

Shabbat commences at 4:10pm and terminates at 5:19pm
Mincha/Kabbalat Shabbat at 4:10pm

Following the Services there will be a Kiddush
in the Kinloss Suite

SHABBAT LEARNING AT KINLOSS

Friday night

4:10pm: Mincha and Kabbalat Shabbat
D'var Torah by Rabbi Laitner

Shabbat Morning

8:30am: Sephardi Synagogue
Talmud Tractate Pesachim by Rabbi Heller

9:00am: Maimonides: Laws of Pesach
by Rabbi Dr Raphael Zarum in Nissan and Rifca Deal Hall

9:15am: Youth Breakfast Banter
Breakfast & Parasha Shiur Benchers Cafe with Barry Colman

10:15am Leining Squad for Yr 6
in the Kinloss Suite Foyer

10:30 - 10:50am: Study Group with Rabbi Laitner
in the Rabbi's Office Titled
"Covenant & Conversation on Parashat Beshalach"

10:40am Food for Thought with Rachel Pine
for Kinloss Youth Girls in the Rabstein Room

12:25pm Early Mincha in the Main Synagogue

Shabbat Afternoon

3:30 - 5:00pm Bnei Akiva

4:15pm : Mincha followed by
Shiur by Rabbi Laitner titled
"Understanding Tu B'shvat and its 'year round'
lessons"

5:19pm : Ma'ariv

7:00pm Daf Yomi Shiur offsite.
For more details call Moishe on 07521 149 764.

SHABBAT AT KINLOSS

FRIDAY NIGHT 4:10pm

in the Liora Graham Beit Hamidrash,
Women for Women Kabbalat
Shabbat Service led by
Elia Cohen

HASHKAMA 7:45am

in the Liora Graham Beit Hamidrash,
followed by Kiddush and a short
shiur.

MAIN SYNAGOGUE 9:15am

led by Chazan Eli Sufrin. Kriat
Hatorah by Howard Mulkis. Rabbi
Lawrence will speak.

THE MINYAN 9:30am

in the Nissan and Rifca Deal
Halls. Kriat Hatorah by Jonathan
Joseph. Mandy Lawrence will
speak. Kiddush sponsored by Jack
Steinberg on the occasion of his
second Bar Mitzvah.

SEPHARDI SERVICE 9:00am

in the Sephardi Synagogue, led by
Rabbi Heller and Reuben Gorji.

YOUTH SERVICE 9:45am in

the Liora Graham Beit
Hamidrash, under the direction of
our Youth Director, Barry Colman.

KIDS' MINYAN 10:45am with

Nathaniel Carlebach in the
Marilyn Newman Room

The B'nei Yisroel were in dire straits with the Egyptians on one side and the Sea on the other. In their panic, they lashed out at Moshe "were there not enough graves in Egypt that you took us out to die in the wilderness?"

This charge the Jews lob at Moshe is frequently questioned by the commentators. Hadn't they experienced ten incredible plagues? It is obvious that the Egyptians and their gods were unable to challenge the power and sovereignty of Hashem. Why would God perform all those miracles only to abandon them in the desert?

One ingenious answer I found attempts to resolve this by changing the focus of the accusation. When the Children of Israel spoke of graves they were not speaking of their own burials, but of their ancestors. The bones of Yosef and his brothers, according to the midrash, were exhumed and brought with the Jews as they left Egypt.

The claim was that all the wonders and plagues were only in the merit of the actual sons of Yisroel. The goal, according to this charge, was to remove their remains from the impure land of Egypt. Once this was accomplished, like upon the shore of the Red Sea, the miracles would cease without a complete salvation for the current B'nei Yisroel.

Beshalach Statistics

Mitzvot: Beshalach has only one of the 613 Mitzvot
Verses: 116 (23rd longest of the 54 Sidrot)
Words: 1681 (19th longest)
Letters: 6423 (18th longest)
Haftarah: 54 (the longest of the 80 Haftarat!)

Today is called Shabbat Shira (Sabbath of Song), seeing as we read Az Yashir Moshe (the Song of Moses) in the Sidra and the Song of Deborah from the Book of Judges in the Haftarah.

