

14 / 15 AUGUST 2020

כ"ה באב תש"פ

Shabbat commences at 20:11pm and terminates at 21:16pm *Mevarachim Hachodesh Elul Thursday/Friday*

KINLOSS SHUL IS OPEN FOR SERVICES

PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 14TH

Friday night 7:30pm:

Mincha and Kabbalat Shabbat in the Nissan and Rifca Deal Halls

Sephardi Friday Night Service at 7:00pm in the Sephardi Synagogue

Shabbat morning services:

HASHKAMA 7:45am in the Nissan and Rifca Deal Halls

MAIN SYNAGOGUE 9:15am led by Chazan Eli Sufrin.

Kriat Hatorah by Toby Weiniger

Rabbi Lawrence will speak

THE MINYAN 9:30am in the Kinloss Suite.

Kriat Hatorah by Robert Owen

SEPHARDI SERVICE 9:00am in the Sephardi Synagogue

led by Rabbi Heller and Reuben Gorji.

Shabbat Afternoon:

8:05pm Mincha

Shiur by Simon Goulden

titled "The Tottenham Outrage and the Jewish Question"

21:16pm Ma'ariv and the Termination of Shabbat

in the Nissan and Rifca Deal Halls

Booking system and how to access:

In the interest of health and safety we will be capping the number of people attending services.

To book please go to <http://www.kinloss.org.uk/book>

It is essential that we operate a track and trace system on all those attending the building and therefore, individuals **MUST** book in advance online to attend.

Bookings must be made in advance of 24 hours of the commencement of the service.

If an option is not available, it is either full or no longer available.

Only members can book in using this system.

Individuals over the age of 21 must have membership separate to that of their parent(s).

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating:

Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

If you are experiencing problems with booking, please contact the office by email on office@kinloss.org.uk. Please do not attend if you have not received confirmation of booking.

Observing with our Ears

Parshat Re'eh has a comprehensive restatement of the the Jewish laws of worship, of food and of festivals. There's little left untouched.

Amongst the many minutiae and details, Moshe gives one general principle, "Adhere and you shall listen to all these words that I command you, in order that it be well with you and your children after you, forever, when you do what is "tov" what is good and what is "yashar", what is right in the eyes of Hashem." (Devarim 12:28)

שמר ושמעת את כל הדברים האלה אשר אנכי מצוך למען ייטב לך ולבניך אחריו עד עולם כי תעשה הטוב והישר בעיני ה' א-להיך:

Adhere and you shall listen – Sh'mor ve-shamata... The order seems strange. Surely you need to listen first and you can only keep the mitzvot afterwards. What does it mean adhere and you shall listen? The question is compounded when we look at some of the commentaries which translate it "teach and listen". Surely it makes sense to listen first and to teach thereafter!

One might imagine, "I heard it at Sinai. I got the Torah already. I'm doing the mitzvot... So why do I need to listen now? Let me just get on with it!"

Says the Torah "Sh'mor veshamata." Adhere and keep listening. The eternal benefit of a relationship with Hashem, just like a relationship with our families, comes in part from fulfilling the commitments we have already made; but as a whole, the reward comes as we keep listening, keep learning and keep growing. The Or HaChayim (R' Chayim ben Attar, d1743) explains that the listening is to incorporate the ongoing dynamic and dynamism of Rabbinic interpretation as a safeguard of standards and an investment in the future, "to raise generations of children and grandchildren".

Next Friday (the second day of Rosh Chodesh) sees the beginning of the Jewish month of Ellul, the month leading up to Rosh Hashana. (When Rosh Chodesh is two days, the first day is the thirtieth of the preceding month and the second is the first of the new month. Nissan, Sivan, Av, Tishrei & Shvat always have 30 days. Cheshvan & Kislev may be 29 or 30 days long. The others are always 29).

Every weekday we sound the shofar at the end of the shacharit service. This year, under current guidelines,

this might have to happen outdoors. Our ability to blow shofar on Rosh Hashana is not yet confirmed. (At time of writing, the Shofar for Rosh Hashana, itself is also subject to confirmation.)



