



6 / 7 SEPTEMBER 2019

ז' אלול תשע"ט

Shabbat commences at 19:21pm and terminates at 20:22pm
Mincha/Kabbalat Shabbat at 7:25pm

**Mazel tov to Leah Frankl on her Bat Mitzvah and to
Elijah Deal and Aron Barsam on their Bar Mitzvah.
We extend a warm welcome to their family and guests.**

Following the Services there will be a joint
Kiddush sponsored by Susan & Jonny Deal
to celebrate Elijah's Bar Mitzvah and
Sarah & Allon Barsam
to celebrate Aron's Bar Mitzvah
in the Kinloss Suite

Friday night

7:25pm: Mincha and Kabbalat Shabbat
in the Nissan and Rifca Deal Halls

Rabbi Lawrence will address the Bat Mitzvah
Leah Frankl

SHABBAT LEARNING AT KINLOSS

Shabbat Morning

8:30am: Sephardi Synagogue
Talmud Tractate Pesachim by Rabbi Heller

8:45am Deal Hall
Maimonides : Laws of Shofar
by Rabbi Dr Raphael Zarum

Study Group with Rabbi Laitner will not be taking
place this Shabbat

Shabbat Afternoon

6:15pm Daf Yomi Shiur in the Nemetnejad Room

7:15pm : Mincha followed by Shiur by
Yitz Bauernfreund titled
'You Shall Appoint a King over You'

8:22pm : Ma'ariv and termination of Shabbat

SHABBAT AT KINLOSS

HASHKAMA 7:45am

in the *Liora Graham Beit Hamidrash*,
followed by Kiddush and a short
shiur.

MAIN SYNAGOGUE 9:15am

led by Chazan Eli Sufrin. Kriat
Hatorah by Elijah Deal. Rabbi
Lawrence will address the Bar
Mitzvah.

THE MINYAN 9:15am

in the *Nissan and Rifca Deal Halls*.
Kriat Hatorah by Aron Barsam.
Rabbi Lawrence will address the Bar
Mitzvah.

SEPHARDI SERVICE 9:00am

in the *Sephardi Synagogue*, led by
Rabbi Heller and Reuben Gorji.

KIDS' MINYAN 10:45am with Saul
Elek in the *Marilyn Newman Room*.

The Power of Prayer

“You must be wholehearted with the LORD, your God”

In this week’s Parasha, we’re told to put our trust and faith in Hashem. The commentators have different explanations as to what this verse means. Rashi comments that this commandment means that we ‘walk with G-d wholeheartedly and trust Him. Do not try to divine the future, but rather accept wholeheartedly everything that befalls you. Then you will be His nation and His portion.’ These words are echoed by the Sforno, a fifteenth- century commentator, who adds that one can only gain information through authentic prophet.

This commandment may seem difficult in an increased time of uncertainty. At the time of writing this Dvar Torah, it is still unknown whether there will be a general election, or whether Brexit will actually happen. Or whether Israel and Lebanon will go to war following the increased tension in the region. However, we are told to trust Hashem, and to put our faith in the world events.

It is not so simple to be a simple Jew. In times of heresy on one hand, and uncertainty on the other hand, the Torah demands that we be simple, upright, and faithful.

One way to be simple and be faithful is through the power of pray. The story of Hannah particularly highlights this idea. In the book of Samuel I, Elkanah had two wives, Hannah and Peninnah. Hannah had no children, but was Elkanah’s favourite wife, whereas Peninnah was blessed with children. One day Hannah was crying after being tormented by Peninnah that she was unable to have children, so she rose and went to pray in the Sanctuary in Shiloh. The Cohen, Eli, saw her praying silently and thought she was drunk. As it says: **לְשִׁכָּרָה: עָלֶי וַיַּחֲשֹׁבָה יִשְׁמָעֵל לֹא וְקוֹלָהּ נָעוּת שְׁפָתֶיהָ רַק עַל-לִבָּהּ מְדַבֶּרֶת הִיא וְחִנָּה** – ‘Now Hannah was praying in her heart; only her lips moved, but her voice could not be heard. So, Eli thought she was drunk.’ Hannah replied to the Cohen that she was pouring out her heart in order to have a child. In remorse, Eli gave her a blessing that she should merit having a child.

