

20 / 21 November 2020

חי כסלו תשפ"א

THE SHUL DOORS MAY BE CLOSED BUT KINLOSS REMAINS BUSY!
SHABBAT WILL COMMENCE AT 3:50PM AND
TERMINATE AT 4:55PM

Mazel tov to Maya Nicholls and family on her Bat Mitzvah.



**3:15PM EREV SHABBAT WITH
RABBI LAWRENCE**

AND SPECIAL GUESTS

Please connect via:

www.kinloss.org.uk/zoom

Meeting ID : 965 0685 4925

Password : Kinloss

Havdallah

LIVE

Join the whole
community on
Motsei Shabbat
for Havdallah

Starting at
5:15pm on the
Kinloss
Facebook Page

www.facebook.com/Kinloss-145539515636050

Hosted by Family Laitner



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tribe



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DAILY ZOOM SERVICES PLEASE CONNECT VIA:
www.kinloss.org.uk/zoom



Meeting ID: 965 0685 4925

Password: Kinloss

SERVICES	Sun 6 Kislev	Mon 7 Kislev	Tues 8 Kislev	Weds 9 Kislev	Thurs 10 Kislev	Fri 11 Kislev
Shacharit Followed by Daily Halacha with Rabbi Laitner	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
Ma'ariv with Tehillim and memorial prayers for yahrzeits with Rabbi Lawrence	7:00pm	7:00pm	7:00pm	7:00pm	7:00pm	

**This week's newsletter is sponsored by the Shababo Family in loving
memory of Eliazer Shababo Z'L**

Don't just scratch the surface – Leora and Harry Salter

Parashat Toldot tells the story of the two sons born to Yitzchak and Rivka: Esav and Yaackov. We are told early on in their story (Rashi on Perek כה, Passuk כד) that one son was wicked, Esav, and the other was righteous, Yaackov. After the short introduction of the two brothers, Esav being described as “a man of the field” and Yaackov being described as “a wholesome man, abiding in tents”, we are handed the controversial story of the ownership of the firstborn.

In Perek כה, Passuk כט, we learn that Yaackov is making a stew when Esav comes in from the field. The following Pasuk says “Esav said to Yaackov ‘Pour into me, now, some of that very red stuff for I am exhausted’ He therefore called his name Edom (Red)”. A couple of questions arise from these verses.

Firstly, what was in the “very red stuff” and why is Esav now called “Edom” because he had some “red stuff”?

There are different commentaries who have different ways to explain the meanings of these statements. Rashi comments on the “very red stuff” and says that this substance was “Red Lentils”. He furthers his proof and point by saying that Yaackov was making this Lentil stew because Avraham had just died and Lentils in the shape of a wheel for mourning is a turning wheel in the world.

The second commentator who writes on this subject is the Ramban. The Ramban agrees with Rashi’s explanation and says that it was a lentil stew but adds that it may have been the ingredients which were red. He furthers his point and says that the reason Esav calls it the “very red stuff” is because he didn’t know what it was.

So now we have explained the first part of the Possuk, we need to explain the second. The Gemara in Bava Batra and the Sforno offer commentaries on Esav being called “Edom”.

According to the commentaries on the Gemara, it is said that the first time someone commits murder, his conscience causes him to see red drops everywhere he goes. In Bava Batra (Daf תז Amod ב), Rav Yochanan says that Esav committed 5 sins on that day. The second one mentioned is that Esav murdered someone because it says the word “עֵיִף” which means we “weary”. The Gemara compares this to the Possuk in Jeremiah (4:31) where it says “Woe to me for my soul is weary of those that murder”. This point Rav Yochanan makes can be expanded and one could claim that when Esav saw the red stew and called it “very red” he was making his guilt public and became known as a murderer, hence the name “Edom”.

The final commentary that explains the point as to why Esav is called “Edom” is the Sforno. He mentions the point that Esav was unable to recognise the labour and efforts of Yaackov that the thing he saw was the “red”.

Rashi and the Ramban comment that the “red” of the stew was because of the Lentils or the other ingredients in the soup. This seemed like an obvious thing for Esav to recognise and he should have said “Lentils” instead of “red stuff”. However, the Gemara in Bava Batra mentions the wickedness of Esav and the evil he was doing on the day but the Sforno takes this message one step further. The Sforno implies that Esav only saw the surface of things, hence why he only saw the redness of the stew. He was then called “Edom” because he’s someone who looked at things face value and didn’t delve into things.

