



1 / 2 MAY 2020

ח' אייר תש"פ

Shabbat commences at 20:09pm and terminates at 21:19pm

The Shul Doors may be Closed but Kinloss remains Busy!



For Streaming Updates on WhatsApp please connect to www.kinloss.org.uk/streaming

For everyone who is struggling to remember which day is which at the moment:

Fri	1 May	7 Iyar		Candle Lighting Omer after Nightfall (21:06)	23 days	20:09
שבת	2 May	1 Iyar	Acharay - Kedoshim	Kinloss Zoom Tefilla & Havdalla Count Omer after Nightfall	24 days	21:19
				Zoom Maariv & Havdalla		21:25
Sun	3 May	2 Iyar		Count Omer after Nightfall		25 days
Mon	4 May	3 Iyar		Count Omer after Nightfall		26 days
Tues	5 May	4 Iyar		Count Omer after Nightfall		27 days
Wed	6 May	5 Iyar		Count Omer after Nightfall		28 days
Thur	7 May	6 Iyar		Count Omer after Nightfall		29 days
Fri	8 May	7 Iyar		Candle Lighting Omer after Nightfall (21:32)	30 days	20:21
שבת	9 May	8 Iyar	Emor	Havdalla Count Omer after Nightfall	31 days	21:33
Lag B'Omer is night of Monday 11 May and Tues 12 May. Rosh Chodesh Sivan is Sunday 24 May Shavuot will be Thurs Night 28 May, Friday 29 May & Shabbat 30 May						



See inside for United Synagogue
Streamed Kabbalat Shabbat

See inside for details of Daily Tefilla, Memorial Prayers, Regular
Divrei Torah & Shiurim, With Rabbi Lawrence, Rabbi Laitner, &
Youth Directors Harry & Liora Salter



Food, Feasting & Fasting in Judaism & Islam

A conversation with

Sheikh Hassanain Govani

Presenter of The Healthy Ramadan Webcast

[Direct Zoom Link](https://www.zoom.us/join) or <https://www.zoom.us/join>

Meeting 365-248-0613 Password Kinloss

Natalie's Children's Service https://youtu.be/LtN3XmTI_J4

Sara's Toddler's Service <https://youtu.be/1pgFRWJKRg8>

Thanks to all our welfare volunteers and kindly neighbours for their great supportive work.

What does being 'holy' mean? – Leora and Harry Salter

As we've all been in isolation, we have all have to think about our relationships with have with our family and friends. With the majority of people now working from home and spending the majority of our time with the people we live with, relationships are key to a successful isolation.

Parashat Achrei Mot – Kedoshim speak about our relationships we have with others. It mentions how we should respect our parents, partners, business partners, and other commandments we need to adhere by to have successful relationships.

At the start of Parashat Kedoshim, we are commanded 'You shall be holy, for I, the Lord, your G-d, am holy.' What does this commandment to be holy entail?

Let us look at the list of subjects covered in Kedoshim and see if there is one predominant theme telling us how to be holy: honour your parents, keep Shabbat, do not worship idols, leave a corner of the produce of your field for the poor, do not steal, do not tell lies, and do not delay paying salaries. The list continues, 'you shall not curse a deaf person, you shall not place a stumbling block before a blind person,' (Lev. 19:14), do not gossip, judge your fellow man with righteousness and the famous line 'you shall love your neighbour as yourself.' (Lev. 19:18) We're also told about the laws of agriculture, respect for the elderly, the prohibition against tattoos and keeping kosher.

An entire range of subjects, encompassing every aspect of life, comes under the heading of 'holiness.' This is not holiness that require us to aspire to reach mystical heights. When we think of holiness, we think of something that we aspire to, a state of being that can be achieved be only a certain few.

Holiness isn't a distant belief, rather it is found in our relationships with our partners, family, friends, community, business partners, and the people around us. Under the title of 'holiness' we're taught how to live our lives and how we should treat one another. So the predominant theme in this Parasha is actually the same as the central one to the entire Torah – how to live our lives.

This clear message is even more prevalent in the times we find ourselves in. G-d sets out commandments and a set of behaviours that we should do in order to uphold the holy being that we are. The way we act in our relationships with others is key to living a holy life. The Torah presents parameters and limits in having holy relationships with others and we can take this message into our lives today by setting limits, goals, parameters and terms of our relationships with others to have a successful and holy isolation.

