



9 / 10 JULY 2021

א' באב תשפ"א

SHABBAT WILL START AT 9:03pm AND TERMINATE AT 10:19pm

Mazel tov to Toby Weiniger on his Auf Ruf and forthcoming wedding to Bracha Lawrence. We extend a warm welcome to their families and guests.

PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 9TH JULY

FRIDAY NIGHT

7:30pm MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Nissan and Rifca Deal Halls

7:20pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:00am MAIN SYNAGOGUE led by Chazan Eli Sufrin
Kriat Hatorah by Toby Weiniger
Rabbi Lawrence will speak

9:20am THE MINYAN in the Kinloss Suite
Kriat Hatorah by Michael Fluss
Rabbi Laitner will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:45am YOUTH SERVICE in the Nissan and Rifca Deal Halls

11:20am CHILDREN'S SERVICES

must be booked in advance www.kinloss.org.uk/childrenservice
and bookings will open every Sunday morning.

Places are limited and are on a first come first served basis

Ages 0 – 4 – Beit Midrash – run by Eva Namdar & Coral Harding

Reception to Yr 2 – Ladies Gallery in the Main Synagogue – run by Natalie Sommer

Family Friendly for Years (3-6) – Will not be taking place this week

SHABBAT AFTERNOON

4:00pm - 5:30pm BNEI AKIVA

please send email to register in advance - bakinloss1@gmail.com

9:05pm MINCHA AND SHIUR by Rabbi Laitner titled
"Talmudic Agadata – The historical and religious context behind the destruction of the
Second Temple, part 2 (Gittin 56a)"

10:19pm MA'ARIV & TERMINATION OF SHABBAT
in the Nissan and Rifca Deal Halls

Making Utensils Kosher and a Poignant Link to the days before Tisha B'Av

By Rabbi Michael Laitner

'Anything that comes into fire, you shall pass it through fire and it will be purified...' (Bemidbar 31, 23)

This section in the Torah teaches principles relating to how to make utensils “kosher”, either if they have become non-Kosher, or they need to be prepared for Pesach. In practice this procedure is commonly seen in many shuls a few days before Pesach when people bring metal utensils to be ‘kashered’ for use on Pesach.

Rashi, (d. 1105), based on the Talmud (Avoda Zara 75b) writes that the principle underlying this process is that a vessel is ‘kashered’ in the same way that it absorbs. There are therefore various ways of ‘kashering’ different utensils, including red hot heat as used to ‘kasher’ an oven, or immersion in boiling hot water to ‘kasher’ metal cutlery for example. Not all utensils can be ‘kashered’ though, wooden utensils being but one example. The laws of ‘kashering’ are complex and ‘kashering’ should not be undertaken without the necessary knowledge.

There is added poignancy to these ideas at this time in the Jewish calendar. We are now in the period of ‘Bein Hametzarim’, the three weeks between the fast of 17 Tamuz and the fast of 9 Av, which commemorate calamitous times in Jewish history, especially the destruction of both Temples in Jerusalem. The Talmudic story (Gitin 55b) of two enemies whose conduct is highlighted in the analysis of the destruction shows us how significant ‘sinat chinam’ (causeless hatred) was for the devastation of Jerusalem.

Rambam (Maimonides, 1138- 1204) in his Laws of Repentance (2:1) explains that complete repentance is achieved when a person is placed in exactly the same position in which he originally sinned, but now desists from sinning. We may suggest that this is a similar idea to that of ‘kashering’. Just as desisting from the sin in some way ‘undoes’ the effect of the sin on our souls, so does ‘kashering’ the utensil in the same way that it absorbs ‘undoes’ the non-kosher elements.

At this time of the calendar, with these lessons in mind, may we all particularly succeed in eliminating any ‘sinat chinam’ that we may experience.

Shabbat Shalom

MATOT STATISTICS			
MITZVOT: 2 OF THE 613 MITZVOT, 1 POSITIVE AND 1 NEGATIVE			
VERSES: 112 (24TH LONGEST OF THE 54 SIDROT)			
WORDS: 1484 (29TH LONGEST)			
LETTERS: 5652 (30TH LONGEST)			
MASEI STATISTICS			
MITZVOT: 6 OF THE 613 MITZVOT, 2 POSITIVE AND 4 NEGATIVE			
VERSES: 132 (12TH LONGEST OF THE 54 SIDROT)			
WORDS: 1461 (32ND LONGEST)			
LETTERS: 5773 (28TH LONGEST)			

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	955	702	900
HAFTARAH	984	725	1193

Staging Grief

It was a wonderful privilege to meet Hella Pick last Sunday evening. Over and above her rich experiences, she offered



some very candid thoughts and commentary on contemporary themes, particularly our approach to refugees.

