



11 / 12 September 2020

כ"ג אלול תש"פ

Shabbat commences at 19:10pm and terminates at 20:10pm

## **KINLOSS SHUL IS OPEN FOR SERVICES**

**PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED  
BEFORE 9am ON FRIDAY 11TH SEPTEMBER**

**Friday night 7.10pm:**

Mincha and Kabbalat Shabbat in the Nissan and Rifca Deal Halls

**Sephardi Friday Night Service at 7:00pm**  
in the Sephardi Synagogue

### **SHABBAT MORNING SERVICES:**

**HASHKAMA 7:45am** in the Nissan and Rifca Deal Halls

**MAIN SYNAGOGUE 9:15am** led by Chazan Eli Sufrin  
Kriat Hatorah by Robert Owen  
Rabbi Lawrence will speak

**THE MINYAN 9:30am** in the Kinloss Suite.  
Kriat Hatorah by Jacob Lax  
Rabbi Laitner will speak

**SEPHARDI SERVICE 9:30am** in the Sephardi Synagogue  
led by Rabbi Heller and Reuben Gorji.

**YOUTH SERVICE 10:00am** in the Liora Graham Beit Hamidrash  
Under the direction of our Youth Directors, Leora and Harry Salter

**FAMILY SERVICE 11:00am** in the Nissan and Rifca Deal Halls  
Pre-booked only are allowed to attend

### **SHABBAT AFTERNOON:**

**7:05pm Mincha**

Shiur by Rabbi Laitner titled

'Messages for the week before Rosh Hashana from Parashat Nitzavim Vayeilech'

**8:10pm Ma'ariv and the Termination of Shabbat**  
in the Nissan and Rifca Deal Halls

# D'var Torah by Chazan Eli Sufrin

This weeks parsha Nitzavim-Vayelech are in essence one portion, which sometimes are divided in two and read over two shabbatot.

Nitzavim means to stand firm with unfaltering strength. Vayelech would appear to be the opposite expression, meaning to go.

When serving G-d, both these stages are required. We must remain firm without compromise yet moving and progressing from strength to strength.

This concept can be seen in all three pillars upon which the world stands. Torah, Avoda (prayer) and gemilut chassadim (mitzvot).

Torah comprises the written law and the oral law. The written law is measured, exact, and unchangeable. The oral law is an explanation of the written law, and from generation to generation it is expounded upon in more detail and at length. Indeed, the Halacha (Law) cannot be changed. Yet those studying Torah have the ability to come up with new ideas (Vayelech) utilising the steadfast principles laid down by the Torah (Nitzavim).

Avodah (prayer) is a daily service, permanent mitzva, but it is the service of the heart. Indeed the heart of every Jew knows about G-d equally. However, every individuals feelings and intention are different and express themselves in their unique way.

The first and last blessings of the daily Amidah prayer are identical (Nitzavim). However, the middle blessings will be suited for its particular time. We have weekday prayers, Shabbat or festival prayers, those for Rosh Chodesh and the High Holidays (Vayelech). Yet even those middle blessings are sandwiched between the first and last blessings that do not change.

Gemillut Chassadim (Mitzvot) constitute the 613 commandments. We are not allowed to add or subtract from them. We aren't permitted to change the Mitzvot nor replace their detail (Nitzavim). Yet there is no limit to beautifying a Mitzvah. There are those that adorn Mitzvot whilst others go even further to beautify a Mitzvah (Vayelech). There are those who adhere to the letter of the law and others that go beyond the letter of the law.

In all three pillars, Torah, Avoda (prayer) and gemilut chassadim (mitzvot), the service of G-d is through two diverse manners yet together, Nitzavim and Vayelech as one portion.

As we approach the close of one year in readiness to begin a new year, let us stop and take stock and look at how we fared over the past year (Nitzavim), and resolve to go further (Vayelech) in the year ahead.

