



15 / 16 MAY 2020

כ"ב אייר תש"פ

Shabbat commences at 20:32pm and terminates at 21:46pm

The Shul Doors may be Closed but Kinloss remains Busy!



For Streaming Updates on WhatsApp please connect to www.kinloss.org.uk/streaming

For everyone who is struggling to remember which day is which at the moment:

Fri 15 May 21 Iyar		Candle Lighting Omer after Nightfall (21:46)	20:32 37 days
שבת 16 May 22 Iyar	Behar-Bechukotai	Havdalla Count Omer after Nightfall	21:46 38 days
		Zoom Maariv & Havdalla	21:50
Sun 17 May 23 Iyar		Count Omer after Nightfall	39 days
Mon 18 May 24 Iyar		Count Omer after Nightfall	40 days
Tues 19 May 25 Iyar		Count Omer after Nightfall	41 days
Wed 20 May 26 Iyar		Count Omer after Nightfall	42 days
Thur 21 May 27 Iyar	YOM YERUSHALAYIM	Count Omer after Nightfall	43 days
Fri 22 May 28 Iyar		Candle Lighting Omer after Nightfall (21:46)	20:42 44 days
שבת 23 May 29 Iyar	Bemidbar	Havdalla Count Omer after Nightfall	21:58 45 days
Yom Yerushalayim is Thurs 21 st May			
Rosh Chodesh Sivan is Sunday 24 May. Shavuot will be Thurs Night 28 May, Friday 29 May & Shabbat 30 May			

Zmanim – Davening times

According to the Gr"a

Latest Shema is currently 9:02am

Latest Amida is currently 10:24am

Morning times are getting earlier by about almost a minute every day.

Earliest Minchah is 1.36pm

Plag Mincha is 7.07pm

Shkia is 8.44pm

Evening times are getting later by around a minute every day.

Earliest time to bring in Shabbat on Friday is 7.09pm

You can get updates and timed Omer reminders on <https://www.myzmanim.com/>



See inside for United Synagogue
Streamed Kabbalat Shabbat

See inside for details of Daily Tefilla, Memorial Prayers, Regular
Divrei Torah & Shiurim, With Rabbi Lawrence, Rabbi Laitner, &
Youth Directors Harry & Liora Salter

BYO Lunch & Learn



Chava Wulwick
2pm Wednesday
Link inside

Natalie's Children's Service https://youtu.be/LtN3XmTI_J4

Sara's Toddler's Service <https://youtu.be/1pgFRWJKRg8>

**Thanks to all our welfare volunteers and kindly neighbours for
their great supportive work.**

**If you would like additional support, please contact Kinloss Cares
on 020 8349 5263.**

Behar: A Land of Promise and Responsibility

The Midrash debates why Moshe was so upset that Hashem would not let him into the Land of Israel.

What was so special about the land? The rabbis discuss the special holiness of the land and wax lyrical about its rare spiritual and physical beauty. The land of Israel, the air of Israel are all reputed to bring people closer to God. Nonetheless, the rabbis conclude that Moshe had exceeded all normal human potential in this regard. Surely, he could get no closer.

The Talmud (Sotah 14a) suggests that at the heart of Moshe’s upset was that he would never see and never have the chance to perform a series of mitzvot, unique to the land of Israel itself, which are known as the “Mitzvot Hataluyot Ba-Aretz”, the mitzvot which depend on the land.

While the laws of Shabbat and kashrut, fair weights and measures, honouring our parents and refraining from vice apply wherever we are, the Torah designates a number of Commandments as applicable only and exclusively within the borders of Israel itself.

Many of these Commandments are introduced in our Parasha of Behar. Broadly speaking, they establish a social/welfare system for a sovereign nation.

We are told that when the children of Israel come into the land, they must keep the sabbatical or Shemitta year. Every seven years, the land must not be tilled, planted or harvested. It should lie fallow. Any fruit or food which grows naturally on the land may be taken and consumed by whoever finds it. But Shemitta produce may not be traded or sold.

In the 50th year, after the completion of seven sabbatical cycles, a “Yovel” or Jubilee is proclaimed and similar rules apply. Moreover, in the 50th year, the land is redistributed amongst its original tribal owners so that land, which had been sold through poverty (and you would only ever sell your land if you were desperate) was returned to its traditional families. In this way, families would not suffer for all time in the aftermath of a bad harvest, bad management or bad luck. Every 50 years there would be a balancing of the ancestral real estate.

