



12 / 13 February 2021

א' אדר תשפ"א

SHABBAT WILL START AT 4:55pm AND TERMINATE AT 6:00pm

Rosh Chodesh Adar falls on Friday 12th & Shabbat 13th

KINLOSS SHUL IS OPEN FOR SERVICES

PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 12TH FEBRUARY

FRIDAY NIGHT

4:55pm MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Main Shul

4:45pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:15am MAIN SYNAGOGUE led by Chazan Eli Sufrin
Kriat Hatorah by Chazan Eli Sufrin
Rabbi Lawrence will speak

9:30am THE MINYAN in the Kinloss Suite
Kriat Hatorah by Carl White
Rabbi Laitner will speak

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

Until further notice, The Youth Minyan, Family Service and Children's Service,
will not be taking place

SHABBAT AFTERNOON

5:05pm MINCHA AND SHIUR by Rabbi Laitner titled:
"Few words & Massive impact! Little-known characters in the Megilah: part 2"

6:00pm MA'ARIV & TERMINATION OF SHABBAT
in the Main Shul

**This week's newsletter is sponsored by
Linda and Michael Weinstein in loving memory of Linda's parents
Nellie & Solo Grinberg Z"L on the occasion of their yahrzeits**

Headlines and Laws – Leora and Harry Salter

וְאֵלֶּה הַמִּשְׁפָּטִים אֲשֶׁר תַּעֲשֶׂים לִפְנֵיהֶם:

These are the rules that you shall set before them:

Before a general election campaign, all parties and candidates build their slogans and ideas for the public to hear. The eagerly waiting electorate tune in to hear what each candidate will stand for, their main headlines and promises. Until the news conference when it's announced, the slogans, the promises, the lack of detail. We're told to read the manifestos we will find out the details to the slogans. Following the slogans and announcements we get to hear the fine details to the main headlines.

In the previous Parasha of Yitro, we read about the unique and historic event of the Revelation at Mount Sinai when we were given the Torah. Parashat Mishpatim (laws) certainly lives up to its name because it contains fifty-three of the 613 commandments of the Torah. The long list of laws deals with violence, murder, damages, false testimony, bribery, returning lost property, the prohibition to eat meat and milk together, the laws of Shabbat, the festivals and many more.

What a contrast! We just experienced the life-altering event where we received the 10 commandments and the Jewish people heard the voice of G-d, and now we have to deal with the details of life. Why do we have to descend to the minutest details and read the fine print?

We are being told to exchange the spiritual highs of Mount Sinai for an organised system of laws that will enable us to preserve what we heard there. We must set aside our ecstasy and excitement and learn how to preserve the lofty ideas we heard at Mount Sinai by applying them to our everyday lives.

All commandments are equally important, and the 10 commandments are headlines that introduce all the laws and legislation that follow. The continuation of the Revelation at Mount Sinai starts here with the laws in Parashat Mishpatim, accompanying our daily lives ever since.

Just as the campaign in general elections set out the headlines, the governing years set the rules and parameters of the law and policy. Parashat Yitro announced the headlines and Parashat Mishpatim gives the laws and policies for our everyday lives.

Mishpatim Statistics

Mitzvot: 53 of the 613 Mitzvot; 23 positive and 30 negative
Verses: 118 (22nd longest of the 54 Sidrot)
Words: 1462 (31st longest)
Letters: 5313 (37th longest)
Haftarah: 17 verses
The verses of Mishpatim are amongst the shortest in the Torah.
Only Ki Tetze, Emor and Re'eh (in that order) have more Mitzvot than Mishpatim. 40% of the 613 Mitzvot are in these 4 Sidrot!

Page No.	SONCINO	HERTZ	ARTSCROLL
1st Sefer Torah (Mishpatim 1-6)	471	306	416
2nd Sefer Torah Rosh Chodesh (7th Aliyah)	944	695	890
3rd Sefer Torah Maftir (Shekalim)	540	352	484
Haftarah (Shekalim)	1191	993	1213

Gift Aid

This week is known as Shabbat Shekalim. It is the first of four Shabbatot with special Haftarat that fall from the Shabbat before or on Rosh Chodesh Adar (Adar II in a Leap Year) till Shabbat Hachodesh the Shabbat on or before Rosh Chodesh Nisan.

The Maftir of Shabbat Shekalim introduces the compulsory half shekel raised from every adult male over the age of 20, originally for the building and then for the maintenance of the Mishkan. The count of the money was used as a census.