## Nitzavim Statistics

Mitzvot: None of the 613 mitzvot  
Verses: 40 (the 2nd shortest of the 54 Sidrot)  
Words: 657 (4th shortest)  
Letters: 2575 (4th shortest)

## Vayelech Statistics

Mitzvot: The last 2 in the Torah, both positive  
Verses: 30 (the shortest of the 54 Sidrot)  
Words: 553 (the shortest)  
Letters: 2123 (the shortest)

| Page No. | SONCINO | HERTZ | ARTSCROLL |
|----------|---------|-------|-----------|
| Sidra    | 1138    | 878   | 1086      |
| Haftarah | 1145    | 883   | 1202      |

## The Thirteen Attributes meet the Rule of Six

From midnight on Motzaei Shabbat we begin reciting Selichot, the additional penitential prayers. Ashkenazi communities begin at least a clear week before Rosh Hashana. Sephardi communities began reciting Selichot since before dawn from Rosh Chodesh Ellul. We continue through till Yom Kippur.

The prayers are formulated around the Thirteen Attributes of Hashem's Mercy ("*Hashem, Hashem El Rachum veChanun...* Exodus 34: 6 – 7), which were revealed to Moshe in his supplications for Israel after the sin of the Golden Calf. According to the Talmud (Rosh Hashanah 17b) if such anthropomorphic characterisations of God had not been written into the Torah, we would have castigated them as heretical. Nonetheless, we hold that it is a unique blessing to Israel that any time we wish to atone for our sins, when we recite these attributes in a minyan, Hashem guarantees forgiveness.

Rav Kook taught that Israel is divided into (at least) two camps. There are the *Charedim* (pious) and the *Chofshim* (those who consider themselves "liberated" from the burden of mitzvot). The *Charedim* look down on the camp of the *Chofshim* and avow that "Repentance is needed there!" The *Chofshim*, who may not be observant of ritual are often fine, upstanding and moral. They make peace with each other. They look across at the *Charedim* and opine that apology to Hashem is a part of the religious world. Rav Kook says that this conceptual wall is an iron barrier against the spread of the light of the Shechina.

In truth, continues Rav Kook, echoing the teachings of the Talmud and Rambam, our entire community is divided into three fluid camps, the *Tzaddikim* (Righteous), the *Beinonim* (Middling) and the *Reshayim* (Sinners). At best, we should all see ourselves as *Beinonim*. Some are better at ritual; others at interpersonal. Anyone who is dismissive of another without seeking to understand that other; what pressures fall on him/her, and who fails to extend a helping hand, or a kind word is flawed. We are all flawed. We can all learn from those around us.

This is the humbling context of Selichot. We are all flawed and can all learn from those around us. At

Selichot services we gather together, as a community in unity, and confess our failings. We come before Hashem showing empathic connection with our fellows. Where once

we erected barriers, now we build bridges. Though we might not understand the poetry of the piyyutim, nor the mystery of the spiritual key of the Middot, we all understand the symbolism of gathering; of sharing an experience, of affirming that "together, we belong."

This year's services will be so different. We will feel the social distancing in shul; and the "Rule of Six" will make us feel it even more harshly in our homes or in the park. The vibrancy of services; that "feeling close", is lacking. Thankfully, minyanim in shul are still permitted.

And so, we must visualise community, and imagine ourselves together. To move Hashem, in a time of need or crisis, we do not just call out, we do not just confess; we call out and confess as a collective. We demonstrate the humility of empathic connection between *Charedim* and *Chofshim*, *Tzaddikim* and *Reshayim*. For we are all *Beinonim*.

From the belly of a fish, in the depths of the waters, Jonah visualised himself back in Jerusalem, fully forgiven, serving in the Temple – and his prayer stirred the Almighty. This

year, though davening in isolation, we must visualise ourselves with our family, our friends, our neighbours, their neighbours, those at home, those in quarantine, those in care homes and hospitals.

