



29 / 30 January 2021

י"ז שבט תשפ"א

SHABBAT WILL START AT 4:29pm AND TERMINATE AT 5:36pm

KINLOSS SHUL IS OPEN FOR SERVICES

PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 28TH JANUARY

FRIDAY NIGHT

4:30pm MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Main Shul

4:20pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:15am MAIN SYNAGOGUE led by Chazan Eli Sufrin
Kriat Hatorah by Robert Owen
Rabbi Lawrence will speak

9:30am THE MINYAN in the Kinloss Suite
Kriat Hatorah by Jonathan Joseph
Rabbi Laitner will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

Until further notice, The Youth Minyan, Family Service and Children's Service,
will not be taking place

SHABBAT AFTERNOON

4:35pm MINCHA AND SHIUR by Rabbi Laitner titled:
Returning to Judaism from another religion? – part 4,
the (in)famous Brother Daniel case cont...

5:36pm MA'ARIV & TERMINATION OF SHABBAT
in the Main Shul

Is Hashem in our Midst?

This week we read Parashat Beshallach, one of the most dramatic of the entire Torah.

As the children of Israel leave Egypt after the culmination of the ten plagues they are pursued by Pharaoh’s chariots; we see the miracle of the parting of the waters at the Red Sea; the Israelites crossing in safety; the drowning of the Egyptians as the waters close around them.

The Parasha sees a pool of bitter waters made sweet; it sees Hashem feed the Israelites with daily mannah from heaven. And then when they are parched in the wilderness, Moshe is told to strike a rock with his staff and water gushes out.

The Israelites are saved and sustained by one miracle after another. If the Ten Plagues were about demonstrating to Pharaoh and the Egyptians that their gods were impotent; the clear message of Parashat Beshallach must be the awesome power of the God of Israel.

And yet, we have a problem. As the parashah closes, after the crossing of the sea, the sweet waters, the mannah and the water from the rock we are told that the Israelites were attacked by Amalek, who stole upon them from behind and preyed upon the weak. The verse immediately preceding Amalek’s assault tells of the Israelites’ doubting refrain, הֲיֵשׁ בְּקִרְבָּנוּ אֱמִיּוֹן which translates as, “Is Hashem amongst us or not?” (Shemot 17:7)

Is Hashem amongst us or not? The commentaries understand from the juxtaposition, “when Israel doubts, then Amalek appears.” Our spiritual hollow creates space for his physical havoc. To repel Amalek, we must have faith in Hashem.

But we do have a problem. Given all that the Israelites had experienced, in the few days covered by this parashah alone, given the succession of miracles, how could they even begin to ask the doubting question. “Is Hashem amongst us or not?” With one miracle after another surely Hashem’s existence and his presence were manifest.

Perhaps the focus of the question is misunderstood. It isn’t doubting Hashem’s existence; the key is the word בְּקִרְבָּנוּ, amongst us.

The question is really, is Hashem found in us as a collective? Is Hashem found in us as a whole?

Up to the Amalekite attack, The Israelites are referred to as Bnei Yisrael, the Children of Israel and as an עם – a people or an עדה – a congregation – still a collective phrase for group of individuals. When Amalek attacks, we’re told for

the first time that he is attacking “Israel” – the very first time the nation is called just “Israel.”

The lesson we are being taught is that we must look to see Hsahem’s presence in the nation as a whole.

We shouldn’t allow ourselves to be divided into strong or weak, observant or secular so that we identify some as godly and others as godless. When we give up on our fellows and imagine that Hashem is surely with *me* – but perhaps less with *you* – we construct a self-destructive schism. The unity of Israel is its defence against Amalek.

Unity is one element. Faith is the second. Our unity must be a unity of faith. Miracles are about Hashem’s undeniable power. They are an external manifestation. We see them and we are in awe. Faith comes from within. Faith is what we need when Hashem is less visible. Faith is our security in the absence of certainty. To defeat Amalek we need faith that Hashem is with us – with Israel as a whole.

There is no harm and no shame in diversity. Hashem wants each of us to serve with our own life’s experience and in our own way. We make choices for ourselves; we seek to live in compatible communities with similar standards. The harm is when we draw our own lines which disenfranchise others; when we suggest we don’t care.