The linking of the donation with the census also teaches two important spiritual messages. First, that rich or poor, the Tabernacle and the key communal sacrifices belonged equally to everybody.

A second message of the half shekel census is that the strength of Israel is not found in the numbers who happen to be present. It's found in the readiness of the people to give to the community. Over and above the mandatory half shekel, free-will contributions for the greater good were always both necessary and welcome.

Our Haftarah is set in the reign of King Yehoash, who was king of Judah from around 837 BCE. About 150 years after King Solomon built the First Temple in Jerusalem, King Yehoash set about a program for repairs and restoration.

Originally, Yehoash sought to levy the money directly from the Kohanim, which turned them into beggars or royal tax collectors. It met with no success. Then, under the advice of his protector the Kohen Gadol, Jehoiada, Yehoash had a secure, sealed chest made with a single slit in the roof for donations to be dropped in. Nothing could be pilfered. It was placed at the right side of the Altar for those coming to offer sacrifices. This is an origin of the *shnoddering* or *bimah* donations that are made in shuls today. The location of the chest is also cited by the Mishna as a reason why we place a mezzuzah on the right side of the door.

Over the last couple of years there has been some controversy over an inscription which purports to be an official tablet by King Yehoash celebrating the restoration work:

[I am Yeho'ash, son of A]hazyahu, k[ing over Ju]dah, and I executed the re[pai]rs. When men's hearts became replete with generosity in the (densely

populated) land and in the (sparsely populated) steppe, and in all the cities of Judah, to donate money for the sacred contributions

abundantly, in order to purchase quarry stone

and juniper wood and Edomite copper / copper from (the city of) 'Adam, (and) in order to perform the work faithfully (= without corruption),— (Then) I renovated the breach(es) of the Temple and of the surrounding walls, and the storied structure, and the meshwork, and the winding stairs, and the recesses, and the doors. May (this inscribed stone) become this day a witness that the work has succeeded, (and) may God (thus) ordain His people with a blessing.

An investigation of the Israeli Antiquities Authority in 2012 concluded the inscription was a clever forgery. However, other scholars remain open to the possibility that it is genuine.

The reference to working faithfully, without corruption is an idea from within our Haftarah, where we are told that the masons, carpenters, silversmiths and craftsmen were men of integrity who were trusted and not required to furnish accounts.

While there is a halachic position that those who toil for the charitable good should be above suspicion, the expectation that we should be clean before God and man has been translated into greater accountability. The Talmud explains that the priest who emptied the charity box in the Temple was dressed in a simple shift, without pockets or sleeves and walked barefoot; depriving him of the temptation to steal or the slightest public apprehension of misconduct.

Shabbat Shekalim at the beginning of Adar is a reminder of our ongoing responsibility to maintain our existing facilities and to ensure that we are doing our best for our community.

Whether or not the Yehoash tablet is true, we know he did his bit and every year, he is remembered for it. We hope that our descendants will say the same about us.



Rabbi Jeremy Lawrence



**Bring Your
Lunch and Learn Together**
Starts at 1pm **KINLOSS**



WEDNESDAY 17 FEBRUARY 2021
RABBI WAYLAND

WEDNESDAY 24 FEBRUARY 2021
RABBI D FINE



WEDNESDAY 3 MARCH 2021
RABBI LAWRENCE

WEDNESDAY 10 MARCH 2021
RABBI FRIEDMAN



WEDNESDAY 17 MARCH 2021
RABBI GARBER

WEDNESDAY 24 MARCH 2021
PNINA SAVERY



www.kinloss.org.uk/landl



KINLOSS

Half Term Virtual Magic Show with Josh Horus



Professional Magician
Britain's Got Talent
Finalist 2019
Over 1 million followers
on Social Media

Tuesday 16th Feb | 4PM

Suitable for child Yr 3 - Yr 6

Book now before it disappears:

www.kinloss.org.uk/magic

ZOOM PILATES FOR WOMEN

Join a Pilates group every Monday evening at 8.15pm on zoom.
Classes £10 per session.