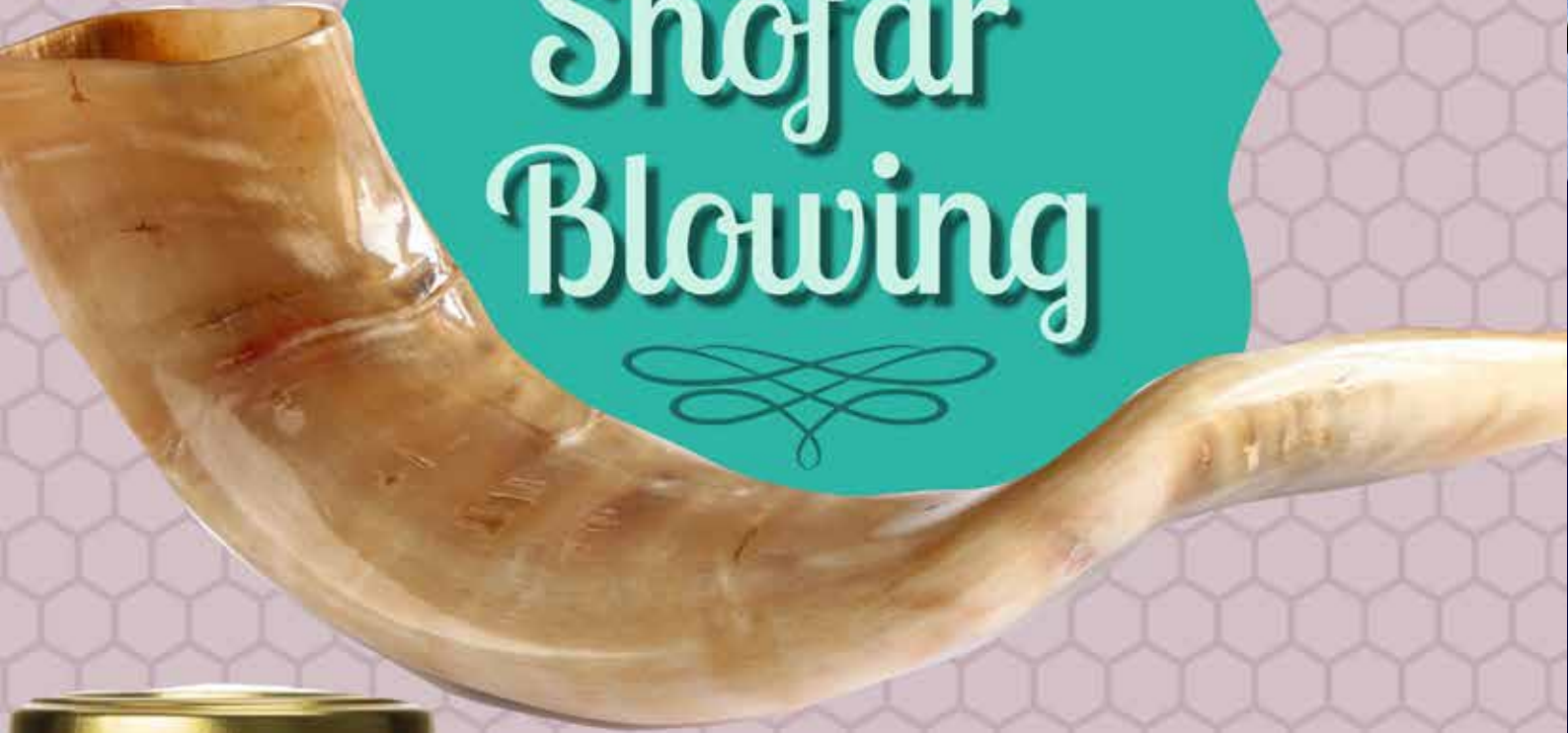
And as we visualise ourselves standing before the Almighty, may He open up the Gates of Mercy, forgive us our sins, and remove our affliction and isolation.