ACHARAY MOT STATISTICS

Mitzvot: 28 of the 613 Mitzvot, 2 positive
& 26 prohibitions
Verses: 80 (10th shortest of the 54 Sidrot)
Words: 1170 (12th shortest)
Letters: 4294 (10th shortest)

KEDOSHIM STATISTICS

Mitzvot: 51 of the 613 Mitzvot, 13 positive & 38 prohibitions
Verses: 64 (6th shortest of the 54 Sidrot)
Words: 868 (6th shortest)
Letters: 3229 (6th shortest)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	705	480	636
Haftarah	735	509	1173

Faith and Mission

“A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history.” – Mahatma Gandhi

Last night I joined Harry Salter’s Bar Mitzvah programme to discuss a Jewish perspective on history. Yom HaAtzmaut was just drawing to a close.

For all the Bar Mitzvah children, Israel has been an easily accessed and modern destination. Many of their parents were born around the time of the Yom Kippur war or thereafter. Throughout their lifetimes, while under constant threat, Israel has been strong. It will have been unexceptional to have spent a year at Yeshiva or Sem.

Fewer of my contemporaries went to Yeshiva for their pre-Uni year, though movement programmes were popular, predominantly Hadracha and Kibbutz. A trip to Israel in our childhood was rather special. Apart from the taxis, which were Mercs, the cars on the street were quite basic, and mostly white. The comforts and appliances of our homes were not found in many of those we will have visited. Israel was coming to terms with the Six Day War – a name indicative of a remarkable, even miraculous victory. However, it is easy to look at the victory, the conquest of Jerusalem and the expansion which followed and forget the true vulnerability, and potential of total annihilation around those fateful days in June ’67.

Some of the grandparents of our 2020 Bar and Bat Mitzvah kids were born before there was a State. They certainly don’t take it for granted. Formative years for the Europeans will have been the aftermath of the Second World War, the impact of families destroyed in the Shoah. Israel represented the hope of security, the guarantor of “Never Again”.

Those from Arab lands will have had their own journeys; Jews may have been quite tolerated – but the establishment of Israel changed that. Those who came from the former USSR, grew up where even religious affiliation, was unacceptable. For both, Israel offered the chance of refuge and one started there as a refugee.

Even within Israel, each generation and ethnic origin has a different experience and consequent identity. “We are not makers of history. We are made by history,” claimed Martin Luther King Jr. We are made by history. But we do, also make it. He certainly did! American novelist, Dorothy West takes the opposite view - “There is no life that does not contribute to history.” Each one of us is a piece, great or small but with his or her own place in the

universal record. Last week I cited Ben Azzai, who taught that there is no-one without his or her own moment.



People make history in many senses. As Napoleon observed, “History is a set of lies agreed upon.” Facts may be facts, and they may be disputed – but so much of history is interpretation of facts. And of course, our interpretation is often shaped by our circumstances, experiences and prejudices.

Rabbi Lord Sacks reminds us that “To be a Jew is to know that over and above history is the task of memory.” As we commemorate, we honour the past, explain the present and shape ourselves – defining our hopes for the future.

The last couple of weeks have seen the moving commemorations of Yom HaShoah and Yom HaZikaron as well as the celebratory tribute on Yom HaAtzmaut. Even online, we have found ways to join as a community. Even trapped inside our homes we have shared the memories and the moments. Our Sedarim were sadly smaller and lonelier, but some of the learning has been grander and greater as thought leaders have made themselves available and come into our homes.

My thanks to Ambassador Regev, Mike Freer MP and Dr Tessa Davis for joining me in the last couple of weeks; to Rabbi Laitner for the Divrei Torah and Divrei Chizuk he has uploaded and his streamed US programming on Facebook, to Harry and Liora for their full youth and education programmes – as well as all who have contributed to our Kinloss Streaming community.

Parashat Acharei Mot opens with memory. The atonement service of Aharon which is instituted (Vayikra 16:34) as the template for Yom Kippur is set in a specific context. It is Acharei Mot (after the deaths) of his sons Nadav and Avihu. Aharon is instructed that he may only enter the Holy of Holies once a year and according to a precise ritual.

The instruction commences (Vayikra 15:3) with the words “*BeZot* yavo Aharon el Hakodesh...” With *this* shall Aharon go into the Holy place. Rashi atypically explains the phrase using a Gematriya. The word בזאת has the value of 410, which Rashi notes corresponds to the number of years the First Temple stood. For these 410 years the ritual was observed as prescribed.

Why does Rashi highlight Bayit HaRishon and ignore the 586 years of the Second Temple?

The answer is that *BeZot* בַּזֹּאת did not fully apply and the ritual was compromised by the time of Bayit HaSheni.

It is an interpretation of history and an instruction to write it into our identity.

