

SHABBAT LEARNING AT KINLOSS

Friday night

3:45pm: Mincha and Kabbalat Shabbat
D'var Torah by Rabbi Andrews
"Thoughts on the Parasha"

Shabbat Morning

8:30am: Sephardi Synagogue
Talmud Tractate Pesachim by Rabbi Heller

9:15am: Youth Breakfast Banter
Breakfast & Parasha Shiur Benchers Cafe with Barry Colman

9:00am Laws of Pesach by Rabbi Dr Raphael Zarum
in Nissan and Rifca Deal Hall

10:30 - 10:50am: Study Group with Rabbi Laitner
in the Rabbi's Office
titled
"Covenant and Conversation on Parashat Shemot"

12:15pm Early Mincha in the Main Synagogue

Shabbat Afternoon

4:00pm : Mincha followed by Shiur by Rabbi Andrews titled
"Chumashim From the Church: Responsa from Rabbi Ovadiah Yossef"

4:53pm : Ma'ariv

7:00pm Daf Hayomi Shiur offsite
For more details call Moishe on 07521 149 764

SHABBAT AT KINLOSS

HASHKAMA 7:45am
in the Liora Graham Beit Hamidrash,
followed by Kiddush and a short shiur.

MAIN SYNAGOGUE 9:15am
led by Chazan Eli Sufrin. Kriat Hatorah by Jacky Lax. Rabbi Lawrence will speak.

THE MINYAN 9:30am
in the Deal Halls. Kriat Hatorah by Neil Nachshen. Rabbi Laitner will speak.

SEPHARDI SERVICE 9:00am
in the Sephardi Synagogue, led by Rabbi Heller and Reuben Gorji.

YOUTH SERVICE 9:45am
in the Liora Graham Beit Hamidrash,
under the direction of our Youth Director, Barry Colman.

Some Thoughts on the Sidra By Barry Colman

Following the death of Yoseph at the closing of last week's sedra, Sefer Shemot begins with a new Pharaoh rising to power filled with a hatred for bnei yisrael.

“There arose a new king over Egypt, who did not know of Yosef” (Shemot 1:8)

The mefarshim suggest two approaches to understanding this verse: either a new king who had not known Yosef assumed the throne, or the same king retained power, but he pretended not to know who Yosef was.

Either way, the Torah is telling us that Pharaoh set out to rewrite Egyptian history. He considered Yosef's rise to power to be a blight on his nation's glorious past; that a Jew single-handedly prevented Egypt from being ravaged by famine was intolerable. After a substantial period of peace and tranquillity, living side-by-side with the Egyptians, the children of Israel now found themselves as slaves to Pharaoh and to Egypt.

Through slavery Pharaoh was trying to break us. However, his plan backfired. During this time the Jewish nation multiplied exponentially. As the Midrash Rabbah explains, in Egypt the children of Israel gave birth to six babies at once, with the Torah hinting to this with six phrases:

“And the children of Israel were fruitful, increased greatly, multiplied, and became mighty - exceedingly so; and filled was the land with them” (ibid. 1:7)

Furthermore,

“as much as they (Pharaoh & Egypt) would afflict them, so they would multiply and so they would burst forth...” (ibid. 1:12)

Frustrated, Pharaoh summons the Jewish midwives Shifrah and Puah,

“And he said, When you deliver the Hebrew women, and you see on the birth stool, if a son it is, you are to kill him...” (ibid. 1:16)

“But, they feared – the midwives – God and they did not do as he spoke to them the king of Egypt and they kept alive the boys” (ibid. 1:17)

When Pharaoh learned that they had not fulfilled his instructions, he summoned them once again demanding an explanation. In their own defence they explained that the Jewish women knew how to deliver and can give birth before a midwife arrives. Surprisingly Pharaoh accepted this weak explanation. However, they had been commanded to kill every new-born boy. So how did it make a difference as to whether they were present at the birth or just after, as they would still be able to determine the sex of the child?

The mefarshim explain that killing the boys was illegal under Egyptian law. What Pharaoh had actually instructed them to do was to abort every male baby in the early stages of pregnancy.

But in a time without modern technology how was this possible?

