



20 / 21 AUGUST 2021

י"ג אלול תשפ"א

SHABBAT WILL START AT 7:59pm AND TERMINATE AT 9:02pm

Mazel tov to Simon Perlmutter on his Auf Ruf and forthcoming wedding to Katie Koschland. We extend a warm welcome to their families and guests.

PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 20 AUGUST

FRIDAY NIGHT

7:30pm MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Nissan and Rifca Deal Halls

7:20pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Hamidrash

9:15am MAIN SERVICE in the Main Synagogue

led by Chazan Eli Sufrin

Kriat Hatorah by Michael Fluss

Rabbi Lawrence will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls

Kriat Hatorah by Robert Owen

Rabbi Laitner will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

YOUTH SERVICE has now finished for the summer holidays

11:20am CHILDREN'S SERVICES

must be booked in advance www.kinloss.org.uk/childrenservice
and bookings will open every Sunday morning.

Places are limited and are on a first come first served basis

Ages 0 – 4 will be on a summer break 21st August - back next week
Reception to Yr 2 – Ladies Gallery in the Nemetnejad Room – run by Natalie Sommer

SHABBAT AFTERNOON

8:00pm MINCHA AND SHIUR by Rabbi Laitner titled
"Agadot for Elul: teshuva of a rabbi and a bandit (Bava Metzia 84a) Part 2"

9:02pm MA'ARIV & TERMINATION OF SHABBAT
in the Main Synagogue

Kindness: ideal preparation for Rosh Hashanah by Rabbi Michael Laitner

‘An Amonite and a Moavite shall not enter into the community of God. Even their tenth generation shall not enter into the community of God. Because they did not come forward to you with bread and water, on the way when you left Egypt and because they hired Bilam ben Be’or from Petor in Aram Naharayim to curse you... .’ (Devarim 23:4-5)

Amon and Moav were kingdoms situated on the eastern side of the River Jordan, to the north and south of the Dead Sea. Neither those kingdoms nor ‘Moavites’ or ‘Amonites’ have survived the sands of history.

Why is a failure to offer bread and water to hungry travellers in the desert serious enough to bar entry into the community of God, even up to the 10th generation?

The great medieval commentator, Rabbi Ovadia Seforno (aka ‘Seforno’) notes that Moav did in fact offer bread and water – but at a price (see Devarim 2:28-29). Moav added to its folly by hiring Bilam to curse us. Amon did not offer any refreshments at all. The Torah lists all of these infractions together to show how serious they were, since the common theme underlying them was a dislike of the Jewish people with intent to cause us harm.

Why though is Moav criticised for trying to cut a deal by charging for bread and water? Why should Moav lose out?

Another great medieval commentator, Rabbi Moshe ben Nacham (aka ‘Ramban’), notes that both Amon and Moav had benefited from the kindness of Avraham when Avraham went out of his way to help his nephew Lot, such as rescuing Lot after his capture at Sedom (see Bereishit chap. 14).

Lot was the founding father of Amon and Moav. Accordingly, the Amonites and Moavites should have repaid the favour to Abraham’s descendants, welcoming them with requisite chesed, kindness, rather than charging them. This may be why Amon and Moav are criticised for charging the Jewish people for bread and water.

Developing this theme, Rabbi Avigdor Nebenzahl, the emeritus rabbi of the Jewish Quarter in the Old City, writes that Moav and Amon’s lack of chesed is what stops them from entering the community of God (see the start of our quoted verses). Chesed is an inherent part of a Jew. Internalising our commitment to chesed, and putting it into practice through performing acts of kindness with particular attention to doing so as a mitzvah, is especially important preparation for Rosh Hashanah as we seek to strengthen mitzvah commitment at the core of our daily activities.

KI TEITZEI STATISTICS

MITZVOT: 74 OF THE 613 MITZVOT, 27 POSITIVE & 47 PROHIBITIONS

VERSES: 110 (28TH LONGEST OF THE 54 SIDROT)

WORDS: 1582 (23RD LONGEST).

LETTERS: 5856 (26TH LONGEST)

HAFTARAH: 10 VERSES

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	1098	840	1046
HAFTARAH	1115	857	1201

The Shofar of Ellul

There is a general principle that 30 days before a festival we begin our preparation.