The Talmud (Yoma 52b) explains that the Ark (with both sets of the Ten Commandments), the *kaporet* (lid of the Ark) and the *keruvim* (cherubim which adorned it), also “the bottle of Manna, the flask of Anointing Oil, Aharon’s rod with its almonds and flowers, and the chest that the Philistines sent as a gift to the God of Israel” had been buried by King Yoshiyahu (ahead of the destruction of Jerusalem.) Additionally, the Urim VeTumim were lost and the powerful Fire on the Altar which had once “crouched like a lion” now merely “crouched like a dog” (Rosh Hashana 4a).

Whereas in Aharon’s day the Kohen Gadol had been anointed with the oil, wore the complete vestments and entered into the Holy of Holies, obscuring the Ark and its accoutrements with the incense, the Kohen Gadol was lesser and the room was bare. In the Second Temple period the High Priest would place the shovel and pan with the incense directly upon the *Even HaShtiya*, the “Foundation Stone” on which the World was created, and Yitzchak offered for sacrifice.

When you have the chance to visit Jerusalem and the tunnels down by the Kotel to Temple-time ground level and the streets walked by the Maccabees, you will see the plague marking the closest we can now come to the *Even HaShtiya*. But only so close.

The Shechina (Hashem’s Presence) resided in the First Temple but not in the Second (which is only known as Mikdash and never Mishkan).

In the First Temple era, sanctity radiated from the inside outwards – from the Temple to Jerusalem and then to Israel. In the Second Temple, sanctity had to be garnered from the periphery and brought to and concentrated in the Temple precincts. Sanctity was borne from the outside inwards. But when this failed it fell.

The experience of Diaspora was to scatter us further. We are taught that this means the incoming will be greater. With it there is so much more potential for spiritual uplift. We have the potential, but do we have the stamina and the resolve?

We have moved through Yom HaShoah into Yom HaZikaron and Yom HaAtzmaut. We have seen tragedy and destruction become foundation stones in a 2,000 year return. We are now on our journey towards Yom Yerushalayim and Shavuot, which is the festival known as “Atzeret” or Assembly. The Temple and the Ten Commandments represent our true spiritual capital. They are the moments of national history which define our Jewish identity and our destiny.

With our hopes from our homes we connect with our people around the world. Despite isolation, we are joining together in new and remarkable ways. We are supporting each other and finding inspiration in our past and strength in our Jewish lives.

Each one of us is playing a part as we aspire higher to restore the glory of Jerusalem of old. These are historic times and we continue to write history.

Shabbat Shalom.



R' Jeremy Lawrence



This **Wednesday 6th May at 11am** I shall be in conversation with **Sheikh Hassanain Govani**, on Food and Fasting in the Jewish and Islamic traditions. Hassanain is based in Sweden and he currently works with the Swedish Agency for Support to Faith Communities. He was with me on the Senior Faith Leaders Programme last year and currently hosting a popular online webcast on Healthy Eating over Ramadan.

<https://zoom.us/j/3652480613?pwd=T1F5OHl3QTh6VGRzZlp6WlI0RE1kZz09>

Interview catch up links:

- HE Mark Regev: <https://youtu.be/j5DFRr2Izuo>
- Mike Freer MP: <https://youtu.be/GDM3-qYUhlI>
- Martin Stern: <https://youtu.be/Ll6AsMvJVSE>
- Conversation with **Dr Julia Samuel**, author of “Grief Works” and “This Too Shall Pass”, bereavement specialist <https://register.gotowebinar.com/recording/3909356880059250448>

Watch and listen to Shiurim online join our WhatsApp Group on
www.kinloss.org.uk/streaming

Daily Mincha and Ma'ariv

Join **Rabbi Lawrence** every evening for Mincha and Ma'ariv **at 7.30pm**. This includes the reading of Yahrzeits. Click <https://zoom.us/j/3652480613> to join or by phone on 0203 481 5237 using code 365 248 0613. The password is Kinloss.

Daily Halacha

Daily Halacha from **Rabbi Laitner**, as a short voice note on the Kinloss streaming group, relating to current topics, as normally **takes place after the weekday first minyan at Shul**. Click www.kinloss.org.uk/streaming to join

Eleveneses on Wednesday Join **Rabbi Lawrence** for a general catch up and words of Torah on **Wednesdays at 11am**.

Click <https://zoom.us/j/3652480613> to join or by phone on 0203 481 5237 using code 365 248 0613. The password is Kinloss.