In a time of trouble and uncertainty, Hannah used the power of pray to put her faith and hope in Hashem. The Gemara in Brachot, 31a, comments that we learn how important it is to pray and put our faith in G-d from the story of Hannah.

Last Shabbat we entered the month of Elul, the month preceding Rosh Hashana and Yom Kippur. Elul is a time of introspection and a time to rehabilitate and improve from all the things we have done and all the times we have slipped up. The month of Elul is compared to a city of refuge, also mentioned in this week’s Parasha. A place where if someone commits an accidental murder, they would flee to the city of refuge until they have undergone rehabilitation. Elul is a place for us to flee to as a safe space once a year.

The commentators note that there are two other practises that are also compared to a city of refuge: Torah study and prayer.

In the month of Elul, may we take the lessons from Hannah, the importance of prayer, and be faithful and trust Hashem in times of uncertainty. Use pray as a tool to strengthen our belief in G-d and place our trust that the future will only hold good and happy times.

Shofetim Statistics

Mitzvot:	41 of the 613 mitzvot, 14 positive & 27 prohibitions
Verses:	97 (36th longest of the 54 Sidrot)
Words:	1523 (28th longest)
Letters:	5590 (31st longest)
Haftarah:	24 verses (joint 25th longest of the 80 Haftarot)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	1078	820	1024
Haftarah	1094	835	1199

Rabbi Writes Shofetim 5779



One of the most beautiful observances of Ellul is the recitation of Selichot prayers. For the Sephardi community, these begin from Rosh Chodesh and are recited every day before dawn. For the Ashkenazi community they begin at midnight on the Motzei Shabbat before Rosh Hashanah (or the Motzei Shabbat of the preceding week if otherwise there would be fewer than four days of Selichot).

Most communities read Selichot through till Yom Kippur, though the Chabad custom is to stop after the Fast of Gedalia (3rd Tishrei).

The prayers are formulated around the 13 Attributes of Hashem's mercy ("*Hashem, Hashem El Rachum veChanun...* Exodus 34: 6 – 7), which were revealed to Moshe in his supplications for Israel after the sin of the Golden Calf. According to the Talmud (Rosh Hashanah 17b) if such anthropomorphic characterisations of God had not been written into the Torah, we would have castigated them as heretical. Nonetheless, we hold that it is a unique blessing to Israel that any time we wish to atone for our sins, when we recite these attributes in a minyan, Hashem guarantees forgiveness.

The reciting of the 13 Attributes is punctuated by a variety of liturgical poems and responsive *Pizmonim*. Towards the end of the Selichot service, we open the Aron Kodesh and chant *Shema Koleinu*, begging Hashem to hear our voice. The service concludes with the acrostic *Ashamnu* confession.

The Piyutim had powerful detractors. While Ibn Ezra, d1167, endorsed the powerful simplicity of approaching Hashem through the 13 Attributes, he opposed the mangling of davening through complex poetry. He objected to forced language, bad grammar and anything other than pure Hebrew. Rambam, d1204, too, opined that people talk and are distracted when they cannot follow the tefila. Notable supporters of the piyyutim include R' Natronai (ben Hilai) Gaon, d858, and Rabbenu Tam, d1171.

One of the common devices in the piyyutim is the acrostic, where each verse begins with successive letters of the Aleph Bet. Not only is this a useful mnemonic, but it encapsulates the idea that all our

faculties from Aleph to Tav, or the totality of Hashem's attributes are being brought into our supplication and redemption.