You can watch the recording on

<https://youtu.be/VdNyCgm1PkA>

I commend her memoir, **Invisible Walls**.

The promise of “Freedom Day” ahead has been received with mixed emotions. We are awaiting definitive statements from the Government and guidelines from the United Synagogue, but it looks promising that we will be able to return to full services with singing and the ability to sit in shul with our friends.

We are looking at the options for Kiddushim, which are missed for many reasons. Meanwhile, I’m very grateful to Kinloss for sponsoring this week’s Take-Away Kiddush for Toby’s AufRuf, ahead of his wedding to Bracha IY”H on 20th July. The happy couple have just started work as Youth Officers at St John’s Wood.

The Talmud (Taanit 26b) states “When the month of Av comes in, we diminish our joy.”

The mood of the month is set, even on Rosh Chodesh. The Haftara we read this Shabbat is the one for the “Three Weeks” (Jeremiah 2), rather than the Rosh Chodesh Haftara.

Though the month begins with diminished joy, it is not a wholly sad month. Tu Be’Av (15th Av) is considered a joyous day, a celebration of brides and grooms, of song and dancing, of hope for Jewish families and future as they build a בית נאמן בישראל a faithful house in Israel, we look forward to the restoration of Hashem’s House in Jerusalem.

From Rosh Chodesh Av (Shabbat, 10th July this year), the mourning which we began on 17th Tammuz becomes more intense. This in many respects, mirrors (inverts) our Shiva observances.

When sitting Shiva, we begin with the bitterest symbols of mourning; rending of garments, sitting on low chairs, no laundered clothes, no meat or wine. As we pass into the sheloshim (30 days) and then the year of mourning for

parents, the restrictions diminish; no music, dancing or attending smachot.

With Tisha B’Av, this progression is reversed; on 17th Tammuz we began with the prohibition of live entertainment etc; from Rosh Chodesh (excepting Shabbat) we “step it up” and refrain from meat, wine, shaving, haircuts and laundry. Finally, on Tisha B’Av itself, as well as fasting, we sit on low chairs, do not wear leather shoes, observe the same innuyim (afflictions) as on Yom Kippur; we do not learn Torah and do not even exchange pleasantries and greetings.

Noting the mirror/reversal, Rav Soloveitchik explained that when a relative dies, the grief is immediate. Over time we need to reacclimatise ourselves to look beyond our personal loss and rejoin the community. However, with the destruction of Jerusalem some thousands of years in the past, we need to work our way into sadness as a community till eventually and personally we can feel bereft.

The strong bond between the two losses is highlighted with the phrase we recite when we “greet” mourners: “*HaMakom yenachem etchem betoch shaar aveilei Tziyon viYrushalayim.*” May the Omnipresent comfort you amongst the other mourners of Zion and Jerusalem. On the one hand, your personal loss should be contextualised – it is but a detail in the overwhelming tragedies from which our nation suffers still. And on the other hand, while our people as a whole, continue to grieve over a national calamity – we acknowledge that your personal grief is as great and as intense to you. May God grant all comfort.

On Shabbat, as with a shiva, there is no public mourning. Consequently, one may have wine and meat at meals. This applies even if 9th Av itself is on Shabbat and the fast is deferred to the Sunday. For Sephardim, the principal restrictions of the 9 Days apply in “*Shavua She-Chal Bo*” – the week of Tisha B’Av itself. Ashkenazim do not trim their nails in the week.

In Av we are supposed to *diminish* our joy. Conversely, in Adar we are supposed to *elevate* our joy. The default setting of our lives / our emotional baseline is supposed to be one of joy.

Wishing you all a Shabbat Shalom and a Chodesh Tov.

