



7/8 FEBRUARY 2020

י"ג שבט תש"פ

Shabbat commences at 16:45pm and terminates at 17:51pm
Mincha/Kabbalat Shabbat at 16:45pm

**Mazel Tov to James Greenwold on his Bar Mitzvah
We extend a warm welcome to his family and guests.**

Following the Shabbat morning Services
there will be a Kiddush in the Kinloss Suite
sponsored by Nicole & Neil Greenwold
on the occasion of James' Bar Mitzvah

Friday Night

4:45pm: Mincha and Kabbalat Shabbat in the Deal Halls
D'var Torah by Rabbi Lawrence

SHABBAT LEARNING AT KINLOSS *Shabbat Morning*

8:30am: Sephardi Synagogue
Talmud Tractate Pesachim by Rabbi Heller

9:00am Maimonides : Laws of Fast Days and Fasting in
the Deal Hall by Rabbi Dr Raphael Zarum

9:15am: Youth Breakfast Shmooze
with homemade cake for Yrs 7-13 in Benchers Cafe

10:30 -10:50am: Study Group with Rabbi Laitner
in the Rabbi's Office
"Covenant & Conversation on Parashat Beshalach"

10:40am Food for Thought with Leora Salter
for girls in Yrs 7-13 meet @ Youth Flat

12:40pm Early Mincha in the Main Synagogue

Shabbat Afternoon

Daf Yomi Shiur will be offsite please contact
07521 149764 for address and time

3:30pm - 5pm Bnei Akiva

4:40pm : Mincha followed by Shiur
by Rabbi Laitner titled

"Daf Yomi review and focus: Berachot 31-37,
fascinating Tefila matters part 4 and the Cohanim's
wartime controversy of 1916"

5:51pm : Ma'ariv and termination of Shabbat

SHABBAT AT KINLOSS

HASHKAMA 7:45am

in the *Liora Graham Beit Hamidrash*,
followed by Kiddush and a short
shiur.

MAIN SYNAGOGUE 9:15am

led by Chazan Eli Sufrin. Kriat
Hatorah by James Greenwold.
Rabbi Lawrence will address the
Bar Mitzvah James.

THE MINYAN 9:30am

in the *Nissan and Rifca Deal Halls*.
Kriat Hatorah by Jacky Lax. Rebecca
Doctors will speak. Kiddush
sponsored by Willy and Jack
Steinberg.

YOUTH SERVICE 9:45am

in the *Liora Graham Beit Hamidrash*,
under the direction of our Youth
Directors, Leora and Harry Salter

SEPHARDI SERVICE 9:00am

in the *Sephardi Synagogue*, led by
Rabbi Heller and Reuben Gorji.

KIDS' MINYAN 10:45am

in the *Marilyn Newman Room* with Saul
Elek

The Same Goal – Leora and Harry Salter

This week's Sedra has included in it the great miracle of Hashem splitting the Red Sea. The Bnei Yisrael have finally fled from the tyrant Pharaoh and showed great belief in G-d to jump into the Sea for it to split. With the walls of the sea coming down on the Egyptians, the Jewish people have finally got away from their slavery and we ready to properly become a nation.

In Chapter יד, Verse טז, it says: "And you, lift up your staff and stretch out your arm over the sea and split it; and the Children of Israel shall come into the midst of the sea on dry land". Even though this verse seems pretty straight forward, there are many explanations as to how the Sea actually split.

An explanation of this can be seen in Sefer Tehilim (קל). This passage is talking about G-d's creation and rulership over the world. In verse יג, it says that "To Him Who divided the Sea of Reeds into parts, for his kindness endures forever". Furthermore, in Pirkei Avot (Chapter ה, Mishnah ה) it says: "Ten miracles were performed for our ancestors in Egypt and ten at the Sea".

The Rambam comments on the Mishnah in Avot that the second of the ten miracles that happened on that day was that the Sea split into different tunnels and the Bartenura, a 15th century Italian commentator, says similar to Sefer Tehilim, explaining that it was divided into different paths.