Shabbat Shalom



R' Jeremy Lawrence





OUTDOOR

# Shofar Blowing



SEPT 20  
LOCATIONS  
THROUGHOUT FINCHLEY



  
KINLOSS



Please email  
[office@kinloss.org.uk](mailto:office@kinloss.org.uk) to  
register for attendance.  
Places are limited.



# Midnight Selichot

**THIS MOTZEI SHABBAT AT KINLOSS  
12TH SEPTEMBER 2020**

**11:45pm SHIUR BY RABBI LAITNER  
FOLLOWED BY SELICHOT**

**PLEASE GO TO  
[www.kinloss.org.uk/book](http://www.kinloss.org.uk/book)**

**BOOKINGS MUST BE MADE IN ADVANCE**

# **TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21 - 29**

**Is your child single and between the age of 21 - 29?**

**If so, they are not covered under your household membership and funeral scheme.**

**It is essential they are members in their own right cost is £5 a month.**

**This will also enable them to attend weekday, Shabbatot and Chaggim Services.**

**Please sign up here : <https://portal.tribeuk.com/account/tcm/register/>**

## **SHUL MEMBERSHIP BILLS**

**We really appreciate you honouring your membership bills at this time**

**PLEASE NOTE ATTENDANCES AT ROSH HASHANA AND YOM KIPPUR WILL BE LIMITED ONLY TO MEMBERS PAID UP TO DATE**

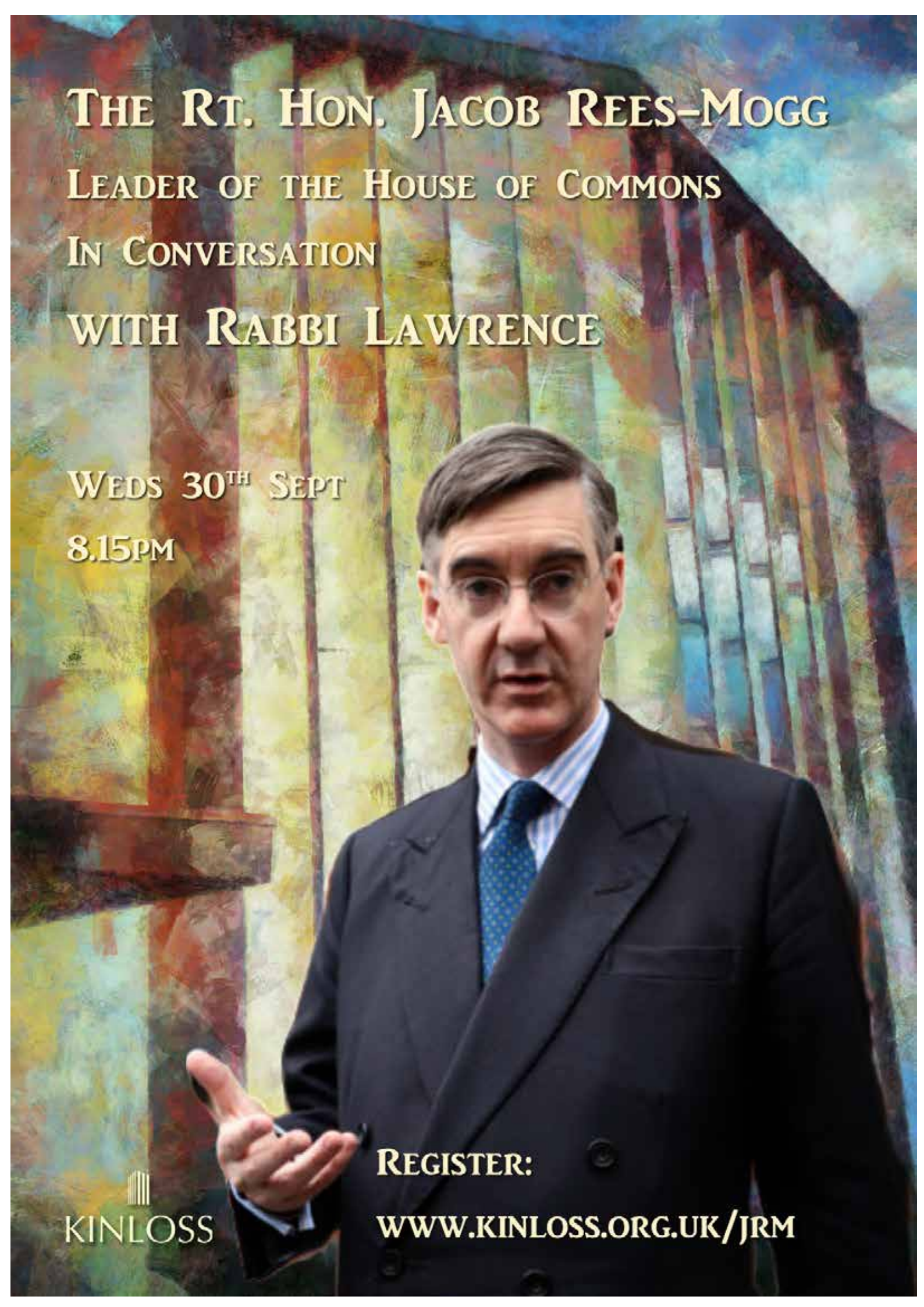
**Please pay your invoices via online BACS payment  
OR the member portal <https://myus.theus.org.uk/login>**