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	407	265	366
Haftarah	434	281	1152

THIS WEEK'S HAFTORAH BY RABBI ANDREWS

This week's Haftorah from the book of Shoftim (Judges) features the story of the war waged against the General Sisera by the Prophetess Devorah (Deborah) which culminates in a song of praise to God, like in the Torah reading itself. The Rabbis in the Mechilta (a Midrash) teach that the salvation in Devorah's time, not just the song, parallels that of the Splitting of the Sea. It is interesting to note that Sefardi custom limits the haftarah to the Shirah (Song) while Ashkenazi practice reads the entire narrative.

The first component of Devorah's song worth mentioning is the scorn she displays for Barak for insisting on her presence at the battle against Sisera. While she consented to his request, she made her displeasure apparent by noting that his unwillingness to act on his own meant he would not receive any glory for the victory he is about to produce. Barak's hesitation about listening to Devorah, apparently, is both bothersome to her and God. It would appear as though he did not take God's word communicated through a prophet seriously.

The second component of the song is in stark contrast to the above as Devorah turns her attention to Yael. Yael lured Sisera into her tent and then killed him with a tent peg and hammer. She had no obligation to join in the defeat of Sisera and, as women did not typically participate in battle, so her decision to intervene was all the more impressive. Her actions reveal a recognition of the truth of God and his prophets.

If you find yourself at Kinloss over the course of the day, please stop by the office to say hello! I can usually be found there during the regular office hours (except Thursday).



NEW LUNCH & LEARN TERM STARTS WEDNESDAY 23RD JANUARY 2019

12:15pm - Parasha Shiur with Rabbi Daniel Fine

1:15pm - Speaker - Rabbi Daniel Fine
in the Liora Graham Beit Hamidrash

LUNCH
AND
LEARN

Cost: £5, payable on the door, includes a light lunch. For information or to book, please email Lucy on ket@kinloss.org.uk or 020 8349 5267

Tending the Tree of Life

Before mankind was created, Hashem placed trees on the earth and He planted a garden.

When the first human was formed out of the earth, Hashem instructed him to tend to the world and to cultivate it. Life and the knowledge of Good & Evil were associated with trees. In Parashat Beshallah, a tree makes the bitter waters sweet. In the Psalms, the righteous are compared to the upright palm. As we die, our liturgy reminds us that we are transient like the flowers of the field or like grass...

The trees whose fruit and shade we enjoy may have been planted before we were conceived. The trees we plant today might give fruit and shade for generations after we are gone. It is true that mankind is compared to the tree. But in its stature and in its longevity, in some ways as an image and an icon, the tree exceeds mankind.

The festival of Tu BiShvat is on one level nothing more than the marking of an agricultural tax year, with the schools of Hillel and Shammai disputing whether it should be the fifteenth or first of the month. The fifteenth was selected as the strongest rains should have abated making it a good time to plant. On a spiritual and a symbolic level, this semi-festival should help us to focus on our relationship with our environment, the splendour and beauty of nature; the bounty of our natural and cultivated spaces.

Tu BiShvat reminds us of that fine balance between the fruits and the benefits we derive... and our responsibility to care for and to conserve the resources on which we depend.

The Midrash (Kohellet Rabba) teaches that "When Hashem created the first man, He took him around to all the trees in the Garden of Eden and said to him, 'See my handiwork, how beautiful and choice it is... Be careful not to ruin and destroy my world, for if you do ruin it, there is no one to repair it after you.'"

In his Messianic vision, the prophet Ezekiel (Ch 47) refers to the waters being cured, the fish being plentiful; the waterhole, nourished by a returning stream.

In our world, these are significant themes.

Our daily news discusses waste management, recycling, strategies for water conservation & treatment.

We look upon the loss of natural environments and habitats; incursions into unique heritage areas and reserves. We note with concern the threats to endangered species, diminishing biodiversity. On a local and on a global level, we have a spiritual and a civic responsibility to our surroundings.

The Torah and Jewish sources abound with environmental teachings. The Talmud prescribes systems of waste management and the recycling of spent materials.