The month of Av is always “full”, meaning that it has 30 days. The two days of Rosh Chodesh which fell on 8th and 9th of August were the 30th of Av and the first of Ellul respectively. Accordingly, the observances of the month of Ellul such as reading Psalm 27 began on Sunday night and shofar on Monday morning 9th of September.

Each morning in Ellul at the end of Shacharit we blow the shofar. The original injunction was for just Rosh Chodesh.

According to the Midrash *Pirkei D'Rebbi Eliezer* 46, when Moshe climbed Sinai (on Rosh Chodesh Ellul) to collect the second set of luchot, the Shofar was blown in the camp as an alert to Bnei Yisrael that he would be absent 40 days and return confirming Hashem's acceptance of their Teshuva. Accordingly, the Tur and Beit Yosef link the shofar of Rosh Chodesh Ellul (*OC 581.1*) with this message of awakening to repent.

The shofar is not only a call for us, in Tehillim 47:6 (the Psalm we recite seven times before the Rosh Hashana Shofar), we read, *עָלָה אֱלֹקִים בְּתוֹרָעָה ה' בְּקוֹל שׁוֹפָר*: “Hashem ascends with a Teruah; the Lord, with the sound of a shofar”. The shofar is a fanfare of Hashem rising. Explaining the clear metaphor of how an all-high divinity can rise, the Malbim and others explain that He ascends from Elokim (denoting the attribute of judgement) to Adnut, (Lordship, with the capacity of grace, compassion, mercy and forgiveness).

The shofar through the month possibly calls on Hashem, possibly is our “soundtrack” of Hashem's transition to greater accessibility and an invitation to participate and reach out.

The Shofar is sounded at the end of Shacharit just before Psalm 27. At the end of Shacharit and Maariv every day from Rosh Chodesh Ellul through to Shemini Atzeret we read Tehillim 27, “the Lord is my light and my salvation” which exhorts us to be confident and of courage that Hashem will redeem us though we may have deviated from His path, so long as we place dwelling in His house foremost amongst our desires. Although we talk of Hashem inscribing our deeds on Rosh Hashanah and sealing them on Yom Kippur, there is a strong tradition that final judgement is set on Hoshana Rabba, leading into Shemini Atzeret (and hence the frenetic beating of

our sins out from the willow sprigs on Hoshana Rabba morning.)



Most Ashkenazi congregations blow a single round of Tekia, Shevarim, Teruah, Tekia, though some and most Sefaradim blow a full set of 30 blasts. Some Sefardic congregations also blow during the Thirteen Attributes and at the end of their Selichot, which they recite faithfully and commendably early throughout the entire month.

The shofar is not blown on Erev Rosh Hashanah, so that is “fresh”, and we can make the “shehechyanu” blessing on the day.

Hearing the Ellul Shofar is mostly considered a communal responsibility, rather than a personal one (Tzitz Eliezer 12:48). Unlike on Rosh Hashana, where there is a requirement to seek out and hear the shofar, if one is away from a congregation and without a shofar, there is no missed mitzvah.

Please diarise and join me for a couple of events:

On Thursday 2nd September at 8.15pm



“Yom Tov on the Analyst's Couch”.

Acclaimed Psychiatrist **Dr Alastair Santhouse** and Psychoanalyst **Elie Jesner** will join me in exploring guilt and hope, contrition and redemption.

Dr Santhouse's recent and excellent book “Head First” will be launched at Kinloss on 11th October.

On Monday 13th September at 8.15pm



Leonie Lewis will share her thoughts on **Tzeddaka and Chessed**. Leonie is a past Trustee of the United Synagogue, Director of the Jewish Volunteering Network and a community-minded dynamo. She has just published a book

“The Tin Lady”.

