

17 / 18 December 2021

י"ד טבת תשפ"ב

KINLOSS
WWW.KINLOSS.ORG.UK

SHABBAT WILL START AT 3:37pm AND TERMINATE AT 4:47pm

**Mazel tov to Joey Nyman on his Bar Mitzvah
We extend a warm welcome to his family and guests.**

In accordance with the latest Government guidelines,
Face Masks must be worn on entering the building and during all Services.
It is recommended that 1m distance be kept outside family groups.

FRIDAY NIGHT

3:40pm Mincha followed by Kabbalat Shabbat in the Nissan and Rifca Deal Halls
3:20pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Liora Graham Beit Midrash
new topic 'Hilchot Gerushin, the Laws of Divorce'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue
led by Chazan Eli Sufrin
Kriat Hatorah by Joey Nyman
Rabbi Lawrence will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Minyan members
Rabbi Laitner will speak

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemiroth Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES

Ages 0 – 4 in the Kinloss Suite Foyer - run by Michal Bassalian and Coral Harding

Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer

Yr 3 - Yr4 - in the 1st Floor classrooms - run by Jason Marantz

Yr 5 - Yr 6 - in the Newman Room - run by Julia Joseph

ADULTS ARE REQUIRED TO WEAR MASKS

This week's Kiddush is sponsored by
Tanya, Josh, Sammy Sophia and Zacky Nyman
to celebrate Joey's Bar Mitzvah
followed by

12:15pm EARLY MINCHA in the Main Synagogue

SHABBAT AFTERNOON

3:45pm MINCHA AND SHIUR by Rabbi Laitner titled
"From Pharaoh to Queen Elizabeth II - the history of the blessing on a Monarch Part 2"

4:47pm MA'ARIV & TERMINATION OF SHABBAT
in the Main Synagogue

Vayechi - Living it Up!

Parshat Vayechi opens with the words “*Vayechi Yaakov be-eretz Mitzrayim...*” וַיְחִי יַעֲקֹב בְּאֶרֶץ מִצְרַיִם And Yaakov lived in the land of Egypt for 17 years...

The commentaries note that the use of the word וַיְחִי *Vayechi* in this context is unusual. Normally, when the Torah wants to tell us that someone resided in a certain place it would use the verb *la-gur* לגור – to dwell. It’s the word that’s used when Yaakov dwells with his uncle Laban or about the general presence of the Hebrews in Egypt.

We are familiar with the line from Seder night:
וַיֵּגֶר נָשָׁם. מִלְמַד שֶׁלֹּא יָרַד יַעֲקֹב אֲבִינוּ לְהִשְׁתַּקֵּעַ בְּמִצְרַיִם אֶלָּא
לְגֹר נָשָׁם.

Yaakov did not go down to Egypt to settle there but to stay temporarily. So why not here? What is meant by וַיְחִי *Vayechi*?

The word *Vayechi* means “lived” in the sense of “living & breathing”. The alternative, *la-gur* לגור means to dwell in a place. With *la-gur*, who you are or what you are doesn’t matter – it’s just the relationship you share with the environment, with your surroundings.

Vayechi, by contrast, means Yaakov lived. He didn’t just see out his days in Egypt as a weary old man – he brought all his spiritual capacity, the essence of his existence, his identity as a patriarch into his life in exile. *Vayechi* means he was endowed with all the

special life giving force that Hashem bestowed on humanity and that Yaakov endowed his seventeen years in Egypt with all those qualities.

It is strange. Yaakov was heading into exile at the end of a troubled life; and yet he gave it his all. Why so? The answer: this was his destiny.

The Parasha is unusual within the Sefer Torah.

Most Parshiyot are separated from their antecedent by a parasha/paragraph break. Parshat Vayechi follows on directly from the previous verses. The Chizkuni, a French rabbi of the 13th century, suggests that a good ending compensates for all that preceded. Yaakov’s fulfilment at the end of his days made up for the suffering he had endured.

A contemporary, the Tosafot HaRosh, who was born in Germany but fled to Spain, observes that Yaakov had seventeen good years between Yosef’s birth and disappearance and another seventeen good years after he came down to Egypt. It could be said that though he died at 147, he only really “lived” for those 34 years.

Serendipitously, 34 is the Gematria of וַיְחִי *Vayechi*!

Shabbat Shalom & fulfilling living.