It is a timeless lesson which we are exhorted to remember in all generations. We pray that commitment to unity, faith and common purpose will make us strong; stave off attacks and bring us redemption and peace.

Shabbat Shalom

R’ J Lawrence

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	407	265	366
HAFTARAH	434	281	1152

BESHALACH STATISTICS

MITZVOT: BESHALACH HAS ONLY ONE OF THE 613 MITZVOT
VERSES: 116 (23RD LONGEST OF THE 54 SIDROT)
WORDS: 1681 (19TH LONGEST)
LETTERS: 6423 (18TH LONGEST)
HAFTARAH: 54 (THE LONGEST OF THE 80 HAFTAROT!)
TODAY IS CALLED SHABBAT SHIRA (SABBATH OF SONG), SEEING AS WE READ AZ YASHIR MOSHE (THE SONG OF MOSES) IN THE SIDRA AND THE SONG OF DEBORAH FROM THE BOOK OF JUDGES IN THE HAFTARAH.

Alive in the Heart and Soul

How impressed I have been by some of our younger leaders!

Dov Forman continues in his partnership with his great grandmother, the ever positive, Lily Ebert to bring awareness of the Shoah through resilient and inspirational survivors. Jonathan Gibson's "Burst the Bubble" video on Holocaust education engages us with quick-fire contemporary messages.

Pesach is just two months away. We read in last week's Parasha (Bo) the line familiar to us all from the Hagadda **לִי עָשָׂה זֶה בַּעֲבוּר זֶה** (Shemot 13,8). We establish that we can only fulfil the Paschal obligation to retell the Exodus story properly, when we can state in the presence of (sacrifice) matzah and marror – it was because of this that Hashem acted for me, when he brought me out of Egypt.

While the conventional explanation of the possuk is that we are referring to the sacrifice and symbols of the Exodus itself, the 12th century commentator, Ibn Ezra argues that the syntax indicates the opposite. He says that **לִי עָשָׂה זֶה בַּעֲבוּר זֶה** means – because of the service I am doing today, Hashem acted for me in the past. It is our purpose to actualise our history. Hashem has endowed us with a past for the purpose of our lives in the present. The Exodus of almost three and a half thousand years ago was about the mitzvot we could achieve today, magnifying Hashem's name.

Dov and Jonathan epitomise the spirit of building upon the testimony of history to create a godly presence and calls to action for a better world.

Rightly, we are called upon not to be bystanders in the genocides of today. We have been spared from Pharaoh, Amalek, Haman and Hitler to share the message, "Love the stranger" or "Do not oppress the stranger in your midst", because Hashem identifies with the stranger and feels that person's pain. It behoves us to cry out against the persecution of the Uighurs by the Chinese and the Rohingya by the Burmese. These are no more the complicated domestic business of their governments than Bnei Yisrael was an Egyptian matter or our own siblings, parents, grandparents a German one.

This thread of social responsibility for other people, even in other places was highlighted in my "Rabbinic Chevrusa" last Monday with Rabbi Daniel Friedman

from HGSS. We were discussing Rabbi Sacks z"l's book "To Heal a Fractured World."



Rabbi Sacks cites Rav Kook: The love for all people, must be alive in the heart and soul, a love for all people and a love for all nations, expressing itself in a desire for their spiritual and material advancement.

While concern for the wider society is not prominent in the writings of our Rishonim or Acharonim, R' Sacks, observes that for 19 centuries we were excluded from society and lacking in influence. However moral responsibility for our brother's wellbeing is the lesson of Cain and Abel and the Jonah story teaches our accountability and Hashem's love for the remote stranger. Bringing that message is a Kiddush Hashem.

He quotes Lord Acton (1834-1902) who reflected on the moral downfall of Athens, the mother of democracy. "It is bad to be oppressed by a minority, but it is worse to be oppressed by a majority..."

R' Sacks concludes his penultimate chapter with "To be gracious, thoughtful, sensitive, attentive; to have integrity, courage and psychological strength; to be able to respond to a different people in different ways, knowing what each needs to fulfil his or her part in the scheme of things – is to come as close as we can to living in the world as God lives in the world... It is a healing presence."