The Parasha introduces an obligation for society to provide for its poor and dependants. Individuals who incur heavy debts are expected to work them off according to a payment schedule which will end at the next Jubilee year. The Torah does not believe that people should leave themselves dependent on charity. They should be made to work to support themselves and their dependents.

With this, the Torah admonishes good treatment of the “Eved Ivri”, the indentured Israelite servant. He is not to be worked with hard labour as a slave. He is to be regarded as a brother and treated a member of the household. He must be accorded the same good food and comparable accommodation. The Talmud observes (Kiddushin 22a), “If you acquire for yourself a servant, you acquire for yourself a master”. Hashem reminds us that we were liberated from Egypt to serve Him in freedom and not to be enslaved to each other.

In reminding us of our treatment by the Egyptians, we are also obligated to do deal fairly with the non-Jewish residents of Israel who dwell in our midst.

In explaining why Israel was sent into exile, the Talmud (Shabbat 33a) determines that the Shemitta and Jubilee years were not properly observed. Although charity was widespread and provision was made for the destitute, the rich were allowed unchecked growth and the poor spiralled downwards without hope of redemption. Land was treated as a personal possession and not as a trust from God. The trust was breached and the land withdrawn.

While the mitzvot of Parshat Behar can only apply where the whole community participates and thus they are reserved for Jewish sovereignty in the land of Israel; the principles resonate throughout Jewish teaching – a strong work ethic, and a responsible society which offers dignity and hope to its workforce.

Shabbat Shalom

R’ Jeremy Lawrence

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	764	531	696
Haftarah	789	551	1179

Behar Statistics
Mitzvot: 24 of the 613 Mitzvot, 7 positive & 17 prohibitions
Verses: 57 (5th shortest of the 54 Sidrot)
Words: 737 (5th shortest)
Letters: 2817 (5th shortest)
Haftarah: 22 verses (joint 39th longest of the 80 Haftarat)

Bechukotai Statistics
Mitzvot: 12 of the 613 Mitzvot – 7 positive & 5 prohibitions
Verses: 78 (9th shortest of the 54 Sidrot)
Words: 1013 (8th shortest)
Letters: 3992 (8th shortest)
Haftarah: 17 verses (joint 15th shortest of the 80 Haftarat)

Return to Jerusalem

This Thursday marks the 53rd anniversary of the reunification of Jerusalem. It was one of the most transformative moments in Jewish History. Until then, many had imagined that the fledgling State of Israel might be a 19-year wonder, with the Jews as history's great victims. After the Six Day War, there was a sea-change. The Jews were history's great survivors. In our own eyes, even, history's great victors. The return to Jerusalem, as well as the return to the holy city of Hebron, the return to the kibbutzim and moshavot lost in 1948 saw a renaissance of Jewish hope and religious affiliation. Contributions to Jewish causes which had been seen as pity-payments became investments in a Jewish future.

I have been moved by personal accounts shared by Israelis who remember the fall of Jerusalem in the War of Independence and then the exhilaration of reunification. Nomi Shemer's *Yerushalayim shel Zahav* had been commissioned by Teddy Kollek for the 1967 Israel Song Festival on May 15th. On 7th June she was about to perform for some paratroopers who were recovering in their base. The last verse was hurriedly added by her on hearing the news that Jerusalem had been re-taken and Rabbi Goren had blown the shofar at the Kotel.

For two millennia, Jerusalem has been the at heart of our sense of exile and our yearning to return. It was the emblem of lost hope, of enduring hope and now of hopes fulfilled.



“Ten measures of beauty were given to the world, nine to Jerusalem and one for all the rest. Ten measures of suffering were given to the world, nine to Jerusalem and one for all the rest. Ten measures of Torah were given to the world, nine to Jerusalem and one for all the rest. As it says, “For out of Zion will go forth the Torah, and the word of God from Jerusalem.” (Avot D’Rabbi Natan)

Someone praying outside Israel should focus his heart to Israel. Someone praying in Israel should focus his heart on Jerusalem. Someone praying in Jerusalem should focus his heart on the Temple. Someone praying in the Temple should focus his heart on the Holy of Holies, so that all of Israel are praying, focused on one place. (Talmud Shabbat)

There was a stone in the Holy Of Holies in Jerusalem from the days of the earliest prophets, and “Shtiyya”, which means “Foundation” was its name; for from it the whole world had its foundations. (Talmud Yoma)

Rabbi Shimon Ben Gamliel taught: Whoever eats or drinks on the fast of the Ninth of Av is like someone who eats or drinks on Yom Kippur. The sages taught: Whoever does work on the Ninth of Av and does not mourn the destruction of Jerusalem will not see it in its happiness. They learn this from the verse “Rejoice with Jerusalem, and be glad with her, all you that love her; rejoice for joy with her, all you who mourned for her”.