The midwives were able to determine the sex of the unborn foetus by means of an instrument they used known as a “birth stool”

Shifrah and Puah excused themselves to Pharaoh that they were unable to fulfil his instruction to abort the male babies, as Jewish women, unlike Egyptian women, had such uneventful pregnancies they did not require such medical examinations during pregnancy and so the opportunity to abort the foetuses was not there. With the Jewish birth-rate increasing on such miraculous levels, Pharaoh believed them.

SHEMOT STATISTICS

Mitzvot: None of the 613 mitzvot
Verses: 124 (15th longest of the 54 Sidrot)
Words: 1763 (14th longest)
Letters: 6762 (16 longest)
Haftarah: 22 verses (joint 33rd longest of the 80 Haftarot)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	319	205	292
Haftarah	345	225	1147

**“Rabbi Lawrence has been at Limmud this week, presenting sessions on
Pontifical Palaces, Mud Huts and the Kingdom of Heaven,
What does Halacha bring to the Sustainable Development Table?
Confidentiality, Confession and Cover-up in Halacha,
How to balance confidentiality, rights to privacy, public responsibility and
OUTRAGE!**

**The Curious Case of Licoricia of Winchester - A medieval tale of love
and intrigue, royalty, religion and murder.”**

Wednesday afternoons **LUNCH & LEARN**

12.15pm - 2pm | Beit Hamidrash

12.15pm - Parsha Shiur with Rabbi Andrews looking at classical commentaries and modern sensibilities. This will be an in-depth, modern look at the Parsha through the lens of the classical commentators.

1pm - Mincha

1:15pm - Guest speaker

Cost: £5 on the door for a light lunch.

For more information or to book,
please email Rabbi Andrews on
rabbi.andrews@kinloss.org.uk or
07407 764 854

*dates and speakers may be subject to
change.

23rd January

Rabbi D Fine



30th January

Rabbi Friedman



6st February

Rabbi Y Fine



13th February

Rabbi Liss



20th February

Rabbi Lawrence



27th February

Raisel Freedman



6th March

Rabbi Garber



13th March

Rabbi Wollenberg



THIS WEEK'S HAFTORAH BY RABBI ANDREWS

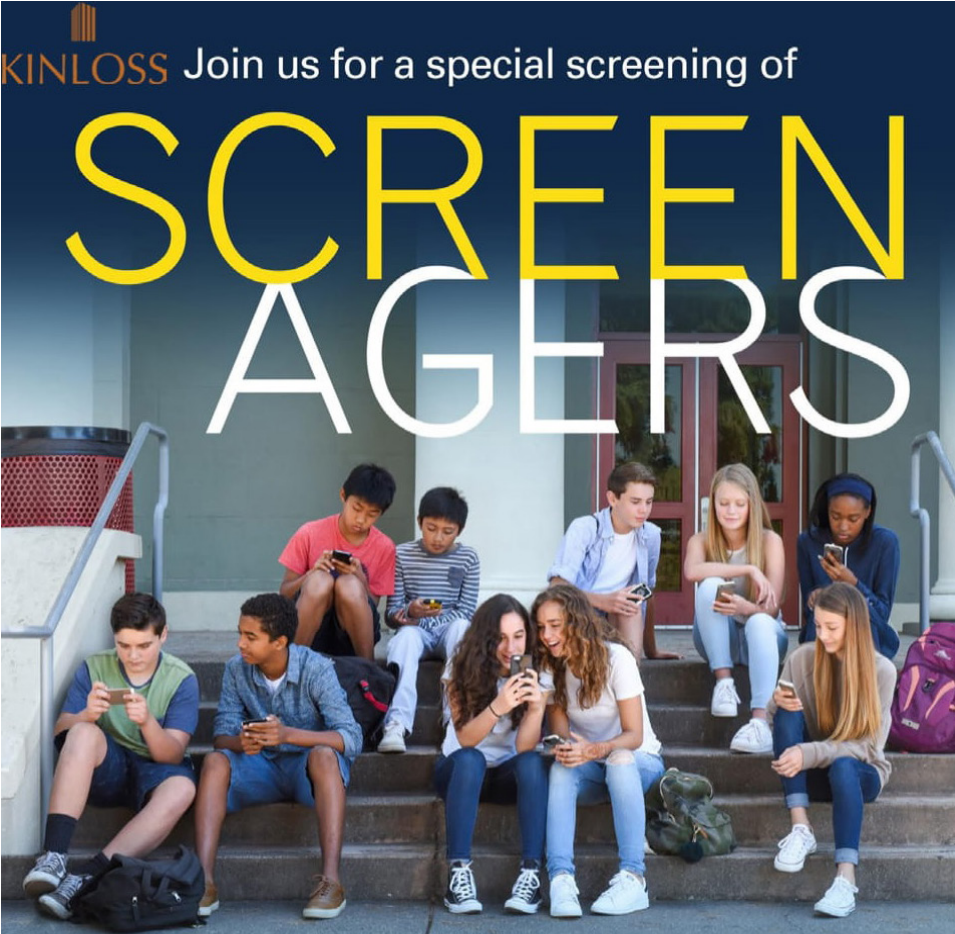
In obvious parallel to the Torah reading, this week's Haftorah discusses redemption. It starts with the Jewish return and "taking root" in their Land, but, then focuses on the potentially onerous steps that might be necessary to achieve such deliverance.