The general conclusions of these explanations is that the sea split into 12 sections, one for each tribe. This means that they all performed the miracle at the same time even though they were split up into their different tribes.

The explanations as to how the sea was split teach an important and prevalent lesson for the times we are currently living in. Even though people split up and do different things in their lives, we all want to do one common goal and will end up doing one common thing, and that is to serve Hashem. Each tribe came in a different way, and through a different entrance, but all ended up in the same place rejoicing and praising Hashem and this shows how we can come together, even on different paths, to praise and thank G-d.

Beshalach Statistics

Mitzvot: Beshalach has only one of the 613 Mitzvot
Verses: 116 (23rd longest of the 54 Sidrot)
Words: 1681 (19th longest)
Letters: 6423 (18th longest)
Haftarah: 54 (the longest of the 80 Haftarot!)
Today is called Shabbat Shira (Sabbath of Song), seeing as we read Az Yashir Moshe (the Song of Moses) in the Sidra and the Song of Deborah from the Book of Judges in the Haftarah.

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	407	265	366
Haftarah	434	281	1152

Giving the Opportunities to Succeed

How wonderful to have a packed Deal Hall for the Resilience event on Monday evening! We were treated to valuable insights from Dr "Tee" Jareonsettasin and Dr Mark Berelowitz, the two child psychiatrists who had unique access to the dozen teen football players who were trapped in a cave for 18 days in June 2018.

At the heart of their resilience, was the strength of community; they stood by each other, were hopeful and did not descend into a culture of blame. "Sometimes", says Dr Berelowitz, we need to note the damaging questions and then get back to the important questions. "A big mistake," says Dr Tee, is when we look at a goldfish and see a whale".

Both noted the damage of helicopter parenting. Our over-protective adults, so determined that our children should always triumph, deny them the practice and experience of addressing hardship, adversity and failure. It is a mistake to build up everyone to imagine themselves the best and a champion over others. There should be more pride in belonging to the team. They called for greater self-awareness: who we are, who we *really* are; what we are; what we *really* are. We need to work on our social environment. The paramount need for both goldfish and whale is that the water is safe, healthy and clean.



The United Synagogue is 150 years old!

On Wednesday evening there was a commemorative event at The Houses of Parliament, where the original constituting Act was passed on 14th July 1870, combining the Great, Hambro', New, Central and Bayswater Synagogues into an institution under Rabbi Nathan Marcus Adler (Chief Rabbi 1845-1891).

The objects of the United Synagogue were "the maintaining, erecting, founding, and carrying on, in London and its neighbourhood, places of worship for persons of the



CHAP. cxvi.

An Act for confirming a Scheme of the Charity Commissioner for the Jewish United Synagogues. [14th July 1870.]

Jewish religion who conform to the Polish or German ritual, the providing means of burial of persons of the Jewish religion, the relief of poor persons of the Jewish religion, the contributing with other Jewish bodies to the maintenance of a Chief Rabbi and of other ecclesiastical persons, and to other communal duties devolving on metropolitan congregations, and other charitable purposes in connexion with the Jewish religion."

At the event, Rabbi Lord Jonathan Sacks noted that we were gathered to celebrate unity in a place where the Division Bell was ringing in the background. That unity

under Halacha had enabled the institution to survive and thrive over 150 years, keeping orthodoxy relevant and seeing observance grow. He added that under great scholars, the Americans also adopted a United Synagogue model without fidelity to the concept of "tzivui" – commanded obligation. The "US US" experience was and continues to be one of assimilation.



Chief Rabbi Mirvis looked at the historical contribution with an eye to a redemptive future. He highlighted outreach and education; the potency, relevance and meaning of Jewish living, that the United Synagogue enables.

Recently in Daf Yomi (Brachot 28a), we covered a famous Aggadeta (rabbinic narrative), which dealt with the temporary deposing of Rabban Gamliel from Nasi, (the head of the Sanhedrin), for being high handed and insensitive in his treatment of R' Yehoshua. These events took place around 80CE.