Each day's Selichot also contains a reference to Akeidat Yitzchak. One of the hardest biblical narratives to explain, it forms the basis of our (2nd Day) Rosh Hashana Leining. Its role in the Selichot is to highlight the devotion and submission of Avraham and Yitzchak. Not only are the Patriarchs role models, but they also establish *zechut avot* זכות אבות our claim for mercy before Hashem based on ancestral merit (whatever our own inadequacies).

The Akeida establishes the importance of action. Faith in thought or words but without deeds is considered hollow. Moreover, Avraham's eventual substitution of the Ram is a reminder that we should not approach Hashem empty handed. Avraham had passed the test of the Akeida even before he found the ram in the thicket and offered it up. We learn from his example that despite the travails we face, we should never stop looking to serve and to give. Even in the belly of the "whale", Yonah imagined himself returning to serve in the Temple.

If we can be inspired by the past to serve in the future, we are assured that Hashem will grant us forgiveness and redemption (which of course is not the same as saying we will get everything we ask for or think that we want or need.)

Please join us on Wednesday evening 18th September for an educational and musical evening "Singing you're Sorry" with Rabbi Dr Raphael Zarum, Rabbi Lionel Rosenfeld and the Shabbaton Choir as well as Weds 11th and 25th September with Pnina Savary, as we look at Tefilla, Teshuva & Tzeddaka in advance of the Yamim Norayim.

Shabbat Shalom & Mazal Tov to all our Baalei Simcha

R' Jeremy Lawrence

Selichot

singing you're sorry

**Listen to selichot
sung beautifully
and explained
thoughtfully**

WEDNESDAY 18TH SEPTEMBER 2019
8PM-9.30PM

A unique event featuring inspiring
modern renditions of Selichot by
The Shabbaton Choir led by
Rabbi Lionel Rosenfeld,
with **explanation and analysis** by
LSJS Dean Rabbi Dr Raphael Zarum
and Rabbi Lawrence.

£8 Kinloss Members / £10 for Non-Members if pre-booked by 10th September
Thereafter, £10 for Members and £12 for Non-Members

To book please visit www.kinloss.org.uk/selichot or call Lucy on 020 8349 5267



Ellul Programme

with Pnina Savery

Repentance, prayer and charity remove the evil decree

Wednesday night Shiur on 11th & 25th September, 8pm, Beit Hamidrash

The Shiur will cover the following titles:

Prayer: Yirmiyahu 18 - Parable of the Potter

Teshuva: Yonah vs Yoel - How to do the job properly

Tzedaka: Kohelet - How do we cope now that the Chagim are over?



Pnina Savery has completed a two year advanced Tanach course at Matan in Jerusalem, has taught in a couple of seminaries in Jerusalem and been teaching English at Menorah High since returning to the UK in December 2013.

Pre Yomim Noraim Yom Iyun

on Monday 23rd September, 7.45pm-9pm

With Rabbi Lawrence and Rabbi Laitner
Focussing on Teshuvah, Tefillah and Tzedakah



Rabbi Lawrence In Conversation with...

• **Wednesday 30th October - 8pm**
Rt Hon Lord John Alderdice

John Alderdice is a Psychiatrist by profession, but as Leader of the Alliance Party of Northern Ireland, he played a significant role in the Talks on Northern Ireland including the negotiation of the 1998 Good Friday Agreement. He was the first Speaker of the new Northern Ireland Assembly and has held many international positions including as President of Liberal International. Since 1996 he has sat as a Liberal Democrat life member of the House of Lords, and is currently Director of the Centre for the Resolution of Intractable Conflict and Chairman of the Centre for Democracy and Peace Building in Belfast. Lord Alderdice's areas of special interest are the individual and group psychology of terrorism and violent political conflict and the psychology of religious fundamentalism.