For most of us, the promise of return might itself be attractive on its own, but, Chaza"l (The Rabbis) in various places read greater depth into the language of "[In days] to come Jacob shall strike root, Israel shall sprout and blossom, And the face of the world Shall be covered with fruit" (Isaiah 27:6).

In the Talmud (Shabbat 145B)) R' Yoseph explains the passuk (verse) to refer to Talmidei Chachamim (Torah Scholars), who make tassels and other decorations for the Torah scrolls. On the other hand, the Midrash (Song of Songs Rabbah 7:3) takes the verse as evidence that the Jewish people are rooted to their Land in a way different nations are not.

Putting the two together, it might be that our redemption could be achieved via beautifying Israel with the same conviction as those who embellish Torah scrolls.

If you find yourself at Kinloss over the course of the day, please stop by the office to say hello! I can usually be found there during the regular office hours (except Thursday).



KINLOSS Join us for a special screening of

SCREEN AGERS

GROWING UP IN THE DIGITAL AGE

VENUE: KINLOSS SYNAGOGUE, KINLOSS GARDENS, LONDON N3 3DU
WHEN: WEDNESDAY 16TH JANUARY, 2019, 8PM - 10PM
COST: £7.50 PRE-BOOKING / £10 ON THE NIGHT WWW.KINLOSS.ORG.UK/SCREENAGERS

FOR FURTHER INFORMATION PLEASE CONTACT LUCY ON 0208 349 5267 OR EMAIL KET@KINLOSS.ORG.UK. SCREENING WILL BE FOLLOWED BY A Q&A PANEL DISCUSSION WITH EXPERTS IN THE FIELD OF MENTAL AND DIGITAL HEALTH.

screenagersmovie.com

KINLOSS SHABBAT LUNCHEON CLUB

will be taking place on

**Shabbat
5th January 2019**

Please contact Rochelle
on 020 8349 5263

Please reply by
Friday 28th December

THERE WILL BE A
SERVICE AT

**RUBENS HOUSE
184 Ballards Lane,
N3 2NV**

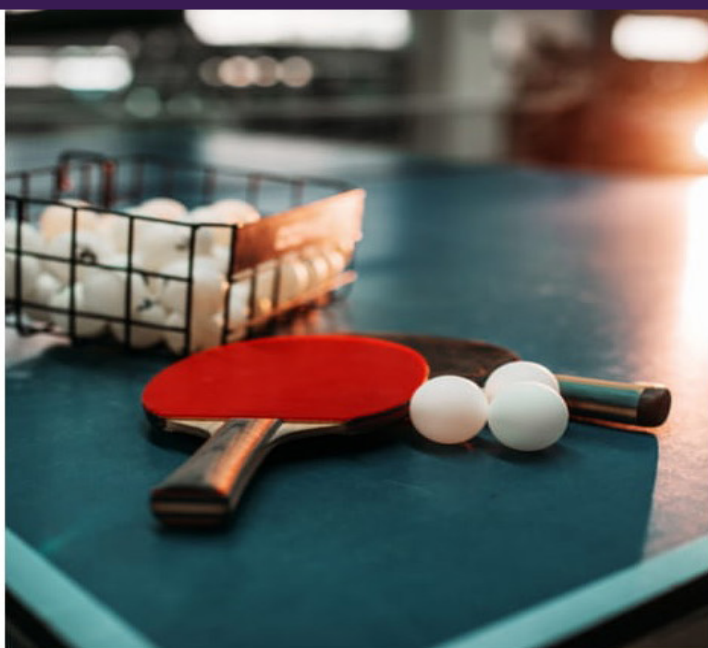
on
Shabbat 5th January 2019

starting at 9.30am.
Please email [lawrence@
susser.co.uk](mailto:lawrence@susser.co.uk)
to confirm attendance