On that day, they removed Rabban Gamliel from his position and appointed Rabbi Elazar ben Azarya in his place, there was a fundamental change in the general approach of the study hall; they dismissed the guard at the door and permission was granted to students to enter. Instead of Rabban Gamliel's selective approach that asserted that the students must be screened before accepting them into the study hall, the new approach asserted that anyone who seeks to study should be given opportunity to do so. As Rabban Gamliel used to rule: Any student whose conduct and character traits are lacking, will not enter the study hall.

On that day several benches were added to the study hall to accommodate numerous students... One said: Four hundred benches were added to the study hall. And one said: Seven hundred benches were added to the study hall. When he saw the tremendous growth in the number of students, Rabban Gamliel was remorseful. He said: Perhaps, Heaven forbid, I prevented Israel from engaging in Torah study.

How important to be inclusive, welcoming and hospitable; to facilitate and enable Jewish learning and participation. We cannot always guarantee that any individual can become the best over others. We can and should create the opportunities for everyone to better themselves and achieve their potential.

Shabbat Shalom

R' Jeremy Lawrence



LUNCH & LEARN ON WEDNESDAY 12TH FEBRUARY 2020

12:15pm - Parasha Shiur with Rabbi Vivian Silverman

1:00pm Mincha

1:15pm - Speaker - Rabbi Jeremy Lawrence
in the Liora Graham Beit Hamidrash

LUNCH
AND LEARN

Cost: £5, payable on the door, includes a light lunch. For information or to book, please email Lucy on ket@kinloss.org.uk or 020 8349 5267

RABBI SHMUEL ZAJAC

on Monday 10th February at 7.45pm
in the Liora Graham Beit Hamidrash

The Prime Indicator

The stock market as a "prime indicator" for g-d's intent in creating our beautiful world and awesome universe.

Rabbi Shmuel Zajac, a Chabad Chassid, grew up in Brazil, studied in the UK and Australia, receiving Semicha and qualifying as a Shochet in the US.

Rabbi Zajac is married to Rochel, together they are still raising their seven children B"H, and served disparate Jewish communities from Hong Kong to New Zealand and others in between. Rabbi Zajac's interests include people, property, equity markets and every four years - the world cup.



* Free of charge - Pre-booking is essential via www.kinloss.org.uk/Zajac or call Lucy on 020 8348 5267

IYUN (ADVANCED) GEMARA WITH MOISHE SAMPSON After Ma'ariv on Tuesdays at 7:45pm

An in-depth and analytical study of Mesechet Beitzah drawing on the writings of Medieval and recent commentators.

Monday evenings from 24th February

Monday 24th February, 8pm

Organ donation and Halacha

Shiur at the home of Eleanor and Mark - please contact the office for the address

NHS Organ Donor Card



Yes I donate
ORGAN DONATION

Where are all the
walkers, hikers
and keep fit
enthusiasts?

For those members thinking of joining the group walk for the first time, we can promise you a most enjoyable and exhilarating walk in beautiful countryside on Sunday 9th February at 10.30am.

Please contact
Tony Korn on 07958 334 665
or tk66654@gmail.com
for more information.

KINLOSS cares
about you

MONDAY MATTERS

WILL BE HELD ON MONDAY 24TH FEBRUARY
AT 2.30PM

with Guest Speaker NATI TARJANYI, a Wellness Consultant who will be speaking to the ladies on health, keeping fit and well, & what to eat

For further details please call Jackie Caplin 07974 665 418 or Rochelle 0208 349 5263

SHARED READING GROUP

Our next Group will take place

Tuesday 11th February at 2:00pm
in Benchers Cafe

All newcomers are welcome and reading materials supplied. For more information, please speak to:

Kate Fulton on 07801 911 481
or kathrynfulton@hotmail.com



Success in the Workplace

with Nicole Martin from Lumina Learning
& Emma May from Work Avenue

Wednesday 12th February, 8pm

Emotional Intelligence (EQ) is the new X Factor How can you activate your EQ to ensure success at work?