Shabbat Shalom

R' Jeremy Lawrence

Yom Tov on the Analyst's Couch

Guilt,

Contrition,

Hope,

Redemption.



with **Psychiatrist, Dr Alastair Santhouse** and **Psychotherapist, Elie Jesner**



Thursday 2nd September at 8.15pm - Live at Kinloss and on Zoom

Bookings: www.kinloss.org.uk/couch

KINLOSS

SOME OF OUR MEMBERS WALK FROM
HENDON AND NEED TO CROSS THE ROAD AT THE BOTTOM OF PARSON STREET
WHERE IT MEETS THE GREAT NORTH WAY.
IT'S A DANGEROUS JUNCTION AND THERE HAVE BEEN A NUMBER OF ACCIDENTS
THERE IN THE PAST.

A CAMPAIGN HAS STARTED TO LOBBY TRANSPORT FOR LONDON
TO INTRODUCE A PELICAN CROSSING THERE.

IF YOU WOULD BE INTERESTED TO SIGN UP, PLEASE DO SO

[HTTP://CHNG.IT/FR5WC79QJF](http://CHNG.IT/FR5WC79QJF)

THE MORE SIGNATORIES WE GET, THE STRONGER THE CASE WE'LL HAVE.

TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21 - 29



Is your child single and between the age of 21 - 29?

If so, they are not covered under your household membership and funeral scheme.
It is essential they are members in their own right
cost is £5 a month.

This will also enable them to attend weekday, Shabbatot and Chaggim Services.

Please sign up here :

<https://portal.tribeuk.com/account/tcm/register/>

MAZEL TOV • מזל טוב

* Mazel tov to Simon Perlmutter on the occasion of his aufruf ahead of his wedding to Katie Koschland, daughter of Fiona Seidler & Jonathan Koschland. Mazel tov also to grandparents Marian Birnhak, Alan Fishman and Rev. Bernd Koschland.

* Mazel tov to Bernard Trent on the engagement of his grandson Benjy Trent, son of Monica and Jeremy Trent to Natalie Goldstein, daughter of Sharon and Jonathan Goldstein

* Mazel Tov to Yocheved and Moishe Sampson on the birth of a son.

THE FRIENDSHIP CLUB AT KINLOSS

**Join the Friendship Club on Wednesday 25th August
before the Summer/Chagim break
(we will return 5th October and every Tuesday thereafter)
From 10am-1pm in the Nemetnejad room**

**Brush up on your bridge or Kalooki skills,
or just want to socialise?**

**COST IS £4.00
INCLUSIVE OF MORNING COFFEE AND LIGHT LUNCH**

**WE ARE ALSO LOOKING FOR DRIVERS TO PICK UP AT 9:30AM AND COLLECT AT :00PM
CALL TRUDY ON 020 8346 3925 OR JUST TURN UP
EVERYONE IS WELCOME!**

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KINLOSS

Gift Aid is a government initiative to encourage giving to charities.

Signing up would maximise the value of your contributions made to Kinloss.

**Are you already signed up?
If you're not sure or would like to sign up,
please call the Kinloss Office
to discuss with Denise or Shimon
020 8346 8551**



SHUL MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time

**PLEASE NOTE ATTENDANCES AT ROSH
HASHANA AND YOM KIPPUR WILL BE
LIMITED ONLY TO MEMBERS
PAID UP TO DATE**

**Please pay your invoices via online BACS payment
OR the member portal <https://myus.theus.org.uk/login>
OR CALL THE OFFICE 020 8346 8551 (membership option)
AND SPEAK TO DENISE
TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE**

**Booking for members to
attend services over the
Chagim can be found at**

www.kinloss.org.uk/chaggimbooking

**Unfortunately we will not
have availability for
non members to
attend services over
the Chagim**



Kinloss Pre-Rosh Hashana Children's Event



Age: Nursery - Year 6 | Location: Kinloss
SUNDAY SEPT 5TH | 10:30 - 12PM

BOOK NOW: www.kinloss.org/rh



Welcome back to a New Year at Kinloss!
All children will receive a portion of honey
biscuit dough to take home and bake.

BOOKING IN ADVANCE ONLY by
30th August so that we can make sure
we have enough materials.