* Irving Schryber on his second Bar Mitzvah

LEARNING GROUPS AND CLASSES NEXT WEEK AT KINLOSS:

Sunday through to Friday 07:40am Daf Yomi in the Nemetnejad Room
ALL OTHER LEARNING GROUPS AND CLASSES WILL RESUME IN JANUARY 2019



Thursdays

TABLE TENNIS FOR ADULTS

4pm - 5pm

Classes start 17th January until
4th April (no class 14th February)

All standards are welcome, so come along and enjoy this competitive and recreational sport.

Free of charge for Kinloss members and non-members.

For more information, please contact Lucy on **020 8349 5267** or email ket@kinloss.org.uk

NEW



Wednesdays

GAMES AFTERNOON

2.30pm - 4.30pm

Classes run every fortnight on
9th & 23rd January, 6th & 20th
February, 6th & 27th March,
10th April | Nemetnejad room

A board game group meeting to play a big mix of board games to accommodate most tastes.

Whether you are just getting started or a hardened board gamer, we would be delighted to see you.

We would love to see you if you play Clobyosh (Bela).

All abilities and ages are welcome – Bring your friends!

Free for Kinloss members and non-members.
Tea and light refreshments will be provided.

*For more information, please contact
Martin Summers on 020 8346 0619 or
email martinsumm48@yahoo.co.uk*

*Please contact Lucy on 020 8349 5267 if you
require transport assistance.*

Shabbat Shemot

Breakfast Banter, 9.15am in Benchers Café

Youth Minyan, 9.45am in the Liora Graham Beit Midrash

Look out for future events at:

www.kinloss.org.uk/youth

Kinloss Club, Club 78, Learn2Lead, Learn2Volunteer, Lead On, Shabbat Lunches,
Disneyland Paris, Purim, Tribe-a-side



DISNEYLAND PARIS

From 11pm on Sunday
17th February - 11pm on
Monday 18th February

£115 per person
School years 8 and above

Book at [www.kinloss.org.uk/
disneyland](http://www.kinloss.org.uk/disneyland)



Shabbat Shalom
Barry, Chaya, Choli, Amalia, Rachel & Sammy
youth@kinloss.org.uk 07792460091



If you require help or support, please call Rochelle on 0208 349 5263, or
email welfare@kinloss.org.uk.
All messages treated in the strictest confidence.



Saturday night 16th February 2019 @ 7:45pm
"Eden" at the Hampstead Theatre,
Eaton Avenue, Swiss Cottage, NW3 3EU



Join Kinloss on Saturday night, 16th February 2019 at the Hampstead Theatre to see
the play "Eden" starting at 7:45pm

Eden is set in an idyllic coastal village. A property tycoon sets his sights on the village
as the perfect site to build a luxury golf course. The play focusses on commercial
exploitation and greed, versus protecting and preserving the beauty of the natural
environment and taking back our community from those that wish to destroy it in the
name of wealth and power.

£11 per adult ticket, please book online www.kinloss.org.uk/eden
Tickets are non-refundable.

Contact Lucy on ket@kinloss.org.uk or on 020 349 5267 for more details.

KINLOSS NOTICE BOARD



9:45am Games Room in the Newman Room with Rav Malachi
0 - 4 year olds with Sara Keen in the Kinloss Suite Foyer
Reception up to School Year 2 with Natalie Sommer in the Avram Nemetnejad Room (2nd Floor)
School Years 3 - 6- with Dina Ellis in the First Floor Classrooms
All Children's Services will start at 10:45am followed by Kiddush

Mazeltov to the children in our community celebrating their birthdays this week:

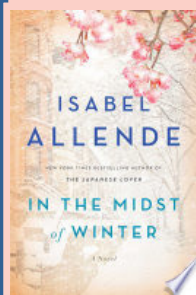


Arielle Mahalla (9)
 Aiden Adler (3)
 Thea Last (3)
 Sammy Friend (3)
 Oren Staub (7)

Sara Panas (9)
 Talia Corney (10)
 Gabriel Bendel (2)
 Joseph Nyman (10)

THANK YOU TO:

* Security Team 6. If you have any queries, please speak to Martin Shiers on 07831 836 031, or email securekinloss@yahoo.co.uk
 * Michael Goldman and Ruth Warrens of The Welcoming Committee



BOOK SOIREE

WEDNESDAY 9TH JANUARY 2019 AT 7:30pm - 9:00pm

"IN THE MIDST OF WINTER" BY ISABEL ALLENDE

A RELAXED SOIREE WITH WINE AND NIBBLES PROVIDED.

