KINLOSS

29 / 30 JUNE 2018

יייז תמוז תשעייח

Shabbat commences at 9:07pm and terminates at 10:27pm Mincha/Kabbalat Shabbat at 7:30pm

There will be a Kiddush in the Kinloss Suite this week following the services

#### SHABBAT LEARNING AT KINLOSS

Friday night

7:30pm: Mincha followed by Kabbalat Shabbat in the Main Shul

Shabbat Morning 8:30am: Sephardi Synagogue Talmud Tractate Berachot by Rabbi Heller

> 8:45am: Deal Hall Rambam: The Laws of Yom Tov by Rabbi Dr Raphael Zarum

9:15am: Youth Breakfast Banter Breakfast and Parasha Shiur Benchers Cafe with Barry Colman

10:30 - 10:50am in the Rabbi's Office Study Group with Rabbi Laitner titled "The Prayers of Friday night"

> Shabbat Afternoon 7:55pm: Daf Yomi Shiur in the Newman Room

8:30pm: Pre-Mincha Shiur by Rabbi Moshe Taragin Titled "What Happened Before Will Happen Again : Tracing Redemptive Templates"

9:10pm Mincha followed by Seuda Shlishit sponsored by Stafford and Sheila Fertleman for the Yahrzeit of Stafford's parents, Bessie and Barnett Fertleman Z"L and Esther Sherman for the memorial of her brother, Mordechi Nissimi Z"L

Talk by Simon Johnson Everyone is welcome

10:27pm: Ma'ariv

#### SHABBAT AT KINLOSS

HASHKAMA 7:45am

in the Liora Graham Beit Hamidrash, followed by Kiddush and a short shiur.

MAIN SYNAGOGUE 9:15am led by Chazan Eli Sufrin. Kriat Hatorah by Alex Hajioff. Rabbi Josh Cypess will speak.

THE MINYAN 9:30am in the Nissan and Rifca Deal Hall. Kriat Hatorah by Neil Nachshen. Rabbi Josh Cypess will speak. Kiddush sponsored by Suzanne and Stephen Landy.

**SEPHARDI SERVICE 9:00am** *in the Sephardi Synagogue*, led by Rabbi Heller and Reuben Gorji.

YOUTH SERVICE 9:45am in the Liora Graham Beit Hamidrash, under the direction of our Youth Director, Barry Colman.

THE KIDS' MINYAN 10:45am in the Newman Room, Yrs 5 and 6

#### Tish B'Av & the Three Weeks

The fast of the 17<sup>th</sup> Tammuz (Sunday 1<sup>st</sup> July 2018) is one of four fast days to commemorate the destruction of Jerusalem & the Temple. The others are the fast of Gedalya, 10<sup>th</sup> of Tevet & 9<sup>th</sup> of Av.

According to tradition 17<sup>th</sup> Tammuz marks a number of tragic anniversaries:

- Moses shattered the 10 Commandments.
- The Tamid (daily) sacrifice was suspended because of the siege of Jerusalem,
- The walls of Jerusalem were breached for the destruction of the 2nd Temple,
- Apostomus burned a Torah Scroll a symbolic act of oppression by one of Antiochus' Generals,
- An idol was erected in the Temple.

The **Fast of Tammuz** is from dawn to nightfall. (1.04am-10:20pm)

It begins the "**Three Weeks**", also known as "Beyn HaMetzarim" - "Between the tragedies" - leading up to Tisha B'Av (9th of Av)

This year, both calendar days fall on Shabbat, when we have no public mourning, so the observances are pushed to Motzaei Shabbat / the Sunday. With regards to 17<sup>th</sup> Tammuz, which is a "minor fast" we wait until Shabbat is out, and although the fast begins on Sunday morning, the Saturday night (18<sup>th</sup> Tammuz) is still within the Three Weeks and we should conduct ourselves appropriately. On Tisha B'Av, even though it will be Shabbat and we can eat meat and drink wine on the day, we do bring in the fast early (9.05pm) before Shabbat is out (9.57pm)

# During the Three Weeks a number of the rituals of Mourning are observed:

**From 17**<sup>th</sup> **Tammuz onwards** one should not shave / cut one's hair, attend public entertainment. We do not hold weddings during

this time. The Shulchan Aruch says we should avoid doing the pleasurable things over which we would make the "Shehechiyanu" blessing

though the Mishneh Berura citing the Vilna Gaon allow the blessing over new fruits on Shabbat. R' Moshe Feinstein allows the purchase of work costumes and underwear which do not make us feel joyous. Clothes which are discounted now but will be more expensive or harder to source after Tisha B'Av may also be bought.