From this they stated “Whoever mourns for Jerusalem will succeed to see it in its happiness. Whoever does not mourn for Jerusalem will not see it in its happiness”. (Talmud Taanit)

There were four hundred and eighty synagogues in Jerusalem, and each had a school for reading and a study hall. (Jerusalem Talmud Chagiga)

There is no love like the love of Torah, and there is no wisdom like the wisdom of the land of Israel, and there is no beauty to match the beauty of Jerusalem. (Avot D’Rabbi Natan)

Rabbi Gamliel and Rabbi Eliezer Ben Arach and Rabbi Yehoshua and Rabbi Akiva were coming down into Jerusalem. As they climbed down from Mount Scopus they tore their clothes in mourning.

When they arrived at the Temple Mount they saw a fox running out of the Holy of Holies. They all cried in sorrow.

Rabbi Akiva laughed.

They asked, "Akiva, what have you got to laugh about?"

He asked, "And why are you crying?"

They said, "Once only the High Priest could enter there, just for a few seconds, on the holiest day of the year. Now foxes run there freely, and you don't cry?"

He answered, "Have you forgotten the words of our prophets? Micah once said that Jerusalem will become heaps of rubble and the Temple Mount will be like a forest. And Zechariya said, 'This is the word

The great medieval philosopher, physician and poet **Yehuda Halevi** (1075-1141) wrote from Toledo of his yearning to see Jerusalem.

MY HEART IS IN THE EAST

*My heart is in the east, and I in the uttermost west—
How can I find savour in food? How shall it be sweet to me?*

*How shall I render my vows and my bonds, while yet
Zion lieth beneath the fetter of Edom, and I in Arab chains?*

A light thing would it seem to me to leave all the good things of Spain—

Seeing how precious in mine eyes to behold the dust of the desolate sanctuary.

In 1140 he journeyed to Alexandria, and visited his great contemporaries, Shmuel HaNagid and Shmuel ben Chanania. He wrote of his voyage:

*I cry out to God with a melting heart and knees that strike against each other,
While anguish is in all loins,
On a day when the oarsmen are astounded at the deep,
When even the pilots find not their hands.
How shall I be otherwise, since I, on a ship's deck,
Suspended between the waters and the heavens,
Am dancing and tossed about?
But this is merely a light thing,
If I may eventually hold a joyous dance in the midst of you,
O Jerusalem!*

of God: Once again old men and women will dwell in the streets of Jerusalem and the streets of Jerusalem will be filled with boys and girls at play.'

"You cry because the first has come true. I laugh with joy because surely now we will see the fulfilment of the second." (Talmud Makkot)

If I forget you O Jerusalem, May my right hand forget its powers, May my tongue stick to the roof of my mouth, If I do not remember you, If I do not place Jerusalem above all of my happiness. (Psalm 137)

Let there soon be heard again in the cities of Judah and in the streets of Jerusalem, the sound of joy and the sound of gladness, the voice of the groom and the voice of the bride. (Jeremiah 33)

On 14th May 1141 (28th Iyar 4901, exactly 877 years ago, he set sail for Israel. That date is our last confirmed point of contact with him. The assumption is that he arrived. There is an unsubstantiated rumour that he travelled to Jerusalem, where, as he davened at the Kotel, an Arab horseman ran him down.

This tragic legend is referenced at the beginning of his celebrated 1967 poem *"The Paratroopers Cry"* by Chaim Hefer, one of the soldiers who retook the Kotel.

