

SHABBAT WILL START AT 9:03pm AND TERMINATE AT 10:20pm

MAZEL TOV TO RACHELI LAITNER ON HER BAT MITZVAH,
EZY SUFRIN ON HIS BAR MITZVAH AND LILY GOLDSTEIN ON HER BAT MITZVAH.
WE EXTEND A WARM WELCOME TO THEIR FAMILY AND GUESTS

FRIDAY NIGHT

7:30pm Mincha followed by Kabbalat Shabbat in the Nissan and Rifca Deal Hall

7:20pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

Rabbi Dr Raphael Zarum's Rambam Shiur will not be taking place until 23rd July

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue
led by Chazan Eli Sufrin
Kriat Hatorah by Ezy Sufrin
Rabbi Lawrence will speak

9:15am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Colin Goldstein & Vitek Frenkel
Rabbi Lawrence will speak

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

Anim Zemiroth Club will not be taking place this week

10.45am CHILDREN'S SERVICES

Ages 0 – 4 in the Silver Suite - run by Michal Bassalian and Coral Harding

Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer

Yr 3 - Yr 4 - in the 1st floor classrooms - run by Penny Simmons

Yr 5 - Yr 6 - in the Newman Room - run by Julia Joseph

**In an effort to limit single use plastic bottles,
we are asking parents to bring water bottles for their children**

This weeks Kiddush is sponsored by Kinloss to celebrate the
Bar Mitzvah of Ezy Sufrin
and to thank David Elek for his years of service as
Chairman of Finchley United Synagogue

SHABBAT AFTERNOON

6:00pm Mincha in the Main Shul followed by a Seuda Shelishit
in the Nissan and Rifca Deal Hall, until 8:15pm, to celebrate
Racheli Laitner's Bat Mitzvah.

D'var Torah by Racheli at 7:00pm approx

8:50pm Sephardi Mincha

9:40pm Shiur by Rabbi Laitner on,
"The Shemitta year and Diaspora Jews today: thoughts from the writings of Rav Kook"

10.20 End of Shabbat and Maariv

D'VAR TORAH BY CHAZAN ELI SUFRIN

This week's Haftarah tells the fascinating story of Yiftach. Yiftach successfully wages war against Ammon who had been oppressing the Jewish Nation for 18 years. Before he goes to battle, he impulsively makes a vow that if he is successful, he will sacrifice the first thing that comes out of his house upon his return, as a burnt offering. As Yiftach returns from battle his daughter comes out to greet him. We are left on a cliff-hanger, as the verse does not state explicitly what happened to Yiftach's daughter, it just says "and he did to her the vow he had vowed" (Shoftim, 11:39).

Human sacrifice is condemned in the harshest of terms in Judaism. The disturbing pagan practice of Molech (child sacrifice) is mentioned numerous times in Tanach. Even when Hashem tests Avraham with the Akeidah, at the last moment He says, "Do not lay a hand on the lad; do not harm him at all!" (Beraishit 22:12). Did Yiftach not know this? Ibn Ezra (1089-1164), Radak (1160-1235) and Ralbag (1288-1344) maintain that Yiftach did not sacrifice his daughter literally, but rather she spent the rest of her life on a mountain in spiritual retreat. However, Rashi (1040-1105) and Ramban (1194-1270) understand the text literally.

This is an incredibly puzzling story, how could Yiftach do this, especially as he was not even bound by the vow he made. One cannot make a vow that violates Torah, for example if one makes a vow to eat pork, obviously this is not binding. Yiftach's vow is senseless, as a human being cannot be a sacrifice. One also cannot make a vow on behalf of someone else. Even if the vow was binding, there is a process whereby, if new information becomes apparent that was not known at time the vow was made, the vow can be nullified. Why did Yiftach follow through with this worthless, meaningless vow?

Yiftach could have asked Pinchas to nullify the vow, however, Yiftach who viewed himself as a great general, felt it was beneath his dignity to go to Pinchas, and summoned Pinchas to come to him. Pinchas (who did not know why he was been called) felt it was not befitting for him to go to Yiftach, rather Yiftach should come to him (בראשית רבה, סג). Due to this battle of egos, Yiftach's daughter suffered a terrible fate. Both Pinchas and Yiftach were punished for this, Yiftach with a gruesome death and Pinchas by losing his Ruach Hakodesh (Divine Inspiration). Yiftach's arrogance, stubbornness, and misplaced religious zeal (in his mind his 'vow' to G'd was more important than his daughter's life), caused the suffering of his own daughter.