**From Rosh Chodesh Av** the mourning is intensified - we do not eat meat or drink wine (excepting Shabbat), bathe for pleasure, buy new furniture or clothes. It is considered an inauspicious time for court cases & business transactions.

The Rema (Orach Chayim 551/7) holds that Ashkenazim should neither buy nor repair clothes during the "Nine Days". However R' Eliyashiv allows for expenditure on home improvements such as installing air conditioning or a new car as may be necessary.

On 9th Av, itself, the mourning reaches its peak - with a full 25 hour fast like Yom Kippur - sunset to nightfall - on which no bathing, anointing, leather shoes, sexual relations, food or drink are permitted.

#### Tisha B'Av marks:

- The sentence of 40 years in the wilderness for the sin of the spies,
- The destruction of the First & Second Temples,
- The capture of the town of Betar by the Romans in the Bar Kochba rebellion,
- The Romans ploughed over the city of Jerusalem & renamed Israel "Palestine" to remove its Jewish identity.

At the **Seudat Hamafseket** - meal before the fast - it is traditional to eat a hard boiled egg dipped in ash as a token of mourning.

The **Book of Lamentations**, (**Eicha**) is read in shul - in low light / candle light / and with people sitting on low benches / on the floor. This is followed by the reading of **Kinot** - liturgical dirges. More Kinot are read after Shacharit the following morning.

**Tefilin and Tallit** are not worn on Tisha B'Av until Mincha time. It is a solemn day on which all pleasures are abandoned. One does not study Torah (apart from the passages on mourning & the destruction of the Temples) or even exchange greetings and pleasantries with friends.

Although the fast concludes at nightfall, the symbols of mourning continue through till noon on 10<sup>th</sup> Av. Unlike Yom Kippur, where the end of

the fast is a celebration of Israel's atonement, there is nothing to celebrate in the aftermath of the loss of the Temple & our exile.

The Talmud notes that whoever does not mourn the destruction of Jerusalem will never merit seeing it rebuilt in glory.

May our community join in prayer, observe the customary symbols of mourning and give especial thought the plight of Jerusalem and her citizens in these troubled times. "Pray for the peace of Jerusalem". May we look forward to its full restoration, a city, united and in peace.

Shabbat Shalom

R' Jeremy Lawrence

#### THIS WEEK'S HAFTORAH BY RABBI ANDREWS

The Haftorah for Parshat Balak comes to us from the fifth chapter of the book of Micha (Micah). Micha was a contemporary of Yishayahu (Isaiah), Amos, and Hoshaya (Hosea) and prophesied during the reign of Chizkiyhu (Hezekiah). Many of his prophecies foretold of the destruction and rebuilding of Yerushalayim (Jerusalem) and warned against the evils of idolatry.

In this week's Haftorah, Micha, speaking in God's name, invites mountains, hills, and the firmament to bear witness as God recounts how disloyal the Jewish nation is to him. Hashem brought them out of Mitzrayim (Egypt) and gave them great leaders such as Moshe (Moses), Aaron and Miriam. When Balaam, commissioned by Balak the King of Moab to curse the Israelites, attempted to curse the Jewish people, God changed Balaam's evil prophecy into one of strength and dignity.

God laments that the people seem to think they can please Him with an ever-increasing number of sacrifices, instead of by acting justly. Micha closes with a well-known formula of what God wants from His people: "He has told you, O man, what is good, and what the Lord requires of you: Only to do justice, and to love goodness, and to walk modestly with God." (6:8)

Chazal (the sages) explain in the Talmud (Makkot 24a) this was Micha's way of encapsulating all mitzvot. This means that while we are still obligated to observe all the commandments, our performance of mitzvot must always reflect these lessons. Otherwise, we will be getting it wrong.

If you find yourself at Kinloss over the course of the day, please stop by the office to say hello! I can usually be found there during the regular office hours (except Thursday).

#### Some Thoughts on the Sidra By Rabbi Michael Laitner

# Mah Tovu - the words we say when entering Shul "Mah tovu ohalecha Yaakov, mishkenotecha Yisrael".

'How good are your tents Jacob, your dwellings Israel' (Bemidbar 24,5).

This verse, familiar from the Siddur as we enter shul (green Siddur, page 4), is taken from the attempted curses of the non-Jewish prophet Bilam.