For more information or to book, please contact Josie directly on 07890 676 738



PURIM 2021



Thursday 25th Feb

Friday 26th Feb

**5.30pm – Mincha, Ma'ariv
and Megillah (Main Shul)**

**6.45pm – Megillah
(Kinloss Suite)**

**7pm – Women for Women
(Deal Halls)**

**8pm – Megillah
(Main Shul)**

**6.45am – Shacharit with
Megillah (Main Shul)**

**8.45am – Megillah only
(Kinloss Suite)**

**10am – Megillah only
(Main Shul)**

**10.15am – Women for
Women (Deal Halls)**

**10.30am – Explanatory
Megilla (Online Only)**

All Megillah readings will be streamed via Zoom

Ordinarily, adults have an obligation to hear the megillah in person both in the evening and day of Purim. If you can hear a reading in shul or from somebody else whilst complying with government and US Covid regulations, or if you can read it yourself from a kosher scroll, then you should do so. If owing to Covid restrictions it is not possible, then you should listen to one of the live recitals we are broadcasting, rather than a recording.

**Book now & more info:
www.kinloss.org.uk/purim**



**CAPTAIN
FANTASTIC**


KINLOSS

Kids Virtual Purim Entertainment
Thursday 25th Feb

4pm - Ages 0 - 4

4.45pm - Ages 4 - 7

5.30pm - Ages 8 - 11

Must be pre-booked
www.kinloss.org.uk/purim



KINLOSS
tribe

PURIM 2021

Musical Bingo!

Join us at 8:15pm on Purim Night

Message us to sign up!

For Years 7-13 - Special Prize for the winner

Meeting ID: 836 7088 0888
Passcode: Purim

YOUTH FOOD BANK

This Purim we are collecting food for the needy and homeless

Please drop off Kosher products to the food collection box by the youth flat from Purim until 5th April



Kinloss Bnei Akiva



GAMES NIGHT

With a scavenger hunt, 'guess who' and more!
SEE YOU THERE for our final sviva before the Ha'Irgun!

Motzei Shabbat 13th February

6:30pm

Sign up: shorturl.at/msvAT

**BNEI
AKIVA**
KINLOSS 017517



MAZEL TOV - מזל טוב

* Mazel tov to Chazan Eli & Nechama Sufrin on the birth of a grandson born to Rabbi Rafi & Chaya Goodwin, Chigwell. Mazel tov to grandparents Kary & John Goodwin and to siblings Rina, Tzvi & Ezra. Mazel Tov also to great grandparents Mrs A Dunsby, Dr & Mrs B Chalk and Mrs F Sufrin.

* Mazel tov to Denise & Yacov Banin on the birth of a grandson Yaniv Tamir Banin, son of Shellie & Michael Banin, and brother to Shai. Mazel tov also to grandparents Jenny & Steve Wilks (Manchester).



**Join Ilana Banana and Rabbi Lawrence
for music, crafts and a sing-a-long
Kabbalat Shabbat on
Friday 5th March at 10.30am.**

**It's going to be a fun half hour
for your little ones (ages 0 - 5)!**

**Free for Kinloss Members
£4 for non-members
(Craft activities will be sent to you in
advance)**

**BOOK NOW
WWW.KINLOSS.ORG.UK/FUN**





KINLOSS

VIRTUAL GAME SHOW

KINLOSS PRESENTS *ONLINE* GAME SHOW



Motzei Shabbat 13th March at 8pm

*Hosted by a production team, full of fun
rounds, trivia and prizes
it's an event night not to miss!*

£5 per zoom screen

*Book online at
www.kinloss.org.uk/gameshow*

Mazel Tov to the Children in our Community celebrating their birthdays this week

Amelie Ison (11)
Amitai Jesner (12)
Eli Taylor (11)
Jonah Daniels (1)
Lielle Field (9)
Zev Cohen (3)

Tamara Ellis (4)
Maya Levy (11)
Bobbie Clyne (6)
Nathan Samuels (11)
Adina Zinkin (3)



MONDAY MATTERS FOR WOMEN

The next group meeting will be on
MONDAY 15TH FEBRUARY at 3:00pm

Log in via: www.kinloss.org.uk/matters
Everyone is welcome

SHARED READING ZOOM

EVERYONE IS WELCOME- EXISTING OR NEW PARTICIPANTS

Tuesday 2nd March at 2pm

Log in:

<https://us02web.zoom.us/j/4377475806?pwd=M2pvdEZuSjU0U1owRW4xaVVPeEpCQT09>

Meeting ID: 437 747 5806 Passcode: story

For more information, please speak to:
Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

Ivrit Discussion Group

Weekly on Mondays
from 7:30pm-9pm by Zoom
For more information go to

<http://www.kinloss.org.uk/ivrit-discussion-group>
Please contact Tony Korn direct :
tk66654@gmail.com

Children's Services

with grateful thanks to
Natalie Sommer
we have uploaded her
Children's Service Videos
for Mishpatim Shekalim
<https://youtu.be/ocf5P5j5z4I>
other links for Natalie are available on
www.kinloss.org.uk/natalie

Bluebirds Ballet School



has established itself as a
reputable school offering weekly
ballet classes for
dancers over the age of 55
(Silver Swans Ballet).