COST : Free for Kinloss Members £5 for Non-Members
PRE BOOKING IS ESSENTIAL VIA www.kinloss.org.uk/inconversation
or call Lucy on 020 8349 5267

TALMUDTalks



Chief Rabbi
Ephraim Mirvis

Three inspiring talks to mark
the completion of the
Noé Edition Koren Talmud Bavli



Rebbetzen
Lauren Levin

Thursday 31st October 2019

Doors open 19:45

**Finchley Synagogue,
Kinloss Gardens, London, N3 3DU**



Rabbi Lord
Jonathan Sacks

Adults £7.50

Youth (up to 18) £4.00

Book now at www.kinloss.org.uk/koren

**MEET THE NEW KINLOSS YOUTH
DIRECTORS...**



LEORA AND HARRY SALTER

**WE ARE REALLY EXCITED TO GET TO KNOW
YOU & SEE YOU AT OUR UPCOMING EVENTS**

OUR DOOR IS ALWAYS OPEN

**FEEL FREE TO CONTACT US:
YOUTH@KINLOSS.ORG.UK
07827031851**

FOLLOW US ON INSTAGRAM: KINLOSSYOUTH

Monday afternoons in the Nemetnejad Room
Doors open 2pm | Screening commences at 2.15pm

Shtisel - The series

DON'T MISS THE FIRST TWO EPISODES OF SEASON 1 ON MONDAY 9TH SEPTEMBER

If a series about a Haredi family can be the mainstream event of the year on Israeli TV, something special must be going on.

We meet the tough yet tender patriarch of the family, haunted by the loss of his beloved wife; his mother, addicted to soap operas; his daughter, desperate to hide her husband's infidelity; and his son, pulled between passion for art and his allegiance to his faith and community.

Forget everything you thought you knew about Haredi life, this loving portrayal of a multi-generational family, lifts the veil on family life in the Orthodox community, long hidden by its insularity.

Screening two episodes a week

Season 1 - 9th, 16th & 23rd September,
7th & 28th October, 4th November

Season 2 - 11th, 18th & 25th November,
2nd, 9th & 16th December

Cost:

- £3 Kinloss members
- £4 non-members. Refreshments provided.

For more information please contact Lucy on kett@kinloss.org.uk or **020 8349 5267**.



"It's popular because it's about relationships and romance – they do these things a little differently, but they're still likeable and relatable."
The Times of Israel.

"There is caustic wit and marital strife, wine and song and lashings of fragrant kugel. They fall in and out of love, smoke like hard-bitten newspaper hacks, scheme and fight and cry and laugh just like the rest of us. It's EastEnders meets Fiddler on the Roof." The Jewish Chronicle

Would you like to get involved in Children's Service provisions?

If you can help, please contact

Shimon Gillis on 020 8349 5264 or email shimon.gillis@kinloss.org.uk

ANIM ZEMIROT CLUB

Led by David Lesser

Come and learn to sing Anim Zemirot
Our club meets every Shabbat at 10:15am
in the Robing Room. Boys of 6 and over welcome.



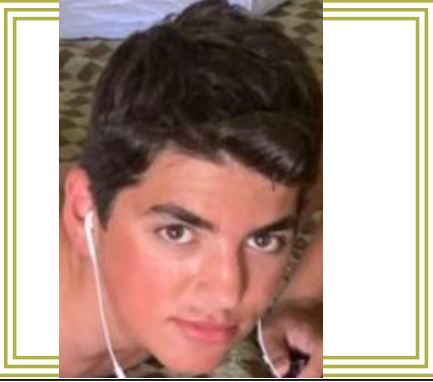
LEAH FRANKL

Mazel Tov to Leah on her Bat Mitzvah. Leah attends JFS, and she has 3 siblings, Miri, Ben and Daniel. Her hobbies are dancing, baking and painting, and charity work as part of the simcha was volunteering at GIFT and doing a bake sale for MDA, the Shabbat room at Barnet Hospital and the London Air Ambulance.