Covenant & Conversation with Rabbi Laitner

Discussion group with **Rabbi Laitner**, studying Rabbi Sacks' weekly Covenant & Conversation essays on the weekly sidra as usually takes place on Shabbat mornings. The material contains stories and different sections. It's an excellent introduction to Rabbi Sacks' thought and approach to learning. Weekly downloads are available at www.rabbisacks.org/shemini-5780-family-edition/. The discussion group will be on **Fridays at 11am**, for approximately 30-40 mins. Click <https://zoom.us/j/91072903468> to participate or by phone on 0203 481 5237 using code 910 7290 3468

Weekly Rambam Shiur with Rabbi Dr Raphael Zarum

Weekly shiur at **1.30-2pm on Fridays**, <https://zoom.us/j/337703845>

Weekly Daf Yomi Talmud Summary Shiur with Rabbi Laitner

A weekly Daf Yomi summary shiur with **Rabbi Laitner**, to overview key points of the previous week in the Daf Yomi and focus on one particular topic of interest. You do not need to be learning the Daf Yomi or even learning Talmud regularly to participate. **On Sundays at 8pm**, for approximately 45 mins. Click <https://zoom.us/j/94937994928> to participate or by phone on 0203 481 5237 using code 949 3799 4928.

Tribe Spark and Material

Click <https://www.tribeuk.com/category/tribe-resources-download> for Tribe resources.

Click <https://www.tribeuk.com/content/weekly-shabbat-newsletter> for the Tribe weekly spark newsletter. This will be updated regularly.

Daily Halacha and weekly shiurim – some updates

I hope you are keeping as well and safe as possible. We continue to daven for all those around the world who need to recover. Please G-d they will do so soon.

From Sunday to Friday, a short Devar Halacha audio clip is posted on the Kinloss What's App Streaming Group. Recently, we have covered topics relating to Yom Hazikaron and Yom Haatzmaut, including how these days found their place in the Jewish calendar and the observances associated with them. As well as discussing principles of Jewish law, we also considered historical precedence and testimony from people who lived through the events that we commemorate.

We are now considering new topics, analysing the response of contemporary and recent posekim (great scholars who write on matters of Jewish law) to current questions of modern life and Jewish law.

Each Friday, currently at 11am on Zoom, we study the fantastic Covenant & Conversation handout published weekly by Rabbi Sacks. It provides compelling insights on the weekly parasha and is a great introduction to Rabbi Sacks' thought. Whilst it's best to log in via Zoom, I'm working on uploading the recording subsequently to our Facebook page too.

On Sunday nights, currently at 8pm on Zoom, our weekly Daf Yomi summary shiur takes place. No prior knowledge is needed. This week, we will look at the Talmud's discussion of how some of the great characters in our history dealt with adversity.

The Zoom details are on the relevant page in the Kol Kinloss. Please also check out the United Synagogue social media channels, such as You Tube and Facebook, for the broad array of compelling programming which they host.

Shabbat Shalom from all the Laitners.

FROM EXILE TOWARDS REDEMPTION MACHZOR

מחזור קורן מגלות לגאולה

Yom Hashoah – Yom Hazikaron – Yom Haatzmaut – Yom Yerushalayim



'From Exile Towards Redemption' is the ground-breaking Weinstein Family edition Koren Machzor, produced with the United Synagogue. It commemorates those unique modern days which relate both to the Shoah and to the State of Israel.



The machzor contains prayer and essay sections, including moving forewords from Chief Rabbi Ephraim Mirvis and Israel's President Reuven 'Ruvi' Rivlin. Both sections include evocative photos and first-hand recollections. Other contributors include Rabbi Lord Jonathan Sacks and Natan Sharansky, as well as the late Golda Meir, Sir Martin Gilbert and Yehuda Avner.



המסדרות האזניות העולמית
מסדר לשיעורים דאורים בארצות
World Zionist Organization
Center for Religious Affairs in the Diaspora

Available from:

www.theus.org.uk/machzor

* John & Medina Loftus on the birth of a grandson. Son to Paula & Benjamin Loftus. Mazel Tov also to grandparents Corrine & Michael Anderson.

Mazel Tov to the children in our Community celebrating their birthdays this week

Olivia Dahan (5)

Alexander Kramer (11)

EMERGENCY COMMUNITY FUND

The JLC in partnership with Work Avenue,
has established a fund to support those across the community
whose earnings have been directly affected by COVID-19.
The fund specifically assists those who are ineligible for Government
support or who face delays accessing Government funds.

This fund is designed to help you with
essential expenses up until the end of June

WWW.THEWORKAVENUE.ORG.UK/COVID19

This emergency fund will close on 30th June 2020, terms and conditions apply

ENABLED AND FUNDED BY:



The Charles
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KABBALAT SHABBAT: LIVE



If you can't come to US,
we'll come to you!

