

30 SEPTEMBER/ 1 OCTOBER 2022 ו' תשרי תשפ"ב

SHABBAT WILL START AT 6:26pm AND TERMINATE AT 7:25pm

**MAZEL TOV TO COBY DRYER ON HIS BAR MITZVAH.
WE EXTEND A WARM WELCOME TO HIS FAMILY AND GUESTS**

FRIDAY NIGHT

6:30pm Mincha followed by Kabbalat Shabbat in the Nissan and Rifca Deal Halls
6:10pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Liora Graham Beit Midrash

Rabbi Dr Raphael Zarum's Rambam Shiur will not be taking place this week

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue
led by Chazan Eli Sufrin
Kriat Hatorah by Coby Dryer and Robert Owen
Rabbi Lawrence will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Michael Zucker
Rabbi Laitner will speak
There will not be a Minyan Kiddush this Shabbat

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES

Ages 0 – 4 - in the Silver Suite - run by Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ellie Marantz & Gila Schajer
Yr 5 - Yr 6 - in the Newman Room - run by Ella Frankfurt & Natan Ruback

Following the Service there will be a Kiddush in the Kinloss Suite
sponsored by Elaine & Alan Dryer
in celebration of their grandson Coby Dryer's Bar Mitzvah

SHABBAT AFTERNOON

6.05pm Mincha followed by Shabbat Shuva Drasha
titled "Justice from Z to A"
by Rabbi Lawrence in the Main Synagogue

7:25pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

Understanding our capabilities – Leora and Harry Salter

וַיֵּלֶךְ מֹשֶׁה וַיְדַבֵּר אֶת־הַדְּבָרִים הָאֵלֶּה אֶל־כָּל־יִשְׂרָאֵל:

“Moshe went and spoke these things to all Israel.” (Devarim, 31:1)

Parashat Vayeilech, the shortest Parasha in the Torah, recalls the events of Moshe’s final days. Moshe begins to transfer his power over to Yehoshua and blesses the entire nation. As seen in the above verse, it says that ‘Moshe went.’ Many commentators have varying opinions as to where Moshe went and what he did before his final days.

The Ibn Ezra comments that Moshe went to every tribe and reassured them about their next steps entering the Land of Israel. Following this, according to the Ibn Ezra, Moshe blessed each and every tribe. Knowing his end was near, Moshe wanted to inform each tribe that they would be fine without him.

Another opinion is offered by the Or HaChayim who says that Moshe either went to the study halls or from his camp of the Leviim to the entire nation. However, the OrHaChayim asks how did Moshe know that this was his final days? How is this consistent with the Gemara in Shabbat that one is not informed of how long they will live?

The Or HaChayim answers that when we are told ‘Moshe went’ this actually means his soul, the spirit of Moshe had departed. It says that ‘Moshe went’ to highlight the greatness of his soul. Moshe knew that he could not continue to lead the Jewish people and was not a suitable leader for the Jewish people as they entered the Land of Israel.

The Tur HaAroch says Moshe informed the Jewish people in order to lessen their grief over his passing, suggesting that now that he had attained that age he would no longer be a suitable leader for them. Moreover, seeing that G-d had forbidden him to cross the river Jordan, even if he felt capable and so inclined, he could not continue to lead them.

Moshe reviews his life in his final days and Rabbi Berel Wein explains that Parashat Vayeilech being read around the Yomin Norim is no coincidence. As we’re in an introspective time, looking back on our year, Moshe was also looking back at his time. As we look back at our actions and review our year, we can look to Moshe’s speech for guidance in this process.

Moshe speaks frankly with the knowledge of his strengths and weaknesses at his age. The different commentaries show us the humbleness and humility of Moshe. Not only did he bless the Jewish people and reassure them, he also knew his limitations and capabilities, whilst passing on the baton to Yehoshua. This is our annual opportunity for introspection, to properly reevaluate our capabilities and, if necessary, turn a new page and refresh. We should be optimistic for the new year ahead, understand our capacity and reach our potential in life to be the best version of us.

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VAYELECH STATISTICS

MITZVOT: THE LAST 2 IN THE TORAH, BOTH POSITIVE
VERSES: 30 (THE SHORTEST OF THE 54 SIDROT)
WORDS: 553 (THE SHORTEST)
LETTERS: 2123 (THE SHORTEST)



KINLOSS

and



PayPal

We are once again delighted to offer an exclusive partnership with The Arba Minim Centre, who will be in Shul with 2 grades of Arba Minim, £30 & £50.