NO ADMISSION AT THE DOOR

KINLOSS SUKKOT FAMILY FUN AT TOPSY TURVY - BRENT X



KINLOSS



CHOL HAMOED SUKKOT

THURS 23RD SEP - 5.30PM - 7PM

SUITABLE FOR BABIES TO YEAR 4 INC
FREE EVENT. SUPPER INCLUDED

BOOKING ONLINE

WWW.KINLOSS.ORG.UK/FUN

COVID19 regs:

www.topsyturvyworld.com/covid19



BOOK IN FOR ROSH HASHANA AND YOM KIPPUR @ KINLOSS YOUTH

**FULL SERVICES
WITH
EXPLANATIONS
AND KIDDUSH!**

**[www.kinloss.org.uk
/chaggimbooking](http://www.kinloss.org.uk/chaggimbooking)**

VOLUNTEER WELCOMERS NEEDED FOR CHAGGIM

We are looking for volunteer welcomers for forthcoming Chaggim.

The aim of the role is to help facilitate the safe entry and checking of those attending services for 'track and trace' purposes and to remind people to wear masks and sanitise their hands upon entry.

Please sign up to a slot by clicking on <http://www.kinloss.org.uk/usher>

Mazel Tov to the Children in our Community celebrating their birthdays this week

Joe Goldfarb (8)
Raphael Rodney (2)
Alicia Barnett (5)
Orli White (10)
Freddie Fogelman (5)
Arielle Roomer (2)
Isla Sudwarts (1)



WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts.



Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we **MUST** provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.



Please email securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031,
to volunteer and register.



WE'RE STILL HERE DURING THE SUMMER BREAK!

Feel free to contact us throughout the summer break and check out our Instagram page for exciting events coming up in the new academic year!



KINLOSSYOUTH



07827 031851

KINLOSS cares about you

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt



**Contact Rochelle
0208 349 5263
kinlosscares@kinloss.org.uk**



HAMSPTEAD THEATRE

Wednesday 27th October

Delicate, witty and epic in equal measure - travels from Nottingham to Zimbabwe to explore a mother and daughter's search for belonging, their struggle with a multicultural heritage, and a haunting history that cannot be ignored.

**Play starts 8pm prompt -
£15 per adult ticket for Kinloss Members (RRP £20)**

WWW.KINLOSS.ORG.UK/THEATRE


KINLOSS

CEMETERY OPENING, FOR VISITS DURING ELLUL

SUNDAYS 29 AUGUST 2021 AND 5 SEPTEMBER 2021

BUSHEY CEMETERY Please note that no transport to and from Bushey Cemetery will be provided	OPEN 29/8/21 09.00 – 17.00 05/9/21 09.00 – 17.00
WALTHAM ABBEY CEMETERY Please note that no transport to and from Waltham Abbey Cemetery will be provided	OPEN 29/8/21 09.00 – 17.00 05/9/21 09.00 – 17.00
WILLESDEN CEMETERY	OPEN 29/8/21 10.00 – 16.00 05/9/21 10.00 – 16.00
EAST HAM CEMETERY	OPEN 29/8/21 09.00 – 15.00 05/9/21 09.00 – 15.00
WEST HAM CEMETERY (At all other times by appointment only)	OPEN 29/8/21 10.00 – 15.00 05/9/21 10.00 – 15.00
PLASHET CEMETERY (At all other times by appointment only)	OPEN 29/8/21 10.00 – 15.00 05/9/21 10.00 – 15.00

All other Sundays, Bushey, Waltham Abbey, East Ham and Willesden Cemeteries will be open as above timings. West Ham and Plashet Cemeteries will be shut.

MONDAY - FRIDAY OPENING TIMES

Bushey, East Ham, Waltham Abbey and Willesden Cemeteries are open as follows:

Monday – Thursday 09.00 – 17.00 (East Ham 09.00 – 15.00)

Friday 09.00 – 16.00 (East Ham 09.00 – 13.00)

East Ham and Willesden Cemeteries will be closed on Monday 30 August.

Monday 6 September and other eves of Jewish Holidays, all cemeteries will close at 16.00 (East Ham 13.00)

All other cemeteries are by appointment only; please call 020 8950 7767 Option 1 to arrange a visit.

Please note that West Ham and Plashet Cemeteries may be unsupervised during visits.

The United Synagogue cemeteries are maintained to a good standard but due to the nature of the grounds there are inevitable risks namely, slips and trips. By agreeing to visit our cemeteries, the United Synagogue Burial Society consider that you understand and accept these conditions.