*This Kotel has heard many prayers
This Kotel has seen many walls fall
This Kotel has felt wailing women's hands and notes pressed between its stones
This Kotel has seen Rabbi Yehuda HaLevi trampled in front of it
This Kotel has seen Caesars rising and falling
But this Kotel has never before seen paratroopers cry...*



**Watch and listen
to Shiurim online join our WhatsApp Group
on www.kinloss.org.uk/streaming**



Daily Mincha and Ma'ariv

Join **Rabbi Lawrence** every evening
for **Mincha and Ma'ariv**
at **7.30pm**.

This includes the reading of Yahrzeits.
Click <https://zoom.us/j/3652480613> to
join
or by phone on 0203 481 5237 using
code 365 248 0613.
The password is Kinloss.



Eleveneses on Monday, Wednesday & Thursday

Join **Rabbi Lawrence**
for a general catch up and words of
Torah on
Monday, Wednesday & Thursday
at **11am**.

Click <https://zoom.us/j/3652480613> to
join
or by phone on 0203 481 5237 using
code 365 248 0613.
The password is Kinloss.



Daily Halacha

Daily Halacha from **Rabbi Laitner**,
as a short voice note on the Kinloss
streaming group,
relating to current topics, as normally
takes place after the weekday
first minyan at Shul.
Click www.kinloss.org.uk/streaming
to join



Weekly Rambam Shiur with Rabbi Dr Raphael Zarum

Weekly shiur at **1.30 - 2.00pm**
on Fridays. Click
<https://zoom.us/j/91486961830?pwd=MVUyd1Q5MTl0R052ZWtjWGVhOXR6Zz09>
Meeting ID: 914 8696 1830
Password: 955617



Tribe Spark and Material

Click
<https://www.tribeuk.com/category/tribe-resources-download>
for Tribe resources.
Click <https://www.tribeuk.com/content/weekly-shabbat-newsletter>
for the Tribe weekly spark newsletter.
This will be updated regularly.



*Unique and
Rare
Opportunity*

- Chef to Top Celebrities
- Private Chef to Anthony Joshua
- 30k followers on Instagram
- MasterChef UK Series 2 Semi-Finalist 2008
- Winner of Young Chef of the Year award, Gastronomy by the Seine, Paris 2008
- Jamie Oliver's Fifteen London (Jnr Sous Chef)



Through a Lens

Baking Masterclass *with Ryan Stafford*

Monday 25th May @ 8pm

Sign Up at

www.kinloss.org.uk/bake

BRING YOUR
LUNCH AND
LEARN
TOGETHER



CHAVA WULWICK
WEDNESDAY
20TH MAY @ 2PM

WWW.KINLOSS.ORG.UK/LANDL


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MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time.

Please pay your invoices via online BACS payment

OR the member portal <https://myus.theus.org.uk/login>

OR CALL THE OFFICE 020 8346 8551

AND SPEAK TO DENISE

TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE

Resource

Helping the community into employment

Have you lost your job, are you worried about being made redundant or is your business is struggling?

Please be aware that Resource – the charity that has been helping members of the Jewish community into work for over 25 years – is offering all of its services remotely. We can support you with every aspect of job searching, including preparing an effective CV, improving interview skills, writing speculative applications, as well as teaching you how to make the most of networking to locate work opportunities, using LinkedIn and other social media for your job search. This is a free service, funded by generous members of the Jewish community.

To make an initial appointment with one of our advisors please call 020 8346 4000 or visit www.resource-centre.org

JEWISH SCHOOLS ADMISSIONS UPDATE CRP REGISTRATION FOR 2020

One important element of the admissions process for many Jewish schools is the operation of the criteria set out in Certificate of Religious Practice (CRP). In the light of the Coronavirus (COVID 19) pandemic it will not be possible to apply one of the criteria, namely attendance at synagogue, the opportunity for which is due to start from 1 May 2020 for admissions for 2021/22.

In order to make the CRP process for this year as simple and workable as possible, the Office of the Chief Rabbi and the United Synagogue are reviewing the existing CRP to determine revised criteria. We are assuming that any revised criteria will be in force for admissions for 2021/22 only, in order to take account of current conditions. Once the United Synagogue have finalised the revised criteria for 2021/22, which we hope to be in the very near future, a revised CRP form will be available from the schools in due course.

We respectfully request that you do not contact the schools' admissions officer or Kinloss about this matter until there is a published resolution.