WE WILL CHAT ABOUT THE BOOK AND HOW MUCH (OR LITTLE) WE ENJOYED IT.

LED BY KATE FULTON, BELINDA MINDELL AND FIONA SEITLER

FOR MORE INFORMATION PLEASE CONTACT :

KATE FULTON ON EITHER 07801 911481 OR KATHRYNFULTON@HOTMAIL.COM



NEW CLASS

WOMEN'S ZUMBA

on Wednesday mornings at 9:30am

CLASSES START 16TH JANUARY 2019

To register your interest or discuss please contact
 Lucy on 020 8349 5267 or ket@kinloss.org.uk

SERVICES (שבת see front page)	Sun	Mon	BANK HOLIDAY Tues	Weds	Thurs	Fri
Shacharit 1	7:30am	7:30am	7:30am	7:00am	7:0am	7:00am
Shacharit 2	8:30am	8:30am	8:30am	8:00am	8:00am	8:00am
Sephardi Shacharit	8:00am	6:30am	8:00am	6:30am	6:30am	6:30am
Mincha				1:00pm	1:00pm	
Ma'ariv	Mincha and Ma'ariv 3:40pm	Mincha and Ma'ariv 3:40pm	Mincha and Ma'ariv 3:40pm	7:30pm	7:30pm	Mincha/Kabbalat Shabbat 3:50pm

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 29 DECEMBER

Shimon Alcobi	Mother
Doreen Coller	Mother
Simon Eisenberg	Wife
Rachel Hajioff	Father
Louise Kalms	Mother
Harry Kaufman	Father
Harvey Plant	Mother
Karen Waters	Mother

Sunday 30 DECEMBER

Ian Addleson	Mother
Irene Alizade	Father
David Grant	Mother
Michael Grunberg	Mother
Stephen Pincus	Brother
Vikki Shields	Sister
Laurence Silver	Father
Michael Young	Mother

Monday 31 DECEMBER

Leon Meyer	Father
Sheila Rose	Father
Yaffa Toubian	Father
Paul Vegoda	Father
Aviva Vyner	Father
Rose Young	1st Husband

Tuesday 1 JANUARY

Irene Botsman	Husband
Harvey Plant	Brother
Audrey Sinclair	Mother
Adrienne Sussman	Sister
Mike Ungelson	Father

Wednesday 2 JANUARY

Danielle Amdur	Sister
Alan Lee	Mother
Elaine Oster	Father
Denise Plant	Father
Millicent Villiers	Mother

Thursday 3 JANUARY

Muriel Altman	Sister
David Aminoff	Father
Gabriel Aminoff	Father
Pauline Aminoff	Husband
Ruth Goldman	Father
Joseph Lavian	Father
Gloria Lebetkin	Sister
Helene Levene	Father
Gerald Lucas	Sister
Jean Rauch	2nd Husband
Paul Richer	Mother
Simon Winston	Father

Friday 4 JANUARY

Leon Barnes	Father
Stephen Barnes	Father
Sandra Coleman	Mother
Bernice Kliger	Mother
Warren Levy	Father
Myrna Taylor	Husband

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot
Our club meets every Shabbat at 10:15am
in the Robing Room. Boys of 6 and over
welcome.

Led by David Lesser

CONDOLENCES:

* Family of Sheila Sykes Z"L

TOMBSTONE CONSECRATIONS:

SUN 6 JAN	10:30am in Bushey in memory of Bertine Soffair
SUN 20 JAN	10:00am in Bushey in memory of Evelyn Greene
SUN 3 FEB	10:00am in Bushey in memory of Marie Tredler
SUN 3 FEB	11:30am in Bushey in memory of Diane Heller
MON 11 FEB	11:00am in Bushey in memory of Leonard Bash



FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Rabbi Nisan Andrews: 07407 764 854

Shimon Gillis, Director of Operations: 020 8349 5264

Shul Office: 020 8346 8551