Nicole Martin is a Director of Lumina Learning. She is based in London, serving clients and practitioners in South Africa, Israel and the UK. Nicole is an Organisational Psychologist with 30 years international experience working with individuals, teams and organisations to achieve their potential. Nicole has developed expertise at integrating holistic psychometrics to ensure deep and lasting growth. Nicole is co-founder of The Growth Project, a charity committed to "helping those who help" while building business leaders connection to social purpose. Nicole's passions include her family, ballet, painting and being a catalyst to wake people up to live a purpose-driven life.



Ask not what your job can do for you; Ask what you can do for your job.

Work Avenue is a charity that aims to provide people with essential lifelong skills to support themselves and their families by:



- ▶ Providing advice and guidance to support people into or back into work
- ▶ Placing people into suitable employment
- ▶ Training people with contemporary and commercial skills
- ▶ Increasing the success rate and long term sustainability of new and existing businesses
- ▶ Providing a supportive shared workspace for entrepreneurs

No charge, pre-registration is essential.
To book, please visit www.kinloss.org.uk/work
or contact Lucy on 020 8349 5267



Tutankhamun Exhibition at the Saatchi Gallery with Rabbi Lawrence

Produced by the Egyptian Ministry of Antiquities and IMG, and presented in London by Viking Cruises TUTANKHAMUN: Treasures of the Golden Pharaoh unveils more than 150 original objects from the tomb, 60 of which have travelled out of Egypt for the first and final time before they return for permanent display within the Grand Egyptian Museum which is currently under construction.

Wednesday 1st April, group to meet at 1pm

Entrance to exhibition and audio guide: £28 Kinloss Members, £30 non-members.

Tickets are non-refundable.

To book, please visit www.kinloss.org.uk/tutankhamun or call Lucy on 020 8349 5267



JEWISH HISTORY with Jeremy Mindell

A six-part series looking at how outside events and forces affected the Jewish world.