We are enjoined to plant trees and nurture green spaces. We are prohibited from felling fruit trees to make weapons or in the name of urbanisation or for their timber. (Devarim 20:19) If fruit trees must be uprooted, they must be relocated. We are mandated to leave land fallow in the sabbatical year. Even though we may exploit our fields, we must allow for natural regeneration. (Shemot 23:10)

It is worthy of mention that Israel was the only country in the world that entered the 21st century with more trees and richer forests than it had in the year 1900. Israel, now a world leader in water conservation and desalination is exporting its technology and knowhow.

On Tu BiShvat, it is traditional to enjoy a variety of fruits and a new fruit, particularly the fruits of Israel. Some even make a Seder, with four cups of wine, moving from white through blush to red. R' Chayim Vittal had the custom of eating thirty fruits, ten without peel or stone, ten with pips/stone only and ten with peel but no pips. These represented the kabbalistic sefirot of Creation in the worlds of *Beriya*, *Yetzira* and *Assiya*; worlds which are pure, worlds where the innermost source is impenetrable and worlds where we need to peel back the exterior to discover the inner beauty. (Avocado was not on his Tu BiShvat menu).

In order that our children may also share and enjoy the same beautiful world that is our heritage, may we commit to planting a tree, whether at home, or in Israel or indeed supporting other conservation through the JNF. May we be thoughtful about saving scarce resources, sensible about recycling, eliminating waste – using environmentally safe packaging...

In our Parasha, after the children of Israel cross the Red Sea, they journey three days into the wilderness and then come to a place of bitter water. They protest and complain. Hashem instructs Moses to take a certain bitter tree and throw it into the water to make it sweet. Immediately afterwards Hashem establishes a special ordinance and makes a commitment to heal and protect His people. The commentaries observe that Sometimes the Torah presents a bitter first impression. Nonetheless, when we throw it at life's challenges and immerse ourselves in it, we find it to be a tree of life and source of sweetness.

Environmental responsibility may entail small sacrifices. Our world is worth it!

Shabbat Shalom



Rabbi Jeremy Lawrence



**“IN CONVERSATION”
WEDNESDAY 23RD JANUARY 2019
AT 8:00PM IN THE NEMETNEJAD ROOM**



JEREMY MINDELL WILL BE IN CONVERSATION
WITH RICHARD COHEN,
CONSULTANT SOLICITOR IN ILFORD ALONG WITH
DISTRICT COUNCILLOR FOR EPPING.
RICHARD IS INVOLVED IN THE RESEARCH AND PROOF READING OF
“CHURCHILL WALKING WITH DESTINY”

**WEDNESDAY 30TH JANUARY 2019
AT 8:00PM IN THE NISSAN AND RIFCA DEAL HALL**



RABBI JEREMY LAWRENCE WILL BE IN CONVERSATION
WITH DR DAVID LAWSON,
MANAGEMENT CONSULTANT, SPECIALISING IN
COMMERCIAL AND STRATEGIC ASPECTS OF BUSINESSES.
DAVID WROTE THE LIFE STORY OF EVA ERBEN, A CZECH HOLOCAUST
SURVIVOR, AND THE HISTORY OF OSTRAVA (IN THE CZECH REPUBLIC)
AND ITS JEWISH COMMUNITY.

COST : FREE FOR KINLOSS MEMBERS AND £5 FOR NON-MEMBERS



**PRE-PESACH KINLOSS TRIP TO THE BRITISH
MUSEUM LEAD BY RABBI DR RAPHAEL
ZARUM**

Sunday 7th April 2pm - 4.45pm

Founded in 1753, the British Museum is probably the greatest Museum in the world. It houses countless treasures from the biblical era. New audio equipment for each participant will ensure that you will not miss a word from our expert guide.

Guided by Rabbi Dr Raphael Zarum, Dean of London School of Jewish Studies for a unique chance to discover how the Museum's artefacts can invigorate your Seder in unforgettable ways.

Transportation is not provided, more details will follow upon booking.