Thursday 6th October - 5.30pm - 8.30pm

Friday 7th October - 8am - 11.00am

For added convenience, they also offer a Click 'n' Collect service, and home delivery. Order online @ www.arbaminim.net for further options.

Email: enquiries@arbaminim.net

Call: 07973 862 273

www.arbaminim.net

KINLOSS SERVICE TIMES

Sunday 2nd October

- 7.00am Sephardi Selichot & Shacharit
- 7.30am Selichot & Shacharit (Liora Graham Beit Hamidrash)
- 6.20pm Mincha followed by Ma'ariv (Liora Graham Beit Hamidrash)

Monday 3rd October

- 5.30am Sephardi Selichot & Shacharit
- 7.00am Selichot & Shacharit (Liora Graham Beit Hamidrash)
- 6.20pm Mincha followed by Ma'ariv (Liora Graham Beit Hamidrash)

YOM KIPPUR – KOL NIDREI

Tuesday 4th October

- 6.10pm Sephardi Kol Nidrei (Deal Halls)
- 6.17pm Yom Kippur and Fast begin.
Latest candle-lighting. *(Before lighting candles, ensure a long-lasting candle is lit in order to make Havdalla after Yom Tov).*
- 6.20pm Main Synagogue & Parallel Service (Kinloss Suite)
Sermon by Rabbi Lawrence in the Main Synagogue and Rabbi Laitner in the Parallel Service
- 9.15pm Late Kol Nidrei (Liora Graham Beit Hamidrash)

YOM KIPPUR

Wednesday 5th October

- 7.15am Hashkama (Rabstein Room)
- 7.45am Main Synagogue
- 8.00am Parallel Service (Kinloss Suite)
- 8.30am Sephardi Service (Deal Halls)
- 9.45am Youth Service (Liora Graham Beit Hamidrash)
- 10.30am Children's Services
- 10.30am Reading of the Torah in Main Synagogue & Parallel Service (approx.)
- 11.15am Sermon by Rabbi Laitner in the Main Synagogue and Rabbi Lawrence in the Parallel Service followed by the Yizkor Service
- 3.05pm Ask the Rabbi with Rabbi Lawrence (Main Synagogue)
- 4.00pm Sephardi Mincha (Deal Halls)
- 4.00pm Mincha in the Main Synagogue
- 4.15pm Mincha in the Parallel Service (Kinloss Suite)
- 5.15pm Sermon by Chief Rabbi Ephraim Mirvis, followed by Sephardi Neila (Deal Halls)
- 5.30pm Sermon by Chief Rabbi Ephraim Mirvis in the Main Synagogue, followed by Ne'ila
- 5.45pm Sermon by Chief Rabbi Ephraim Mirvis in the Parallel Service, followed by Ne'ila (Kinloss Suite)
- 7.16pm Fast terminates followed by Ma'ariv

Thursday 6th October

- 6.45am Sephardi Shacharit (Sephardi Synagogue)
- 7.15am Shacharit (Liora Graham Beit Hamidrash)
- 6.15pm Mincha followed by Ma'ariv (Liora Graham Beit Hamidrash)

Friday 7th October

- 6.45am Sephardi Shacharit (Sephardi Synagogue)
- 7.15am Shacharit (Liora Graham Beit Hamidrash)
- 6.10pm Shabbat Commences
- 6.10pm Mincha & Kabbalat Shabbat
- 6.00pm Sephardi Mincha & Kabbalat Shabbat (Sephardi Synagogue)

Yom Kippur

Programming Schedule

Yom Kippur - Wednesday 5th October

12pm - Rabbi Dov Cowan (Inspiration)

1pm - The Scapegoat with Chava Wulwick

1pm - Explanatory Service with Rabbi Lawrence
(Rabstein Room - Basement)

2pm - Shiur with Harris Bor

3.05pm - Ask the Rabbi with Rabbi Lawrence

EVERYONE WELCOME

Happy & Wholly

**CAN WE LEARN TO FALL IN
LOVE WITH YOM KIPPUR?**

NO FOOD, NO DRINK AND A VERY HEAVY PRAYER BOOK.
NOT EVERYONE'S IDEA OF JOY, SO HOWCOME YOM KIPPUR IS
REFERENCED AS "THE HAPPIEST DAY OF THE YEAR?"