They are currently teaching all their
classes online and would like to
introduce the Kinloss community
to a **FREE taster**
on **Monday 15th February**
at **10:30am**.

To register for the free trial,
please email Nicole
at bluebirdsballetschool@gmail.com



ZERO
TOLERANCE
FOR
ANTISEMITISM

ZER
TOLERA
FOR
ANTISEMI

KINLOSS
JCORE
JEWISH COUNCIL FOR RACIAL EQUALITY

Join Kinloss & The Jewish Council for Racial Equality

'Heroes of Jewish activism against racism'

Looking at Jewish heroes of the fight against racism in the US, South Africa and UK and the unsung heroes whose work has been instrumental in combatting racism.

Monday 15th February: 8pm
Presentation and Q&A

Register now at
www.kinloss.org.uk/equality

Thank you to all of the Kinloss Volunteers
for their help this week in packing
up 1,500 Purim boxes, which will be
distributed by the United Synagogue
to 90+ year olds



BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:
In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

It is essential that we operate a track and trace system on all those attending the building and therefore, individuals **MUST** book in advance online to attend. Bookings must be made in advance of 24 hours of the commencement of the service. If an option is not available, it is either full or no longer available.

Only members can book in using this system.
Individuals over the age of 21 must have membership separate to that of their parents.

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

If you are experiencing problems with booking, please contact the office by email on office@kinloss.org.uk

Please do not attend if you have not received confirmation of booking.

SERVICES (שבת SEE FRONT PAGE)	SUN 14TH 2 ADAR	MON 15TH 3 ADAR	TUES 16TH 4 ADAR	WEDS 17TH 5 ADAR	THUR 18TH 6 ADAR	FRI 19TH 7 ADAR
SHACHARIT	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
SEPHARDI	8:00am	6:30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	5:05pm	5:05pm	5:05pm	5:05pm	5:05pm	MINCHA KABBALAT SHABBAT 5:10pm

KINLOSS CARES

WE NEED YOUR HELP

WE ARE LOOKING FOR VOLUNTEERS
AGED 25 – 40 WHO ARE
AVAILABLE TO HELP

FOR MORE DETAILS AND TO EXPRESS AN
INTEREST: WWW.KINLOSS.ORG.UK/VOLUNTEER

KINLOSS cares
about you

What can we offer?

- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt

Contact Rochelle
0208 349 5263
kinlosscares@kinloss.org.uk

HEALTHCARE TALKS

A 2021 webinar series organised by Kinloss Synagogue in partnership with The Wellington Hospital and United Synagogue

THE LATEST THINKING ON DISEASE MEDICAL ADVANCES

2nd March 8.00pm

Dr Clive Onnie	Consultant Gastroenterologist
Dr Huw Beynon	Consultant Rheumatologist
Prof Daniel Hochhauser	Consultant Medical Oncologist
Dr Jenny Cross	Consultant Nephrologist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist

FOR THE OVER 70S: OPTIMISING YOUR HEALTH

13th April 8.00pm

Dr Michael Fertleman	Consultant Physician
Dr Bal Athwal	Consultant Neurologist
Mrs Joanne Hockey	Consultant Gynaecologist
Dr Huw Beynon	Consultant Rheumatologist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist



Professor Martyn Caplin

Consultant Gastroenterologist

As a member of Kinloss, I am delighted to chair the 2021 Healthcare Talks Series in partnership with The Wellington Hospital. We have a tremendous programme of talks planned in 2021 with leading authorities, who will share their valuable insights on common healthcare problems for children, the latest medical advances and how best to optimise our health. I am confident these talks will provide you and your family with a great deal of support and reassurance during an uncertain time for many. I hope you can register and join our talks.



