

21 / 22 JUNE 2019

י"ט סיון תשע"ט

*Shabbat commences at 9:07pm and terminates at 10:28pm
Mincha/Kabbalat Shabbat at 7:30pm*

Following the Services there will be a Kiddush in the Kinloss Suite to thank all Security Volunteers

Friday night

7:30pm: Mincha and Kabbalat Shabbat

SHABBAT LEARNING AT KINLOSS

Shabbat Morning

8:30am: Sephardi Synagogue

Talmud Tractate Pesachim by Rabbi Heller

8:45am: Maimonides: Laws of Sanctifying the New Month by Rabbi Dr Raphael Zarum in Nissan and Rifca Deal Hall

9:15am: Youth Breakfast Banter

Breakfast & Parasha Shiur Benchers Cafe with Barry Colman

10:40am Food for Thought with Rachel Pine for Kinloss Youth Girls in the Rabstein Room

10:30 - 10:45am: in the Rabbi's Office Study Group with Rabbi Laitner titled

'Covenant & Conversation on Parashat Beha'alotecha'

Following the Services there will be a Shabbat Forum with David Delew, Chief Executive of CST

Shabbat Afternoon

8:05pm Daf Yomi Shiur in the Nemetnejad Room

8:20pm Pre Mincha

Shiur given by Rabbi Michael Laitner titled:

"Miriam, Aharon and the dilemma of lashon hara 'letoelet' (for beneficial purposes) in our context"

9:05pm : Mincha followed by Seuda.

This week's speaker is

Vicki Belovski whose subject will be "Encountering the Exotic in NW London: Jews and the Silk Road"

Sponsored by Anna and Alex Popivker

10:28pm : Ma'ariv and termination of Shabbat

SHABBAT AT KINLOSS

HASHKAMA 7:45am

in the Liora Graham Beit Hamidrash, followed by Kiddush and a short shiur.

MAIN SYNAGOGUE 9:15am

led by Chazan Eli Sufrin. Kriat Hatorah by Chazan Eli Sufrin. Rabbi Lawrence will speak.

THE MINYAN 9:30am

in the Nissan and Rifca Deal Halls. Kriat Hatorah by Carl White. Rabbi Lawrence will speak.

SEPHARDI SERVICE 9:00am

in the Sephardi Synagogue, led by Rabbi Heller and Reuben Gorji.

YOUTH SERVICE 9:45am

in the Liora Graham Beit Hamidrash, under the direction of our Youth Director, Barry Colman.

KIDS' MINYAN 10:45am

with Nathaniel Carlebach in the Marilyn Newman Room.

A Nose for Spiritual Sustenance

Bemidbar Chapter 11 begins with telling us that the people were כמתאננים, literally “like mourners”. The dejection is referenced before the subsequent complaints about food. Sometimes discontent is in the air before the pretext is identified. The bad atmosphere is addressed by Hashem in that possuk and He sets burning wrath against the disgruntled.

The burning fire of Hashem, which has taken out the rebellious peripheral part of the camp (identified as the non-Jewish multitude who had joined with Israel in fleeing Egypt) leads to a popular response, which is now directed at Moshe. He prays for the fire to be extinguished, and Hashem complies; then they round at Moshe over the Mannah.

The people express nostalgia for the delicacies of Egypt. Throughout their slavery, as they remember it, meat was plentiful, they enjoyed fish and vegetables but now (11,6) “Our souls are dry,” all they can feast their eyes upon (or anticipate) is the Mannah.

Their souls may be dry, but they are not hungry. The Mannah arrives daily and just needs to be gathered. On Friday they get a double portion. The complaint is not about hunger or starvation. In Shemot we are told that the Mannah tasted of wafers with honey, and here like cakes with oil. However, there is something that touches the complainers’ souls and something distasteful in the visual monotony of Hashem’s Welfare package.

