

20 / 21 MAY 2022

כ' אייר תשפ"ב

SHABBAT WILL START AT 8:39pm AND TERMINATE AT 9:54pm

**Mazel Tov to Rafi Gershon on his Bar Mitzvah.
We extend a warm welcome to his family and guests**

FRIDAY NIGHTS

7:30pm Mincha followed by Kabbalat Shabbat
in the Nissan and Rifca Deal Hall

7:20pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Liora Graham Beit Midrash
'Hilchot Gerushin, the Laws of Divorce'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue
led by Chazan Eli Sufrin
Kriat Hatorah by Rafi Gershon
Rabbi Lawrence will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Elie Jesner
Rabbi Laitner will speak

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

Anim Zemirot Club will not be taking place this Shabbat

10:30am Spiritual Workout with Rabbi Dov Cowan in the Kinloss Suite Foyer

10.45am CHILDREN'S SERVICES

Ages 0 – 4 in the Silver Suite - run by Michal Bassalian and Coral Harding

Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer

Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ella Schuchman

Yr 5 - Yr 6 - in the Newman Room - run by Orli Ruback

Simone, Rob, Danny and Micah Gershon invite the congregation to join them
for Kiddush in the Kinloss Suite after the service
to celebrate Rafi's Bar Mitzvah
and to mark Loraine and Gerry Gershon's Golden wedding anniversary

SHABBAT AFTERNOON

3:30pm Bnei Akiva

8:40pm MINCHA AND SHIUR by Rabbi Laitner titled
"Getting ready for Shavuot, Part 2: what does Ruth teach us about both conversion
and being Jewish"

9:54pm MA'ARIV & TERMINATION OF SHABBAT in the Main Synagogue

Interest (not interest rates) by Rabbi Michael Laitner

‘Do not take ‘neshech’ interest or ‘tarbit’ interest from another person – and you shall fear your God, and your brother shall live with you.’ (Vayikra 25:36)

This verse is part of the material dealing with the prohibition of charging interest of the ‘neshech’ and ‘tarbit’ classifications (as in English law, Jewish law refers to different classification of interest), a topic which also appears in the sidrot of Mishpatim and Re’eh. The context here is of laws relating to personal land and financial rights, as well as to rights of workers.

We will focus on why the two sections of this pasuk are together since, initially, they may appear to be a non-sequitor.

Da’at Mikra, a modern Israeli commentary, suggests that the juxtaposition of ideas in the pasuk is to emphasise the severity of the prohibition of charging interest and how charging interest can be disguised by the lender. Therefore, the Torah uses the phrase ‘and you shall fear your God’ to stress that God knows the intentions in a lender’s heart even if the lender’s actions attempt to disguise his intentions (this idea is sourced from Rashi).

Da’at Mikra continues to discuss the effect on society of charging interest in such circumstances. Debt can spiral through charging interest, so that eventually neighbours cannot live together in an honourable way either financially or socially. This is the opposite of the Torah’s teaching.

Therefore, the verse tells us not to charge either neshech or tarbit, thereby avoiding the societal problems which may result from such charging.

Ramban (1194-1270) writes that the second half of this pasuk – ‘and your brother shall live with you’ - is one of the sources for the mitzva of pikuach nefesh, saving a person’s life. To remind us of how this source is applied, Ramban quotes the discussion in the Talmud (Bava Metzia 62a) relating to pikuach nefesh, in a desperate case where one person has the choice and capability to save either only himself or only his colleague.

In the context of our verse however, Ramban writes that the phrase ‘and your brother shall live with you’, teaches that our verse applies not only to decisions of life and death, but also to the type of conduct that people must display to each other on a day to day basis. According to this view, not charging interest so as to avoid some of the most serious problems that can occur from the imposition of interest would be an example of the type of conduct we should display.

