

22 / 23 MAY 2020

כ"ט אייר תש"פ

Shabbat commences at 20:42pm and terminates at 21:58pm

Mevarachim Hachodesh Sivan on Sunday

The Shul Doors may be Closed but Kinloss remains Busy!



For Streaming Updates on WhatsApp please connect to www.kinloss.org.uk/streaming

For everyone who is struggling to remember which day is which at the moment:

Fri 22 May 28 Iyar		Candle Lighting Omer after Nightfall (21:58)	20:42
שבת 23 May 29 Iyar	Bamidbar	Havdalla Count Omer after Nightfall	21:58
		Zoom Maariv & Havdalla	22:10
Sun 24 May 1 Sivan	Rosh Chodesh	Count Omer after Nightfall	46 days
Mon 25 May 2 Sivan		Count Omer after Nightfall	47 days
Tues 25 May 3 Sivan		Count Omer after Nightfall	48 days
Wed 27 May 4 Sivan		Count Omer after Nightfall	49 days
Thur 28 May 5 Sivan	Erev Yom Tov	You made it!	
	Eruv Tavshilin	Candle Lighting After 19:56	For 22:00
Fri 29 May 6 Sivan	Shavuot 1	Earliest Shacharit Candle Lighting After 19:56	03.01 Before 20:51
שבת 30 May 7 Sivan	Shavuot 2	Havdalla	22:09

There will be [Zoom Yizkor Services](http://www.kinloss.org.uk/zoom) on Wednesday at 8pm and Thursday at 11am
www.kinloss.org.uk/zoom



Download and Print the Shabbaton Booklets [A4 Format](https://tinyurl.com/ShabbatonA4) or [A5 Format](https://tinyurl.com/ShabbatonA5)
<https://tinyurl.com/ShabbatonA4>
<https://tinyurl.com/ShabbatonA5>
(You can click OK if you get a virus warning)



See inside for details of Daily Tefilla, Memorial Prayers, Regular Divrei Torah & Shiurim,
With Rabbi Lawrence, Rabbi Laitner, & Youth Directors Harry & Leora Salter



Natalie's Children's Service https://youtu.be/LtN3XmTI_J4
Sara's Toddler's Service <https://youtu.be/1pgFRWJKRg8>

Thanks to all our welfare volunteers and kindly neighbours for their great supportive work.

If you would like additional support, please contact Kinloss Cares on 020 8349 5263.

Just in case some of your links do not engage. The www.kinloss.org.uk/zoom connects to Zoom Meeting room #365 248 0613 and password is Kinloss

The Sons of Aaron and Moshe? – Leora and Harry Salter

This week's Parasha we start the fourth book of the Torah, Bamidbar. The Jewish people begin their journey and preparation to the Land of Israel. In the Parasha, we are told of a census that gathers the amount of people ready to go to war when the Bnei Yisrael enter the Land of Israel.

Furthermore, the Parasha then talks about the roles and duties of the Priests.

In the beginning of the third Perek we're told: וְאֵלֶּה תּוֹלְדֹת אַהֲרֹן וּמֹשֶׁה בְּיוֹם דִּבֶּר יְהוָה אֶת־מֹשֶׁה בְּהָר־סִינַי: 'This is the line of Aaron and Moses at the time that the LORD spoke with Moses on Mount Sinai.' The Torah then goes on to speak about Aaron's children, and speaking about how they were anointed as Priests.

However, Rashi asks a key question: why does the Torah say that these are the generations of Aaron and Moshe, when only Aaron's descendants are listed?

Rashi answers this by citing the Gemara in Sanhedrin (19b), which says: "Whoever teaches Torah to his friend's son is considered as having given birth to him." Thus, Aaron's sons who were taught Torah by Moshe are considered to be like his own sons.

The Gur Aryeh comments that although Moshe was commanded by Hashem to teach Torah to the whole of the Bnei Yisrael, Moshe taught the sons of Aaron more than others.

Rashi's statement has far-reaching consequences. When you educate a person, you give him life. Of course, no one is suggesting that a teacher can substitute for a parent, and that is why the Gemara says "considered as if." Yet, when you add Torah to someone's life, you add vitality, energy, and novelty.

From Rashi's statement we can draw three conclusions: Rabbi's, teacher's and people within education have the power to help someone be reborn; the student has the capacity to be reborn; and the Torah has the power to make it all happen.

With Shavuot coming up next week, the time we earmark for a night of learning, we all have the power to learn something new, and teach something to our peers or children that will change their lives for the good.

Bamidbar Statistics
Mitzvot: None of the 613 Mitzvot
Verses: 159 (3rd longest of the 54 Sidrot)
Words: 1823 (4th longest)
Letters: 7393 (3rd longest)
Haftarah: 25 verses (joint 21st longest of the 80 Haftarot)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	793	568	726
Haftarah	810	582	1180

The Curtailed Kaddish

It has been a great pleasure to see many of you in real life, as well as on screen over the last few weeks. How wonderful to see you keeping healthy, walking and cycling... and even joining the wonderful community of Kinloss dog-parents.