Please be careful when visiting as paths can be very uneven. When walking around the graves please ensure that you do not hold onto the headstones and ensure you watch your footing. The ground at these cemeteries is very volatile; subsidence can occur at any time. Please take notice of the iron railings and any signage indicating risk.

President: Michael Goldstein

Treasurer: Maxwell Nisner

Trustees: Andrew Eder, Claire Lemer, Fleurise Lewis, Nicola Rosenfelder, Barry Shaw, Saul Taylor, Jacqui Zinkin

Chief Executive: Steven Wilson

BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:

In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation. **Please do not attend if you have not received confirmation of booking.**

SERVICES (שבת SEE FRONT PAGE)	SUN 22ND 14 ELUL	MON 23RD 15 ELUL	TUES 24TH 16 ELUL	WEDS 25TH 17 ELUL	THUR 26TH 18 ELUL	FRI 27TH 19 ELUL
SHACHARIT	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
SEPHARDI	8:00am	6:30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	MINCHA KABBALAT SHABBAT 7:30pm

Weekday Services will be in the *Liora Graham Beit Hamidrash*,
and are also on Zoom : www.kinloss.org.uk/zoom

KNIT, STITCH & NATTER



**'Kinloss Knit, Stitch and Natter' group
will be taking a break over the summer/ chaggim period
and will restart again
on Tuesday 12th October at 3pm.
For more details, please visit www.kinloss.org.uk/knit**

KINLOSS

JEWISH CARE

Ivrit Discussion Group 'Chug'

is taking a break over the summer and chaggim period
and will return on
Monday 4th October at 7.30pm

Please contact Tony Korn on tk66654@gmail.com
or 07958 334 665 for more details

Children's Services

with grateful thanks to Natalie
Sommer we have uploaded her
Videos

https://youtu.be/HYD2e_5WX4c
other links for Natalie are available on
www.kinloss.org.uk/natalie

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 21 AUGUST

Richard Ellis	Mother
June Gotkine	Husband
Barbara Kesten	Mother

Sunday 22 AUGUST

Rosalind Gilbert	Mother
Geoffrey Herman	Brother
Gerald Kirsh	Mother
Anthony Lewis	Mother
Phyllis Nathan	Mother
Barrie Tankel	Mother

Monday 23 AUGUST

Pauline Aminoff	Sister
Rebecca Aminoff	Father
Margaret Craven	Husband
Caroline Golchewski	Father
Sivi Harounoff	Sister
Andrew Harris	Father
Richard Jaffa	Mother
Carole Mond	Mother
Suzanne Oberlander	Mother
Robert Owen	Mother
Peter Rosen	Father
Joseph Sassoon	Father
Rycia Silverstein	Husband
May Sinclair	Father

Tuesday 24 AUGUST

Jonathan Fisch	Father
Rosemary Fisch	Husband
Jacqueline Gittelmon	Father
Sarita Langdon	Mother
Gillian Linke	Mother
Irene Mansfield	Brother
Zena Shattin	Sister
Michael Staszewski	Mother
Alon Stock	Father
Kenneth Waters	Father

Wednesday 25 AUGUST

Sheila Aidallbery	Father
Rochelle Bard	Mother
Neil Egnal	Brother
Bernard Goodwin	Father
Rita Gordon	Father
Jilli Vegoda	Father

Thursday 26 AUGUST

Josephine Cohen	Father
Natalie Cohen	Mother
Hooshang Hakimi-Sefat	Father
Marian Phillips	Husband
Suzanne Ralton	Father

Friday 27 AUGUST

Rebecca Aminoff	Mother
Michael Grunberg	Father
Frank Rosenfeld	Mother
Janice Silver	Mother

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

01/09/2021	12:30 at Bushey New in memory of Ralph Silverstein Z"L
05/09/2021	09:30 at Bushey New in memory of Jonathan Goodman Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS



Rabbi Jeremy Lawrence: 07501 895 124
Shimon Gillis, Chief Operations Officer: 020 8349 5264
Shul Office: 020 8346 8551
Kinloss Cares: 020 8349 5263