We are then told about the Mannah’s consistency and flavour, the ease with which it was gathered. Curiously, the Mannah is compared to coriander seed which, itself, has an interesting property. While many of us enjoy it as a citrus-like herb in salads, for some it tastes powerfully and unpleasantly like soap. Apparently, those who have the OR6A2 olfactory receptor gene are particularly susceptible to the S-Linalool and aldehydes which occur naturally in coriander but are also commonly found in detergents and mosquito repellents!

In the main, our taste receptors are only partially responsible our degustation-enjoyment. A substantial factor in what we do and don’t like in food is determined by scent and aromatics.

While I do not imagine that the rebellion in the wilderness was predicated on OR6A2, we are told that some found the

Mannah distasteful for a non-physical property. This requires explanation.

Yoma 75a gives some insight into the Mannah’s mystery. According to one opinion, the better one’s conduct, the closer the Mannah fell to one’s tent. According to another, the more righteous collected Mannah ready-to-eat, whereas the sinners needed to grind it. Moshe could use the Mannah’s fall between two litigants to help him resolve hard cases. While the Mannah did fall every day, and enough to feed the camp that day, apart from on Shabbat, nobody had food for tomorrow. They lived day to day upon hope (Ramban), and that hope was contingent on their conduct.

In Egypt the rivers had been full of fish for both the righteous and the sinners (Ramban). There had been whatever food they could grow and whatever scraps they were given. Days of slavery might have entailed backbreaking toil, but there hadn’t been the nagging fear that Hashem judged them through their diets and that He might not feed them tomorrow. Dependence on miracles occasioned fear and insecurity. Worse, yet, the fact that the quality or distance to food was on public display meant that one’s spiritual worth was one’s daily feast before one’s eyes... and everyone else’s.

Moshe is overwhelmed by the pressure and Hashem instructs him to appoint seventy elders to assist him. Having addressed his servant’s needs, Hashem addresses the people. He promises Bnei Yisrael meat every day for a month until it “comes out of their noses” and they feel sick of it as a penalty “for despising the Lord in their midst.” (Bemidbar 11:20). Surely, they don’t *need* to eat to that point? But they will!

In Bereishit, the Nefesh of Adam was infused through his nostrils. When Bnei Yisrael complain that spiritual life, sustenance and accountability has left their Nefesh dry. This is the insult. We shouldn’t turn up our nose at Hashem’s Presence and sustenance. Hashem gives them food till those nostrils are sickened. The consequence of preferring a life of physical indulgence is the closing of the spiritual airways, which connect us to Hashem. Nothing tastes good when one’s nose is blocked!

Shabbat Shalom.

R’ Jeremy Lawrence

Behalotecha Statistics

Mitzvot: 5 of the 613 Mitzvot, 3 positive & 2 prohibitions
Verses: 136 (11th longest of the 54 Sidrot)
Words: 1840 (12th longest)
Letters: 7055 (12th longest)
Haftarah: 21 verses (joint 31st shortest of the 80 Haftarot)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	838	605	774
Haftarah	857	620	1182

**OUR GREAT FRIENDS AT WESTMINSTER
WITH RT HON STEPHEN CRABB MP ON 13TH JUNE
AT KINLOSS**



KINLOSS SHABBAT LUNCHEON CLUB



**will be taking place
this Shabbat 22nd July**

Please contact Rochelle on 020 8346 8551

KINLOSS WOMEN IN LEADERSHIP SERIES

**WE REGRET THAT MARIE VAN DER ZYL
HAS TO BE OVERSEAS AND WILL NOT BE ABLE
TO JOIN US ON THURSDAY 3RD JULY.**



LUNCH & LEARN **WEDNESDAY 26TH JUNE 2019**

12:15pm - Parasha Shiur with Rabbi Silverman

1:00pm - Speaker - Rabbi Y Fine

in the Liora Graham Beit Hamidrash



Cost: £5, payable on the door, includes a light lunch. For information or to book, please email Lucy on ket@kinloss.org.uk or 020 8349 5267

MONDAY MATTERS - LADIES DISCUSSION GROUP

MONDAY 24TH JUNE 2019 - 2.30pm TO 4.30pm

**Further details please contact
Rochelle at Kinloss Cares 0208 349 5263
or email kinlosscares@kinloss.org.uk**



BEIT MIDRASH PROGRAMME

A programme covering the link between Torah and Science with Rabbi Joel Kenigsberg, Mizrahi Educator.