R’ Jeremy Lawrence

VAYECHI STATISTICS

Mitzvot: None of the 613 mitzvot

Verses: 85 (11th shortest of the 54 Sidrot)

Words: 1158 (11th shortest)

Letters: 4448 (12th shortest)

Today’s Haftarah: 12 verses (4th shortest of the 80 Haftarot)

Vayechi is the only Sidra that commences in the middle of a paragraph

Page No	Soncino	Hertz	Artscroll
Sidra	296	180	268
Haftarah	315	191	1145

Our Hand in God's Blessings



From beginning to end, a theme of the life of Yaakov is blessing. In Parshat Toledot, on Rivka's pressing, masquerades as Eisav to receive his father's blessing (Bereshit 27,18). He is blessed again before fleeing to Lavan (Bereshit 28,1). In Parashat Vayeitzei, Lavan recognises that Hashem has blessed him for his hospitality to Yaakov (30, 27), and blesses his children and grandchildren as they leave (32,1). In last week's Parasha, Vayigash, as Yaakov arrives in Egypt, he blesses Pharaoh (47,8). This week in Vayechi, we have Yaakov's blessing of Menasseh and Efrayim (48,8-20) and his own sons (49, 1-33)

Yaakov's blessing of Menasseh and Efrayim contains two element which we reprise in our daily/weekly prayers.



Rembrandt: Jacob blessing Joseph's Sons

Although when blessing Pharaoh, Yaakov had stated that the days of the years of his life had been few, miserable and incomplete (47, 10), he now speaks of a charmed existence, המלאך הגאֹל אתִּי

through the Angel who has redeemed me from all evil (48, 16). This passage is a part of our prayers before falling asleep every evening. It is traditionally recited by parents as they put their children to bed. (Other choice expressions may be used later when they send them back to bed!) It is a part of the blessing we use when all the children are brought up to the Torah on Simchat Torah.

המלאך הגאֹל אתִּי מִכָּל־רָע יְבָרֶכְךָ אֶת־הַנְּעָרִים וְיִקְרָא בְּהֵם שְׁמִי וְשֵׁם אֲבֹתִי אַבְרָהָם וְיִצְחָק וְיִדְגְּנוּ לְרֹב בְּקֶרֶב הָאָרֶץ:

May the Angel who has redeemed me from all harm, bless the children. In them may my name be recalled; and the names of my fathers, Abraham and Isaac; and may they be prolific upon the earth.

The second element from Yaakov's blessing of his grandchildren is incorporated into our blessing of our children on a Friday night.

With Yaakov deliberately placing his right hand over the younger (Efrayim) and his left over the older (Menasseh), we are told (48,20), וַיְבָרֶכְם בַּיּוֹם הַהוּא לְאֻמוֹת בְּכֵי יַבְרָךְ יִשְׂרָאֵל לְאֹמֹר יְשָׁמְךָ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה וַיִּשֶׂם אֶת־אֶפְרַיִם לִפְנֵי מְנַשֶּׁה:

So, he blessed them that day, saying, "By you shall Israel invoke blessings, saying: God make you like Ephraim and Manasseh." Thus, he put Ephraim before Manasseh.

On a Friday night, for girls, in place of יְשָׁמְךָ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה, we invoke the matriarchs and substitute יְשָׁמְךָ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה.

The tradition is to use this line followed by the Birkat Cohanim, ... יְבָרַךְ ה' וְיִשְׁמְרֵךְ (Bemidbar 6, 24-26).

When, for example, we bless Bar and Bat Mitzvahs with this formula, the halachic preference is not to raise our hands in the style of Cohanim. Our Rabbonim (apart from our Rabbis-Cohen) should not usurp or imitate the ritual designated for the Bnei Aharon, and even Cohanim should only use the style of Birkat Cohanim in its place.

However, on a Friday night as we bless our children, there is a tradition to place our hands on our children's heads, in part emulating the style of Yaakov Avinu.

The minhag is sourced in the writings of the c17 Italian Kabbalist, Rabbi Aharon Berachia of Modina (d1639) in his book Maavar Yabok and in the Sefer HaChayim, written by R' Chayim ben Betzalel (d1588), the eldest brother of the Maharal of Prague.

R' Yosef Yuspe Hahn Nordlingen (d 1637), who was head of the Frankfurt Beth Din instructs to use both hands when blessing one's children on a Friday night as fewer than the full ten fingers might appear stingy (Sefer Yosef Ometz). Amongst the earliest siddurim to contain the blessing for children on a Friday night is the Siddur HaYaavetz (R' Yaakov Emden 1697-1776) who instructs placing both hands on the child's head. The Vilna Gaon (d1797) instructs to place only one hand to distinguish from the Cohanim. R' Shlomo Zalman Auerbach (d1995) held that both hands should be used. The Yaavetz cites a "half-way house" approach of the Chacham Zvi (d1718) that one hand be used on a regular Friday night but two on erev Yom Kippur.

The capacity to bestow a blessing in Hashem's name is profound. It is a blessing in itself, indicating our acknowledgement of and submission to a superior power. It is also a recognition of our spiritual mission – we are the conduit for Hashem in this world. It is our role to channel His blessings and set them upon the next generations.

