



30 / 31 AUGUST 2019

ל' באב תשע"ט

ROSH CHODESH

Shabbat commences at 19:37pm and terminates at 20:38pm
Mincha/Kabbalat Shabbat at 7:30pm

**Mazel tov to Zach Nicholls on his Bar Mitzvah.
We extend a warm welcome to his family and guests.**

Following the Services there will be a Kiddush sponsored by Sarah, Jeremy, Evie, Maya and Millie Nicholls to celebrate Zach's Bar Mitzvah in the Kinloss Suite

Friday night

7:30pm: Mincha and Kabbalat Shabbat

SHABBAT LEARNING AT KINLOSS

Shabbat Morning

8:30am: Sephardi Synagogue
Talmud Tractate Pesachim by Rabbi Heller

8:45am Deal Hall
Maimonides : Laws of Shofar
by Rabbi Dr Raphael Zarum

10:30 - 10:50am in the Rabbi's Office
Study Group with Rabbi Laitner titled
"Covenant & Conversation on Parashat Re'eh"

Shabbat Afternoon

6:30pm Daf Yomi Shiur in the Nemetnejad Room

7:30pm : Mincha followed by Shiur by
Rabbi Laitner titled
" Ideas for the month of Elul, part 1: car parking in
halacha"

8:38pm : Ma'ariv and termination of Shabbat

SHABBAT AT KINLOSS

HASHKAMA 7:45am

in the Liora Graham Beit Hamidrash,
followed by Kiddush and a short
shiur.

MAIN SYNAGOGUE 9:15am

led by Chazan Eli Sufrin. Kriat
Hatorah by Robert Owen. Rabbi
Laitner will speak.

THE MINYAN 9:15am

in the Nissan and Rifca Deal Halls.
Kriat Hatorah by Zach Nicholls.
Rabbi Lawrence will address the Bar
Mitzvah.

SEPHARDI SERVICE 9:00am

in the Sephardi Synagogue, led by
Rabbi Heller and Reuben Gorji.

**KIDS' MINYAN will not be
taking place this week.**

Listening In

Parshat Re'eh is a sizeable Parsha with a restatement of the laws of worship, food and festivals. There's little left untouched.

Amongst the detail, Moses gives one general principle, "Adhere and you shall listen to all these words that I command you, in order that it be well with you and your children after you, forever, when you do what is "tov" what is good and what is "yashar", what is right in the eyes of God." (Devarim 12:28)

שמר ושמעת את כל הדברים האלה אשר אנכי מצוך למען ייטב לך ולבניך אחריו עד עולם כי תעשה הטוב והישר בעיני ה' אלהיך:

Adhere and you shall listen – Sh'mor ve-shamata... The order seems strange. Surely you need to listen first and you can only keep the mitzvot afterwards. What does it mean adhere and you shall listen? The question is compounded when we look at some of the commentaries which translate it "teach and listen". Surely it makes sense to listen first and to teach thereafter!

One might imagine, "I heard it at Sinai. I got the Torah already. I'm doing the mitzvot... So why do I need to listen now? Let me just get on with it!"

Says the Torah "Sh'mor veshamata." Adhere and keep listening. The eternal benefit of a relationship with God, just like a relationship with our families, comes in part from fulfilling the commitments we have already made; but as a whole, the reward comes as we keep listening, keep learning and keep growing. The Or HaChayim (R' Chayim ben Attar, d1743) explains that the listening is to incorporate the ongoing dynamic and dynamism of Rabbinic interpretation as a safeguard of standards and an investment in the future, "to raise generations of children and grandchildren".



Sunday sees the beginning of the Jewish month of Ellul, the month leading up to Rosh Hashana. Every weekday we sound the shofar at the end of the shacharit service.

(When Rosh Chodesh is two days, the first day is the thirtieth of the preceding month and the second is the first of the new month. Nissan, Sivan, Av, Tishrei & Shvat always have 30 days. Cheshvan & Kislev may be 29 or 30 days long. The others are always 29).