The mitzvah of the shofar is also about listening. It is also about cementing a relationship. The blessing on the shofar is on the hearing, not the blowing. In Ellul it is an alarm or wake up call. It heralds the coming season and invites us to ready ourselves spiritually.

On Rosh Hashana itself, the shofar blasts are less of an alarm. They are divided in the service between the blasts of *Malchu1020yot* – celebrating Hashem as King, *Zichronot* – the remembrance of the strong relationship forged in the past and finally *Shofarot* – a fanfare anticipating a great future.

We draw comfort from the memories of our courtship and are filled with warmth when the music starts and we recall, "darling, they are playing our song..." However, the Torah reminds us that upon faithful foundations, we must keep listening and must keep longing to listen.

Sh'mor veshamata... The more we invest in our relationship with Hashem and the more we invest in our relationships with our families, the more beautiful the music, the more we learn... and the more we are inspired to grow.

Shabbat Shalom

R' Jeremy Lawrence

Re'eh Statistics

Mitzvot: 55 of the 613 mitzvot, 17 positive and 38 prohibitions
Verses: 126 (13th longest of the 54 Sidrot)
Words: 193 (7th longest)
Letters: 7442 (7th longest)
Haftarah: 12 verses (joint 5th shortest of the 80 Haftarot)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	1055	799	998
Haftarah	1076	818	1199



KINLOSS
tribe

TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21 - 29

Is your child single and between the age of 21 - 29?

If so, they are not covered under your household membership and funeral scheme.

**It is essential they are members in their own right
cost is £5 a month.**

**This will also enable them to attend weekday,
Shabbatot and Chaggim Services.**

Please sign up here :

<https://portal.tribeuk.com/account/tcm/register/>

SHUL MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time

**PLEASE NOTE ATTENDANCES AT ROSH HASHANA AND
YOM KIPPUR WILL BE LIMITED ONLY TO MEMBERS
PAID UP TO DATE**

**Please pay your invoices via online BACS payment
OR the member portal <https://myus.theus.org.uk/login>
OR CALL THE OFFICE 020 8346 8551 (OPTION 3)
AND SPEAK TO DENISE
TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE**



KINLOSS

DESIGN A ROSH HASHANA CARD

PRIZE ON OFFER:

PIZZA

AGES 3+



Create a Rosh Hashana card that
will be professionally printed
and sent out to senior members
of the community by the shul

Email as a JPEG to
office@kinloss.org.uk
Deadline: 19th August

* Mazel tov to Emma Altmann-Richer & Sela Arnsberg for their wedding on 16 August. Mazel tov to the proud parents Rinat Shemesh, Michael Arnsberg, Paul Richer & Ros Altmann and to grandparents Renate Altmann, Winnie Arnsberg & Ove Arnsberg and all the families.

* Mazel tov to Dina & Adam Ellis on the birth of a baby boy. Mazel tov to grandparents Chazzan Eli & Nechama Sufrin, Michele Ellis & David Ellis. Mazel Tov to great grandparents Dr & Mrs B Chalk and Mrs F Sufrin. Remembering Rabbi MH Sufrin Z”L at this special time.

* Mazel tov to Debra & Paul Wolfson on the birth of a daughter. Mazel tov also to big sister Ella and Grandparents Esther & David Freedman and Elise & Martin Wolfson.

SERVICE TIMES @ KINLOSS:

PLEASE NOTE ALL SERVICES MUST BE PRE-BOOKED
To book the Main Shul Services please go to:
www.kinloss.org.uk/book

To register to attend the Sephardi services
please email michael@michaelhakimian.com

SERVICES (שבת see front page)	Sun	Mon	Tues	Weds	Rosh Chodesh Elul Thurs	Rosh Chodesh Elul Fri
Shacharit	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
Sephardi	8:00am	6.30am	6.30am	6.30am	6.30am	6.30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	Mincha Kabbalat Shabbat 7:30pm

Mazel Tov to the Children in our Community celebrating their birthdays this week

Daisy Gradel (8)
Joey Ebrahimoff (1)
Rafael Fogelman (1)
Joe Goldfarb (7)

Leila Sosnow (10)
Toby Ebrahimoff (1)
Rafael Fogelman (1)



Phyllis Nathan Trust

The Trust helps needy people in the Kinloss community and is providing additional support in the current crisis.