TOLEDOT STATISTICS

Mitzvot:	None of the 613 Mitzvot
Verses:	106 (29th longest of the 54 sidrot)
Words:	1432 (34th longest)
Letters:	5426 (33rd longest)
Haftarah:	21 verses (joint 43rd longest of the 80 Haftarot)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	140	93	124
Haftarah	159	102	1137

International Day for the Elimination of Violence Against Women

In conjunction with **Jewish Women's Aid (JWA)**

<https://www.jwa.org.uk/> this Shabbat has been



JEWISH WOMEN'S AID

designated to heighten awareness against **Domestic Violence in the Jewish community.**

25th November is the International Day for the Elimination of Violence against Women.

Terribly and tragically, abuse exists within all sectors of the Jewish community, irrespective of perceived religiosity or affluence. As well as visible bruises of physical violence, victims are injured through controlling behaviour and emotional abuse. Overwhelmingly, cases are violence by men against women, but there are also cases of abuse against men.

Exacerbated by COVID-19 and lockdown tensions, Jewish Women's Aid says that abuse within the community reflects the national picture: 80% of community based domestic abuse services have seen an increase in demand. 61% of women living with an abusive partner have reported that the abuse has got worse during the pandemic.

I asked a victim of abuse what message she would have me convey. I paraphrase her words.

"First, tell them there is hope. There is light at the end of the tunnel... even seven years later. When it starts, no one believes you. My children used to run and close the windows and dial 999. The family have denied it all along. Their son is still their blue-eyed boy.

"Abuse takes many forms. There was money. He had it and he earned it. He had a good job. I was given just £70 a week to buy everything the family needed. If the kids went to parties, the presents had to come out of that, too. If I went over budget, I was fined.

"My mileage was logged. How far I was driving. Just to make sure that I didn't go further than to school. It was suffocating. I was constantly made to feel that I was doing something wrong.

"There was the constant innuendo which made me feel inadequate. At social functions, I was constantly put down in front of other people. He was the important and successful breadwinner. I was just the minder of the family... a non-person. I was disregarded at every level.

"If I voiced an opinion, I was told it was of no value.

"Women need to know that they are not wrong. It took me years to build up my freedom. I used to be terrified of recriminations.

"Nobody believed this could happen.

"When I tried to speak out, I was not treated very kindly. I was told that it should be kept behind closed doors.

"I wish someone had listened to me earlier. Women need to talk to someone who will believe them. They need their self-worth and their lives put in perspective. They need their dignity and integrity intact.

"Women need to know that it is ok to seek help. It is safe to seek help.

"It is not acceptable to beat anyone up or to undermine them verbally or to degrade them in any way. It is common sense. It is unacceptable."

We must all be aware that it happens... and all be aware that it happens in families which to all intents and purposes look stable and secure. It is not a rich/poor thing or a religious non-religious thing. It is more prevalent than we care to acknowledge, and it is always a terrible thing.

It is normal and it is healthy for people to disagree. There is no shame in the passionate advocacy of a passionately held belief. It is even acceptable to have public differences of opinion... but the line between acceptable and outrageous is in how we disagree and how we resolve our differences.

The language and the style of our discussions needs



to be channelled appropriately. **We don't need to win every argument.** Marriage is a partnership not a league table. It is a relationship of equals, not a contest. Each partner must feel that he or she has the opportunity to articulate an opinion and determine the outcome of a discussion... where to live... where to go on holiday... where send the kids to school.

The Talmud tells us that a husband can't oppress his wife or deny her the chance to visit her family home. If she feels trapped, then he is failing in his obligations to give love, companionship and delight.

The way we model ourselves as adults has a significant impact on the image of acceptable behaviour we project to our children. When we are overly demanding, or mean spirited or bullying we teach our children that these modes of behaviour have a legitimate place. They have no legitimate place! Rather, we should teach them to be respectful of each other's dignity and to look out for each other's welfare.

My grandparents raised me to be polite to shop assistants and waiters... having seen many people who treat them without consideration. It is about teaching affirmatives and positive role modelling. We need to nurture families to be respectful of humanity. We are all created equal. Man and woman are created equal. This applies in the classroom, the boardroom and the bedroom.