June 24th

**July 1st, 8th, 15th, 22nd, 29th
August 5th**

**Programme commences at 7.55pm
(after Maariv)**

Liora Graham Beit Hamidrash



Rav Joel grew up in South Africa before making Aliyah and studying in Yeshivot for thirteen years. During this time he received his semicha from the Chief Rabbinate of Israel. At Yeshivat HaKotel, Rav Joel took part in the Hesder programme of joint Yeshiva study and IDF service. He then studied at Eretz Hemdah where he graduated from Manhigut Toranit, a five year post Semicha programme developing Rabbinic leadership for communities around the world. He takes a special interest in the interface of Halacha with the modern world and has written and presented extensively.



BOARD GAME CHALLENGE

2:30pm - 4:30pm

in the Sephardi Shul Upstairs

on Wednesday 3rd July 2019

A friendly group meeting to play a mix of board and card games

to accommodate most tastes .

All abilities and ages are welcome

Bring your friends!

Free for Kinloss members

and non-members.

Tea and light refreshments will be provided.

For more information, please contact

Martin Summers on 020 8346 0619

or email martinsumm48@yahoo.co.uk

Please contact Lucy 020 8349 5267

if you need transport assistance

ADULT LEARNING & EVENTS SERIES “OUR GREAT FRIENDS AT WESTMINSTER” WITH LUCIANA BERGER MP ON 11TH JULY AT 8PM



Luciana Berger has served as MP for Liverpool Wavertree since 2010. She was a member of the Labour Party until resigning in 2019. She served as a National Executive Committee member of the National Union of Students, but resigned to protest what she considered the committee’s apathy towards antisemitism. Berger also served as Director of Labour Friends of Israel. Appointed Labour candidate for Liverpool Wavertree, her selection attracted criticism for resulting from a centrally-imposed all-women shortlist — she was then elected an MP in the 2010 general election. Luciana has criticised what she considered to be increasing antisemitism in the Labour Party and said that, under Corbyn, Labour contained “institutional anti-Semitism”.



Cost Free for Kinloss Members and £5 for non-members



SECURITY NOTICE

**WE URGENTLY NEED 26 VOLUNTEERS
TO JOIN OUR SECURITY ROTAS**

Shul members - PLEASE join our security rotas for shifts from 11am onwards.

We needed 30 volunteers in place before Pesach 2019, and only FOUR volunteers have kindly come forward! We urgently need more!!!!!!!

Our Shul is one of the most visible, high profile buildings in London. The Community remains on a serious state of alert and we **MUST** provide a visible deterrent.

You would only be required for one hour every eight weeks, on Shabbat morning.

**Please email securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031, to volunteer and register.**



- * Ruth and Morley Franks on their Aliya.
- * Angela & Mike Abrahams on the birth of a grand daughter, a daughter for Debbie & Adam Marks and family. Mazeltov also to Philippa & Anthony Marks
- * Denise & Yacov Banin on the birth of a grandson, Shai Idan, a son to Shellie & Michael Banin Mazel tov also to grandparents Jenny & Steve Wilks of Manchester.

THIS WEEK'S SHABBAT FORUM



David Delew began his CST career as a volunteer security officer in 1985, before joining CST's (formally Board of Deputies Security Dept and then the Community Security Organisation) full time staff in London in 1991. He moved to Manchester in 1998 as CST's first Northern Regional Director.

David successfully managed the development of CST's Northern Regional office in Manchester, working with Jewish communities and regional Police forces throughout Central and Northern England, Scotland and Northern Ireland.

Throughout this time, David was a member of CST's Senior Management Team working closely with colleagues in the Head Office in the development of the organisation and the responses required to tackle specific threats and challenges the community were facing.

In July 2013 he was named as Chief Executive taking over from Richard Benson. He has led numerous highly complex security operations and was CST's lead on Crisis Management and Emergency planning work for the UK Jewish community. David is also a Member of the European Jewish Congress's SACC (Security and Crisis Centre) Core Management team encouraging and assisting other communities in Europe to create and test Crisis Management plans.