The mitzvah of the shofar is also about listening. It is also about cementing a relationship. The blessing on the shofar is on the hearing, not the blowing. In Ellul it is an alarm or wake up call. It heralds the coming season and invites us to ready ourselves spiritually.

On Rosh Hashana itself, the shofar blasts are less of an alarm. They are divided in the service between the blasts of *Malchuyot* – celebrating God as King, *Zichronot* – the remembrance of the strong relationship forged in the past and finally *Shofarot* – a fanfare anticipating a great future.

We draw comfort from the memories of our courtship and are filled with warmth when the music starts and we recall, "darling, they are playing our song..." However, the Torah reminds us that upon faithful foundations, we must keep listening and must keep longing to listen.

Sh'mor veshamata... The more we invest in our relationship with God and the more we invest in our relationships with our families, the more beautiful the music, the more we learn... and the more we are inspired to grow.

Shabbat Shalom

R' Jeremy Lawrence

Re'eh Statistics

Mitzvot: 55 of the 613 mitzvot, 17 positive and 38 prohibitions
Verses: 126 (13th longest of the 54 Sidrot)
Words: 193 (7th longest)
Letters: 7442 (7th longest)
Haftarah: 12 verses (joint 5th shortest of the 80 Haftarot)

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Sidra	1055	799	998
Maftir	944	695	890
Haftarah	1188	944	1208

TALMUDTalks



Chief Rabbi
Ephraim Mirvis

Three inspiring talks to mark
the completion of the
Noé Edition Koren Talmud Bavli



Rebbetzen
Lauren Levin

Thursday 31st October 2019

Doors open 19:45

**Finchley Synagogue,
Kinloss Gardens, London, N3 3DU**



Rabbi Lord
Jonathan Sacks

Adults £7.50

Youth (up to 18) £4.00

Book now at www.kinloss.org.uk/koren

Selichot

singing you're sorry

**Listen to selichot
sung beautifully
and explained
thoughtfully**

WEDNESDAY 18TH SEPTEMBER 2019
8PM-9.30PM

A unique event featuring inspiring
modern renditions of Selichot by
The Shabbaton Choir led by
Rabbi Lionel Rosenfeld,
with **explanation and analysis** by
LSJS Dean Rabbi Dr Raphael Zarum
and Rabbi Lawrence.

£8 Kinloss Members / £10 for Non-Members if pre-booked by 10th September
Thereafter, £10 for Members and £12 for Non-Members

To book please visit www.kinloss.org.uk/selichot or call Lucy on 020 8349 5267



Elul Programme

with Pnina Savery

Repentance, prayer and charity remove the evil decree

Wednesday night Shiur on 4th, 11th and 25th September, 8pm, Beit Hamidrash

The Shiur will cover the following titles:

Prayer: Yirmiyahu 18 - Parable of the Potter

Teshuva: Yonah vs Yoel - How to do the job properly

Tzedaka: Kohelet - How do we cope now that the Chagim are over?



Pnina Savery has completed a two year advanced Tanach course at Matan in Jerusalem, has taught in a couple of seminaries in Jerusalem and been teaching English at Menorah High since returning to the UK in December 2013.

Pre Yomim Noraim Yom Iyun

on Monday 23rd September, 7.45pm-9pm

With Rabbi Lawrence and Rabbi Laitner
Focussing on Teshuvah, Tefillah and Tzedakah



Rabbi Isaac Bernstein zt"l

Twenty-Fifth Yahrzeit

This coming 22nd of Elul (22 September) will mark the twenty-fifth yahrzeit of Rabbi Isaac Bernstein zt"l. A unique and unforgettable Rabbi, teacher and mentor, who left an indelible imprint on Anglo-orthodoxy and beyond, as well as a deep and lasting impression on all those who had the good fortune to know and encounter him.

In honor of this occasion, we are requesting that anyone who has a memory or impression they would like to share, to submit them, with a view to creating a webpage where others can visit and see. From those of you who were privileged to have an ongoing relationship with him to those who may have met or heard him only once, these can be recollections of encounters, anecdotes, memorable lines, or simply general words of tribute and appreciation of Rabbi Bernstein's teachings, counsel and friendship.