Balak, the king of Moab (a territory today in Jordan) after whom today's Sidra is named, was scared of the Jewish people and hired Bilam to curse them. At that time, the Jewish people were on the eastern side of the River Jordan, close to the end of their 40 year stay in the desert and soon to enter Israel.

Despite the famous miracle of Bilam's talking donkey and God's changing Bilam's evil intent into words of praise, neither Bilam nor Balak gave up on their original plan.

How can we read their denial to abandon their plans into the blessings Bilam was inspired to give? The 16th century Gur Aryeh commentary of Rabbi Yehuda Loew, of Prague, explains that 'tents' and 'dwellings' are in fact metaphors for synagogues and study halls. Bilam actually meant to curse the Jews by wishing that there would be neither synagogues nor study halls in the Jewish future. This would have deprived us of two of our spiritual powerhouses.

The synagogue is a place where we can meet as Jews and express ourselves before God, both as individuals and as a community. Rabbi Loew quotes the Talmud (Berachot 6a) which states that when Jews pray together, the Divine Presence rests amongst them. The study hall is the intellectual engine room of the Jewish people, where we can gain an appreciation and understanding of thousands of years of Judaism.

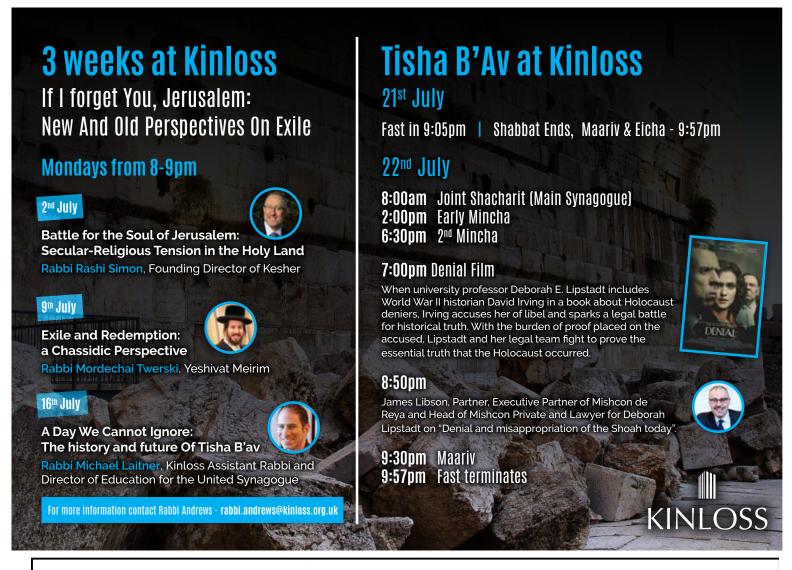
Another powerhouse is the home. Rashi alludes to this, when he interprets the goodness of the tents as being due to their modest design which allowed for each family's privacy. Bilam really did wish to divide us from our heritage, but God changed Bilam's words, so that blessings came forth instead.

Given all of this, I hope we can better appreciate why the rabbis of the Talmudic era chose this verse as appropriate for entrance into the synagogue, as an effective reminder of the importance of communal endeavour and prayer as well as how to take their lessons into the home and elsewhere. May we be successful in doing this and thereby merit a greater closeness to God.

#### Shabbat Shalom

BALAK STATISTICS			
Mitzvot:	None of the 613 mitzvot		
Verses:	104 (21st shortest of the 54 Sidrot)		
Words:	1455 (22nd shortest)		
Letters:	5357 (20th shortest)		

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	915	669	856
Haftarah	929	682	1189



#### Sponsor a Children's Siddur

We are purchasing new Siddurim and offering all members the opportunity to donate a Siddur.