David previously also oversaw CST's National Student Security structure working closely with the Union of Jewish Students and Jewish Societies as well as liaising with University management and police to ensure the safety and well being of Jewish Students on UK University Campuses.

He has an MBA from the Open University.

LAUNCH PARTY

YOUNG PROFESSIONAL KINLOSS

SUSHI & CANAPÉS
LIVE ENTERTAINMENT

18th August 2019

8pm till late

£10 by 5th July

£15 pre-booking thereafter

£20 on the door

Ticket includes 1 drink voucher

Age: Post University to 35

More at: www.kinloss.org.uk/yplaunch



...in association with... KINLOSS

Shabbat Behalotecha

Breakfast Banter, 9.15am in Benchers Café

Youth Minyan, 9.45am in the Liora Graham Beit Hamidrash

Year 11 Shabbat Lunch, 12.30 – 3pm in the Youth Flat

Daf Yummy with the Student Bet Midrash

Thursday nights during term time

Resumes Thursday 16th May

7.45 – 9.30pm in the Small Deal Hall

Boys & Girls in years 7 – 13

Join us each week as we explore Chumash, Festivals & Jewish Themes, enjoy a scrumptious supper and hear from incredible speakers!

Free of charge

Shabbat Lunches: The Final Season

School Years 9 – 13

Year 11 – This Shabbat

6th Form - 29th June

Year 10 - 6th July

Tribe-a-side Football Tournament

Join Team Kinloss as we compete against other shuls for the coveted Tribe Cup!

Tournaments for school years 5&6, 7&8 and 9&10

Sunday 14th July

2 – 5pm

Mill Hill Power League

Register you place at www.kinloss.org.uk/TeamKinloss

Good luck to all of Kinloss Youth who are currently taking exams!

Look out for future events at:

www.kinloss.org.uk/youth

www.kinloss.org.uk/kids

Shabbat Shalom

Barry, Chaya, Choli, Amalia, Rachel & Sammy

youth@kinloss.org.uk 07792460091

KINLOSS NOTICE BOARD



9:45am Games Room in the Newman Room with Nathaniel Carlebach
0 - 4 year olds with Sara Keen in the Kinloss Suite Foyer
Reception up to School Year 2 with Natalie Sommer in the Avram Nemetnejad Room (2nd Floor)
School Years 3 - 4- with Dina Ellis in the First Floor Classrooms
School Years 5 - 6 with Nathaniel Carlebach in the Marilyn Newman Room
All Children's Services will start at 10:45am followed by Kiddush

Mazel tov to the children in our community celebrating their birthdays this week:



Micah Schuchman (10)
Matan Dahan (6)
Eliav Morris (6)
Tomer Doctors (12)

Mia Joseph (9)
Talia Kogan (5)
Tamara Ezra (6)

THANK YOU TO:

- * Security Team 5. If you have any queries, please speak to Martin Shiers on 07831 836 031, or email securekinloss@yahoo.co.uk
- * Rakel Bassalian, Dalia Hakimian of The Welcoming Committee
- * Rosemary Fisch's Kiddush Rota Team
- * Minyan Kiddush

ANIM ZEMIROT CLUB

Led by David Lesser

Come and learn to sing Anim Zemirot
Our club meets every Shabbat at 10:15am
in the Robing Room. Boys of 6 and over welcome.

IYUN (ADVANCED) GEMARA WITH MOISHE SAMPSON

After Mincha/Ma'ariv on Tuesdays
at 8pm

An in-depth and analytical study of Mesechet
Beytza drawing on the writings of Medieval
and recent commentators.