Shabbat Shalom

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
BEHAR	764	531	696
HAFTARAH	774	539	1177

BEHAR STATISTICS

MITZVOT: 24 OF THE 613 MITZVOT, 7 POSITIVE & 17 PROHIBITIONS

VERSES: 57 (5TH SHORTEST OF THE 54 SIDROT)

WORDS: 737 (5TH SHORTEST)

LETTERS: 2817 (5TH SHORTEST)

HAFTARAH: 22 VERSES (JOINT 39TH LONGEST OF THE 80 HAFTAROT)

Our Modern Renaissance

Many thanks to everybody who contributed to the wonderful successes of the different programs around the **Chief Rabbi's Shabbat UK** and the **Kinloss/Mizrachi Day of Inspiration**. From the enthusiasm of kids and parents at the Challa Bake, through the warmth of community lunches in the Kinloss Suite, through the Sunday morning davening with eminent Torah scholars and the packed rooms of Shiurim, it felt like a renaissance. Thank you for being with us!

This Shabbat, we are delighted that **Rabbi Dov Cowan** will run a second spirituality workshop at 10:30am. The feedback on last week's was "**intimate but outstanding**". This is a chance for people who are looking to get something more or something different out of Tefila, connecting the inner self with Hashem. It's a chance to try something a little bit different because one size does not fit all. Do come! Do support it!

Join us this Tuesday evening at our **Civic Jubilee Service** at 6:00pm – 7:15pm. Together with Raleigh Close and Hampstead Garden Suburb synagogues, chazan Eli Sufrin and chazan Avromi Freilich, the choir from Sacks Morasha and our children's services, we shall be **celebrating her Majesty's seventy years of loyal service**. We will be joined by leaders of the Jewish community and representatives of Barnet Council, the fire brigade, police, ambulance and the armed forces.

The Jubilee theme continues into **Shavuot**. The full programme will be available shortly.

I am excited that we will be joined by **Rabbi Johnny Solomon** as our scholar in residence. Locally born, and now based in Israel, Rabbi Solomon is a charismatic educator and spiritual mentor, writer, editor and consultant, who has created a successful Internet portal as the "Virtual Rabbi". Rabbi Solomon will be giving Shiurim to adults and youth through the chag.

Rabbi Laitner will be running an end of Shabbat program, with Seuda, shiur and light supper before Yom Tov. The Tikkun Leil keynote will be given by the **Chief Rabbi**, "A Torah view on Royalty". Our Shiurim through the night will be **Rabbi Solomon** on "The status of the Chief Rabbi as Karov LeMalchut" (close to majesty), **Chava Wulwick** on "Would you take King David as your

son-in-law?" I shall give the final shiur on "Do Anniversaries and Jubilees really matter?"

On First Day Shavuot (Sunday), we will have the traditional **Women's Tikkun**, hosted by Eleanor Mansfield, where Rabbi Solomon, Chava and I will present. R Solomon will also give a shiur in shul before Maariv.

On Second Day Shavuot (Monday), there will be Megillat Rut at the end of Shacharit, Yizkor, a Women's Ruth reading and then the presentation and kiddush for this year's **Neshei Chayil**. We are delighted that we will be honouring **Mandy Namdar, Eleanor Mansfield and Rebbitzin Mandy Lawrence** for their contributions to the community.

Our afternoon programme on Sunday will include a **Jubilee Tea and Panel on "The Three Crowns."** I'll be joined by engaging representatives of Torah, the Kehuna and State to look at these offices and whether or not the virtue of a Good Name really matters in 2022.

Today is **Lag BaOmer**, which is a day of respite in the sadness we observe during the forty-nine days between Pesach and Shavuot. (See my previous articles on the different ways of establishing how we mourn and when).