Rabbi Jeremy Lawrence

Tisha B'Av 5781

Rome and the Jews

A 2,000 Year Saga

With Rabbi Aubrey Hersh

8.30pm, Sun 18th July

www.kinloss.org.uk/9av

Live & Online

TISHA B'AV TIMES

Shabbat 17th July

Mincha	7.00pm
Fast begins	9:09pm
Shabbat Out	10:11pm

All Services below Live & Online

Maariv & Eicha	10.30pm
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Sunday 18th July

Shacharit	8:30am
1 st Mincha	2:00pm
2 nd Mincha	7:45pm

Rabbi Hersh	8:30pm
Maariv	9:35pm
Fast Terminates	10:03pm

Please book Services & Programme on
www.kinloss.org.uk/9av

MONDAY MATTERS FOR WOMEN

The next group meeting will be
on
MONDAY 19TH JULY
at 3:00pm

Log in via:
www.kinloss.org.uk/matters
Password: Kinloss

Everyone is welcome

PILATES FOR WOMEN

Back in the Kinloss building from
Monday 28th June for 4 weeks
join a Women's Pilates group
every Monday evening
at 8pm-9pm.

Classes £10 per session.
For more information or to book,
please contact Josie directly
on 07890 676 738

WILLESDEN JEWISH CEMETERY

TISHA B'AV TOUR

SUNDAY 18 JULY 2021

3:30 PM

There is an old tradition to visit a cemetery on the afternoon of Tisha B'Av as we reflect on the legacy of that day. Volunteer guides are available for pre-booked tours of Willesden Cemetery to explain its remarkable story of London Jewry.

To book your place, go to
www.kinloss.org.uk/tour

HOUSE OF LIFE

WILLESDEN
JEWISH
CEMETERY
London's Place to Remember



KINLOSS

MAZEL TOV - מזל טוב

* Mazel Tov to Suzanne & Matthew Weiniger on Toby's Auf Ruf and forthcoming marriage to Bracha Lawrence. Mazel Tov to grandparents Michael Cohen, Elaine & John Finestein and Noah & Sandra Weiniger. Remembering Joyce Cohen z'l at this happy time. Mazel Tov to Rabbi & Mandy Lawrence and to Bracha's grandparents, Ashley Lawrence, Yvonne & Bernard Mocatta. Remembering David & Della Levy z'l.

* Mazel Tov to Richard Cohen on his promotion to Professor of Surgery at UCL.

**Mazel Tov to Toby Weiniger on his Auf Ruf this Shabbat,
and forthcoming marriage to Bracha Lawrence.
Mazel Tov to both Weiniger and Lawrence families**



**This week's Kiddush in a Box has been provided by
Kinloss to honour their forthcoming marriage**



YIZKOR BOOKLET 5782 - 2021/22

During Yizkor, we recite a special memorial prayer for each of our relatives whom we wish to remember, and this is your opportunity to include their names in the Yizkor Booklet.

Letters were sent out by post.

**PLEASE COMPLETE AND RETURN THE FORMS
AS SOON AS POSSIBLE,**

BUT NO LATER THAN FRIDAY 16TH JULY 2021

If you have not received a letter, or have any queries, please contact the Shul office on 020 8346 8551 or by email to yizkor@kinloss.org.uk



MEMORIAL BOARDS ANNUAL UPDATE 5781 / 5782

We are now offering, for a short time, the opportunity to add your loved ones' names and Yahrzeits to the beautiful new Memorial Boards in the Main Synagogue Foyer.

All names will be in perpetuity.

The price of a single plaque is £850.

Please note : this cannot be Gift Aided
or paid by Charity Voucher

Bookings taken until Friday 23rd July 2021

For further information please contact the office on
020 8346 8551 / office@kinloss.org.uk

To download form to complete go to
www.kinloss.org.uk/memorial

giftaid it



Gift Aid is a government initiative to encourage giving to charities.

Signing up would maximise the value of your contributions made to Kinloss.

Are you already signed up?

**If you're not sure or would like to sign up,
please call the**

**Kinloss Office to discuss with
Denise or Shimon
020 8346 8551**

VOLUNTEER USHERS NEEDED FOR SHABBATOT

We are looking for volunteer ushers for forthcoming Shabbatot.

The aim of the role is to help facilitate the safe entry and checking of those

attending services for 'track and trace' purposes and to remind people to wear masks and sanitise their hands upon entry.

Please sign up to a slot by clicking on
<http://www.kinloss.org.uk/usher>

LET'S CARRY ON

Please support the Kinloss Eruv Fundraising campaign
26 July 2021

www.kinloss.org.uk/eruv



The North West London Eruv has changed Kinloss life for us all. So much so that we now take it for granted.