SUNDAY WALKING GROUP

Photo from Sunday 16th June

The next meeting will be on **Sunday 30th June**
led by Tony Korn - All ages welcome

Please contact Tony Korn on 07958 334665 for more details



NEXT WEEK AT KINLOSS:

DAY:	COMMUNITY LEARNING:	COMMUNITY PROGRAMMES:
SUNDAY	8:00am Daf Yomi (NR)	
MONDAY	07:40am Daf Yomi (NR)	09:30am ACE Fitness (MN)
	19:45pm Beit Midrash Prog (BM)	10:00am Ilana Banana (DH)
		14:30pm Monday Matters (offsite)
		20:30pm Women's Pilates (MN)
TUESDAY	07:40am Daf Yomi (NR)	10:00am Friendship Club (DH)
	20:00pm Iyun Advanced Gemara (BM)	10:30am Bridge Club (PS)
		14:00pm Shared Reading (BC)
		20:00pm Ivrit Ulpan (MN)
WEDNESDAY	07:40am Daf Yomi (NR)	10:00am Ilana Banana (DH)
	12:15pm Lunch and Learn (BM)	13:00pm Art Club (MN)
THURSDAY	07:40am Daf Yomi (NR)	16:00pm Table Tennis for Adults (Upstairs)
	19:30pm Student Beit Midrash (DH)	18:00pm Table Tennis for Children (Upstairs)
FRIDAY	07:40am Daf Yomi (NR)	9:30am Ilana Banana (DH)

BC = Benchers Cafe
BM = Liora Graham Beit Midrash
DH = Nissim and Rifka Deal Hall

NR = Nemetnejad Room
MN = Marilyn Newman Room
PS = Persian Synagogue



If you require help or support, please call Rochelle on 0208 349 5263, or email welfare@kinloss.org.uk. All messages treated in the strictest confidence.

SERVICES (שירות see front page)	Sun	Mon	Tues	Weds	Thurs	Fri
Shacharit 1	7:30am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:15am	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	Mincha Kabbalat Shabbat 7:30pm

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 22 JUNE

Malcolm Ambrose
Stephanie Ferster

Wife
Father

Sunday 23 JUNE

Loretta Adelson
Sonia Hirsch
Muriel Krieger

Husband
Husband
Husband

Monday 24 JUNE

David Judah
Shirley Karp
Dennis Marks
Leslie Mockton
Ian Shelley

Mother
Sister
Mother
Sister
Sister

Tuesday 25 JUNE

Henry Aaronson
Marion Conway
Norman Rose

Son
Father
Mother

Wednesday 26 JUNE

Leila Behrman
Helen Hantman
Ian Hantman
Gerry Lucas
Leonard Stern

Brother
Husband
Father
Father
Father

Thursday 27 JUNE

Frances Glassberg
Joshua Leff
Leonard Silver

Father
Mother
Father

Friday 28 JUNE

Laurence Gold

Father



SHARED READING GROUP

Our next Group will take place
**Tuesday 25th June at 2:00pm in
Benchers Cafe**

All newcomers are welcome and
reading materials supplied.
For more information, please speak to:
Kate Fulton on 07801 911 481
or kathrynfulton@hotmail.com

Future Shabbat Seuda Shlishit Speakers at Kinloss

29/6/2019	Dan Sacker
06/7/2019	Rabbi Nicky Liss
13/7/2019	Rabbi Guttentag
20/7/2019	Colin Shindler
27/7/2019	Rabbi Leibish Heller
03/8/2019	Evelyn Stern

CONDOLENCES:

* Gloria Lebetkin on the passing of her sister Zelda Luckstein Z"L

TOMBSTONE CONSECRATIONS:

SUN 23 JUNE	10:00am in Bushey in memory of Rachel Tankel Z'L
SUN 23 JUNE	12:00pm in Bushey in memory of Dennis Posener Z"L
THUR 27 JUNE	11:00am in Bushey in memory of Rita Bloom Z"L
SUN 30 JUNE	10:00am in Bushey in memory of Marian Paster Z"L
SUN 07 JULY	11:30am at Bushey in memory of Zena Syder Z"L
SUN 14 JULY	10:00am at Bushey in memory of Trudie Lewis Z"L
SUN 14 JULY	12:00pm at Bushey in memory of Annabelle Felsenstein Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Director of Operations: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Safeguarding Officer: safeguarding@kinloss.org.uk