Mazel Tov to the Children in our Community celebrating their birthdays this week



Livi Gray (5)
Nathan Speigel (12)
Scarlett Ison (9)
Natan Sacks-Goldstein (7)
Talya Sacks-Goldstein (5)

Tali Rahamim (8)
Zara Rosenthal (9)
Isaac Jesner (10)
Keren Marantz (6)
Jake Silverstein (9)

YOM YERUSHALAYIM

With Rabbi Michael Laitner

28 Iyar, Yom Yerushalayim, celebrates a day which changed modern Jewish history.

We will examine some of its fascinating implications for Jewish law, especially in the State of Israel.



Wednesday
20 May @ 1:00–1:45pm

Live on the United Synagogue
Facebook page



Rabbi Sacks'

COVENANT & CONVERSATION

Family Edition

With Rabbi Michael Laitner

Join the study of Rabbi Sacks' compelling Covenant & Conversation (Family Edition) handout, offering fascinating insights into the weekly Parasha.

The handouts can be downloaded from
www.RabbiSacks.org/CCFamilyEdition



Thursdays 21 and 28 May @ 1:00–1:40pm

Live on the United Synagogue Facebook page

THURSDAY NIGHT

PARASHA

QUIZ



KINLOSS
tribe

**Join us at 7:15pm every Thursday
for the Kinloss Youth Parasha
Quiz**

Prizes to be won every week

For Years 7-13

Zoom Link:
<https://us02web.zoom.us/j/82510173364>

Zoom Meeting ID:
825 1017 3364



KINLOSS
tribe



BES
tribe

BES AND KINLOSS YOUTH PRESENT.....

MUSICAL BINGO!



MONDAY
18TH MAY
7:30PM

ZOOM MEETING
ID: 82604769121
THERE IS A
PASSWORD: ASK
DALIA, HARRY OR
LEORA FOR IT

KABBALAT SHABBAT: LIVE

Friday 15 May, 7.00pm

Introduced by Borehamwood
and Elstree Synagogue's

Rabbi Alex Chapper

Led by

Stephen Levey

With musical
accompaniment by

Yuval Havkin

An uplifting, inspirational Kabbalat Shabbat
service, live via the United Synagogue and BES
Facebook and YouTube pages.

Please note:

By participating in this live stream you are not
accepting Shabbat until you light candles

Light candles after the
livestream by 8.32pm in London



Borehamwood
& Elstree Synagogue
Our Community



Please join us from
6.30pm to celebrate
the Bat Mitzvah of
Tamara Rodner
before Kabbalat
Shabbat at 7pm



STORY TIME WITH RABBI ELI

Every Friday at 12pm

Join Rabbi Eli Levin for a
fun and inspiring story.
Live on the Tribe Facebook page.
(Suitable for ages 4-8)

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

RABBI LAWRENCE WILL BE RECITING THE MEMORIAL PRAYER FOR ALL THE Yahrzeits THIS SHABBAT

Shabbat 16 MAY

Scott Aaron	Father
Barbara Frank	Mother
Monica Simons	Mother

Sunday 17 MAY

Hilary Batchat	Mother
Benita Brown	Mother
Elena Charlton	Father
Mia Lyons	Mother
Marian Orlans	Father
Stephen Pincus	Mother
John Simons	Son
Monica Simons	Son
Deirdre Steinberg	Mother
David Watson	Father

Monday 18 MAY

Sylvia Fisher	Mother
Hanna Nisse	Mother

Tuesday 19 MAY

Marian Birnhak	Father
Frances Cohen	Father
Judith Jackson	Mother
Judith Jackson	Sister

Wednesday 20 MAY

None

Thursday 21 MAY

Irene Alizade	Mother
Rosemary Fisch	Father
Susan Sharp	Mother
Steven Villiers	Mother

Friday 22 MAY

Abraham Borman	Father
Edith Breskin	Mother
Barbara Cohen	Mother
Martin Glass	Father
Simone Harris	Mother
Stuart March	Father
Marsha Marks	Father
Eve Nachman	Father
Harry Rabbie	Father

CONDOLENCES:

* Parvin Lavian and Dalia Hakimian on the passing of their husband and father Joseph Lavian Z"L

* Joan Pittack, Daniel Pittack, Nicola Mitchell and Ruth Pittack on the passing of their husband, father and brother Philip Pittack Z"L

ALL TOMBSTONE CONSECRATIONS ARE POSTPONED FOR THE TIME BEING

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