Dr Bal Athwal

Consultant Neurologist



Dr Huw Beynon

Consultant Rheumatologist



Dr Jenny Cross

Consultant Nephrologist



Dr Michael Fertleman

Consultant Physician



Professor Daniel Hochhauser

Consultant Medical Oncologist



Mrs Joanne Hockey

Consultant Gynaecologist



Dr Clive Onnie

Consultant Gastroenterologist

WHEN AND HOW TO REGISTER:

You can register online at www.kinloss.org.uk/health – pre-booking is essential.
The webinars will start promptly on the date and the time specified as above.

giftaid it



Gift Aid is a government initiative to encourage giving to charities. Signing up would maximise the value of your contributions made to Kinloss.

Are you already signed up?
If you're not sure or would like to sign up, please call the Kinloss Office to discuss with Denise or Shimon
020 8346 8551



Celebrate Purim 2021 with
the United Synagogue's

PURIM IN A BOX



INSIDE THE BOX:
EVERYTHING YOU
WILL NEED TO MAKE
YOUR OWN FESTIVE
BREAKFAST SEUDAH
(MEAL)



BUY

a box for your own festive
Purim Seudah
(Meal)



GIFT

a box as
Mishloach Manot
(Sending gifts)



DONATE

for
Matanot L'evyonim
(Gifts to those in need)

For more info and to purchase visit

www.theus.org.uk/purimbox

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 13 FEBRUARY

Lorna Bennett	Father
Corinne Clarke	Father
Rosalind Gilbert	Father
Pauline Harris	Father
Sarita Langdon	Brother
Sharon Portner	Father
Jonathan Renshaw	Father
Stephen Renshaw	Father
Michael Rubinstein	Mother
Margaret Solomon	Mother
Margaret Solomon	Husband

Sunday 14 FEBRUARY

Shoshana Baldot	Father
Linda Cohen	Mother
Margaret Craven	Father
Stephen Gibson	Father
Nicole Greenwold	Mother
Sandra Halperin	Mother
Audrey Kelvin	Father
Parvin Lavian	Father
Andrea Rappoport	Father
Zoe Silverman	Mother
John Zucker	Sister

Monday 15 FEBRUARY

Marcia Bloom	Father
Fiona Bor	Sister
Michael Cohen	Daughter
Elizabeth Gaty	Father
Frances Gordon	Father
David Levy	Mother
Paul Mann	Father
Martin Morris	Mother
Clive Onnie	Son
Mozelle Onnie	Son
Naomi Sosnow	Mother
Blanche Stechler	Mother
Roslyn Ungelson	Mother
Arnold Wagner	Mother
Suzanne Weiniger	Sister
Sylvia Woolf	Father

Tuesday 16 FEBRUARY

Michael Abrahams	Mother
Frances Colton	Father
Stanley Coorsh BEM	Brother
Gloria Gilchrist	Husband
Stuart Selwyn	Father
Colin Sive	Mother
Linda Weinstein	Father
Esther Yellon	Husband

Wednesday 17 FEBRUARY

Margi Abeles	Mother
Natalie Cohen	Father
Richard Coleman	Sister
Judith Harris	Father
Carole Jayson	Father
Shoshana Kashi	Husband
Roy Rabbie	Mother
Blanche Stechler	Husband
Birthe Tager	Mother
Joseph Winton	Wife

Thursday 18 FEBRUARY

Leonard Coleman	Brother
Denis Felsenstein	Brother
Gillian Geminder	Mother
Danielle Glasser	Father
Maurice Hajioff	Father
Judith Jackson	Father
Susan Ross	Mother
Evelyn Sassoon	Mother

Friday 19 FEBRUARY

Judith Berman	Mother
Monica Coburn	Mother
Henry Garfinkel	Father
Robert Gradel	Brother
Brian Lee	Father
Irving Schryber	Mother
Judith Sheldon	Father
Leonie Sher	Mother
Sheila Soleiman	Mother
Linda Weinstein	Mother

CONDOLENCES:

* Evelynne Garbacz, Haskell Noah and Saul Noah on the passing of their mother Sarah Noah Z"L

CONSECRATIONS: Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

28/02/2021	10:30 at Bushey Old in memory of Gwendoline Greenwood Z"L
04/03/2021	10:30 at Bushey Old in memory of David Rosenberg Z"L
14/03/2021	09:30 at Bushey Old in memory of Jean Morris Z"L
17/03/2021	12:00 at Bushey Old in memory of Norman Gilmore Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