8pm Wednesdays

12th February:
The Crusades

4th March:
The Enlightenment

19th March
The partitions of Poland

1st April:
Intersections of secular
and religious history

**Free of charge, pre-booking is essential via
www.kinloss.org.uk/history
or call Lucy on 020 8349 5267**

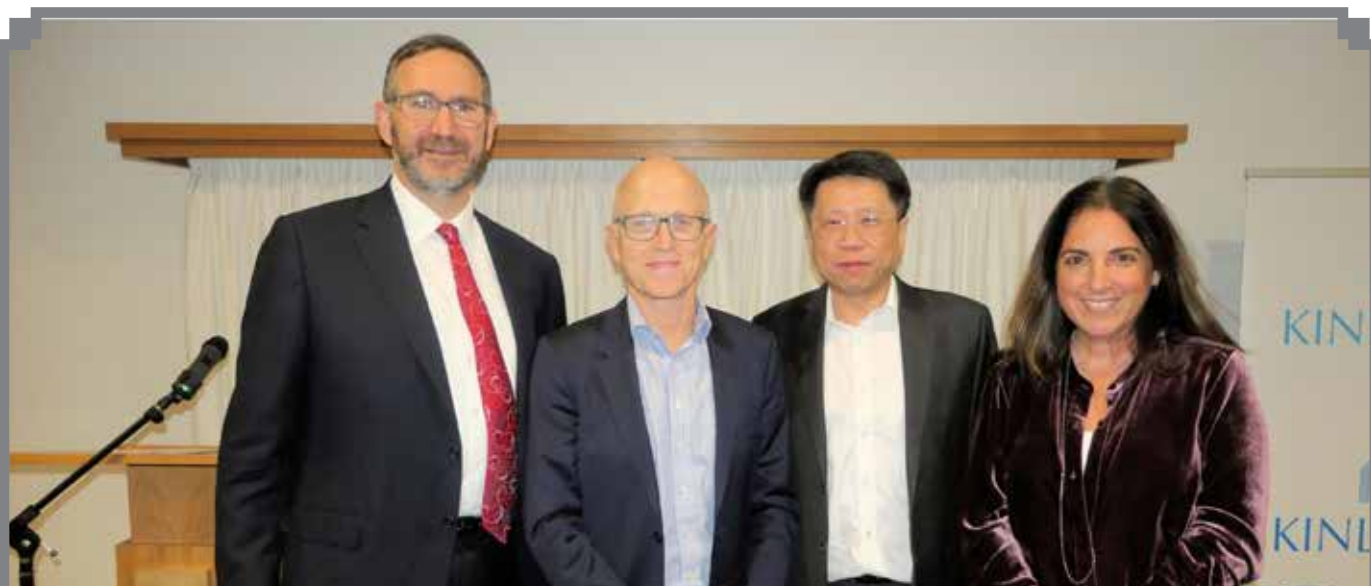
KINLOSS cares
about you

CHATS 4 CHAPS

**WILL BE HELD ON
WEDNESDAY 12TH FEBRUARY
AT 11AM**

**with Guest Speaker
Peter Suchet**

For further details please call
Jackie Caplin 07974 665 418
or Rochelle 0208 349 5263

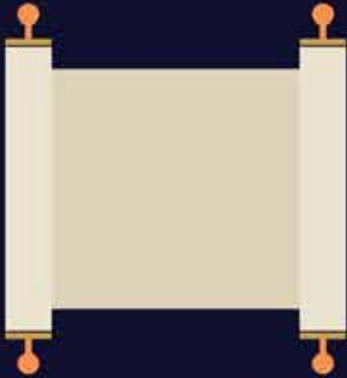


**Rabbi Lawrence with Dr Berelowitz, Dr Jareonsettasin & Julia Alberga
“Resilience” what we can learn from the Thai boys trapped in the cave
on 3rd February 2020 at Kinloss**





KINLOSS
tribe



KINLOSS YOUTH SERVICE - PARASHAT BESHALACH

9:15am - Breakfast Shmooze with **Home made Cake** and **Dvar Torah** in Benchers Cafe!

9:45am - Youth Service in the Liora Graham Beit Midrash

10:40am - Food4Thought for Girls in the Youth Flat with Leora!

All followed by a Dvar Torah from Rabbi Laitner

And an **ICE CREAM KIDDUSH**
sponsored by Adina Kut

February 8th 2020

For Years 7-13

KINLOSS BUSINESS GROUP

WEDNESDAY 12TH FEBRUARY - 8:45AM UNTIL 10:00AM

Come and join professionals in the area - and take advantage of the opportunity to network, advertise your services, increase business exposure, meet and discuss business issues and develop learning opportunities.

Pre-register at www.kinloss.org.uk/business

Cost £7.50 for Kinloss members, £10 for non-members
For more information please contact Ilan Doctors on 07941 170277
or email ilan.doctors@netecgc.com

Kinloss Supper Quiz is returning!

Sunday 29th March

Doors open at 7pm with dinner served

Join us for an social evening
of fun, food, raffle prizes and
an opportunity to display your
extensive range
of general knowledge.

- Pre-booking essential
- £25 per person
- Please book online at www.kinloss.org.uk/quiz
- Or call Lucy on 020 8349 5267 for more details

Holocaust Education Day at Kinloss

arranged by
Dorothy Sadlik
on Thursday
30th January
with pupils of St
Mary's & St Johns
School, Hendon

Thank you to all
Kinloss Volunteers
for their help





JAMES GREENWOLD

Mazel tov to James on his Bar Mitzvah

James has a brother Jack, and he attends Haberdashers' School

James' hobbies include football, drama and playing the drums. He supports Lincoln City, Arsenal and the Boston Red Sox.

As part of James' Bar Mitzvah, he has packed food for Gift and will be making a donation to Kickstart, a Mylsrael charity which uses the power of football to transform the lives of homeless people.

* Nicole & Neil Greenwold on the occasion of James' Bar Mitzvah. Mazel tov also to brother Jack and to grandparents Nora Isaacs and Marion & John Greenwold. Remembering Grandpa Ronnie Isaacs Z"L at this special time.

* Eta & Stanley Weitzman on the engagement of their grandson Yoir son of Lizanne & Eliyohu Chalk to Yehudit daughter of Rabbi Yesha & Miriam Chamma in Israel. Mazel tov to all the family.