Remarkably, over seven decades of Her Majesty's reign the first calendar of events for 2000 years have been added to our luach - all during the month of Iyar. The two dates that previously stood out were Pesach Sheini (14th Iyar), an opportunity for catch up for those who could not bring their Pesach offering when it was due and Lag BaOmer (18th Iyar), marking a break in the devastating plague afflicting Rabbi Akiva's students. These are both "halfhearted milestones". The four new dates, Yom HaShoah, Yom Hazikaron, Yom HaAtzmaut and Yom Yerushalayim represent a progression from one extreme to the other from suffering and towards redemption.

Within the Omer we truly count a progression and national renaissance. May we make that journey together and all in good health. Looking forward to seeing everyone at our exciting events ahead.

Shabbat Shalom



R' Jeremy Lawrence



LUNCH & LEARN



KINLOSS

WEDNESDAY AFTERNOONS
12.15PM-2PM



THE RETURN OF THE
PARSHA SHIUR WITH
RABBI VIVIAN SILVERMAN

FOLLOWED BY GUEST SPEAKERS



RABBI D FINE

18 MAY



CHAVA WULWICK

25 MAY



RABBI Y FINE

8 JUNE



RABBI LAWRENCE

15 JUNE



RABBI WOLLENBERG

22 JUNE



CHAVA WULWICK

29 JUNE

Cost: £5 on the door for a light lunch.

KINLOSS

**KINLOSS ANNUAL GENERAL MEETING
WILL BE ON
SUNDAY 29TH MAY 2022
AT 8PM
IN THE LARGE DEAL HALL
EVERYONE IS WELCOME TO ATTEND**



In conjunction with



Hendon United
Synagogue



Join us for a Civic Service and Celebration of THE QUEEN'S PLATINUM JUBILEE

In the presence of the Deputy Lord Lieutenant for Barnet, Martin Russell Esq DL FCT

led by our Rabbonim, with Chazan Eli Sufrin & Chazan Avromi Freilich
and the Choir of Sacks Morasha JPS, Children of the Congregation and Bnei Akiva



1952 - 2022...

Tuesday 24th May, 6.00pm - 7.15pm
Followed by Refreshments
RSVP: www.kinloss.org.uk/jubilee

Shavuot Learning at Kinloss

Shabbat 4th June 2022

10.15pm – Ma'ariv and Kaballat Yom Tov

Tikkun Leil @ Kinloss - 11.30pm - 2.50am

We extend special thanks to Mrs Devorah Harounoff, David and Michelle, who have kindly sponsored the Tikkun Leil Shavuot refreshments in memory of their husband and father, Avraham Cohen Harounoff z"l

Chief Rabbi Ephraim Mirvis, Rabbi Johnny Solomon,
Chava Wulwick & Rabbi Jeremy Lawrence

Youth Tikkun Leil including
Harry and Leora Salter & Rafi & Shira Joseph

2:50: First Shacharit

Sunday 5th June (First Day Shavuot)

Women's Tikkun – 5 - 7.30pm

at the home of Eleanor Mansfield, 90 Windermere Avenue, N3 3RA
Shiurim by Rabbi Johnny Solomon, Chavi Wulwick & Rabbi Jeremy Lawrence

Monday 6th June (Second Day Shavuot)

Jubilee Tea and Desert Island Drash – 8pm
Join Rabbi Lawrence as he interviews a panel
of guests including Rabbi Johnny Solomon

Mincha followed by a Shiur - 9pm
Ma'ariv and Termination of Yom Tov - 10.18pm



Beyond
THE LABEL

'BEYOND THE LABEL'

INCLUSIVE FASHION SHOW FOR WOMEN

25TH MAY 2022

Kinloss

7.00 - 8.30pm

To book: jgift.org/beyondthelabel



KINLOSS

Kisharon

VALOUR



**Gift Aid is a government initiative to encourage giving to charities.
Signing up would maximise the value of your
contributions made to Kinloss.**

Are you already signed up?