Beyond this, we are aware that, over the last twenty five years, there are many who did not know or meet him in his lifetime, but who have since become introduced to his unique shiurim, whose comments we would welcome as well.

Please send your recollections to: rabbibernsteinmemories@gmail.com

Please feel free to forward this to others whom you feel may have memories that they, too wish to share.

With best wishes,

Family Bernstein

The Churchill War Rooms and Spencer House

Wednesday 13th November

Visit the **Churchill War Rooms**, part of Imperial War Museums, to discover the original Cabinet War Rooms, the underground headquarters that sheltered Churchill and his wartime government during the Blitz. Explore the historic rooms that once buzzed with strategies and secrets, and also visit the interactive Churchill Museum.



Spencer House is one of London's few remaining aristocratic homes hidden in stately St James's. Following one of London's most ambitious restoration programmes, Spencer House has regained the full splendour of its late eighteenth-century appearance after ten years of painstaking renovation under the chairmanship and supervision of Lord Rothschild. This Grade I-listed House boasts some of the best Grecian and Regency-style interiors in the entire city.



Transportation is not provided, more details will follow upon booking.

Cost of the trip

- £17 Kinloss members and £20 non-members. The usual price of the combined trip is £31.50

To book, please visit www.kinloss.org.uk/trip or call Lucy on **020 8349 5267**

Change of day

Thursdays

Board game challenge

2.30pm - 4.30pm

**Classes run every fortnight on 19th September, 17th & 31st October, 7th & 28th November, 12th December
Sephardi Shul Upstairs**

When did you last play Scrabble or Rummikub? A friendly group meeting to play a mix of board games. All abilities and ages are welcome. Please contact Lucy on **020 8349 5267** if you require transport assistance.



Cost: Free of charge for Kinloss members and non-members. Tea and light refreshments will be provided.

For more information, please contact Martin Summers on **020 8346 0619** or martinsumm48@yahoo.co.uk

Rabbi Lawrence In Conversation with...

• **Wednesday 30th October - 8pm**

Rt Hon Lord John Alderdice

John Alderdice is a Psychiatrist by profession, but as Leader of the Alliance Party of Northern Ireland, he played a significant role in the Talks on Northern Ireland including the negotiation of the 1998 Good Friday Agreement. He was the first Speaker of the new Northern Ireland Assembly and has held many international positions including as President of Liberal International. Since 1996 he has sat as a Liberal Democrat life member of the House of Lords, and is currently Director of the Centre for the Resolution of Intractable Conflict and Chairman of the Centre for Democracy and Peace Building in Belfast. Lord Alderdice's areas of special interest are the individual and group psychology of terrorism and violent political conflict and the psychology of religious fundamentalism.



COST : Free for Kinloss Members £5 for Non-Members
PRE BOOKING IS ESSENTIAL VIA www.kinloss.org.uk/inconversation
or call Lucy on 020 8349 5267

Monday afternoons in the Nemetnejad Room
Doors open 2pm | Screening commences at 2.15pm

Shtisel - The series

If a series about a Haredi family can be the mainstream event of the year on Israeli TV, something special must be going on.

We meet the tough yet tender patriarch of the family, haunted by the loss of his beloved wife; his mother, addicted to soap operas; his daughter, desperate to hide her husband's infidelity; and his son, pulled between passion for art and his allegiance to his faith and community.

Forget everything you thought you knew about Haredi life, this loving portrayal of a multi-generational family, lifts the veil on family life in the Orthodox community, long hidden by its insularity.

Screening two episodes a week

Season 1 - 9th, 16th & 23rd September,
7th & 28th October, 4th November

Season 2 - 11th, 18th & 25th November,
2nd, 9th & 16th December

Cost:

- £3 Kinloss members
- £4 non-members. Refreshments provided.

For more information please contact Lucy on ket@kinloss.org.uk or **020 8349 5267**.



"It's popular because it's about relationships and romance – they do these things a little differently, but they're still likeable and relatable."
The Times of Israel.