לִי עָשָׂה זֶה בַּעֲבוּר זֶה is the challenge to magnify and sanctify Hashem's name and raise subsequent generations to do the same. We are armed with a history, theology and vocabulary that enables us to live, act and teach in such a way.

I have been blessed to learn from great teachers. I am excited to share with great colleagues. And I am thrilled, and I have great hope when I see the new young leaders take their place with energy, commitment and character.

Kol Hakavod.

Wishing you all good health and Shabbat Shalom.



R' Jeremy Lawrence

**Bring Your
Lunch and Learn Together**
Starts at 1pm **KINLOSS**



WEDNESDAY 3 FEBRUARY 2021
CHAVA WULWICK

WEDNESDAY 10 FEBRUARY 2021
RABBI Y FINE



WEDNESDAY 17 FEBRUARY 2021
RABBI WAYLAND

WEDNESDAY 24 FEBRUARY 2021
RABBI D FINE



WEDNESDAY 3 MARCH 2021
RABBI LAWRENCE

WEDNESDAY 10 MARCH 2021
RABBI FRIEDMAN



WEDNESDAY 17 MARCH 2021
RABBI GARBER

WEDNESDAY 24 MARCH 2021
PNINA SAVERY



www.kinloss.org.uk/landl



KINLOSS

The logo for Kinloss Kids features a stylized icon of a building with vertical lines above the word "KINLOSS" in a bold, sans-serif font. To the right of "KINLOSS", the word "KIDS" is written in a large, light blue, handwritten-style script.

CHALLAH MAKE

THURSDAY 11TH FEB @ 4PM



**Grab your aprons and let's
make challah for Shabbat
with Allegra Benitah
The 'Challah Mummy'**



**SUITABLE FOR AGES 5 - 12
(SOME CHILDREN MAY NEED
PARENTAL ASSISTANCE)**

SIGN UP NOW

WWW.KINLOSS.ORG.UK/CHALLAH21
(LIST OF INGREDIENTS WILL BE SENT)



ZOOM PILATES FOR WOMEN

**Join a Pilates group every Monday evening at 8.15pm on zoom.
Classes £10 per session.**

For more information or to book, please contact Josie directly on 07890 676 738

The Secret Synagogues and Ancient Rites of Ethiopia's Hidden Jews



The remarkable research and activism of Dr Malka Shabtay

In conversation with Liran Moran and
Rabbi Jeremy Lawrence



now a **breaking story** on i24 News

Wednesday 3 Feb, 8pm

www.kinloss.org.uk/Ethiopia




KINLOSS

Art Competition

**CALLING ALL CHILDREN IN THE COMMUNITY
AGED BETWEEN 7 - 11 YEARS OLD!!!!**

**WE ARE LOOKING FOR A DESIGN FOR THE FRONT
COVER OF THE FORTHCOMING
KINLOSS PESACH MAGAZINE.**

**PLEASE SEND IN YOUR DESIGNS BY
9AM ON FRIDAY 12TH FEBRUARY 21 TO:**

office@kinloss.org.uk

**ALL ENTRIES WILL BE JUDGED BY OUR PANEL
AND THE
WINNER WILL RECEIVE PIZAZA VOUCHERS!!!!**



Join Kinloss & The Jewish Council for Racial Equality

'Heroes of Jewish activism against racism'

Looking at Jewish heroes of the fight against racism in the US, South Africa and UK and the unsung heroes whose work has been instrumental in combatting racism.

Monday 15th February: 8pm
Presentation and Q&A

Register now at
www.kinloss.org.uk/equality

The Wellington Hospital
part of **HCA Healthcare UK**

 KINLOSS



HEALTHCARE TALKS

A 2021 webinar series organised by Kinloss Synagogue in partnership with The Wellington Hospital and United Synagogue

To view the webinar recording of the first in the series held on the 19th January
"Healthcare problems for Children during the pandemic"

<https://theus.tv/healthcare-problems-for-children-during-the-pandemic>

Future Webinar Events in the Series:

"The latest thinking on disease medical advances " on 2nd March @ 8pm
and "Over 70's: optimising your health " on 13th April @ 8pm
Can be booked via : www.kinloss.org.uk/health