**If you're not sure or would like to sign up,
please call Kinloss Office to discuss
with Denise or Shimon 020 8346 8551**



giftaid it



Kinloss are looking for footballers
over 35 for an inter shul tournament
Please contact Jeremy Teacher
jeremy@jtexec.com / 07802 222 888

SOUL FITNESS@ KINLOSS

CALM MIND IN A WILD WORLD



jewish meditation workshops

SHABBAT MAY 14 & MAY 21

10.30am

For the past seven years, Rabbi Dov Cowan, creator of Soul Fitness, has been developing classes, experiences and guided meditations aiming to draw back the curtain on the infinite self, resulting in a more fulfilling and meaningful experience of prayer.

For anyone interested in learning more about Jewish mediation, wellbeing, and looking for an upgraded prayer experience, join Rabbi Dov at Kinloss for Shabbat UK (May 14) and Shabbat May 21 at 10.30am
to register interest : www.kinloss.org/soul

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts.

Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we MUST provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.

Please email : securekinloss@yahoo.co.uk

or call Martin Shiers on 07831 836 031 to volunteer

MAZEL TOV • מזל טוב



RAFI GERSHON

Mazel Tov to Rafi on his Bar Mitzvah

Rafi has two siblings Danny and Micah and he attends JFS

His hobbies are football, running and playing FIFA on Playstation

Rafi will be climbing Helvellyn in the Lake District as part of the B'nei Mitzvah Charity Challenge and will be raising money for ADDISS which supports children with ADHD. He has also twinned his Bar Mitzvah with Rafael Shneider from Lwow in Poland who was killed during the Holocaust.

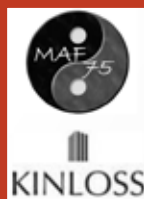
* Mazel Tov to Simone, Rob, Danny & Micah Gershon, as well as to grandparents Samira & Latif Blass and Loraine & Gerry Gershon on the Bar Mitzvah of their son, brother and grandson, Rafi. Mazel Tov also to Loraine & Gerry Gershon who will be celebrating their Golden wedding anniversary on 28 May.

* Mazel Tov to Denis Felsenstein on his 95th birthday.

* Mazel Tov to Janet & Harry Rabbie and Shalom Bensoor on the birth of a grandson, son and brother to Charlotte, Shim and Louis Bensoor.

MAZEL TOV TO THE CHILDREN IN OUR COMMUNITY CELEBRATING THEIR BIRTHDAYS

Isaac Jesner (12)
Sienna Hart Rahimzadeh (11)
Isaac Levene (10)
Natan Sacks-Goldstein (9)
Keren Marantz (8)
Talya Sacks-Goldstein (7)
Reuben Aminoff (1)
Jake Silverstein (11)
Yakira Sagal (7)
Charlie Mark (9)
Yael Zinkin (10)
Aviv Staub (5)
Orla Davis (11)
Sophie Angel (10)
Arieh Joseph (10)



KRAV MAGA LESSONS



Classes are now for 13+ and Adults

MONDAYS AT 6PM

MONTHLY OR PAY AS YOU GO OPTIONS
AVAILABLE

CLASSES PROVIDED BY MAF75.

FOR MORE INFORMATION AND TO
BOOK, CALL 07908 053 619 OR
VISIT www.maf75.com



KINLOSS

Please join the Kinloss Shavuot decoration extravaganza 2022!

COMMUNITY TARGET:

**2 weeks to create 1000 handmade
paper flowers to adorn our Shul!**

Simple to do! Easy instructions
included! We will provide all materials.
Make on your own! Make with friends!
Make at home! Make at Shul at one of
our flower making sessions!