There are many messages we can take from this story. Firstly, the מדרש תנחומה explains that Yiftach ended up sacrificing his daughter because he was not a 'Ben Torah', someone who studied Torah. Torah, rather than our own emotional reasoning, needs to guide us in the choices we make. We are blessed to live in an age where Torah learning is so easily accessible and to be part of a community with ample opportunities to attend classes and shiurim. Secondly, it takes courage to admit that we have made a mistake, and to ask for advice when needed. Getting stuck in the position of 'being right', can cause untold damage to our loved ones, who become a 'sacrifice' because we refuse to go a therapist, mentor or Rabbi, who can help us see another perspective. There are other ways we invertedly sacrifice those close to us, such as getting stuck in patterns of over-working and not spending enough time with family. Or getting stuck in a state of victimhood or indifference, that doesn't allow us to connect to those around us or reach our potential. Never compromising, lacking the courage to be vulnerable, worrying about social conformity, being too strict or too undemanding with our children, are all ways that cause those around us to become 'sacrifices'. May G'd give us the strength, to recognise and reach out for help when we need it.

Shabbat Shalom!

Chazan Eli

CHUKAT STATISTICS

MITZVOT: 3 OF THE 613 MITZVOT, ALL POSITIVE
VERSES: 87 (12TH SHORTEST OF THE 54 SIDROT)
WORDS: 1245 (15TH SHORTEST)
LETTERS: 4670 (14TH SHORTEST)

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	898	652	838
HAFTARAH	911	664	1189

KINLOSS DAYTOUR

WEDNESDAY 20TH JULY

**MORNING
AT THE
WIENER
HOLOCAUST
LIBRARY**



**AFTERNOON
TOUR
OF OLD
BAILEY**

10.30AM-4PM

£15 Kinloss Members, (£10 Concessions)
£20 non Members

Book by 10th July
www.kinloss.org.uk/tour

MEMORIAL BOARDS **ANNUAL UPDATE 5782 / 5783**

We are now offering, for a short time, the opportunity to add your loved ones' names and Yahrzeits to the beautiful new Memorial Boards in the Main Synagogue Foyer.
All names will be in perpetuity.

The price of a single plaque is £850.

Please note : this cannot be Gift Aided or paid by Charity Voucher

Bookings taken until Friday 28th July 2022

For further information please contact the office on
020 8346 8551 / office@kinloss.org.uk

To download form to complete go to
www.kinloss.org.uk/memorial

Tisha B'Av Afternoon & Evening, Sun 7th August



8.00 pm - Tour of Herodion with Dr Peter Abelow

Dr Abelow is an accomplished historian, engineer, school principal and tour guide. He was a director of Keshet – the Center for Educational Tourism in Israel and is co-founder of the Israel Is Beautiful virtual tour company. He will guide us through Herod's Palace, highlighting some recently opened excavations.



- 6.30 pm - The Romans in the Talmud
with Rabbi Lawrence
- 7.15 pm - Mincha
- 8.00 pm - Tour of Herodion
with Dr Peter Abelow
- 9.00 pm - Maariv
- 9.27 pm - Fast Terminates

KINLOSS IS COLLECTING!



HECHSHERED BAKED BEANS



TARGET: 500 CANS



SUPERVISED KOSHER BISCUITS



TARGET: 1500 PACKETS

These items will be included in the US Essentials food boxes, sent weekly to needy US members

159 Cans and 142 Packets have so far been collected

NOW - 15TH JULY

Please drop donations into container outside:
Shul - Kinloss Gdns

Hurst/Mansfield - 90 Windermere Ave, N3 3RA

Nassimi - 36 North Cres, N3 3LL

Kamiel - 18 Templars Cres, N3 3QS

Ison - 2 Cyprus Gdns, N3 1SP

Turner - 8 Sylvan Ave, N3 2LE

Green - 3 Ridge Close, NW4 1ER (off Holders Hill Av)

KINLOSS
CARES



e: laitners@kinloss.org.uk



We will be doing a feature in the 2022 Kinloss Rosh Hashanah Magazine on the Queen's Platinum Jubilee celebrations.

If you have any photos of your own Jubilee celebrations with your families, please email to ket@kinloss.org.uk.



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Gift Aid

KINLOSS

is a government initiative to encourage giving to charities. Signing up would maximise the value of your contributions made to Kinloss.