**OR CALL THE OFFICE 020 8346 8551 (OPTION 3)  
AND SPEAK TO DENISE  
TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE**

## ***Volunteers Needed***

**We are looking for more volunteers in the Shul to help welcome people, ensure social distancing and track & trace systems are adhered to.**

**If you would like to help, please email  
[office@kinloss.org.uk](mailto:office@kinloss.org.uk)**



THE RT. HON. JACOB REES-MOGG

LEADER OF THE HOUSE OF COMMONS

IN CONVERSATION

WITH RABBI LAWRENCE

WEDS 30<sup>TH</sup> SEPT

8.15PM

  
KINLOSS

REGISTER:

[WWW.KINLOSS.ORG.UK/JRM](http://WWW.KINLOSS.ORG.UK/JRM)

# HEBREW TREASURES OF THE BRITISH LIBRARY

## WITH CURATOR, ILANA TAHAN



BRITISH  
LIBRARY

REGISTER: [WWW.KINLOSS.ORG.UK/MANUSCRIPTS](http://WWW.KINLOSS.ORG.UK/MANUSCRIPTS)

SUNDAY 18<sup>TH</sup> OCTOBER, 8<sup>PM</sup>



KINLOSS

\* Margi & Leo Abeles on the occasion of the marriage of their grandson Uriel, son of Paul & Rebecca Abeles, to Adi, daughter of Boaz & Shirley Dinowitz.

**If you have booked tickets for any  
services over Rosh Hashanah  
or Yom Kippur and will not now be  
attending,  
can you please either call the office  
0208 346 8551  
or email  
office@kinloss.org.uk  
so that we can reallocate your tickets  
Thank you**

**Ivrit Discussion Group**

**Weekly on Mondays by Zoom from 7:30pm-9pm**

**For more information please contact Tony Korn direct : tk66654@gmail.com  
or go to [www.kinloss.org.uk/ivrit-discussion-group](http://www.kinloss.org.uk/ivrit-discussion-group)**



**WE URGENTLY NEED  
VOLUNTEERS  
TO JOIN OUR SECURITY ROTAS**

**Shul members - PLEASE join our security rotas.  
Please email [securekinloss@yahoo.co.uk](mailto:securekinloss@yahoo.co.uk)  
or call Martin Shiers on 07831 836 031  
to volunteer and register.**

## **Mazel Tov to the Children in our Community celebrating their birthdays this week**

Benjamin Loberman (7)

Jake Ainley (1)

Sophia Kanzen (6)

Eden Rahamim (10)

Sophia Nyman (7)

Natan Josephs (12)



### **Booking system and how to access:**

In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

It is essential that we operate a track and trace system on all those attending the building and therefore, individuals **MUST** book in advance online to attend. Bookings must be made in advance of 24 hours of the commencement of the service. If an option is not available, it is either full or no longer available.