**Everyone come on board!
Young! Old(er)!
Adults! Teens! Kids!**

**Make 50+ of the first 1000 flowers and receive a
box of Parkway cream cakes!**

**Sign up NOW to take part, at this link:
www.kinloss.org.uk/shavuot
laitners@kinloss.org.uk
Artistic Director: Emma SoSnow**

GAMES AFTERNOON



1ST DAY SHAVUOT - SUNDAY 5TH JUNE

5:45PM - 7:00PM

FOR YEARS 7-9

IN THE DEAL HALLS

WITH GAMES, CHILL AND CHEESECAKE

SIGN UP NOW:

WWW.KINLOSS.ORG.UK/GAMES



SHAVUOT LUNCH

FOR YEARS 10-13

2ND DAY SHAVUOT - MONDAY
6TH JUNE

IN THE DEAL HALLS

£10 FOR MEMBERS AND £15
FOR NON-MEMBERS

SIGN UP ESSENTIAL

WWW.KINLOSS.ORG.UK/SH-LUNCH



TIKKUN LEIL SHAVOUT @ KINLOSS YOUTH

*Motsei Shabbat
4th June
In the Silver Suite*

11:30PM-12:15AM - CHIEF RABBI EPHRAIM MIRVIS
BREAK

12:35AM-1:00AM - SHIRA JOSEPH
BREAK

1:15AM - 1:40AM - RAFI JOSEPH
BREAK

1:50AM - 2:05AM - LEORA & HARRY SALTER
BREAK

2:15AM - 2:45AM - RABBI JOHNNY SOLOMONS
SHACHARIT @ 2:50AM

With food, drink, snacks and more!



KINLOSS YOUTH SERVICE KIDDUSHIM

IS IT YOUR
ANNIVERSARY OF
YOUR BAR/BAT
MITZVAH OR
BIRTHDAY?

DO YOU HAVE A
FAMILY
CELEBRATION?

WOULD YOU LIKE TO
SPONSOR THE YOUTH
SERVICE KIDDUSH?

Contact us: youth@kinloss.org.uk
or 07827031851



THE KINLOSS SHABBAT LUNCHEON CLUB is back and will be taking place on Shabbat 28th May 2022

If you would like to attend, please contact:
Rochelle on 0208 346 8551
to confirm your attendance before
Tuesday 24th May 2022

KINLOSS cares
about you

Kinloss Cares

What can we offer?



- Welfare Phone Support
- Bereavement Support



- Financial assistance through the Phyllis Nathan Trust
(www.kinloss.org.uk/pnt)

Advice on
communal
services

- Shopping



Contact Rochelle
020 8349 5263

kinlosscares@kinloss.org.uk

CHATS FOR CHAPS AND MONDAY MATTERS

**WILL BOTH BE HELD ON
MONDAY 23RD MAY
IN KINLOSS SHUL
STARTING AT 11:00AM
FOLLOWED BY COMBINED LUNCH
FOR CATERING PURPOSES,
IF YOU WOULD LIKE TO ATTEND PLEASE CALL
ROCHELLE SCHRANK 020 8349 5263
BY FRIDAY 20TH MAY**

DATE FOR YOUR DIARY.....

**KINLOSS CARES AFTERNOON TEA
WILL BE ON MONDAY 13TH JUNE
3PM TO 4.30PM
CONTACT
ROCHELLE SCHRANK 020 8349 5263
MORE DETAILS TO FOLLOW**

Plant a Tree for the Jubilee

To mark the Queen's Platinum Jubilee we invite you to help us create the first United Synagogue groves within a Woodland Trust forest.

BUY A TREE TODAY

to celebrate a simcha, remember a loved one, or simply play your part in this historic project.

For more info and to buy your trees visit: www.theus.org.uk/trees



Office of The
CHIEF RABBI

dorot
thriving, for generations



£20
a tree!

CERTIFICATE OF RELIGIOUS PRACTICE (CRP)

DO YOU KNOW HOW TO COMPLETE THE CRP PROCESS?

If you are applying to a Jewish school for admission in September 2023 you are required to earn a CRP certificate. Make sure to look at the admissions pages of the schools you are applying for.

Please be aware that the CRP form has been updated.