If you are in need, or know about anyone who could benefit, please contact Shimon initially on 0208 349 5264.

All enquires will be treated with the utmost confidentiality.

Ivrit Discussion Group

**Weekly on Mondays
from 7:30pm-9pm
by Zoom.**

For more information please contact

Tony Korn direct : tk66654@gmail.com

or go to

www.kinloss.org.uk/ivrit-discussion-group

Volunteers Needed



We are looking for more volunteers in the Shul to help welcome people, ensure social distancing and track & trace systems are adhered to.

**If you would like to help,
please email office@kinloss.org.uk**

SHARED READING ZOOM

Tuesday 1st September at 2:00pm

Log in via:

<https://us02web.zoom.us/j/83165127721>

Meeting ID: 831 6512 7721

For more information, please speak to:

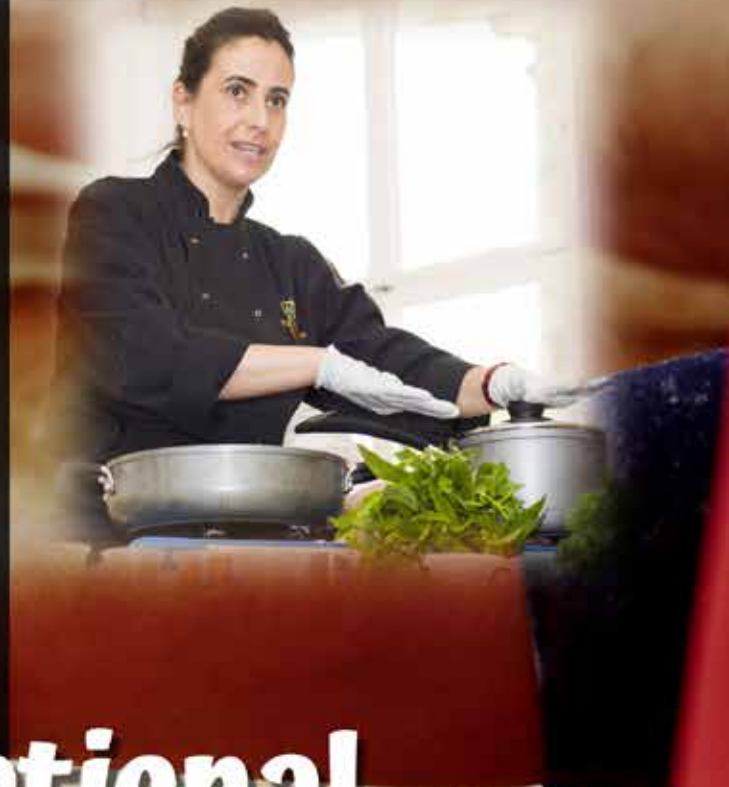
Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com





- Expert Jewish Italian Cook
- Owner of La Cucina di Silvia - Teaches, caters and delivers delicious traditional home-cooking
- Blogger on Jewish cooking

*Cooking for
the Soul*



Inspirational
Rosh Hashana dishes
with Silvia Nacamulli

Tuesday 1st September @ 8pm

Sign Up at

www.kinloss.org.uk/bake

COVID-19 & Certificate of Religious Practice (CRP)

Everything you need to know this year

Available to watch on TheUS.tv from
Thursday 13 August, 7:00pm

A temporary CRP system has been introduced
for the 2021/22 academic intake.