£10 per Siddur

www.kinloss.org.uk/siddur



# THE RENEWAL OF THE JEWISH LAWS OF WAR IN THE STATE OF ISRAEL

THURSDAY NIGHT 5<sup>TH</sup> JULY @ 8PM



FRIDAY 6<sup>TH</sup> JULY @ 6:45PM

# CAN ISRAEL BE BOTH JEWISH & DEMOCRATIC

SHABBAT 7<sup>TH</sup> JULY AFTER SHACHARIT

# MODERN APPLICATIONS OF TALMUDIC NARRATIVES

SHABBAT 7<sup>TH</sup> JULY PRE-MINCHA

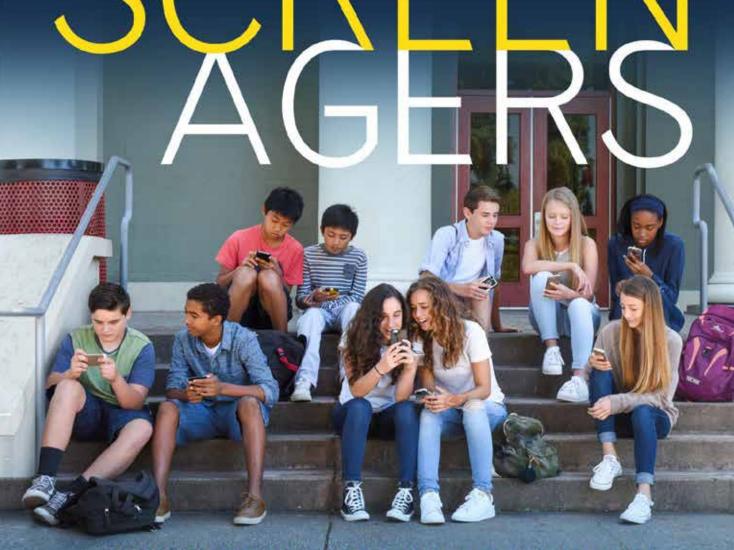




# SCHOLAR IN RESIDENCE

Professor Sinai is a Law Professor who is widely recognized for his expertise in Jewish Law and Civil Procedure. Before studying at Bar Ilan University, Professor Sinai spent several years learning at Yeshivat Birkat Moshe in Maaleh Adumim. Prof. Sinai has served as a Professor of Law at Bar Ilan University and a visiting professor at the Hebrew University in Israel, as well as at a number of North American universities, including Yale University in New Haven and McGill University in Montreal. Prior to his recent appointment as President of Orot Israel College, he served as an Associate Professor of Jewish Law, and as the Director of the Center of the Application of Jewish Law (ISMA) at the School of Law at Netanya Academic College. Prof. Sinai has published three books, among them Maimonides and Contemporary Tort Theories (Cambridge University Press, 2018).





## **GROWING UP IN THE DIGITAL AGE**

See the award winning documentary at Kinloss on 4<sup>th</sup> July @ 8pm. Screenagers looks at how technology impacts children's emotional, mental & social development, offering insights and interviews with experts, and exploring the challenges of growing up in the digital age. Screening will be followed by a panel discussion with experts in the field of mental & digital wellbeing. Pre-book at www.kinloss.org.uk/screenagers

# Chaired by Rabbi Jeremy Lawrence with the following panel members:

- \* Elie Jesner, Psychoanalytic Psychotherapist and Secondary School Educator
- \* Diana Goldin, Family Systemic Psychotherapist and Occupational Therapist
- \* Chana Kanzen, CEO, Jewish Interactive

#### KINLOSS YOUTH



# Kinloss Youth Express Yourself! Shabbat Balak



Breakfast Banter 9.15am in Benchers Café – Breakfast and Parsha Schmooze
Youth Minyan 9.45am in the Liora Graham Beit Hamidrash
Thank you to Avi Langdon who will be leining his Bar Mitzvah sedra.

Mazel Tov to Adino Levinson who will be having his first call up in the Youth Minyan.

Dvar Torah by Keren Levinson

Year 13 Shabbat Lunch, 12.30 - 3pm in the Youth Flat

#### **Summer Chill**

6.30pm - Minchah in the Nemetnejad Room followed by Seudah Shlishit with the community Board games, table tennis, friends, nosh and much more.

Simon Johnson, Shabbat 30th June "Jewish Values in the Sports Business" 8pm in the Nemetnejad Room

Fifa World Cup with Kinloss Youth, Round of 16 - England Vs?

If England finish top of their group...

Monday 2nd July 6.30pm, 7pm Kick off

If England finish second in their group...

Tuesday 3rd July 6.30pm, 7pm Kick off

Nemetnejad Room

£5 includes pizza & chips

#### **Tribe World Cup**

Sunday 8th July, 2pm @ Power League, Mill Hill
5-a-side football tournament
Years 7&8 and Years 9&10
£12 per player
Register at www.kinloss.org.uk/worldcup

#### Shabbat Lunches in the Youth Flat

Shabbat 7th July – Year 12 Shabbat 14th July – Year 9

Save the Date! - Tisha B'Av Youth programme
Sunday 22nd July

Save the Date! - End of Year Roller Disco Monday 23rd July





#### "A Game of Two Halves"

As part of the Kinloss Youth World Cup Coverage, we have signed two world-class players for our line-up! 8pm Nemetnejad Room