Are you already signed up? If you're not sure or would like to sign up, please call Kinloss Office to discuss with Denise or Shimon 020 8346 8551

RECIPES FOR THE ROSH HASHANAH MAGAZINE



Please email in any recipes with photos if you have to
ket@kinloss.org.uk

MAZEL TOV • מזל טוב

- * Wishing mazel tov to Racheli Laitner on the occasion of her Bat Mitzvah and to Rabbi Michael & Sharon, Yoni, Binyamin and Sammy. Mazel tov also to grandparents Hilary Chesler and Adrienne & Stewart Laitner.
- * Mazel tov to Chazan Eli & Nechama Sufrin on the occasion of Ezy's Bar Mitzvah. Mazel tov to Families Goodwin and Ellis, siblings and to grandparents, Dr & Mrs B Chalk, and Mrs F Sufrin. Remembering Rabbi MH Sufrin z"l at this special time.
- * Mazel tov to Dawn, Colin, Ella and Ruby Goldstein on the occasion of Lily's Bat Mitzvah. Mazel tov to grandparents Carolyn & Michael Field, Julie & Eric Salem, and Rosalind Goldstein. Fondly remembering Colin's father Bernard z"l.
- * Mazel tov to Davinia, Jeremy and Amelie Teacher on the occasion of Hollie's Bat Mitzvah. Mazel tov to grandparents, Sandra & Michael Teacher, Paul & the late Hilary Newman z"l.
- * Mazel tov to Marian & Leonard Stern on the birth of a great-granddaughter. Daughter to Miriam & Reuven Teller in Jerusalem, and granddaughter to Anna & Julian Stern.



KINLOSS BANQUETING & EVENTS

For all enquiries please contact Shimon on 020 8349 5268
Finchley Synagogue, Kinloss Gardens, London, N3 3DU
banqueting@kinloss.org.uk www.kinlossevents.co.uk



EZY SUFRIN

Mazel Tov to Ezy on his Bar Mitzvah

Ezy is blessed with older siblings, nieces and nephews

Ezy attends Menorah Grammar School. His hobbies are listening to and producing music and playing basketball

For his Bar Mitzvah Ezy began volunteering for the charity Shabbat Walk, where he assists families in need of respite, with their younger children

RACHELI LAITNER

Mazel Tov to Racheli on her Bat Mitzvah

Racheli has three brothers - Yoni, Binyamin and Sammy
She goes to Hasmonean High School for Girls

She enjoys watching and playing football and cricket. She also loves calligraphy.

Racheli volunteers weekly at the Gift warehouse, packing grocery bags for the families they support. She also delivered newspapers throughout lockdown to shielding shul members for Kinloss Cares.



LILY GOLDSTEIN

Mazel Tov to Lily on her Bat Mitzvah

Lily has two siblings Ella & Ruby, and she attends Habs Girls

Her hobbies are dancing, art, baking and guitar

Her charity work as part of the simcha, Lily has been selling her handmade home-baked treats and raised over £1,000 for Ukrainian refugees who need assistance settling in Israel

HOLLIE TEACHER

Mazel Tov to Hollie on her Bat Mitzvah

Hollie has one sister Amelie, and she attends Immanuel College

Her hobbies are netball, tennis, rounders, gymnastics, dance and trampolining

Hollie has helped raise money for a number of charities including Chai and has been participating in the Project Impact programme



Thank you to the Hurst family for hosting the Year 13 Graduation BBQ last week!
We're going to miss the Year 13's and wish them only success for the future!



Football is HOME!
Well done to the Kinloss Boys Year 9-11 team on winning the Tribe-a-Side Football Tournament!



SHUL MEMBERSHIP BILLS

You will have received your 2022/23 membership bills in the post.

Please pay your invoices via:

- * Online BACS payment

- * The member portal

<https://myus.theus.org.uk/login>

- * If you would like to pay by Credit / Debit Card over the phone, please call Denise on 020 8346 8551

Donate to Match for Morasha



**Support our children,
our community and
our school.**

Donate now and play your part to help
build the extension for Sacks Morasha.

charityextra.com/morasha



**Would you like to sponsor a Kiddush
in the Minyan on Shabbat?**
Please sign up via: www.kinloss.org.uk/minyankiddush

**MAZEL TOV TO THE CHILDREN
IN OUR COMMUNITY
CELEBRATING THEIR BIRTHDAYS**



Oliver Redwood (8)
Alexander Basrawy (9)
Liat Shababo (6)
Reuben Zwick (5)
Maayan Ruback (11)
Alice Ezra (7)

KINLOSS cares
about you

Volunteers needed to shop for our elderly members.

We also need volunteers to give lifts to our elderly members.

Please contact Rochelle
0208 349 5263/ 07517 577 019

Kinloss Cares

What can we offer?