"There is caustic wit and marital strife, wine and song and lashings of fragrant kugel. They fall in and out of love, smoke like hard-bitten newspaper hacks, scheme and fight and cry and laugh just like the rest of us. It's EastEnders meets Fiddler on the Roof." The Jewish Chronicle

Would you like to get involved in Children's Service provisions?
If you can help, please contact Shimon Gillis on 020 8349 5264
or email shimon.gillis@kinloss.org.uk

ZACH NICHOLLS

Mazel Tov to Zach on his Bar Mitzvah

Zach attends City of London School,
and he has three sisters Evie, Maya and
Millie

His hobbies are running, piano and
politics



* Mazel tov to Zach Nicholls on the occasion of his Bar Mitzvah, to his parents Sarah & Jeremy, sisters Evie, Maya and Millie. Mazel tov also to grandparents Barbara & Anthony Nicholls, Harvey Showman and remembering Julie Showman.

* Gila & Alon Nachshen on the birth of a baby girl. Mazel tov to grandparents Sarah & Neil and great-grandparents Dorothy & John Sadlik.

Sundays

Walking Group

**8th & 22nd September, 6th October, 3rd
& 17th November, 1st & 15th December**

Join Kinloss every fortnight along
with Kinloss Member, Tony Korn for a
walk along a planned local route.

For more information please
contact Tony Korn on
07958 334 665 or email
tk66654@gmail.com

ADULT HEALTH & FITNESS



KINLOSS NOTICE BOARD



9:45am Games Room in the Newman Room
0 - 4 year olds with Sara Keen in the Kinloss Suite Foyer
Reception up to School Year 2 with Penny Simmons in the Avram Nemetnejad Room (2nd Floor)
School Years 3 - 4 with Dina Ellis in the First Floor Classrooms
School Years 5 - 6 with Nathaniel Carlebach will not be taking place this week
All Children's Services will start at 10:45am and will be followed by Kiddush

Mazel tov to the children in our community celebrating their birthdays this week:



Lev Morris (5)
Guy Perilly (4)
Jesse Daniels (2)

Joseph Savitz (3)
Rimona Greenaway (6)
Theo Wikler (9)

THANK YOU TO:

- * Security Team 8. If you have any queries, please speak to Martin Shiers on 07831 836 031, or email securekinloss@yahoo.co.uk
- * Susan Sperber-Kosky and Dorothy Sadlik of The Welcoming Committee
- * Kiddush Rota Team

ANIM ZEMIROT CLUB

Led by David Lesser
Come and learn to sing Anim Zemirot
Our club meets every Shabbat at 10:15am
in the Robing Room. Boys of 6 and over welcome.

IYUN (ADVANCED) GEMARA WITH MOISHE SAMPSON

After Mincha/Ma'ariv on Tuesdays at 8pm
An in-depth and analytical study of Mesechet Beytza drawing on the writings of Medieval and recent commentators.

Thursdays

Kinloss Table Tennis Club

6pm - 7.30pm
Classes start 12th September until 21st November (no class 24th October)

Our professional coach will work with each child (from 9 years old) at their own level improving their game, handeye coordination and competitive spirit. The club is a great way for your child to make friends, practice their skills and have fun. In the future we hope to field teams to play for Kinloss in matches against other synagogue and institutions.



Cost per session:

- £7 per session or £60 for the 10 week term
- To book online, please visit www.kinloss.org.uk/tabletennis

For more information, please contact Stuart Lasky on **07973 712 730** or via email stuartlondon@btconnect.com

Kinloss Whisky Society

8pm
Wednesday 11 September
Nemetnejad Room

Come and join this vibrant society, which meets approximately every three months.

Places must be pre-booked.



For details please contact Michael Goldman by email on mg.hasle@gmail.com or call **07970 254 041** (evenings only).

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS
WE CURRENTLY HAVE LESS VOLUNTEERS ON OUR ROTA THAN IN APRIL THIS YEAR!!!!

Shul members - PLEASE join our security rotas for shifts from 11am onwards.

You would only be required for one hour every eight weeks, on Shabbat morning.

Please email securekinloss@yahoo.co.uk or call **Martin Shiers on 07831 836 031** to volunteer and register.