It costs £45,000 per year to maintain the Eruv. The cost is split around the various communities that depend on it, with Kinloss responsible for £7,500 per year.

These costs are a responsibility for us all

Please donate at least £1 per week at

www.kinloss.org.uk/eruv

Registered charity no. 1081160

Covid-19 Walk-in Clinic

7 days a week, 9am-6:30pm

No need to book

Everyone aged 18 or over can simply turn up to get the Pfizer jab without an appointment. People will not need to be registered with a GP or have their NHS number. This can also be for a second dose, as long as the first vaccine appointment was at least 8 weeks earlier. Currently, the vaccine offered at StoneX is Pfizer.

StoneX Stadium is located on Greenlands Lane, Hendon, NW4 1RL

KNIT, STITCH & NATTER



**WEEKLY, STARTING TUESDAY 20TH JULY
AT 3PM VIA ZOOM**

Facilitated by Jewish Care, you can try a new medium/technique, exchange ideas and be as creative as you wish.

Perfect for anyone who would like to continue with a project or wishing to start something new.

Register now - www.kinloss.org.uk/knit

KINLOSS

JEWISH CARE

Hunger.

It's closer to home than you might think.

Millions of children in the UK are at risk of being hungry over the summer holidays when the safety net of free school meals is removed. There are children who won't even have a hot meal at all.

The impact of the pandemic means there are now more children than ever in need of support.

US Chessed send out over 150 weekly food parcels to individuals and families. Please help us top up the bags with desperately needed extra items over the summer months.

US Chessed donation boxes

will be available at your shul or local areas until 25th July.

Please donate generously.

For more information please contact

ypeleg@theus.org.uk

We will be collecting:

- Fruit juice
- Tinned fish
- Tinned sweetcorn
- Tinned tomatoes
- Tinned fruit
- Cereal
- Crisps

**KINLOSS HAVE COLLECTION
BOXES TO DROP OFF ITEMS
FROM ABOVE LIST
MON - THURS BETWEEN
8AM - 4.30PM
PLEASE GIVE GENEROUSLY**

☎ 020 8343 5696

✉ cheded@theus.org.uk

🌐 www.theus.org.uk/cheded



**Advertise to one of the biggest communities
in North West London**

KINLOSS MAGAZINE 2021

Ad Rates—all ads are colour:

Full Page: £395 - ½ Page: £210 - ¼ Page: £135

Plus VAT on all adverts

Placing an ad in the Kinloss Synagogue magazine is not only a cost effective way to promote your company, products or services direct to the community

Good idea!! Use your ad. to make a special offer to encourage members of the Kinloss Community to support your business

**For more information or to book an ad contact Shimon
on shimon.gillis@kinloss.org.uk / 0208 349 5264**

DEADLINE: WEDNESDAY 14TH JULY



**MAZEL TOV TO THE CHILDREN IN OUR
COMMUNITY CELEBRATING THEIR
BIRTHDAYS THIS WEEK**

**Oliver Redwood (8)
Alexander Basrawy (8)
Liat Shababo (5)
Reuben Zwick (4)
Maayan Ruback (10)
Moshe Cohen (12)
Alice Ezra (6)
Jacob Zamet (8)
Asher Morris (12)**



Children's Services

with grateful thanks to Natalie Sommer
we have uploaded her Videos
<https://youtu.be/ttvR1jGejbU>

other links for Natalie are available on
www.kinloss.org.uk/natalie



TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21 - 29

**Is your child single and between the age of 21 - 29?
If so, they are not covered under your household
membership and funeral scheme.
It is essential they are members in their own right
cost is £5 a month.**

**This will also enable them to attend weekday,
Shabbatot and Chaggim Services.**

Please sign up here :

<https://portal.tribeuk.com/account/tcm/register/>

ORGANISED BY:



**STANMORE
tribe**



**KINLOSS
tribe**



**HGSS
YOUTH**

INTER-SHUL 5 A SIDE FOOTBALL TOURNAMENT

**MILL HILL POWERLEAGUE
SUNDAY 11TH JULY 2021
2:15PM-4:30PM**

**£30 PER TEAM - MINIMUM 5 PLAYERS
PER TEAM**

**OPEN TO ALL SHULS - SIGN UP BEFORE
THURSDAY 8TH JULY**

**TOURNAMENT FOR : TOURNAMENT FOR
YEARS 7,8,9 : YEARS 10,11,12,13**

SIGN UP TEAMS AT:

WWW.KINLOSS.ORG.UK/FOOTBALL



**BOOK NOW FOR THE MONTH OF JULY @
KINLOSS YOUTH**

**[WWW.KINLOSS.ORG.UK/YOUTH-
MINYAN-ONLINE-BOOKING--JULY](http://WWW.KINLOSS.ORG.UK/YOUTH-MINYAN-ONLINE-BOOKING--JULY)**

**STARTING AT 9:45AM
BOOKING REQUIRED -
LIMITED SPACES
FOR BOYS AND GIRLS
YEARS 7-13**

**FOLLOWING COVID
GUIDELINES
IN THE DEAL HALL**

**FOR MORE INFORMATION OR TO
SPONSOR THE KIDDUSH
CONTACT LEORA AND HARRY
ON: 07827 031 851 OR
YOUTH@KINLOSS.ORG.UK**

LAST MONTH BEFORE THE SUMMER BREAK!



BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:

In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation. **Please do not attend if you have not received confirmation of booking.**

SERVICES (שבת SEE FRONT PAGE)	SUN 11TH 2 AV	MON 12TH 3 AV	TUES 13TH 4 AV	WEDS 14TH 5 AV	THUR 15TH 6 AV	FRI 16TH 7 AV
SHACHARIT	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
SEPHARDI	8:00am	6:30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	MINCHA KABBALAT SHABBAT 7:30pm

Services will be in the Nissan and Rifca Deal Halls
Weekday Services are also on Zoom www.kinloss.org.uk/zoom

KINLOSS cares

about you

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt

Contact Rochelle
0208 349 5263

kinlosscares@kinloss.org.uk

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts.
Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we **MUST** provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.

Please email

securekinloss@yahoo.co.uk

or call Martin Shiers on 07831 836 031,
to volunteer and register.

MEMBERSHIP BILLS

We really appreciate
you honouring your
membership bills at this time.

Please pay your invoices via
online BACS payment

OR the member portal
<https://myus.theus.org.uk/login>

OR CALL THE OFFICE
020 8346 8551
AND SPEAK TO DENISE TO PAY BY
CREDIT / DEBIT CARD
OVER THE PHONE

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 10 JULY

Sarah Aaronson	Sister
Irene Aharoni	Father
Renate Altmann	Husband
Ros Altmann	Father
Gilda Braff	Sister
Corinne Clarke	Mother
Harvey Plant	Sister
Geoffrey Solomon	Mother

Sunday 11 JULY

Vera Bronze	Brother
Della Franklin	Step Mother
Helena Hart	Mother
Susan Lee	Mother
Joseph Soleiman	Wife
David Whiteman	Mother

Monday 12 JULY

Jeanne Wilson	Father
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Tuesday 13 JULY

Miriam Langdon	Mother
Anita Lichtig	Brother
Rose Young	Husband (2nd)

Wednesday 14 JULY

Bernard Oster	Father
Ruth Renton	Mother

Thursday 15 JULY

June Gotkine	Mother
Richard Hildebrand	Mother
Audrey Kelvin	Sister
Zena Shattin	Mother

Friday 16 JULY

Margi Abeles	Father
Perry Conway	Mother
Joy Garfield	Father
David Kay	Father
Janice Silver	Father

DO YOU HAVE A FORTHCOMING YAHRZEIT?
SPONSOR A DAY OF DAF YOMI IN MEMORY OF A LOVED ONE
MINIMUM DONATION £18
BOOK THROUGH WWW.KINLOSS.ORG.UK/DAF

**On Tisha B'Av, Sunday 18 July 2021,
Alderney Road, Brady Street, Lauriston Road, Plashet and West Ham cemeteries
will be open between 11.00 – 15.00.
Appointments are not required for visits on this day.**

CONDOLENCES:

* Sara Kyte Lester, Hazel Kyte, David Kyte, Ivor Kyte and Brian Kyte on the passing of their father, husband and brother Alan Kyte Z"L

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

11/07/2021	10:30 at Bushey Old in memory of Lenora Cohen Z"L
14/07/2021	13:30 at Bushey Old in memory of Norman Gilmore Z"L
23/07/2021	11:00 at Bushey Old in memory of Moshe Nurtman Z"L
01/08/2021	11:30 at East Ham in memory of Cimmie Frankfurt Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

