUFJlQT09>

Meeting ID: 437 747 5806 Passcode: books

For more information, please speak to: Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:

In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation. **Please do not attend if you have not received confirmation of booking.**

SERVICES (שבת SEE FRONT PAGE)	SUN 30TH 19 SIVAN	BANK HOLIDAY MON 31ST 20 SIVAN	TUES 1ST 21 SIVAN	WEDS 2ND 22 SIVAN	THUR 3RD 23 SIVAN	FRI 4TH 24 SIVAN
SHACHARIT	8:00am	8:00am	7:15am	7:15am	7:15am	7:15am
SEPHARDI	8:00am	6:30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	MINCHA KABBALAT SHABBAT 7:30pm

Weekday Services are also on Zoom www.kinloss.org.uk/zoom

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts. Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we **MUST** provide a visible deterrent. You would only be required for one hour every 8 weeks, on Shabbat morning.

**Please email securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031, to volunteer and register.**

KINLOSS WOULD LIKE TO THANK
FLEUR HASSAN-NAHOUM
ISRAELI POLITICIAN AND POLICY MAKER AND DEPUTY MAYOR OF JERUSALEM
AND DAVID BARR
MEMBER OF KIBBUTZ ALUMIM, WHICH IS 2KM FROM THE GAZA BORDER
FOR THEIR PARTICIPATION AND INSPIRATIONAL DISCUSSION
WITH RABBI LAWRENCE ON SUNDAY 23RD MAY
CATCH UP RECORDING [HTTPS://YOUTU.BE/UMLSDHULYVC](https://youtu.be/UMLSDHULYVC)

**Kinloss Shul Office will be closed on
Bank Holiday Monday 31st May**

**In case of emergencies, please call Rabbi Lawrence on 07501 895 124
or email office@kinloss.org.uk**

MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time.
Please pay your invoices via online BACS payment

OR the member portal <https://myus.theus.org.uk/login>

OR CALL THE OFFICE 020 8346 8551
AND SPEAK TO DENISE TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE

VOLUNTEER USHERS NEEDED FOR SHABBATOT

We are looking for volunteer ushers for forthcoming Shabbatot. The aim of the role is to help facilitate the safe entry and checking of those attending services for 'track and trace' purposes and to remind people to wear masks and sanitise their hands upon entry.

Please sign up to a slot by clicking on <http://www.kinloss.org.uk/usher>

KINLOSS cares

about you

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt

Contact Rochelle
0208 349 5263

kinlosscares@kinloss.org.uk

CRP COURSE FOR PARENTS & CHILDREN

Join us for a six-part online series exploring a variety of Jewish topics

- | | |
|--|---|
| → Shabbat Shalom
Learn all about making Shabbat a meaningful day of rest | → Jewish Prayer
Understanding the essence of Tefilah and kavanah (meaning) |
| → Experience Mount Sinai
What exactly did we receive on Mount Sinai? | → Is it Kosher?
The basic laws of Kashrut explained for your Kosher kitchen |
| → Chag Sameach
Join us for an exciting journey through the Jewish calendar | → Connect with Israel
The People, the Land, and the remarkable achievements of Israel |

2021 course start dates:

Course 1: Wednesday 5 May
Course 2: Wednesday 16 June
Course 3: Wednesday 24 November

All six 30 minute classes need to be completed to get the points in section 5 of the CRP form

- For more details and to sign up please visit www.tribeuk.com
- All sessions will be via Zoom (please contact us on info@tribeuk.com for details on how to join by phone)



tribe
www.tribeuk.com



tribe.uk
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**MAZEL TOY TO THE CHILDREN IN OUR
COMMUNITY CELEBRATING THEIR
BIRTHDAYS THIS WEEK**

Lilia Rose (8)
Ethan Green (9)
Raphael Joseph (6)
Ezy Sufrin (12)
Jonathan Horwitz (5)
Sophia Newton (9)



Children's Services

with grateful thanks to
Natalie Sommer
we have uploaded her Videos
<https://youtu.be/BHtVwO6IEyo>

other links for Natalie
are available on
www.kinloss.org.uk/natalie

**BOOKING OPENS
EVERY SUNDAY**

KINLOSS

0-4
SERVICE

RECEPTION
TO YR 2

FAMILY
FRIENDLY

**CHILDREN
SERVICES**

EVERY
SHABBAT
11.20AM

WWW.KINLOSS.ORG.UK/CHILDRENSERVICE

BNEI AKIVA

4-5:30PM

**KINLOSS
BNEI AKIVA**

IS RUNNING IN PERSON AGAIN!

SIGN UP BEFORE SHABBAT
USING THE LINK

<https://forms.gle/79BjcZVfxy95FAXD7>

We can't wait to see you there!

KINLOSS

TREASURE TRAIL

SUNDAY 4 JULY

Meet Kinloss between 9.30am-10.30am to
collect your trail and snack pack

www.kinloss.org.uk/trail

Suitable for all ages – follow a self-guided Treasure Trail through the winding backstreets
of Hampstead Heath to crack the clues and solve the mystery.
One pack per group needed. £7 Kinloss Members, £10 non members

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 29 MAY

Mordechai Aharoni	Brother
Janet Gilbert	Father
Arlette Gotkine	Father
Samuel Margolin	Brother

Sunday 30 MAY

Malcolm Ambrose	Wife
Stephanie Ferster	Father

Monday 31 MAY

Loretta Adelson	Husband
Albert Bauernfreund	Mother
Elizabeth Cohen	Father
Sonia Hirsch	Husband
Muriel Krieger	Husband
Rachel Mockton	Husband

Tuesday 1 JUNE

David Judah	Mother
Shirley Karp	Sister
Dennis Marks	Mother

Wednesday 2 JUNE

Henry Aaronson	Son
Marion Conway	Father
Norman Rose	Mother

Thursday 3 JUNE

Leila Behrman	Brother
Helen Hantman	Husband
Ian Hantman	Father
Gerry Lucas	Father
Clive Rubin	Step Mother
Leonard Stern	Father

Friday 4 JUNE

Frances Glassberg	Father
Joshua Leff	Mother
Leonard Silver	Father

giftaid it

KINLOSS

Gift Aid is a government initiative to encourage giving to charities.

Signing up would maximise the value of your contributions made to Kinloss.

Are you already signed up?

If you're not sure or would like to sign up, please call the Kinloss Office to discuss with Denise or Shimon 020 8346 8551

If you are attending our services and able to help a bereaved family that still cannot get to shul to recite Kaddish for a loved one, please could you register on the link

www.theus.org.uk/kaddishvolunteers

Thank you!

DO YOU HAVE A FORTHCOMING YAHRZEIT?

SPONSOR A DAY OF DAF YOMI IN MEMORY OF A LOVED ONE

MINIMUM DONATION £18

BOOK THROUGH WWW.KINLOSS.ORG.UK/DAF

CONDOLENCES:

* June Gotkine on the passing of her sister Anita Grayson Z"L

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

30/05/2021	12:30 at Waltham Abbey in memory of Cecil Hearne Z"L
02/06/2021	13:00 at Bushey Old in memory of Evelyn Goldman Z"L
13/06/2021	In Bournemouth in memory of Elaine Caplin Z"L
17/06/2021	13:30 at Bushey New in memory of Leslie Simmons Z"L
24/06/2021	11:00 at Bushey New in memory of David Rosenberg Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