Shabbat shalom

R' Jeremy Lawrence

TU BISHVAT

Seder

Monday 17th January

7pm

Led by Rabbi Lawrence

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£10 Kinloss Members

£17.50 Non Members

£5 UNDER 18'S



SHABBAT FORUM - 22ND JANUARY 2022

after main services at approx 11.30am

Save A Child's Heart

SACH is a humanitarian apolitical organisation based in Israel. As long as children with rheumatic and congenital heart disease around the world continue to suffer without access to care, SACH will treat children, train doctors and raise the level of paediatric heart care worldwide.



**We are looking for volunteers to serve
Chollent and Kugel at Kiddush
(approx 11.20 - 12pm)
Please sign up via:
www.kinloss.org.uk/kiddush**



YOUR HELP IS NEEDED FOR MINYANIM! SHABBAT LATE MINCHA

**IF YOU ARE ABLE TO SUPPORT OUR LATER SHABBAT MINCHA,
WE WOULD GREATLY APPRECIATE IT.**

**WE ARE CONSIDERING RESTARTING THE 8AM WEEKDAY SHACHARIT MINYAN.
IF YOU ARE ABLE TO ATTEND, PLEASE CONTACT
RABBI LAWRENCE ON RABBI@KINLOSS.ORG.UK**

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts.

Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we MUST provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.

Please email : securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031, to
volunteer and register.

ANIM ZEMIROT CLUB

Come and learn to sing

Anim Zemirot

Our club will meet every Shabbat
at 10:15am in the Newman Room.

Boys of 6 and over welcome.

Led by David Lesser



KINLOSS



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MAZEL TOV - מזל טוב



JOEY NYMAN

Mazel Tov to Joey on his Bar Mitzvah

Joey has three siblings, Sammy, Sophia and Zacky and he attends JFS School

His hobbies are Football, FIFA and friends

Charity work for his simcha, Joey collected football kits, equipment and funds to support local child refugees to play football

* Mazel Tov to Tanya & Josh Nyman on Joey's Bar Mitzvah. Also to siblings Sammy, Sophia and Zacky. Mazel Tov to grandparents Scarlet & Youna Shamash, Melanie & David Ipale, Philip & Hannah Nyman.

* Mazel tov to Rebecca & Ilan Doctors on their Silver Wedding Anniversary. They were married 25 years ago at Kinloss.

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Gift Aid is a government initiative to encourage giving to charities.

Signing up would maximise the value of your contributions made to Kinloss. Are you already signed up?

If you're not sure or would like to sign up, please call Kinloss Office to discuss with Denise or Shimon 020 8346 8551

SHUL MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time
Please pay your invoices via online BACS

OR

the member portal

<https://myus.theus.org.uk/login>

OR

CALL THE OFFICE 020 8346 8551

SPEAK TO DENISE

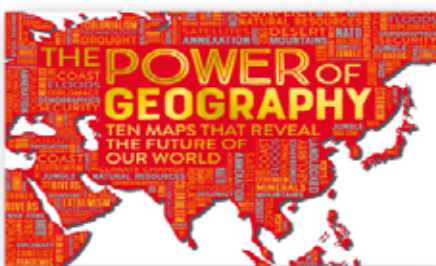
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OVER THE PHONE

The Power of Geography

All about Space & Security...

Tim Marshall

Acclaimed Diplomatic Editor,
Foreign Correspondent and
Political Analyst



Catch up of recording :
<https://youtu.be/D46b6n7wgc0>

THE FRIENDSHIP CLUB AT KINLOSS

is now closed for the winter break and will re-open again on Tuesday 11th January 2022



Dear Fellow Members,

We hope that you are keeping safe and well.

Following the Prime Minister's announcement yesterday and in line with the United Synagogue, we are confirming Kinloss' latest guidance.

From Friday 10th December:

Government policy directs that face masks are now required for all attendees for all indoor services and activities. Service leaders and speakers need not wear masks while leading.

Those aged under 11, or exempt need not wear masks.

In Kiddush, while eating or drinking, masks need not be worn.

For Shabbat, all attendees are strongly recommended to take a lateral flow test shortly before the start of Shabbat, and should only attend if their test is negative.

Lateral flow tests can be ordered through <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> alternatively, please contact the Shul office to arrange to pick up a box.

Our planned events, kiddushim, children and youth services will continue to operate subject to COVID guidelines.

On a much happier note, we are delighted that the building works are near to completion and the 'Martin Silver Suite' will be finished in January 2022.
Shabbat Shalom.