Cost of the trip: £20 Kinloss members and £25 non-members

To book, please visit www.kinloss.org.uk/museum or call Lucy on **020 8349 5267**

Finchley United Synagogue together with Mizrachi UK
in celebration of Israel 70
presents a multimedia musical extravaganza

DREAMS OF A *Nation*

Starring
Chazan Jonny Turgel
and the highly acclaimed
Asaf Flumendorf

Presented by
Rabbi Andrew Shaw

Monday 11th February

Experience a journey through time, telling the story of
the Jewish Nation and our eternal connection to the
Jewish Land.

Uplifting Imagery • Inspiring Music • Powerful Words

Doors open: 7.30pm

Show starts: 8pm

Members Rate: £12.50

Non-Members Rate: £17.50



MIZRACHI
UNITED KINGDOM

To book, please visit:
www.kinloss.com/dreams
or call the synagogue office:
0208 349 5267



KINLOSS

MAZEL TOV - מזל טוב



ELIA COHEN

Mazel Tov to Elia on her Bat Mitzvah

Elia has two sisters Adina and Hannah, and she attends Hasmonean High School

Her Hobbies are Drama and Singing

* Jacob Steinberg on his second Bar Mitzvah.

* Mazel Tov to Rimona, Jonnie, Elia, Adina and Hannah on the occasion of Elia's bat mitzvah. Special mazel tov to proud grandparents Yudit and Jonathan Weil and Barbara and Gordon Cohen.

Purim

There will be a

**Women for Women
(Evening 20th
and Morning 21st March),**

**Kids for Kids
(Evening 20th March),**

**Girls for Girls
(Evening 20th March)**

**Reading of Megillat Esther
on Purim**

If you would like to be a reader
please contact
Mandy Lawrence on 07467497148
or

mandylawrence4@gmail.com

by January 24th

Newcomers are welcome.

SCREENAGERS SCREENING
AT KINLOSS ON 16TH JANUARY



Shabbat Beshalach



**We are delighted to welcome Kinloss Youth Scholar in Residence,
Rabbi Moshe Kornblum of Yeshivat Orayta, Jerusalem**

Breakfast Banter, 9.15am in Benchers Café with Rabbi Kornblum

Youth Minyan, 9.45am in the Liora Graham Beit Midrash

Food4Thought with Rachel Pine, 10.40am downstairs in the Manuel Rabstein Room

Rabbi Kornblum will be addressing the Youth before Mussaf

Lead On

MEEDU – Middle East Education: Promoting Peace Through Knowledge

“The Arab-Israel Conflict from both sides” with Sami Husseion and Jonathan Taylor

Sunday 20th January, 7.30 – 9pm in the Nemetnejad Room

School Years 11 - 13

Learn2Lead

Continues Tuesday 29th January

“Disability and Labelling” with Leibel Cowan

7.30 – 9pm in the Nemetnejad Room

Recognised by Duke of Edinburgh Award Scheme: Skills

www.kinloss.org.uk/l2v

Learn2Volunteer continues Tuesday 5th February

Daf Yummy with the Student Beit Midrash

Thursday nights during term time

7.45 – 9.30pm in the Small Deal Hall

Boys & Girls in years 7 – 13

**Join us each week as we explore Chumash, Festivals & Jewish Themes,
enjoy a scrumptious supper and hear from incredible speakers!**

Free of charge

6th Form Friday Night Dinner

@ the home of Rabbi and Mandy Lawrence

6 - 9 pm, please confirm your attendance with Barry

Club78 are going to Laser Planet

Saturday, 26th January

www.kinloss.org.uk/laserplanet

Kinloss Club are going Bowling

Sunday 27th January

www.kinloss.org.uk/kcbowling

Youth Charity Walk

Wednesday 20th February

Kinloss – Tower of London

We will be raising funds for the US Drop In Centres for Asylum Seekers

www.kinloss.org.uk/youthwalk

Minimum sponsorship £20

Look out for future events at:

www.kinloss.org.uk/youth

www.kinloss.org.uk/kids

Kinloss Club, Club 78, Lead On, Shabbat Lunch, Monthly Munch, Shabbat UK, Purim

Shabbat Shalom

Barry, Chaya, Choli, Amalia, Rachel & Sammy

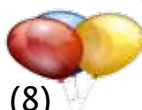
youth@kinloss.org.uk 07792460091

KINLOSS NOTICE BOARD



9:45am Games Room in the Newman Room with Rav Malachi
0 - 4 year olds with Sara Keen in the Kinloss Suite Foyer
Reception up to School Year 2 with Natalie Sommer in the Avram Nemetnejad Room (2nd Floor)
School Years 3 - 4- with Dina Ellis in the First Floor Classrooms
School Years 5 - 6 with Nathaniel Carlebach in the Marilyn Newman Room
All Children's Services will start at 10:45am followed by Kiddush

Mazel tov to the children in our community celebrating their birthdays this week:



Eliana Brassey (11)
 Eli Wohlgemuth (7)
 Joshua Lappin (10)
 Sienna Polak (3)
 Meidan Berke (8)
 Zak Joseph (3)

Tilly Nicolaidides (8)
 Maya Davidson (3)
 Benjamin Laitner (6)
 Natalie Choueka (11)
 Yehuda Halpern (8)
 Olivia Levy (2)

THANK YOU TO:

- * Security Team 1. If you have any queries, please speak to Martin Shiers on 07831 836 031, or email securekinloss@yahoo.co.uk
- * Leonard Silver, Ann Marks and Martin Summers of The Welcoming Committee
- * Nichole Greenwold's Kiddush Rota Team
- * Minyan Kiddush Team



WEDNESDAYS GAMES AFTERNOON

2:30pm - 4:30pm in the Nemetnejad Room
 Wednesday 23rd January 2019

A board game group meeting to play a big mix of board games to accommodate most tastes.

Whether you are just getting started or a hardened board gamer, we would be delighted to see you.

We would love to see you if you play Clobyosh (Bela).

All abilities and ages are welcome – Bring your friends!

Free for Kinloss members and non-members.

Tea and light refreshments will be provided.

For more information, please contact Martin Summers on 020 8346 0619 or email martinsumm48@yahoo.co.uk

Please contact Lucy 020 8349 5267 if you need transport assistance.

Lost & Found

We have accumulated a large amount of
 "Lost Property".

Please come into the shul to check if you think any items could possibly belong to you.

All items of "Lost Property" are on the coat rack between the Beit Hamidrash and the main shul.

All items not taken by
 Wednesday 30th January
 will be disposed of.

MINCHA DURING WINTER MONTHS

If you are in the Kinloss area at 1:00pm Mondays to Thursdays and can help make up a Minyan for Mincha in the Beit Hamidrash this would be very much appreciated

SERVICES (שבת see front page)	Sun	Tu bShvat Mon	Tues	Weds	Thurs	Fri
Shacharit 1	7:30am	7:00am	7:00am	7:00am	7:00am	7:00am
Shacharit 2	8:15am	8:00am	8:00am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha		1:00pm	1:00pm	1:00pm	1:00pm	
Ma'ariv	Mincha and Ma'ariv 4:10pm	7:30pm	7:30pm	7:30pm	7:30pm	Mincha/Kabbalat Shabbat 4:25pm

NEXT WEEK AT KINLOSS:

DAY:	COMMUNITY LEARNING:	COMMUNITY PROGRAMMES:
SUNDAY	08:00am Daf Yomi (NR)	
MONDAY	07:40am Daf Yomi (NR)	09:30am Ace Fitness (MN)
	19:45pm Beit Midrash Programme (BM)	10:00am Ilana Banana (DH)
		14:00pm Film Afternoon (NR)
		19:30pm Ivrit Discussion Group (NR)
		20:15pm Women's Pilates (MN)
TUESDAY	07:40am Daf Yomi (NR)	10:00am Friendship Club (DH)
	19:30pm Learn 2 Lead (NR)	10:30am Bridge Club (PS)
		20:00pm Ivrit Ulpan (MN)
WEDNESDAY	07:40am Daf Yomi (NR)	09:30am Women's Zumba (NR)
	12:15pm Lunch and Learn (BM)	10:00am Ilana Banana (DH)
	19:30pm Bat Mitzvah Prog (NR)	14:30pm Games Afternoon (NR)
		20:00pm In Conversation with Richard Cohen
THURSDAY	07:40am Daf Yomi (NR)	10:00am Art Club (MN)
	19:30pm Student Beit Midrash (KS Foyer)	16:00pm Adult Table Tennis (Upstairs)
		18:00pm Kids Table Tennis (Upstairs)
FRIDAY	07:40am Daf Yomi (NR)	10:00am Ilana Banana (DH)