JOIN RABBI DOV COWAN FOR AN UPLIFTING AND INTERACTIVE
DISCUSSION THAT WILL THROW OPEN THE DOOR TO A NEW
UNDERSTANDING OF YOM KIPPUR, GIVING NEW MEANING TO THE DAY
OF AT-ONE-MENT



12PM IN THE NEWMAN ROOM



**Kinloss Yizkor Service Booklet
5783 / 2022-2023**

will be available for collection

on Friday 30th Sept and Monday 3rd Oct

**If you would like a copy, please feel free to drop by
and collect one**

**from outside the Security Hut in
Kinloss Gardens**

**The Shul Office will be open
9am - 12pm on Erev Yom Kippur
(Tuesday 4th) and will re-open on Thursday 6th October from 9am
In case of emergency, please call Rabbi Lawrence on 07501 895 124
or email office@kinloss.org.uk
(messages will be checked on non Yom Tov days)
The Staff at Kinloss wish the Community well over the Fast**



**Thank you for all
the wonderful
decorated apples,
pomegranates and
Shofarot that are
going up in the
Succah soon!**



Kinloss Cares - WE NEED YOU

Weekly Highlight Project

We are looking for volunteers to make phonecalls and connect with the elderly ahead of Yom Tov. Training will be provided.



To volunteer, please contact Rochelle
on kinlosscares@kinloss.org.uk
0208 349 5263 / 07517 577 019

KINLOSS cares
about you

Kinloss Cares

What can we offer?



Contact Rochelle
020 8349 5263

kinlosscares@kinloss.org.uk

KINLOSS cares
about you

Volunteers needed to shop for our elderly members. We also need volunteers to give lifts to our elderly members.

Please contact Rochelle
0208 349 5263/ 07517 577 019

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is a government initiative to encourage giving to charities.

Signing up would maximise the value of your contributions made to Kinloss.

Are you already signed up?

If you're not sure or would like to sign up, please call Kinloss Office to discuss with Denise or Shimon 020 8346 8551

**WE URGENTLY NEED
VOLUNTEERS TO JOIN OUR
SECURITY ROTAS**

Shul members, PLEASE join our security rotas for shifts. Our Shul is one of the most visible, high profile buildings in London. The Community remains on a serious state of alert and we MUST provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.
Please email : securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031 to volunteer

Children currently in Year 3 who wish to attend / participate in the Year 3 Graduation Simchat Torah Service (Tuesday 18 October) please email nataliesommer2000@yahoo.co.uk



**MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS**

**Olivia Farber (10)
Sarah Ward (4)
Caleb Zwick (11)**

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat at 10:15am in the Newman Room. Boys of 6 and over welcome. Led by David Lesser



KINLOSS

A FILM BY ADRIAN KELATY

EPIPHANY

A true story based on a Holocaust Survivor who makes a shattering discovery.

**SUNDAY 13 NOVEMBER, DOORS OPEN 7PM
FINCHLEY UNITED SYNAGOGUE**

PRE BOOK TICKETS - www.kinloss.org.uk/film



**HAMSA
MAGIC**

**ART WORKSHOP
WITH INSPIRING
ARTIST
HANNA DAHAN**

**SUNDAY 23 OCTOBER
9AM-12PM OR 4PM-7PM**

Hanna will share her joy, passion and skills to help you create your own beautiful hamsa on canvas

WOMEN ONLY (AGE 15+)

**£15 KINLOSS MEMBERS
£20 NON MEMBERS**

BOOK BY 9 OCTOBER
www.kinloss.org.uk/hamsa

KINLOSS

COBY DRYER

Mazel Tov to Coby on his Bar Mitzvah

Coby has three siblings Effie, Zac and Olivia
and he attends Yavneh College

His hobbies are Gaming, Football and Cooking



* Mazel Tov to Neil Dryer and Jodie Ellis on Coby's Bar Mitzvah. Mazel Tov also to grandparents Elaine & Alan Dryer and Sue Gottlieb & Sheldon Collins, and great grandmother Esther Collins.