Only members can book in using this system.

Individuals over the age of 21 must have membership separate to that of their parent(s).

To book to attend the Persian services, please email [michael@michaelhakimian.com](mailto:michael@michaelhakimian.com)

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

If you are experiencing problems with booking, please contact the office by email on [office@kinloss.org.uk](mailto:office@kinloss.org.uk).

Please do not attend if you have not received confirmation of booking.

| <b>SERVICES</b><br>(שבת see front page) | <b>Sun</b> | <b>Mon</b> | <b>Tues</b> | <b>Weds</b> | <b>Thurs</b> | <b>Fri</b>   |
|-----------------------------------------|------------|------------|-------------|-------------|--------------|--------------|
| Selichot followed by Shacharit          | 7:40am     | 6:50am     | 6:50am      | 6:50am      | 6:50am       | 6:30am       |
| Selichot followed by Sephardi Shacharit | 8:00am     | 5.45am     | 5.45am      | 5.45am      | 5.45am       | 5.45am       |
| Mincha / Ma'ariv                        | 7:00pm     | 7:00pm     | 7:00pm      | 7:00pm      | 7:00pm       | ROSH HASHANA |

## **SHARED READING ZOOM**

**Tuesday 22nd September at 2:00pm**

Log in via: <https://us02web.zoom.us/j/87831002426>

**Meeting ID: 878 3100 2426**

For more information, please speak to:

Kate Fulton on 07801 911 481 or [kathrynfulton@hotmail.com](mailto:kathrynfulton@hotmail.com)





# JOIN THE KINLOSS YOUTH FANTASY FOOTBALL LEAGUE

Fantasy  
Premier  
League



[https://fantasy.premierleague.com  
/leagues/auto-join/ls4prc](https://fantasy.premierleague.com/leagues/auto-join/ls4prc)

League Code: ls4prc

**OPEN FOR BOYS AND GIRLS  
FOR YEARS 7-13  
PRIZE FOR THE WINNER**

**To see a wide range of online content taking place across other  
United Synagogue communities**

THEUS.TV 

JEWISH LEARNING

PRAYER

ENTERTAINMENT

CURRENT AFFAIRS

# Kinloss Youth is BACK!



Book now for the Youth Service via  
this link:

[www.kinloss.org.uk/youth-  
minyan-booking](http://www.kinloss.org.uk/youth-minyan-booking)

**STARTING AT 10AM  
FIRST COME FIRST SERVED  
FOR BOYS AND GIRLS AGES 12+  
FOLLOWING COVID GUIDELINES**

Book now for:

**Nitzavim-Vayeilech** - 12th September

**Ha'azinu** - 26th September

**FOR MORE INFORMATION OR TO  
SPONSOR THE KIDDUSH, CONTACT LEORA  
AND HARRY ON: 07827 031 851**

## CEMETERY OPENING, FOR VISITS DURING ELLUL

**SUNDAYS 6 & 13 SEPTEMBER 2020**

|                                                                                                                       |                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| <b>BUSHEY CEMETERY</b><br>Please note that no transport to and from<br>Bushey Cemetery will be provided               | OPEN 6/9/20 09.00 – 17.00<br>13/9/20 09.00 – 17.00                                             |
| <b>WALTHAM ABBEY CEMETERY</b><br>Please note that no transport to and from<br>Waltham Abbey Cemetery will be provided | OPEN 6/9/20 09.00 – 17.00<br>13/9/20 09.00 – 17.00                                             |
| <b>WILLESDEN CEMETERY</b>                                                                                             | OPEN 6/9/20 09.00 – 17.00<br>13/9/20 09.00 – 17.00                                             |
| <b>EAST HAM CEMETERY</b>                                                                                              | OPEN 6/9/20 09.00 – 17.00<br>13/9/20 09.00 – 17.00                                             |
| <b>WEST HAM CEMETERY</b><br>(At all other times by appointment only)                                                  | SUNDAYS 6 <sup>TH</sup> SEPTEMBER AND<br>13 <sup>TH</sup> SEPTEMBER only<br>OPEN 10.00 – 15.00 |
| <b>PLASHET CEMETERY</b><br>(At all other times by appointment only)                                                   | SUNDAYS 6 <sup>TH</sup> SEPTEMBER AND<br>13 <sup>TH</sup> SEPTEMBER only<br>OPEN 10.00 – 15.00 |

## MONDAY - FRIDAY OPENING TIMES

Bushey, East Ham, Waltham Abbey and Willesden Cemeteries are open as follows:

Monday – Thursday 09.00 – 17.00

Friday 09.00 – 16.00.

East Ham Cemetery will be closed on Monday 31 August.

All other cemeteries are by appointment only; please call 020 8950 7767 Option 1 to arrange a visit.

**President:** Michael Goldstein

**Treasurer:** Maxwell Nisner

**Trustees:** Andrew Eder, Claire Lemer, Fleurise Lewis, Nicola Rosenfelder, Barry Shaw, Saul Taylor, Jacqui Zinkin

**Chief Executive:** Steven Wilson

# THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

## Shabbat 12 SEPTEMBER

|                   |         |
|-------------------|---------|
| Leo Abeles        | Father  |
| Michael Cohen     | Brother |
| Clare Lesser      | Mother  |
| Rhoda Robinson    | Brother |
| Aviva Shoolman    | Father  |
| Deirdre Steinberg | Father  |
| Clive Sutton      | Mother  |

## Sunday 13 SEPTEMBER

|                  |               |
|------------------|---------------|
| Pauline Aminoff  | Mother        |
| Rosalind Gilbert | Husband       |
| Aron Green       | Mother        |
| Sivi Harounoff   | Mother        |
| Angela Lucas     | Mother        |
| Gloria Matz      | Mother        |
| Sheila Rose      | Mother        |
| Peter Rosen      | Mother        |
| Roberta Sanford  | First Husband |

## Monday 14 SEPTEMBER

|               |         |
|---------------|---------|
| Perry Conway  | Father  |
| Marion Joseph | Husband |
| Irene Milch   | Husband |

## Tuesday 15 SEPTEMBER

|                |        |
|----------------|--------|
| Della Franklin | Father |
| Thea Valman    | Father |

## Wednesday 16 SEPTEMBER

|                |        |
|----------------|--------|
| Jonathan Berke | Mother |
| Norman Goldner | Father |

## Thursday 17 SEPTEMBER

|                |         |
|----------------|---------|
| Jonathan Angel | Brother |
| Felice Crown   | Father  |
| Linda Davis    | Father  |
| Jill Pivnik    | Father  |

## Friday 18 SEPTEMBER

|                 |         |
|-----------------|---------|
| Pauline Amdur   | Father  |
| Shirley Freeman | Father  |
| Arlette Gotkine | Husband |

## Phyllis Nathan Trust

The Trust helps needy people in the Kinloss community and is providing additional support in the current crisis.

If you are in need, or know about anyone who could benefit, please contact Shimon initially on 0208 349 5264.

All enquires will be treated with the utmost confidentiality.

## CONDOLENCES:

\* Rycia Silverstein, Stephen Silverstein, Caroline Golchewski, David and Anthony Silverstein on the passing of their husband, father and brother Ralph Silverstein Z"L

**CONSECRATIONS** Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

10/09/2020 11:30am Bushey in memory of Rose Pine  
14/09/2020 10:00am Bushey in memory of Audrey Alterman  
17/09/2020 1:30pm Bushey in memory of Leon Benjamin

## FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