Simon Johnson, Shabbat 30th June "Jewish Values in the Sports Business"

Simon Johnson is the Chief Executive of the Jewish Leadership Council. Before that, he had a 20 year career that saw him operate at the highest levels of the sports and media industries. After a period as the senior lawyer at the English Premier League, Simon's career in sport saw him spend four years as Director of Corporate Affairs at The Football Association, followed by a role as COO of England's Bid to host the 2018 FIFA World Cup. He started his career as a lawyer, spending 10 years with the UK's largest commercial broadcaster, ITV, the majority as Director of Rights & Business Affairs.





#### Yossi Fachler, Shabbat 14th July "The Real Heroes"

Yossi Fachler is a UK born natural people's man who runs all enrichment programs at Hasmonean High School for Boys. He graduated from College in Jerusalem and has been living in London since 1991 with his wife Sarah, and two children where he became youth Minister in two central London Synagogues. Since then, Yossi's services are used on a bi-monthly basis by the United Synagogue Community Division and the Office Of The Chief Rabbi to take the Shabbat Services around the UK communities, giving the sermons, blending in his famous sense of humour and topped off with his beautiful davening.





This summer Kinloss Youth will be following England's World Cup campaign live!

O If England finish top of their group...

Monday 2<sup>nd</sup> July 6.30pm, 7pm Kick off

If England finish second in their group...

Tuesday 3<sup>rd</sup> July 6.30pm, 7pm Kick off

Nemetnejad Room £5 includes pizza & chips

#### KINLOSS NOTICE BOARD



9:45am Games Room in the Newman Room with Rav Melachi

**0 - 4 year olds** with Sara Keen in the Kinloss Suite Foyer

**Reception up to School Year 2** with Natalie Sommer in the Avram Nemetnejad Room (2nd Floor)

School Years 3 - 4 - with Dina Ellis in the First Floor Classrooms

The Kids' Minyan - with Rav Melachi in the Newman Room

All Children's Services will start at 10:45am followed by Kiddush

### Mazeltov to the children in our community celebrating their birthdays this week:

Max Silverman (7) Joseph Basrawy (7) Shimon Hurst (11) Carla Ainley (1)



#### THANK YOU TO:

 Security Team 6. If you have any queries, please speak to Martin Shiers on 07831 836 031, or email

securekinloss@yahoo.co.uk

 Susan Sperber Kosky, Judy Daniel, Harry Daniel of The Welcoming Committee

\* Eugenie Melnick's Kiddush Rota Team



Calling all avid walkers...... want to meet other walkers or turn your informal group of walking friends into a force to be reckoned with?

Kinloss would like to start up a Sunday morning fortnightly Walking Group with Rabbi Andrews meeting at Kinloss at 10:30am

Please contact Lucy on 020 8349 5267 or email ket@kinloss.org.uk for more details

#### **ANIM ZEMIROT CLUB**

Come and learn to sing
Anim Zemirot
Our club meets every Shabbat at
10:15am
in the Robing Room.
Boys of 6 and over welcome.
Led by David Lesser

Sister Squad in the Kinloss Suite Foyer at 10:00am

#### مالا مالد - 2000 كالان

\* Marcia and Peter Bloom on the occasion of their Golden Wedding Anniversary.

SERVICES (שבת see front page)	Sun FAST OF TAMMUZ BEGINS AT 01.04am	Mon	Tues	Weds	Thurs	Fri
Shacharit 1	7:15am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:30am	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:45am	6:45am	6:45am	6:45am	6:45am
Mincha & Ma'ariv	9:00pm  FAST TERMINATES AT 10:20pm	7:30pm	7:30pm	7:30pm	7:30pm	Mincha/Kabbalat Shabbat 7:30pm