* Irene & Geoffrey Herman on the engagement of their son Michael to Shoshi Ish-Horowicz, daughter of Judith Ish-Horowicz and Patrick Bower.

Walking Westminster Tour

Led by
Steven Jaffe



Sunday 22nd March

Britain and the Jews - a thousand years' history in a one hour walking tour around Westminster. Britain has had a profound relationship with the Jews and the land of Israel since Medieval times. Steven Jaffe's tour brings you face to face with some of the main players in that story. An insight into British Jewish history from the 12th century to today that will inform, inspire and shock. The tour begins and finishes near Westminster tube station.



Cost of the tour - £7 Kinloss members, £10 non-members

To book, please visit www.kinloss.org.uk/walkingtour or call Lucy on **020 8349 5267**

KINLOSS NOTICE BOARD



9:45am Games Room in the Newman Room with Saul Elek
0 - 4 year olds with Sara Keen in the Kinloss Suite Foyer
Reception up to School Year 2 with Natalie Sommer in the Avram Nemetnejad Room (2nd Floor)
School Years 3 - 4 with Tamar Onnie in the First Floor Classrooms
School Years 5 - 6 with Saul Elek in the Marilyn Newman Room
All Children's Services will start at 10:45am and will be followed by Kiddush
School Years 5 - 6 GIRLS ONLY 10.45am with Benjy Falk in the Welfare Room next to Sharon

Mazel tov to the children in our community celebrating their birthdays this week:

Mia Corin (10)
Rachel Nourani (6)
Noa Sacker (6)
Samuel Nyman (9)
Amelie Ison (10)

Tamara Samuels (7)
Sammy Joseph (11)
Eden Schneider (11)
Bertie Lewis (8)
Tamara Ellis (3)



THANK YOU TO:

- * Security Team 3 If you have any queries, please speak to Martin Shiers on 07831 836 031, or email securekinloss@yahoo.co.uk
- * Dalia Hakimian & Rakeli Bassalian of The Welcoming Committee
- * Felice Crown, Sheila Forman, Judy Kraiss, Clare Lesser, Alicia Lewis, Valerie Selwyn of Adrienne Sussman's Kiddush Rota Team



Rabbi Lawrence in conversation

Wednesday 18th March, 8pm

A Senior Middle Eastern emissary, who has successfully served in various diplomatic roles, including in Beijing, Hong Kong, Washington DC, Jerusalem and London.



Free for Kinloss Members, £5 for non-members. Pre-booking is essential via www.kinloss.org.uk/inconversation or call Lucy on 020 8349 5267

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot. Our club meets every Shabbat at 10.15am in the Robing Room.
Boys of 6 and over welcome
Led by David Lesser

The summer season of Seuda Shlishit

will commence on 2 May and run through until 22 August

If anyone is interesting in sponsoring a Seuda to mark an occasion, eg Simcha, Yahrzeit, etc

Please email dalia@hajioff.com

KINLOSS FILM AFTERNOON "THE CROWN" ON MONDAY 10TH FEBRUARY 2020 2:00PM FOR A 2:15PM START

We will be screening two episodes a week in the Nemetnejad Room
Season 1 screenings on 10th & 17th February
The Crown traces the life of Queen Elizabeth II from her wedding in 1947 to the present. The series depicts events up to 1955, beginning with an inside look at the early reign of the Queen, who ascended to the throne aged 25 after the death of her father King George VI.

Cost: £3 Kinloss Members / £4 non-members
Refreshments provided.