Tune in for an information session hosted by **Stanmore & Canons Park Synagogue** and the **United Synagogue** to hear about the ways you can earn points this year as part of your applications to Jewish schools, and to find out how the challenges posed to the CRP system by COVID-19 were resolved by the **Office of the Chief Rabbi and the US.**

Speakers include:

Dan Bacall (Director of External Affairs, Office of the Chief Rabbi)

David Collins (Chief Programmes Officer, US)

Rav Cobi Ebrahimoff (Tribe Programmes Rabbi)

Sue Nyman (Chair, Yavneh College Academy Trust)

Moderated by:

Rabbi Daniel Fine

(Community Rabbi, Stanmore & Canons Park Synagogue)

To watch visit www.TheUS.tv/CRP **THEUS.TV** 

CRP COURSE FOR PARENTS & CHILDREN



Tribe is part of the US Registered Charity Number 242552

Join us for a six-part online series exploring a variety of Jewish topics

→ **The Jewish Calendar**

Learn about the unique sequence of Shabbat and the Chagim in the Jewish calendar and join us on a fascinating journey celebrating Jewish history.

→ **10/613**

There are 613 Mitzvot in the Torah - Learn about Kashrut and how the 10 Commandments are differentiated.

→ **Creation and Recreation**

Learn the exciting story of creation and discover its impact on our lives.

→ **Sibling Rivalry**

From Cain and Abel to Joseph and the Tribes. What can siblings learn from Bereishit?

→ **Journeys**

The journey to Eretz Yisrael is an overarching theme in the Torah. Have we finally arrived?

→ **I Didn't Mean It**

Does intention (Kavanah) count in Judaism?

The first course starts on **Wednesday 26 August**

All six 30 minute classes need to be completed to get the points in section 4 of the CRP form

→ For more details and to sign up please visit **www.tribeuk.com**

→ **All sessions will be via Zoom** (please contact us on **info@tribeuk.com** for details on how to join by phone)



tribe
www.tribeuk.com



 [tribe.uk](https://www.instagram.com/tribe.uk)

 [@TheTribeUK](https://twitter.com/TheTribeUK)

 [Tribe](https://www.facebook.com/Tribe)



WE'RE STILL HERE DURING THE SUMMER BREAK!

Feel free to contact us throughout the summer break and check out our Instagram page for Q&A's, videos and amazing content!



KINLOSSYOUTH



07827 031851

See you all again in September for the start of the new term!

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 15 AUGUST

Ashley Brodin	Father
David Ebrahimoff	Father
Miriam Schajer	Mother

Sunday 16 AUGUST

Michelle Bull	Father
Neville Chajet	Mother
Deborah Clements	Father
Devorah Harounoff	Husband
Helen Kamiel	Husband
Ian Kamiel	Father
Judith Kraiss	Father
Edna Moser	Mother
Paul Richer	Father
Alfred Young	Mother

Monday 17 AUGUST

Arie Bleiberg	Mother
Neil Cohen	Mother
Karen Leigh	Father
Susan Sperber-Kosky	2nd Husband
Marion Tinger	Father

Tuesday 18 AUGUST

Sandra Delroy	Mother
Sandrine Prager	Father
Jean Rappaport	Mother
Cilla Summers	Father
Kenneth Waters	Mother
Monty Zeid	Mother

Wednesday 19 AUGUST

Michael Birnhak	Father
Samuel Cohen	Father
Trevor Gee	Mother
Lorraine Gershon	Father
Joyce Grossmark	Father
Jane Kaye	Mother
Stuart Lasky	Mother
Peter Sherwood	Father

Thursday 20 AUGUST

Shirley Kenley	Mother
Gad Levy	Father
David Lightstone	Wife
Parviz Namdar	Mother
Clive Rosenfeld	Mother
Heather Taylor	Father

Friday 21 AUGUST

Anne Cavendish	Father
Laurence Faiman	Father
Darren Fogelman	Father
Mark Henley	Mother
Rebecca Nemetnejad	Father

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members - PLEASE join our security rotas.

Please email securekinloss@yahoo.co.uk

or call Martin Shiers on 07831 836 031 to volunteer and register.

CONSECRATIONS Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

03/09/2020	12:00pm Bushey in memory of Celia Summercorn
07/09/2020	2:00pm Bushey in memory of Theresa Shefras
10/09/2020	11:30am Bushey in memory of Rose Pine
14/09/2020	10:00am Bushey in memory of Audrey Alterman

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