* Mazel Tov to Eugenia & Colin Melnick on the wedding of their granddaughter Tammy Steuer, daughter of Lara & Alan Steuer to Daniel Holder, son of Sarah & David Holder. Mazel Tov also to grandparents Sonja Steuer and Deborah



YOUTH SERVICE

CHATTANIM & N'SHEI CHAYIL

CHATAN TORAH

Ezra Aaron

CHATAN BEREISHIT

Yossi Hurst

EISHET CHAYIL

Evie Nicholls

EISHET CHAYIL

Shiri Doctors

**Thank you for the huge contributions you
make to the Youth Service!
Mazel Tov to you and all the family**



New Years Party

Chol Hamoed Wednesday 12th October

Year 5-6 @ 6:00pm - 7:00pm

Year 7-8 @ 7:30pm - 8:30pm

Kinloss Suite - Dinner in the Succah

£10 for members - £15 for non-members

Book now:
www.kinloss.org.uk/nyparty

YOMIM NORAIM @ KINLOSS YOUTH



ROSH HASHANAH

1st Day Rosh Hashanah:

8:45am - Breakfast

Shmooze

9am - Shacharit in Liora

Graham Beit Midrash

10:30am - Kiddush

10:50am - Speaker

Shofar and Mussaf

2nd Day Rosh Hashanah:

8:45am - Breakfast

Shmooze

9am - Shacharit Liora

Graham Beit Midrash

10:30am - Kiddush

10:50am - Speaker

Shofar and Mussaf



YOM KIPPUR

6:20pm - Kol Nidrei with the Main Shul and Parallel Service

10:00am - Shacharit in the Liora Graham Beit Midrash

12:45pm - Mussaf in the Liora Graham Beit Midrash

4:15pm - Mincha with the Parallel service

5:45pm - Sermon by Chief Rabbi Ephraim Mirvis, followed by Neila with the Parallel service



SUCCOT

1st & 2nd Day Succot:

9:30am - Breakfast

Shmooze in the Youth

Succah

9:45am - Shacharit

Followed by Kiddush

Shemini Atzeret:

9:30am - Breakfast

Shmooze in the

Succah

9:45am - Shacharit

Followed by Kiddush

Simchat Torah:

Maariv and Hakafot

Followed by Simchat

Torah Dinner

9:45am - Breakfast

Shmooze

10:00am - Shacharit

Followed by Kiddush

For Years 7-13

Rosh Hashana and Yom Kippur services will have explanations on the service given by Leora & Harry

For more information, contact Leora & Harry:
07827031851 or email: youth@kinloss.org.uk



13 @ KINLOSS

A PARENT AND SON BAR MITZVAH PROGRAMME

LEARN KEY FUNDAMENTAL TOPICS OF JUDAISM AND THE PRACTICAL SIDE OF BECOMING A BAR MITZVAH BOY IN A 7 PART PROGRAMME:

WISDOM
MITZVOT
ISRAEL
JEWISH HISTORY
CHESD
MENTAL HEALTH
FINALE

EACH SESSION WILL BE TAUGHT THROUGH EXPERIENTIAL LEARNING

TO SIGN UP AND FIND OUT MORE INFORMATION ABOUT THE PROGRAMME, VISIT: WWW.KINLOSS.ORG.UK/BM

MEMBERS: £40 NON-MEMBERS: £50

FOR MORE INFORMATION, CONTACT LEORA AND HARRY:
07827031851 OR EMAIL: YOUTH@KINLOSS.ORG.UK



12@Kinloss Kinloss Bat Mitzvah Programme

The course includes interactive sessions exploring Jewish identity and values

Using text and creative activities relating to remarkable women from history



Starting on November 2022

For Parents and Daughters

£40 for Members, £50 for Non-Members

To sign up, go to: www.kinloss.org.uk/bt



CHAIR BASED EXERCISE CLASS

**FREE CLASSES ON THURSDAY 6, 13, 20, 27 OCTOBER,
10.30AM, NEMETNEJAD ROOM**

GLL in partnership with Barnet Council have developed an important project getting Barnet residents 'more active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- **SOFT BALLS**
- **WEIGHTS**
- **FITNESS CIRCLES**
- **STETCH BANDS**

**REGISTER NOW VIA
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267**

TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21 - 29

Is your child single and between the age of 21 - 29?

If so, they are not covered under your household membership and funeral scheme.

It is essential they are members in their own right

The cost is £5 a month.

This will also enable them to attend weekday, Shabbatot and Chaggim Services.