NEXT WEEK AT KINLOSS:

DAY:	COMMUNITY LEARNING:	COMMUNITY PROGRAMMES:
SUNDAY	8:00am Daf Yomi (NR)	
MONDAY	07:40am Daf Yomi (NR)	20:15pm Women's Pilates (MN)
TUESDAY	07:40am Daf Yomi (NR)	10:00am Friendship Club (DH)
	20:00pm Iyun Advanced Gemara (BM)	14:00pm Shared Reading (BC)
		20:00pm Ulpan Ivrit (MN)
WEDNESDAY	07:40am Daf Yomi (NR)	20:00pm Ellul Programme with Pnina Savery
	08:30am Rambam with R'Lawrence (BM)	
THURSDAY	07:40am Daf Yomi (NR)	
FRIDAY	07:40am Daf Yomi (NR)	10:30am Ilana Banana (DH)

BC = Benchers Cafe
 BM = Liora Graham Beit Midrash
 DH = Nissim and Rifka Deal Hall
 NR = Nemetnejad Room
 MN = Marilyn Newman Room
 PS = Persian Synagogue

SHARED READING GROUP



Our next Group will take place
Tuesday 3rd September at 2:00pm
 in Benchers Cafe

All newcomers are welcome and reading materials supplied.

For more information, please speak to:

Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

SERVICES (שבת see front page)	Sun ROSH CHODESH ELUL	Mon	Tues	Weds	Thurs	Fri
Shacharit 1	7:15am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:30am	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:15pm	7:15pm	7:15pm	7:15pm	7:15pm	Mincha Kabbalat Shabbat 7:25pm

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 31 AUGUST

Norman Gilmore	Father
Shirley Kenley	Mother
Gad Levy	Father
David Lightstone	Wife
Parviz Namdar	Mother
Clive Rosenfeld	Mother
Heather Taylor	Father

Sunday 1 SEPTEMBER

Anne Cavendish	Father
Laurence Faiman	Father
Darren Fogelman	Father
Mark Henley	Mother
Rebecca Nemetnejad	Father

Monday 2 SEPTEMBER

Henry Aaronson	Sister
Eric Ansell	Mother
Geoffrey Bradley	Father
Joanne Rose	Mother
Shirley Weiner	Daughter

Tuesday 3 SEPTEMBER

Leonard Craven	Sister
Stuart Lasky	Father
Alan Laurier	Mother
John Loftus	Mother
Karina Simmons	Mother
Eric Tager	Mother
Michael Tager	Mother

Wednesday 4 SEPTEMBER

Stephen Arnold	Father
Zena Gerstler	Father
Stacey Green	Father
Bernard Oster	Mother
Jeremy Reuben	Father

Thursday 5 SEPTEMBER

Alan Hakimian	Father
Mahin Hakimian	Husband
Michael Hakimian	Father
Mandana Namdar	Father
Paul Vegoda	Brother

Friday 6 SEPTEMBER

Yaghoub Bassally	Sister
Adrienne Bearman	Sister
Sandra Delroy	Sister
Denis Felsenstein	Father
Cimmie Frankfurt	Sister
Elizabeth Gaty	Mother
Bernard Goodwin	Sister
Caroline Gray	Father
Anthony Kraus	Brother
Norman Rose	Father
John Simons	Son
Monica Simons	Son



We are collecting non-perishable food items for the
"I'm Hungry Campaign"

Please give generously and put items in the purple US Chessed box
in the Kinloss office

TOMBSTONE CONSECRATIONS:

WED 4 SEPT	13:30pm at Bushey in memory of Sheila Franks Z'L
SUN 8 SEPT	11:30am at Hoop Lane in memory of Mrs Mali Azizollahoff Z'L
SUN 8 SEPT	13:30pm at Bushey in memory of Alan Shepherd Z'L
SUN 15 SEPT	13:00pm at Bushey in memory of Sidney Dagul Z'L
MON 16 SEPT	12:00pm at Bushey in memory of Sheila Kriger Z'L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Director of Operations: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