Rabbi Lawrence and David Elek

Kinloss Junior Table Tennis is back



**new 10 week term
starting 13th January 2022.**

**Sign up now :
www.kinloss.org.uk/tabletennis
Spaces are limited**

MAZEL TOV TO THE CHILDREN IN OUR COMMUNITY CELEBRATING THEIR BIRTHDAYS

**Ayden Simmons (12)
Jake Goodman (5)
Tamara Hoddes (6)
Benjamin Lappin (11)
Annabelle Sloam (8)
Felicity Sandberg (1)**



**BACK BY POPULAR
DEMAND**



Monday afternoons

**Doors Open 1.45pm
Screening Starts 2pm
Nemetnejad room**



Season 2 (last 3 episodes) - 10th Jan
Screening two episodes a week thereafter
Season 3 - 17th, 24th & 31st Jan, 7th & 14th Feb
Season 4 - 28th Feb, 7th, 14th, 21st & 28th March

£3 Kinloss Members | £4 non Members


KINLOSS



The youth service will be back
on Parashat Bo, 8th January
2022

CONTACT US

Feel free to contact us on:

@Kinlossyouth



07827 031 851



youth@kinloss.org.uk





KINLOSS
tribe

Parashat Vayechi

**9:45am - Youth Service - Liora Graham Beit
Midrash**

**With Shacharit, Leining and Mussaf, followed
by a Dvar Torah and Kugel and Cholent
Kiddush sponsored by the Samuel Stone!**

LEARN2LEAD THIS WEEK



Follow us on Instagram: Kinlossyouth

Wishing you a Shabbat Shalom - Leora and Harry

SERVICE TIMES:

SERVICES (שבת see front page)	Sun 19th 15 Tevet	Mon 20th 16 Tevet	Tue, 21st 17 Tevet	Wed, 22nd 18 Tevet	Thur 23rd 19 Tevet	Fri 24th 20 Tevet
Shacharit	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	3:40pm	3:40pm	3:40pm	3:40pm	3:40pm	Mincha Kabbalat Shabbat 3:40pm

Weekday Services will be in the **Main Synagogue**, and are also on Zoom : www.kinloss.org.uk/zoom

KINLOSS BANQUETING AND EVENTS

For all enquiries please contact Shimon on 020 8349 5268
 Finchley Synagogue, Kinloss Gardens, London, N3 3DU
banqueting@kinloss.org.uk www.kinlossevents.co.uk



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 18 DECEMBER

Mordechai Aharoni	Father
Vivien Friedman	Brother
Pauline Harris	Brother
Bernice Kliger	Father
Birthe Tager	Son
Michael Tager	Son
Aaron Weichselbaum	Mother
Sarah Weisz	Husband

Sunday 19 DECEMBER

Loretta Adelson	Mother
Donald Breslaw	Mother
Naghme Ebrahimoff	Mother
Elaine Epstein	Mother
John Goldman	Sister
Bernice Kliger	Daughter
Eve Kugler	Mother
Beryl Rubenstein	Mother

Monday 20 DECEMBER

Stephen Bayard	Father
Adrienne Bearman	Mother
Carole Jayson	Husband
Jodi Schajer	Step Father
Michael Wacks	Father

Tuesday 21 DECEMBER

Jonathan Barr	Father
Rhoda Goldberg	Husband
Isaac Hirsch	Father
Andrew Silver	Mother

Wednesday 22 DECEMBER

Fiona Bor	Mother
Laurence Cohen	Mother
Michael Cohen	Wife
Jonathan Field	Father
Philip Mayer	Father
Linda Sharpe	Mother
Michael Tager	Brother
Suzanne Weiniger	Mother
Josepha White	Mother
Michael Zabaroff	Father

Thursday 23 DECEMBER

Ian Addleson	Father
Anne Freedman	Mother
David Grant	Father
Helena Hart	Father
Martin Landsman	Father
Jarvis Lebetkin	1st Wife
Paul Tuhim	Father

Friday 24 DECEMBER

Marcia Bloom	Son
Peter Bloom	Son
Shirley Bowles	Mother
Lucy Furman	Father
Sonia Hirsch	Sister
Leslie Kaye	Father
Joseph Sassoon	Mother

A chance to reflect and remember: Open to those who have been bereaved in the past year.

You are invited to join Rabbi Lawrence for coffee
on Sunday 19th December between 9.30am - 10.30am
at Kinloss Synagogue

Please call Rochelle on 0208 349 5263 if you would like to attend

CONDOLENCES:

* Lord Robert Winston, Tanya Summers, Joel Winston, Ben Winston, Naomi Landy & Ruthie Pollack on the passing of their wife, mother and sister Lady Lira Winston Z"L

CONSECRATIONS:

28/12/2021 (**amended date**) 2:15pm Israel time on zoom (link tba) in memory of Lily Shine Z"L (mother of Jeffrey Shine)

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