We have a collective responsibility to restore civility to society. We are working to cleanse our environment of toxins. It is time to censure toxic language and toxic behaviour. We may not stand by and let those we know suffer. We are all entitled to a life free from abuse.

The victim of abuse is trapped by the person they

once imagined loved them more than anyone or anything. "What does that say about me? ... About the choices I make?" Self-confidence is shattered. And sometimes there is nowhere to go.

As couples sign up for a shul wedding, **we must provide relationship counselling** as well as teaching the laws of mikveh and Shabbat candles. Family purity is about purity of a family. Domestic violence must be on the agenda.

I believe that we should be advocating a uniform prenuptial agreement for every couple, which removes some of the potentially oppressive inequalities in obtaining a Gett.

These matters must be raised so that they can be addressed. So that the victims will know they will be believed. So that they know that there are addresses like Jewish Women's Aid that they can turn to. As pastors, as leaders and as friends, we all need to know what to look out for. What to say, when to refer and who we should refer to.

Marriages require constant work because we grow, and we mature.

Let us make sure that our families can grow together and mature together. Let us restore the under-the-chuppa blessing of God who created joy and gladness, the groom and the bride. May we help them share a lifetime happiness, glad song, pleasure, delight, love, fellowship, peace and friendship.

I thank you for your attention today and for your commitment to even greater vigilance tomorrow.



Rabbi Jeremy Lawrence

For confidential support from Jewish Women's Aid (including advice if you are worried about someone else)

Domestic Abuse Helpline: 0808 801 0500 / clientsupport@jwa.org.uk

Dina Sexual Violence Support Line: 0808 801 0656 / dina@jwa.org.uk

Web Chat Support Service: www.jwa.org.uk

NATAN SHARANSKY *and* GIL TROY

NEVER ALONE

PRISON, POLITICS,
and MY PEOPLE



Autographed copies
of this inspiring book available!

Join **Rabbi Jeremy Lawrence**
in conversation with
Natan Sharansky
& **Gil Troy**

Monday 14th December at 8pm
www.kinloss.org.uk/NeverAlone



Natan Sharansky is a former Prisoner of Conscience, Refusenik, Israeli Cabinet Minister & Chair of The World Jewish Congress.

Gil Troy is a **Professor** of History, American Presidential Historian and widely published Political Commentator.

Chanukah Drive In

Sunday 13th December

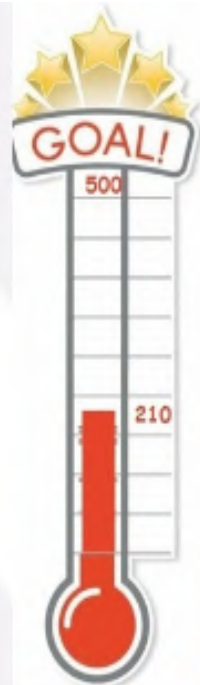
Time: 7pm

Location: NW London

Reception - Year 6



www.kinloss.org.uk/drivein



KINLOSS IS COLLECTING
LONG LIFE MILK
TARGET: 500 CARTONS
290 REMAINING

**The cartons will be distributed
inside the US Essentials food
boxes sent to vulnerable
US Members weekly**



NOW - END OF NOVEMBER

Please drop donations into container outside:

Levin - 36 Hendon Avenue, N3 1UE

Benisty - 7 Kinloss Gardens, N3 3DU

Kyte Lester - 34a Holly Park, N3 3JD

**Green - 3 Ridge Close, NW4 1ER (Off Holders Hill Ave)
or request a collection via www.kinloss.org.uk/milk**

**For more information please contact
laitners@kinloss.org.uk**

JUDAISM AND POLITICS BY JEREMY MINDELL



The Series Concludes with a discussion
between Jeremy and Rabbi Lawrence

NOVEMBER 25
8:00-9:30 PM

SERIES WILL BE ON ZOOM TO SIGN UP:
WWW.KINLOSS.ORG.UK/POLITICS



CHATS FOR CHAPS

Percy Kaye is inviting you to a
scheduled Zoom meeting

ON WEDNESDAY 25TH NOVEMBER AT 11:00AM

To join the meeting, Click:

<https://zoom.us/j/95389611637?pwd=cWw5QjZmQWtCSnU5SWxZS3o4Rk1kdz09>

Meeting ID: 953 8961 1637
Password: Kinloss

MONDAY MATTERS FOR WOMEN

The next group meeting will be on
MONDAY 7TH DECEMBER at 3:00pm

Log in via: www.kinloss.org.uk/matters

Everyone is welcome

BRING YOUR LUNCH AND LEARN TOGETHER



RABBI LAITNER
25TH NOV @ 1PM



CHAVA WULWICK
2ND DEC @ 1PM

WWW.KINLOSS.ORG.UK/LANDL



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JOIN THE KINLOSS
WHATSAPP GROUP ON
WWW.KINLOSS.ORG.UK/STREAMING

giftaid it



ARE YOU ALREADY
SIGNED UP FOR GIFT AID?
IF YOU'RE NOT SURE
PLEASE CALL THE KINLOSS OFFICE
TO DISCUSS WITH
DENISE OR SHIMON
020 8346 8551

Gift Aid is a government initiative to encourage giving to charities.
It maximises the value of your contributions to the synagogue

SHARED READING ZOOM

EVERYONE IS WELCOME
EXISTING OR NEW PARTICIPANTS
LOG IN TO OUR GROUP ON

Tuesday 1st December at 2pm

Log in:

<https://us02web.zoom.us/j/81156599838>

Meeting ID: 811 5659 9838

For more information, please speak to:

Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

**CALLING ALL CHILDREN
AGE 0 - 4....**



KINLOSS

**JOIN ILANA BANANA FOR A
SPECIAL ZOOM SHABBAT
SING-A-LONG**

**FRIDAY 27TH NOVEMBER
TIME: 3PM**

**REGISTER: WWW.KINLOSS.ORG.UK/ILANA
PASSCODE IS SHABBAT**

THEUS.TV 



JEWISH LEARNING

PRAYER

ENTERTAINMENT

CURRENT AFFAIRS

The United Synagogue
on-demand video platform, visit

www.theus.tv

**with a range of entertaining and educational programmes,
which are all available for free.**

**Topics include Culture & Current Affairs,
Jewish Learning, Prayer
and a Tribe section for young people.**

MAYA NICHOLLS

Mazel Tov to Maya on her Bat Mitzvah

Maya has three siblings, Zach, Evie & Millie and she attends Habs Girls School

Her hobbies are Drama, reading, history (especially Tudors)

This week Maya Nicholls was going to celebrate her Bat-Mitzvah in the Minyan. It has now been postponed until after lockdown.

To see Maya's D'var Torah please click <https://youtu.be/BjxznjellsA>



* Mazel Tov to Rabbi Nisan & Hannah Andrews together with Sorah Basya, Sholom Mordechai and Dovid Ahron on the birth of their son and brother Avrohom Chaim Yosef.

If you would like to contact family Andrews, in Allentown USA, their email address is rabbiandrews@gmail.com

* Mazel Tov to Sarah, Jeremy, Evie, Zach, Maya & Millie on the occasion of Maya's Bat Mitzvah. Mazel Tov to grandparents Barbara & Anthony Nicholls and Harvey Showman. Thinking of Grandma Julie at this time.

Children's Services

with grateful thanks to Natalie Sommer
we have uploaded her

Children's Service Video for Toledot

<https://youtu.be/20AfQc2idts>



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tribe



KINLOSS

Join Kinloss Youth and the Youth Community for

LESSONS FOR THE YOUTH



**A night of learning in memory of Rabbi Lord Jonathan Sacks -
HaRav Ya'akov Zvi ben David Arie'el Z"L**

Motsei Shabbat 28th November

6pm-7pm

For Years 7-13

*3 Keynote Speakers, followed by Community
Speakers for each community*

Rabbi Jeremy
Lawrence
*Senior Rabbi at
Kinloss*

Gila Sacks
*Daughter of
Rabbi Sacks Z'L*

Rabbi Dr Raphael
Zarum
Dean of the LSJS

To register for the event visit:

www.kinloss.org.uk/lessons

CENTRAL SYNAGOGUE
LONDON



STANMORE
tribe



HAMPSTEAD
tribe



THE
SAATCHI
קהלת סעאטי
SYNAGOGUE

ST JOHN'S WOOD
SYNAGOGUE



WOODSIDE
tribe



BUSHEY
tribe



Magen Avot



**Check out our events and
book now for...**

**12 @ Kinloss - Kinloss
BatMitzvah Programme**

**13 @ Kinloss - Kinloss
BarMitzvah Programme**

Learn2Lead - Years 9-10

Davening Squad

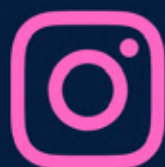
Thursday Night Parasha Quiz



www.kinloss.org.uk/youth



07827031851



Kinlossyouth

Mazel Tov to the Children in our Community celebrating their birthdays this week

Zev Hamburger (9)
Jack Barnett (1)
Hannah Aaron (11)
Analise Dyan (8)