ARON BARSAM

Mazel Tov to Aron on his Bar Mitzvah. Aron attends Immanuel College, and he has three brothers Zekiel, Raphael and Joseph. His hobbies are photography and coding, and charity work as part of the simcha was working at GIFT



ELIJAH DEAL

Mazel Tov to Elijah on his Bar Mitzvah. Elijah attends JFS and has 3 siblings, Sylvie, Aron and Maddy. His hobbies are reading, Krav-Maga and online gaming and will be donating to GIFT in honour of his Simcha.

- * Belinda & Jeremy Mindell on the birth of a grandson, son to Judith & James Mindell.
- * Elijah Deal on the occasion of his Bar Mitzvah. Mazel Tov to Parents, Susan and Jonny and grandparents Barbara and Geoffrey Levy. Remembering Nissan and Rifca Deal at this time.
- * Sarah and Allon and Zekiel, Raphael and Joseph and grandparents Ann and Tony Korn, Etty and Mervyn Mandell and Ephraim and Ewa Barsam.
- * Leah Frankl on the occasion of her Bat Mitzvah, to her parents Amanda & Tim and siblings Miri, Ben and Daniel. Mazel tov also to grandparents Eve & Norman Rosenbaum and Linda & George Frankl
- * Daniella and Adino Ebrahimoff on the birth of their twin boys. Mazel tov to grandparents Dara & David Ebrahimoff and Elaine Avis, and to great grandmothers Frances Glover and Parri Ebrahimoff.
- * Ann & David Marks are delighted to announce the arrival of a grandson. Parents Marcelle & Jacob Palmer and a brother for Sam & Leah

KINLOSS NOTICE BOARD



9:45am Games Room with Saul Elek in the Newman Room
0 - 4 year olds with Sara Keen in the Kinloss Suite Foyer
Reception up to School Year 2 with Penny Simmons in the Avram Nemetnejad Room (2nd Floor)
School Years 3 - 4 with Dina Ellis in the First Floor Classrooms
School Years 5 - 6 (Kids Minyan) with Saul Elek in the First Floor Classrooms
All Children's Services will start at 10:45am and will be followed by Kiddush

Mazel tov to the children in our community celebrating their birthdays this week:



Ilan Sacker (8)

Moriah Hakimian (9)

Liba Baron (2)

Yael Schryber (7)

Mirielle Shiers (5)

Esther Halpern (4)

Mordechai Halpern (4)

Benjamin Loberman (6)

THANK YOU TO:

* Security Team 1. If you have any queries, please speak to Martin Shiers on 07831 836 031, or email securekinloss@yahoo.co.uk

* Michael Goldman and Angela Kamiel of The Welcoming Committee

* Nicole Greenwold's Kiddush Rota Team

VOLUNTEER SECURITY

CST wants to ensure that you have the training you need for when you undertake security duties at shul.

We deeply appreciate the part that you play in helping to secure our community and we have built a training course to meet your needs.



The training will teach you the essentials of security work, in a short space of time. It is ideal for those who already participate in voluntary security but have minimal knowledge of what to actually do.

The course is nine hours, spread over three sessions. Upon completion participants will become Level One Security Support Officers of CST. Participants must be aged between 18-72.

Monday 9, 16, 23 September 2019
7.30–10.30pm, Finchley area

Register on the CST website

<https://cst.org.uk/courses/level-1-course-105-finchley-sept-2019>

Community Security Trust is a registered charity in England and Wales (1042391) and Scotland (SC043612)



☎ 020 8457 9999

✉ recruitment@cst.org.uk

NEXT WEEK AT KINLOSS:

DAY:	COMMUNITY LEARNING:	COMMUNITY PROGRAMMES:
SUNDAY	8:00am Daf Yomi (NR)	10:30am Walking Club
MONDAY	07:40am Daf Yomi (NR)	09:30am ACE Fitness (MN)
		10:00am Ilana Banana (DH)
		14:00pm Film Afternoon - Shtisel (NR)
		19:30pm Ivrit Discussion Group (NR)
		20:15pm Women's Pilates (MN)
TUESDAY	07:40am Daf Yomi (NR)	10:00am Friendship Club (OFFSITE)
	20:00pm Iyun Advanced Gemara (BM)	20:00pm Ulpan Ivrit (MN)
WEDNESDAY	07:40am Daf Yomi (NR)	10:00am Art Club (MN)
	08:30am Rambam with R'Lawrence (BM)	13:00pm Art Club MN)
	20:00pm Ellul Programme Pnina Savery (BM)	20:00pm Whisky Society (NR)
THURSDAY	07:40am Daf Yomi (NR)	10:00am Art Club (MN)
		18:00pm Table Tennis Child (Upstairs)
FRIDAY	07:40am Daf Yomi (NR)	10:30am Ilana Banana (DH)
BC = Benchers Cafe BM = Liora Graham Beit Midrash DH = Nissim and Rifka Deal Hall		NR = Nemetnejad Room MN = Marilyn Newman Room PS = Persian Synagogue

SERVICES (שבת see front page)	Sun	Mon	Tues	Weds	Thurs	Fri
Shacharit 1	7:30am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:15am	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:00pm	7:00pm	7:00pm	7:00pm	7:00pm	Mincha Kabbalat Shabbat 7:05pm

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 7 SEPTEMBER

Rivka Greenbaum	Father
Martin Morris	Father
Carole Paule	Father
Miri Sherwood	Father
Anthony Warrens	Father

Sunday 8 SEPTEMBER

Evelyn Sassoon	Father
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Monday 9 SEPTEMBER

David Cramer	Father
Rivka Greenbaum	Mother
Gloria Lebetkin	1st Husband
Jill Pivnik	Mother

Tuesday 10 SEPTEMBER

Josephine Cohen	Brother
Michael Green	Father
Julia Jackson	Husband
Clare Lesser	Father
Marilyn Morrow	Father
David Pearlman	Sister
Alfred Poser	Father
Jennifer Sosnow	Father

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members - PLEASE join our security rotas for shifts from 11am onwards.

You would only be required for one hour every eight weeks, on Shabbat morning.

Please email securekinloss@yahoo.co.uk or call Martin Shiers on 07831 836 031 to volunteer and register.

Wednesday 11 SEPTEMBER

Loraine Isaacs	Father
Lynda Lasky	Father
Gloria Lebetkin	Brother
Alison Ross	Father

Thursday 12 SEPTEMBER

Leonard Feller	Wife
Rodwin Jackson	Father
Marilyn Markham	Father
Susan Sharp	Sister
Elimelech Sufrin	Father
Celia Summercorn	Husband

Friday 13 SEPTEMBER

Richard Ellis	Mother
June Gotkine	Husband
Barbara Kesten	Mother
Fred Leveson	Mother

Kinloss Whisky Society

8pm
Wednesday 11 September
Nemetnejad Room

Come and join this vibrant society, which meets approximately every three months.

Places must be pre-booked.



For details please contact Michael Goldman by email on mg.hasle@gmail.com or call 07970 254 041 (evenings only).

IYUN (ADVANCED) GEMARA WITH MOISHE SAMPSON

After Mincha/Ma'ariv on Tuesdays at 8pm
An in-depth and analytical study of Mesechet Beytza drawing on the writings of Medieval and recent commentators.

CONDOLENCES:

- * Family and friends of the late Martin Silver Z'L
- * Family of the late Eve Leigh Z'L

TOMBSTONE CONSECRATIONS:

SUN 8 SEPT	11:30am at Hoop Lane in memory of Mrs Mali Azizollahoff Z'L
SUN 8 SEPT	13:30pm at Bushey in memory of Alan Shepherd Z'L
SUN 15 SEPT	13:00pm at Bushey in memory of Sidney Dagul Z'L
MON 16 SEPT	12:00pm at Bushey in memory of Sheila Kriger Z'L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