Friday 1 May
7.05^{pm}

Join

Rabbi Mordechai Wollenberg

Woodford Forest United Synagogue
for an uplifting, inspirational
Kabbalat Shabbat service,
live via the United Synagogue
Facebook and YouTube pages.

Please note:

By participating in this live stream you are not
accepting Shabbat until you light candles

**Light candles after the
livestream by 8.09^{pm} in London**



Shopping and Delivery Options and COVID Information

Please go to www.kinloss.org.uk/covidhelp
to see all shopping and delivery options.

This will be regularly updated as we receive new information
so please check regularly.

US in The City presents an online zoom evening shiur with Rabbi Jonny Hughes



8pm, Monday, 4th May, 2020
**"How to defeat
Coronavirus"**

A discussion about the current crisis
and how we can overcome.
including a Q&A

Zoom details:
Code: 879 3857 4014
Password: 483 950



US in the City

Senior Rabbi: Rabbi Jonathan Hughes
Patrons: Elissa Bayer, Jonathan Metliss, Manny Weiss





KINLOSS
tribe



BES
tribe

KINLOSS YOUTH & BOREHAMWOOD &
ELSTREE YOUTH INVITE YOU TO

MONDAY NIGHT SUPPER QUIZ

MONDAY 4TH MAY
LOG ON AT 7:15PM
QUIZ STARTS AT 7:30PM

ZOOM LINK:
[HTTPS://US02WEB.ZOOM.US/J/814537
31953](https://us02web.zoom.us/j/81453731953)

ZOOM MEETING ID:
814-5373-1953

JEWISH SCHOOLS ADMISSIONS UPDATE

CRP REGISTRATION FOR 2020

One important element of the admissions process for many Jewish schools is the operation of the criteria set out in Certificate of Religious Practice (CRP). In the light of the Coronavirus (COVID 19) pandemic it will not be possible to apply one of the criteria, namely attendance at synagogue, the opportunity for which is due to start from 1 May 2020 for admissions for 2021/22.

In order to make the CRP process for this year as simple and workable as possible, the Office of the Chief Rabbi and the United Synagogue are reviewing the existing CRP to determine revised criteria. We are assuming that any revised criteria will be in force for admissions for 2021/22 only, in order to take account of current conditions. Once the United Synagogue have finalised the revised criteria for 2021/22, which we hope to be in the very near future, a revised CRP form will be available from the schools in due course.

We respectfully request that you do not contact the schools' admissions officer or Kinloss about this matter until there is a published resolution.

Tribe and Belmont United Synagogue invite you to

A MAGIC SHOW LIVE FROM NEW YORK

WITH BEN COHEN

a magician who has
taken America by storm

SUNDAY 3 MAY @ 4PM

In celebration of Yom Ha'atzmaut

Live on the US, Tribe and Belmont
Facebook and YouTube pages



tribe
www.tribeuk.com



Belmont
United
Synagogue



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

RABBI LAWRENCE WILL BE RECITING THE MEMORIAL PRAYER FOR ALL THE YAHRZEITS THIS SHABBAT

Shabbat 2 MAY

Edward Cooper	Father
Marion Josephs	Father
Dennis Marks	Father
Paul Richer	Brother
Dorothy Sadlik	Father

Sunday 3 MAY

Harry Cass	Father
Nona Davar (Ozerianskaya)	Father
David Elek	Mother
Bernard Goodwin	Mother
Anthony Harris	Father
Shirley Karp	Sister
Stuart March	Mother
Mannie Sher	Father

Monday 4 MAY

Chokat Bassally	Father
Judith Benjamin	Brother
Gloria Lebetkin	Mother
Alicia Lewis	Mother

Tuesday 5 MAY

Pauline Harris	Brother
Marian Phillips	Sister
Sheila Sive	Father
Minnie Weintrob	Husband

Wednesday 6 MAY

Frank Caplan	Mother
Vivienne Crespi-Gulgoz	Father
Spencer Davis	Father
Beverley Goodman	Father
Jeffrey Horn	Father
David Kaye	Father

Thursday 7 MAY

Sheila Fertleman	Father
Sheila Soleiman	Father

Friday 8 MAY

Rita Gordon	Mother
Michael Kamlish	Mother
Susan Rubin	Father

MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time.

Please pay your invoices via online BACS payment

OR the member portal <https://myus.theus.org.uk/login>

OR CALL THE OFFICE 020 8346 8551

AND SPEAK TO DENISE

TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE

ALL TOMBSTONE CONSECRATIONS ARE POSTPONED FOR THE TIME BEING

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