Please sign up here :

<https://portal.tribeuk.com/account/tcm/register/>



Would you like to sponsor a Kiddush in the Minyan on Shabbat?

Please sign up via:
www.kinloss.org.uk/minyankiddush

SHUL MEMBERSHIP BILLS

You have received your 2022/23 membership bills in the post.

Please pay your invoices via:

- * Online BACS payment
- * The member portal <https://myus.theus.org.uk/login>
- * If you would like to pay by Credit / Debit Card over the phone, please call Denise on 020 8346 8551



LEVEL 2 SECURITY OFFICER COURSES



Krav Maga



Scenario training

COURSE 1
Monday (pm)

7 Nov–12 Dec

COURSE 2
Wednesday (pm)

9 Nov–14 Dec

COURSE 3
Thursday (pm)

10 Nov–15 Dec

Assessment Sunday 18 December (am)

Online lectures • Face to face training • Once a week • Six weeks



02084579999

recruitment@cst.org.uk



Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk



[kinloss.banqueting](https://www.instagram.com/kinloss.banqueting)



Part of the hybrid Healthcare Talks 2022 series

HOW TO PREVENT COMMON CONDITIONS & ILLNESSES AS YOU GET OLDER

Join us on Tuesday 25th October at 8pm



Dr Vanessa Eisman (Chair)
General
Practitioner



Mr Andy Goldberg
Consultant
Orthopaedic Surgeon



Mr Colin Elton
Consultant
Colorectal Surgeon



Dr Bal Athwal
Consultant
Neurologist



Dr Sundeep Kalra
Consultant
Cardiologist

REGISTER ONLINE AT:
kinloss.org.uk/health



The Wellington Hospital

part of **HCA Healthcare UK**



We are pleased to announce that we would like to restart the weekly Bridge Club on either Wednesday or Thursday mornings. Self-taught Bridge will be played with a possibility of Supervision. To register your interest, please call Lucy on 020 8349 5267.

SHARED READING GROUP

EVERYONE IS WELCOME
EXISTING OR NEW PARTICIPANTS

**Tuesday 25th October
at 2pm in Benchers
at Kinloss**

For more information,
please speak to :
**Kate Fulton on 07801 911 481 or
kathrynfulton@hotmail.com**

**Are you able to help on the
Welcoming Desk
on Shabbat and the Chaggim?
Please register via
www.kinloss.org.uk/welcome**

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 1 OCTOBER

Beatrice Karp	Sister
Freddie Kohan	Father
Sima Rosen	Father

Sunday 2 OCTOBER

Helen Azizoff	Brother
Peter Bloom	Mother
Raphael Cwaigenbaum	Father
Julia Sherrard	Father
Miriam Solomon	Brother

Monday 3 OCTOBER

Henry Aaronson	Mother
Harvey Bengen	Mother
Lawrence Freeman	Father
Gillian Geminder	Father
Lorraine Isaacs	Mother
Miriam Margolin	Father
Nedjat Toubian	Father

Tuesday 4 OCTOBER

Angela Abrahams	Mother
David Clarke	Mother
Denise Egnal	Father
Gloria Matz	Father
Flora Michaels	Husband
Natalie Sommer	Father

Wednesday 5 OCTOBER

Liz Stoll	Father
Sarita Langdon	Father
Edith Nissen	Father
Edith Nissen	Mother
Stephen Pincus	Father

Thursday 6 OCTOBER

Marcia Bloom	Mother
Colin Goldstein	Father
Jane Jaffa	Mother
Laurence Kogan	Mother
Maurice Lazarus	Father
Richard Reingold	Father
Danielle Stone	Mother
Martin Woolman	Brother

Friday 7 OCTOBER

Sally Moher	Mother
Sandra Rapp	Father

CONDOLENCES:

* Rachel Sobel, Joshua Sobel and Anna Price on the passing of their husband and father Raoul Sobel Z"L

CONSECRATIONS:

02/10/2022 10:00 in Bushey Old in memory of Anne Freedman Z"L
 30/10/2022 10:30 in Waltham Abbey Cemetery in memory of Leo Abeles Z"L
 06/11/2022 10:30 in Adath Yisrael Cemetery Cheshunt in memory of Freda Wineman Z"L
 (mother of Sandra Wagner)
 06/11/2022 12:30 in Bushey Old in memory of Eric Green Z"L
 20/11/2022 11:00 in Bushey New in memory of Ruth Rosenberg Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