Contact Rochelle
020 8349 5263
kinlosscares@kinloss.org.uk

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

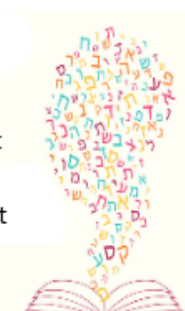
Shul members, PLEASE join our security rotas for shifts.
Our Shul is one of the most visible, high profile buildings in London.
The Community remains on a serious state of alert and we
MUST provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.

Please email :
securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031 to volunteer

IVRIT DISCUSSION GROUP HAVE SPACE FOR 1/2 NEW MEMBERS TO JOIN WEEKLY (Mondays
via zoom, 7pm-8.30pm)

An intermediate-level group (Chug) in Ivrit for people who can speak the language and want to progress their competence (no attempt at learning grammar). Each person leads on an article from Yanshuf (an Israeli newspaper in somewhat easier Ivrit) or from whatever, or just tells a story.



Contact Tony Korn on 020 8062 1545 or tk666554@gmail.com

SERVICE TIMES:

SERVICES (שבת see front page)	Sun 10th 11 Tammuz	Mon 11th 12 Tammuz	Tues 12th 13 Tammuz	Wed 13th 14 Tammuz	Thur 14th 15 Tammuz	Fri 15th 16 Tammuz
Shacharit	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	Mincha Kabbalat Shabbat 7:30pm

Services are back in the Liora Graham Beit Midrash



YIZKOR BOOKLET 5783 - 2022/23

During Yizkor, we recite a special memorial prayer for each of our relatives whom we wish to remember, and this is your opportunity to include their names in the Yizkor Booklet.

Letters will be sent out by post this week.
IN ORDER TO MEET DEADLINES WITH THE PRINTERS,
WHEN YOU RECEIVE YOUR LETTER, COULD YOU
PLEASE COMPLETE AND RETURN THE FORMS AS SOON AS
POSSIBLE, BUT NO LATER THAN FRIDAY 29TH JULY 2022

If you have not receive a letter, or have any queries, please contact the Shul office on 020 8346 8551 or by email to yizkor@kinloss.org.uk

SHARED READING GROUP

EVERYONE IS WELCOME - EXISTING OR NEW
PARTICIPANTS

Tuesday 26th July

at 2pm in Benchers at Kinloss. For more

information, please speak to : Kate Fulton on

07801 911 481 or kathrynfulton@hotmail.com



THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 9 JULY

Bernard Goodwin	Wife
Stephen Goodwin	Mother
Irene Scott	Brother

Sunday 10 JULY

Pauline Aminoff	Brother
Abraham Borman	Mother
Suzanne Clinton-Davis	Mother
Sivi Harounoff	Half Brother
Jane Jaffa	Father
Jacob Kut	Father
Andrew Shiers	Father
Martin Shiers	Father
Linda Tanner	Husband

Monday 11 JULY

Amos Azizoff	Mother
Marilyn Azizollahoff	Father
Sheila Cameron	Husband
Henry Garfinkel	Mother
Simon Goulden	Mother
Alfred Young	Sister
Elaine Young	Mother

Tuesday 12 JULY

Lawrence Freeman	Mother
Robert Harris	Mother
Rosalind Judah	Mother
Norman Rose	Sister
Maureen Sander	Mother
Peter Sheldon	Brother

Wednesday 13 JULY

Frank Caplan	Father
Norman Davis	Father
Esther Gorjian	Mother
Michael Laitner	Mother
Parvin Lavian	Mother
Alan Levene	Father
Sally Saunders	Mother
Sarah Weisz	Mother

Thursday 14 JULY

David Basrawy	Father
Aubrey Moher	Brother

Friday 15 JULY

Anthony Brittan	Mother
Shirley Ellis	Mother
Greta Jacobs	Mother
Deborah Laurier	Father
Rosalyn Liss	Father
Adam Sussman	Father
Adrienne Sussman	Husband
Debra Sussman	Father
Alexa Tapper	Sister
Sandra Tauber	Husband

KINLOSS cares
about you



KINLOSS

THE KINLOSS SHABBAT LUNCHEON CLUB

will be taking place
on Shabbat 16th July 2022

If you would like to attend, please contact:
Rochelle on 0208 346 8551
to confirm your attendance
before Tuesday 12th July 2022

CONDOLENCES:

* Andrea, Jason and Abi Rappoport on the passing of their husband and father
Ron Rappoport Z"L

CONSECRATIONS:

10/07/2022 12:00 in Bushey Old in memory of Betty Lasher Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