NEXT WEEK AT KINLOSS:

DAY:	COMMUNITY LEARNING:	COMMUNITY PROGRAMMES:
SUNDAY	8:00am Daf Yomi (NR)	10:00am Walking Group
MONDAY	7:40am Daf Yomi (NR)	9:15am Baby Massage (NR)
	7:45pm Rabbi Zajac Series (BM)	9:30am ACE Fitness (MN)
		10:00am Ilana Banana (Upstairs)
		2:00pm Film Afternoon (NR)
		8:15pm Women's Pilates (MN)
TUESDAY	7:40am Daf Yomi (NR)	10:30am Friendship Club (DH)
	7:45pm Iyun Advanced Gemara (BM)	10:30am Bridge Club (PS)
		2:00pm Shared Reading Group (BC)
WEDNESDAY	7:40am Daf Yomi (NR)	8:45am Kinloss Business Group (DH)
	8:30am Rambam with R'Lawrence (BM)	10:00am Ilana Banana (DH)
	12:15pm Lunch & Learn (BM)	11:00am Chats 4 Chaps (NR)
		1:00pm Art Club (MN)
		8:00pm Success in the Workplace (DH)
		8:00pm Jeremy Mindell History Series (NR)
THURSDAY	7:40am Daf Yomi (NR)	6:00pm Table Tennis for Children (Upstairs)
	7:00pm Student Beit Midrash (DH)	7:00pm Yiddish Course (MN)
FRIDAY	7:40am Daf Yomi (NR)	10:15am Ilana Banana (DH)
BC = Benchers Cafe BM = Liora Graham Beit Midrash DH = Nissim and Rifka Deal Hall		NR = Nemetnejad Room MN = Marilyn Newman Room PS = Persian Synagogue

SERVICES (שירותים see front page)	Sun	Mon TU B'SHVAT	Tues	Weds	Thurs	Fri
Shacharit 1	7:30am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:15am	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha		1:00pm	1:00pm	1:00pm	1:00pm	
Ma'ariv	Mincha/ Maariv 4:45pm	7:30pm	7:30pm	7:30pm	7:30pm	Mincha & Kabbalat Shabbat 5:00pm

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 8 FEBRUARY

Helen Azizoff	Brother
Edward Cooper	Mother
Phylis Fox	Husband
Harvey Hirsh	Father
Sarita Langdon	Brother
Edna Moser	Father
Dolores Zeid	Brother

Sunday 9 FEBRUARY

Elizabeth Feldmann	Father
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Monday 10 FEBRUARY

Shirley Arkush	Husband
Benita Brown	Son

Tuesday 11 FEBRUARY

Sandra Coleman	Father
David Collins	Step Father
Sarah Curtis	Mother
Frances Glassberg	Sister
Robert Harris	Father
Elaine Young	Father

Wednesday 12 FEBRUARY

Abraham Batchat	Mother
David Collins	Father
Audrey Godfrey	Sister
Naomi Nevies	Father
Vikki Shields	Father

VOLUNTEERS NEEDED FOR WELCOMING

If you are able to help, please sign up via
www.kinloss.org.uk/welcomingrota

Thursday 13 FEBRUARY

Shirley Ellis	Father
Sandra Rapp	Mother
Barry Silverstein	Father
Ivan Silverstein	Father
Ralph Silverstein	Father

Friday 14 FEBRUARY

Gerald Abrahams	Mother
Suzanne Black	Mother
Paul Greenbaum	Father
Douglas Joseph	Mother
Suzanne Landy	Mother
Ian Liss	Father
Frank Rosenfeld	Son
Roselyn Rosenfeld	Son

**We are looking for Kinloss volunteers to
sit on a number of new
sub-committees:**

- * **Building Development**
- * **Children and Youth**
- * **YP Development**
- * **Womens Leadership Group**
- * **Adult Education committee**
- * **Membership development**

Please contact Shimon
shimon.gillis@kinloss.org.uk
and for which sub-committee.

CONDOLENCES:

* Natalie Adler and Marion Cover on the passing of their mother and sister Irene Freedman Z"L

TOMBSTONE CONSECRATIONS:

- * SUN 9 FEB 09:30am at Bushey Old in memory of Malcolm Lyons Z'L
- * SUN 23 FEB 11:00am at Bushey Old in memory of Harold Newman Z'L
- * SUN 1 MAR 12:00pm at Waltham Abbey in memory of Norman Raven Z'L
- * MON 2 MAR 11:30am at Bushey Old in memory of Eve Leigh Z'L
- * SUN 8 MAR 10:15am at Edgwarebury Lane in memory of Stanley Ozin Z'L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