#### **NEXT WEEK AT KINLOSS:**

DAY:	COMMUNITY LEARNING:	COMMUNITY PROGRAMMES:			
SUNDAY	08:00am Daf Yomi (NR)				
	, ,				
MONDAY	07:40am Daf Yomi (NR)	09:30am ACE Fitness (MN)			
	20:00pm Beit Midrash Prog (BM)	10:00am Mother and Toddler (Upstairs)			
		18:30pm World Cup (SEE FLYER) (NR)			
		20:15pm Pilates (MN)			
	<u> </u>	<u> </u>			
TUESDAY	07:40am Daf Yomi (NR)	10:30 Friendship Club (DH)			
	08:30am Shaarei Teshuvah with R'Andrews (BM)	, , ,			
	20:00pm Gemorah Shiur with R'Andrews (BM)	15:00pm Super Soccer Stars (PS)			
		18:30pm World Cup (SEE FLYER) NR			
		20:00pm Ulpan Ivrit (MN)			
WEDNESDAY	07:40am Daf Yomi (NR)	10:00am Mother and Toddler (Upstairs)			
VVEDINESDAT	12:15pm Lunch and Learn (BM)	` ' '			
	12:15piii Luiicii aliu Learii (bivi)	10:00am Art Group (MN) 20:00pm Screenagers (DH)			
		20:00pm screenagers (DTI)			
THURSDAY	07:40am Daf Yomi (NR)	10:00am Hartbeeps (NR)			
	20:00pm Event with Prof. Yuval Sinai (DH)				
FRIDAY	07:40am Daf Yomi (NR)	10:00am Mother and Toddler (DH)			
	C = Benchers Cafe  NR = Nemetnejad Room  NN = Marilyn Newman Room				

BM = Liora Graham Beit Midrash

DH = Nissim and Rifka Deal Hall

MN = Marilyn Newman Room

PS = Persian Synagogue



#### YIZKOR BOOKLET



During Yizkor, we recite a special memorial prayer for each of our relatives whom we wish to remember, and this is your opportunity to include their names in the Yizkor Booklet. Letters have already been sent out by post.

PLEASE COMPLETE AND RETURN THE FORMS AS SOON AS POSSIBLE, BUT NO LATER THAN FRIDAY 20TH JULY 2018.

If you have not received your letter, or have any queries, please contact the Shul office on 020 8346 8551 or by email to yizkor@kinloss.org.uk



#### WEDNESDAY 4TH JULY 2018

12:15pm - Parasha Shiur with Rabbi Nisan Andrews 1:00pm - Speaker - Rabbi Barry Lerer in the Liora Graham Beit Hamidrash



Cost: £5, payable on the door, includes a light lunch or to book, please email ket@kinloss.org.uk or call us on 020 8349 5269

#### THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 30 JUNE

Marion Conway Mother George Gaty Father Edna Kaye Mother Sidney Wagner Mother

Sunday 1 JULY

Josephine Cohen Brother Janet Gold Husband Mother Janice Joseph Mandy Lawrence Brother Mother Rita Toubkin David Weinberg Father

Monday 2 JULY

Henry Aaronson Wife Irene Dickson Mother Father Eva Greenspan Suzanne Landy Father

Tuesday 3 JULY Muriel Altman Father Father Shoina Kass Father Ruth Levy Gerald Lúcas Father Joanne Rose Father Sheila Soleiman Brother

KINLOSS SHABBAT LUNCHEON CLUB will be taking place Shabbat 14th July 2018

If you would like to attend, please call Rochelle on 0208 346 8551

Please call to book your place no later than Friday 6th July

Wednesday 4 JULY

Denis Felsenstein Mother Jonathan Portner Mother Pnina Ravid Father Theresa Shefras Brother

Thursday 5 JULY

Vera Broňze Mother Richard Coleman Stafford Fertleman Mother Mother Stephen Goldwyn Father Mother Anthony Harris Leslie Kaye Mother Marilyn Morrow Sister Ian Shelley Paul Vegoda Father Sister

Friday 6 JULY

Muriel Abt Father Father Rebecca Amron Stephen Barnett Mother June Cass Father Frances Glassberg Husband Stephen Hart Mother



#### FOR THE WELCOMING DESK ON **ROSH HASHANAH AND YOM KIPPUR**

If you are able to help, please email: dalia@hajioff.com

#### CONDOLENCES TO:

Corinne Mulkis on the passing of her father Wilhem Monas Z'L

\* Judy Joseph on the passing of her brother Meir Cooper Z'L

#### **TOMBSTONE CONSECRATIONS:**

11:00am in Bushey in memory of Alfred Finer SUN 1 JULY SUN 1 JULY 13:30pm in Bushey in memory of Sabine Landau 12:00pm in Bushey in memory of Catherine Addleson SUN 8 JULY 11:30am in Bushey in memory of Evelyn Wiseman WED 18 JULY 12:30pm in Bushey in memory of Michele Tager SUN 29 JULY



#### FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124 Rabbi Nisan Andrews: 07407 764 854 Shimon Gillis, Director of Operations: 020 8349 5264

Shul Office: 020 8346 8551