Saul Dunitz (8)
Jude Frenkel (10)
Reuben Morris (8)



@KinlossBA

**BNEI
AKIVA**
KINLOSS BAY



COLOUR WAR

ON ZOOM

BUSHEY VS KINLOSS

One Epic Collaboration

Motzei Shabbat 21st November
From 6:30pm
Years 2-10 included (split into teams)

Sign up here: shorturl.at/dfyCT

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through the
The Phyllis Nathan Trust

Contact Rochelle
0208 349 5263

kinlosscares@kinloss.org.uk





WINTER PROGRAMME 2020

BEREISHIT

KICKSTART A NEW ERA IN YOUR JEWISH LEARNING

**SUNDAY 27 - WEDNESDAY 30
DECEMBER 2020**

TICKETS NOW ON SALE

Book your place now at www.bereishit.org

TRACKS

Jewish Horizons - explore Jewish history, Israel and food

Jewish Practice - guidance & guidelines for everyday Jewish practice

Relationships - build relationship skills

Text - connect with classic Jewish texts and topics

GUEST SPEAKERS

Dr Warren Goldstein Chief Rabbi of South Africa

Eli Beer United Hatzalah

Lord Mann Refusenik **Rabbi Yosef Mendelevich**

James Libson Mishcon de Reya

Danny Limor Mossad Inspiration nurse **Libbie Goldstein** **Rabbi Dov Ber Cohen**

Ilana Epstein **Joanne Dove** **Freda Kaplan**



Production partners Viewma



This event is supported by the Chief Rabbi's Centre for Community Excellence.

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 21 NOVEMBER

Pauline Amdur	Mother
Vera Bronze	Father
Naghmeh Ebrahimoff	Father
Barbara Feigenbaum	Husband
Percy Kaye	Mother
Fred Leveson	Father
Frances Posener	Father
Bijan Rahimzadeh	Mother

Sunday 22 NOVEMBER

Danielle Cailler	Father
Alan Deal	Mother
Jonathan Deal	Mother
Della Franklin	Mother
Lynda Lasky	Mother
Pearl Trosser	Husband

Monday 23 NOVEMBER

Phillip Freedman	Mother
Rhoda Goldberg	Father
Madeline Jacobs	Father
Harry Kaufman	Mother
Arnold Nissen	Mother
Jackie Shababo	Husband
Liad Shababo	Father
Daniel Shababo	Father

Tuesday 24 NOVEMBER

Hilary Batchat	Father
Michael Berger	Mother
Rosalind Freeman	Mother
Rochelle Sobel	Mother
Irene Stanton	Mother
Paul Vegoda	Mother
Aaron Weichselbaum	Father

Wednesday 25 NOVEMBER

Trudie Donner	Husband
Robert Gradel	Mother
Beatrice Karp	Husband
David Renton	Father
Alan Rubenstein	Sister
Susan Sharp	Husband
Judith Sheldon	Mother
Harvey Steinberg	Mother

Thursday 26 NOVEMBER

June Cass	Mother
Leonard Coleman	Brother
Richard Coleman	Father
Sarah Davidson	Husband
Mario Joseph	Father
Hanna Nisse	Brother
Jonathan Portner	Father
Alfred Young	Father

Friday 27 NOVEMBER

None

CONDOLENCES:

* Michelle Ambalo & Jeremy Kole on the passing of both their father Martin Kole Z"L on Monday and their mother Sharon Kole Z"L on Wednesday night.

* Susan Roukin & Lawrence Bloom on the passing of their mother Minnie Weintrob Z"L.

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

22 NOV 12:00pm at Bushey Old in memory of Julius Alterman Z"L

25 NOV 9:30am at Bushey Old in memory of Leonard Feller Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