Office of The
CHIEF RABBI

Full details can be found at www.theus.org.uk/crp

Or watch our info film at www.TheUS.tv/crp2022

SHARED READING GROUP
EVERYONE IS WELCOME EXISTING OR NEW PARTICIPANTS
Tuesday 24th May
at 2pm in Benchers at Kinloss
For more information, please speak to :
Kate Fulton on 07801 911 481
or kathrynfulton@hotmail.com

We are looking for volunteers to serve Chollent and Kugel at Kiddush (approx 11.20 - 12pm)
Please sign up via:
www.kinloss.org.uk/kiddush

Kinloss Junior Table Tennis
new term starts 28th April for 10 weeks
Sign up now : www.kinloss.org.uk/tabletennis
Spaces are limited

THE KINLOSS FRIENDSHIP CLUB
WILL BE BACK ON
TUESDAY 24TH MAY
CALL TRUDY ON
020 8346 3925

SHABBAT UK CHALLAH MAKE WITH "THE CHALLAH MUMMY" ALLEGRA BENITAH ON THURSDAY 12TH MAY @ KINLOSS



SERVICE TIMES:

SERVICES (שבת see front page)	Sun 22nd 21 Iyar	Mon 23rd 22 Iyar	Tues 24th 23 Iyar	Wed 25th 24 Iyar	Thur 26th 25 Iyar	Fri 27th 26 Iyar
Shacharit	8:00am	7:15am	7:15am	7:15am	7:15am	7:15am
Sephardi	8:00am	6:30am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	Mincha Kabbalat Shabbat 7:30pm



SHTISEL

BACK BY POPULAR DEMAND - Season 3

Monday afternoons

Doors Open 1.45pm
Screening Starts 2pm
Nemetnejad room

23rd & 30th May, 20th & 27th June
 (two episodes weekly) and
 4th July (one episode)

£3 Kinloss Members | £4 non Members

KINLOSS

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 21 MAY

Jocelyn Geffner	Mother
Asnat Nematnejad	Mother
Alan Rubenstein	Father
Aviva Vyner	Mother

Sunday 22 MAY

Lillian Mayer	Father
Michael Monty	Father

Monday 23 MAY

Scott Aaron	Father
Nichola Bentley	Father
Barbara Frank	Mother
Clive Perilly	Mother
Monica Simons	Mother

Tuesday 24 MAY

Hilary Batchat	Mother
Elena Charlton	Father
Ruth Levy	Mother
Mia Lyons	Mother
Marian Orlans	Father
Stephen Pincus	Mother
John Simons	Son
Monica Simons	Son
Deirdre Steinberg	Mother
David Watson	Father

Wednesday 25 MAY

Sylvia Fisher	Mother
Hanna Nisse	Mother

Thursday 26 MAY

Chokat Bassally	Husband
Marian Birnhak	Father
Frances Cohen	Father
Miriam Graham	Mother
Judith Jackson	Sister
Judith Jackson	Mother
Joy Lyons	Mother

Friday 27 MAY

None

Membership Bills from Pesach 2022

You will have received your
new membership bills in the
post.

Please pay your invoices via:

- * Online BACS payment
- * The member portal
<https://myus.theus.org.uk/login>
- * If you would like to pay by
Credit / Debit Card over the
phone, please call
Denise on 020 8346 8551

KINLOSS CARES



Volunteers needed to shop for our
elderly members.



We also need volunteers to give
lifts to our elderly members.

Please contact Rochelle
0208 349 5263 / 07517 577 019

CONSECRATIONS:

22/05/2022	12:00 in Bushey New in memory of Arnold Nissen Z"L
22/05/2022	14:00 in Bushey Old in memory of Gordon Ross Z"L
29/05/2022	10:30 in Enfield Beis Hachaim, Carterhatch Lane in memory of Sheila Nevies Z"L
13/06/2022	11:30 in Bushey New in memory of David Kleinman Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