BC = Benchers Cafe

BM = Liora Graham Beit Midrash

DH = Nissim and Rifka Deal Hall

NR = Nemetnejad Room

MN = Marilyn Newman Room

PS = Persian Synagogue

KINLOSS FILM AFTERNOON MONDAY 21st January 2019, 2:00PM FOR A 2:15PM START

**We will be screening "THROUGH THE WALL"
in the Nemetnejad Room**

Set in an Israeli orthodox Jewish community, "Through the Wall" tells the story about a young woman determined to still get married on the date of her planned wedding after her fiancé leaves her.

**Cost: £3 Kinloss Members / £4 non-members
Refreshments provided.**

**Kinloss trip on Saturday night 16th February 2019
to see "Eden" at the Hampstead Theatre**

IS SOLD OUT

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 19 JANUARY

Helen Azizoff	Brother
Edward Cooper	Mother
Phylis Fox	Husband
Morley Franks	Brother
Harvey Hirsh	Father
Ruth Joseph	Father
Sarita Langdon	Brother
Edna Moser	Father
Dolores Zeid	Brother

Sunday 20 JANUARY

Elizabeth Feldmann	Father
David Collins	Step Father
Julia Hammell	Father
Paul Joseph	Father
Milicent Passer	Father

Monday 21 JANUARY

Shirley Arkush	Husband
Benita Brown	Son

Tuesday 22 JANUARY

Sandra Coleman	Father
David Collins	Step Father
Sarah Curtis	Mother
Frances Glassberg	Sister
Robert Harris	Father
Elaine Young	Father

Wednesday 23 JANUARY

Abraham Batchat	Mother
David Collins	Father
Audrey Godfrey	Sister
Naomi Nevies	Father
Lily Schreier	Son
Vikki Shields	Father

Thursday 24 JANUARY

Esther Ellis	Father
Sandra Rapp	Mother
Barry Silverstein	Father
Ivan Silverstein	Father
Ralph Silverstein	Father

Friday 25 JANUARY

Gerald Abrahams	Mother
Paul Greenbaum	Father
Douglas Joseph	Mother
Suzanne Landy	Mother
Ian Liss	Father
Frank Rosenfeld	Son
Roselyn Rosenfeld	Son

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club meets every Shabbat at 10:15am in
the Robing Room.
Boys of 6 and over welcome.
Led by David Lesser

KINLOSS

DISCUSS AND REFLECT
with Rabbi Lawrence
is cancelled
on Sunday 20th January 2019

JOIN OUR SECURITY ROTAS

Urgent Request for Male and Female Security Volunteers

Shul members, PLEASE join our security rotas

Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we MUST provide a visible deterrent.

You would only be required for one hour every eight weeks,

either a Friday night or Shabbat morning.

Please email securekinloss@yahoo.co.uk

or call Martin Shiers on 07831 836 031, to volunteer and register.



CONDOLENCES:

* Family and Friends of the late Sheila Kriger Z"L

TOMBSTONE CONSECRATIONS:

SUN 20 JAN	10:00am in Bushey in memory of Evelyn Greene
SUN 3 FEB	10:00am in Bushey in memory of Marie Tredler
SUN 3 FEB	11:30am in Bushey in memory of Diane Heller
MON 11 FEB	11:00am in Bushey in memory of Leonard Bash

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Rabbi Nisan Andrews: 07407 764 854

Shimon Gillis, Director of Operations: 020 8349 5264

Shul Office: 020 8346 8551