Mazel Tov to the Children in our Community celebrating their birthdays this week

Elijah Zwick (11)
Elisa Ebrahimoff (6)
Lily Marks (3)

Lia Zeloof (11)
Rafi Eden (5)



CHATS FOR CHAPS

Percy Kaye is inviting you to a scheduled Zoom meeting
ON WEDNESDAY 10TH FEBUARY AT 11:00AM

To join the meeting, click:

www.kinloss.org.uk/chaps (No passcode required)



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Thursday Night Parasha Quiz

Join us at 7:15pm on Thursday for
the Kinloss Youth Parasha Quiz

For Years 7-13

**CONTACT US FOR THE ZOOM
MEETING ID AND PASSWORD**

amazon Voucher for
the winner



WE NEED YOUR HELP

WE ARE LOOKING FOR VOLUNTEERS
AGED 25 - 40 WHO ARE
AVAILABLE TO HELP

FOR MORE DETAILS AND TO EXPRESS AN
INTEREST: WWW.KINLOSS.ORG.UK/VOLUNTEER

CHILDREN'S SERVICES

with grateful thanks to
Natalie Sommer
we have uploaded her
Children's Service Videos
for Beshalach

<https://youtu.be/EW5zVivTJII>

other links for Natalie are available on
www.kinloss.org.uk/natalie

ARE YOU THINKING OF TAKING A GAP YEAR?

WE'RE HERE TO TALK

FOR YEARS 12-13, WE'RE HERE TO
DISCUSS GAP YEAR OPTIONS,
INCLUDING: YESHIVA, SEMINARY
AND GAP YEAR PROGRAMMES

RABBI LAITNER, LEORA AND
HARRY ARE AVAILABLE FOR
PRIVATE MEETINGS TO DISCUSS
AND ADVISE ON THE BEST
OPTIONS

TO BOOK A SESSION, CONTACT:
YOUTH@KINLOSS.ORG.UK OR 07827031851



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What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt

Contact Rochelle
0208 349 5263

kinlosscares@kinloss.org.uk

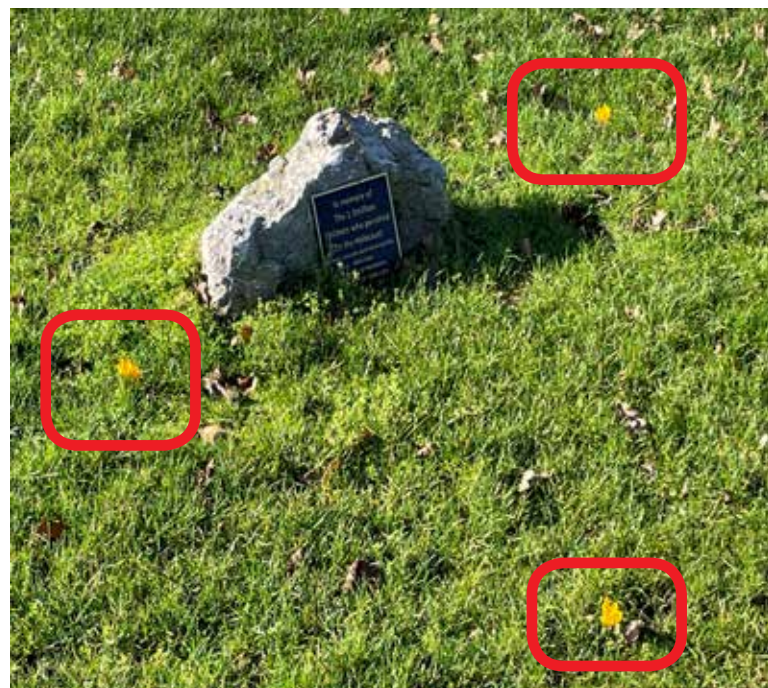


Ivrit Discussion Group

Weekly on Mondays
from 7:30pm-9pm by Zoom
For more information go to

<http://www.kinloss.org.uk/ivrit-discussion-group>

Please contact Tony Korn direct :
tk66654@gmail.com



The crocuses Kinloss planted in Charter Way
have started growing again this year! Photo
shows buds (circled in red) together with the
plaque in memory of the 1.5 million children
who perished in the Holocaust.

BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:
 In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

It is essential that we operate a track and trace system on all those attending the building and therefore, individuals **MUST** book in advance online to attend. Bookings must be made in advance of 24 hours of the commencement of the service. If an option is not available, it is either full or no longer available.

Only members can book in using this system.
 Individuals over the age of 21 must have membership separate to that of their parents.

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

If you are experiencing problems with booking, please contact the office by email on office@kinloss.org.uk

Please do not attend if you have not received confirmation of booking.

SERVICES (שבת SEE FRONT PAGE)	SUN 31ST 18 SHEVAT	MON 1ST 19 SHEVAT	TUES 2ND 20 SHEVAT	WEDS 3RD 21 SHEVAT	THUR 4TH 22 SHEVAT	FRI 5TH 23 SHEVAT
SHACHARIT	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
SEPHARDI	8:00am	6:30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	4:35pm	4:35pm	4:35pm	4:35pm	4:35pm	MINCHA KABBALAT SHABBAT 4:40pm

SHARED READING ZOOM
EVERYONE IS WELCOME- EXISTING OR NEW PARTICIPANTS
Tuesday 9th February at 2pm

Log in:

<https://us02web.zoom.us/j/4377475806?pwd=M2pvdEZuSjU0U1owRW4xaVVPeEpCQT09>

Meeting ID: 437 747 5806 Passcode: story

For more information, please speak to:
Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

MONDAY MATTERS FOR WOMEN

The next group meeting will be on
MONDAY 15TH FEBRUARY at 3:00pm

Log in via: www.kinloss.org.uk/matters
 Everyone is welcome



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SIXTH FORM LEARNING

For Years 12-13, join us for
learning with Rabbi Laitner on
analysing and discussing key
Jewish ethics and ideas

STARTING 10TH FEBRUARY

Message us to sign up!

For more information, contact
Leora and Harry on: 07827031851



giftaid it


KINLOSS

Gift Aid is a government initiative to encourage giving to charities.
Signing up would maximise the value of your contributions made to Kinloss.
Are you already signed up?
If you're not sure or would like to sign up, please call the Kinloss Office to discuss with Denise or Shimon 020 8346 8551

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 30 JANUARY

Abraham Batchat	Mother
David Collins	Father
Audrey Godfrey	Sister
Naomi Nevies	Father
Vikki Shields	Father

Sunday 31 JANUARY

Cynthia Bengen	Brother
Shirley Ellis	Father
Irene Mansfield	Mother
Sandra Rapp	Mother
Barry Silverstein	Father
Ivan Silverstein	Father

Monday 1 FEBRUARY

Gerald Abrahams	Mother
Suzanne Black	Mother
Paul Greenbaum	Father
Suzanne Landy	Mother
Ian Liss	Father
Frank Rosenfeld	Son
Roselyn Rosenfeld	Son

Tuesday 2 FEBRUARY

Alan Martin	Father
Alan Rubenstein	Mother

Wednesday 3 FEBRUARY

Farzaneh Amini	Sister
Helen Barget	Mother
Harry Daniel	Father
Ronald Dvorkin	Brother
Yvonne Mocatta	Father
Susan Rubin	Mother

Thursday 4 FEBRUARY

Stephen Arnold	Mother
Alex Bassalian	Brother
Andrew Bassalian	Brother
Nahid Bassalian	Son
Sheila Forman	Mother
Alan Lee	Father
Ann Miller	Mother
Sandra Tauber	Husband

Friday 5 FEBRUARY

Shirley Arkush	Mother
Gary Bradley	Brother
Geoffrey Bradley	Son
Mark Freeman	Sister
Sara Greenwood	Father
Helen Kamiel	Father
Bernice Kliger	Daughter
Suzanne Oberlander	Father
Julia Schneider	Father
Josepha White	Father

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

28/02/2021	10:30 at Bushey Old in memory of Gwendoline Greenwood Z"L
04/03/2021	10:30 at Bushey Old in memory of David Rosenberg Z"L
14/03/2021	09:30 at Bushey Old in memory of Jean Morris Z"L
17/03/2021	12:00 at Bushey Old in memory of Norman Gilmore Z"L
21/03/2021	12:00 at Bushey Old in memory of Sheila Cohen Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