Of course, it is good news that we have passed the peak, that the spread of infection and death rate are down, that talk is about return to whatever the “new normal” will be – in work, in leisure and of course at shul.

I asked Denis Felsenstein about his memory of VE Day 1945. He remarked that his family had only just been notified of the death of his brother. VE Day was no celebration. There was still a war going on and there was much grieving. Happiness was deferred.

I think everyone I have spoken to has had close friends and family touched by the coronavirus. Even those spared the worst of its symptoms and bereavements have been contending with the financial and professional pressures. There is huge apprehension for the future; be it for our own safety with fears of a second wave, be it personal concerns; or for the charities, schools and chesed organisations we support.

We are certainly hoping that we will soon be able to join together as a congregation. We are looking at the different models of Tefilla that we can facilitate in safety once government regulations and the United Synagogue permit. Donald Rumsfeld spoke of the known knowns, the known unknowns and the unknown unknowns. With far too many unknown unknowns, we are looking towards getting as much engagement as we can through the summer and then the Yamim Norayim.

Amongst the Covid challenges has been the disruption to our rituals of grieving – just when we are grieving en masse. For so many in the Jewish world, even amongst the non-observant, doing the right thing entails doing the rite thing – tearing kriya, sitting shiva, saying kaddish, attending Yizkor... It is part of the cultural send-off that we feel we owe others. In not being able to make or join minyanim to say Kaddish people have spoken of a sense of guilt; of having let their loved-one down.

We have been reciting a memorial prayer, naming all Yahrzeits every day over the last 10 weeks. As of last week, we have also introduced what I would describe as a “Kaddish substitute” devised by Rabbi Yehuda ben Shmuel of Regensburg (1150-1217), known as Yehuda HaChasid, and author of the Sefer Chasidim.

Rabbi Yehuda came from a Germanic family famed for traditional learning as well as Kabbala. He left Speyer,

possibly after a blood libel in 1195 and came to Regensburg, where he founded a Yeshiva. Regensburg, in Bavaria, is one of the oldest Jewish communities in Europe. He was the teacher of at least two iconic students, the Or Zeruah and the Rokeach. According to legend, though a slow-starter and keen archer, he rose to such a level that the prophet Elijah really joined him for Seder and was seen next to him in shul.



Colourful mythology aside, he was confronted with a question of how to compensate for Kaddish in communities which could not make a minyan. His resolution was to take the three Hebrew verses which underscore the Aramaic Kaddish and have mourners recite them in shul.

The verses are:

וְעַתָּה יִגְדַּל נָא כֹחַ אֲדֹנָי כַּאֲשֶׁר דִּבַּרְתָּ
לְאִמֹר (במדבר י"ד י"ז).

וְהִתְגַּדַּלְתִּי וְהִתְקַדְשְׁתִּי וְנִזְדַּעַתִּי לְעֵינֵי
גוֹיִם רַבִּים וְיָדְעוּ כִּי אֲנִי ה' (יחזקאל ל"ח ב"ג).

יְהִי שֵׁם ה' מְבָרָךְ מֵעַתָּה וְעַד עוֹלָם
(תהלים קי"ג ב').

V'atah yigdal na ko'ach Adonai ka'asher dibartah lay-mor.

V'hit-gadilti v'hit-kadishti v'no-dati l'ey-nei goyim rabim v'yad-u ki ani Adonai.

Y'hi shem Adonai m'vorach may-atah v'ad olam.

And now, may the strength of my Lord be magnified as You have spoken, saying:

I will be exalted, and I will be sanctified, and I will make Myself known before the eyes of many nations; then they will know that I am Hashem:

Blessed be the name of the Lord now and forever more.

We conclude with a response of

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן:

Of course, it is not the same, but it is the saying of a something rather than just a listening. It contains the essential ideas of Kaddish and is founded upon the authenticity of antiquity. 800 years ago, there were people who couldn't make a minyan and wanted to say Kaddish. We are not alone.

I do hope that you will join us at Mincha and Maariv and join in reciting these Pesukim. We will also have the chance to say them at the Zoom-Yizkor services on Wednesday evening next week (between Maariv and my shiur) and on Thursday morning, ahead of Yom Tov (Thursday night).

Mizrachi and the **United Synagogue** have put together another excellent **Shabbaton Programme** with a booklet (less colour-ink-intensive than the last) of **Divrei Torah**, inspirational thoughts, songs and puzzles.



A4 Booklet www.tinyurl.com/shabbatona4

A5 Booklet www.tinyurl.com/shabbatona5

Please **download it** and **print it**. The Shabbaton begins at 6.15pm on Friday with Mincha and then at 6.30pm, a Yom Yerushalayim concert with addresses by the **Chief Rabbi** and the **Israeli Ambassador**.

www.kinloss.org.uk/shabbaton

At **7.15pm** we will be joining **JJ** (Dr Jonathan Joseph) at his home for **Kabbalat Shabbat**... and then it is over to you. The full programme is in the booklet.



On Monday evening we have a baking masterclass with celebrity chef **Ryan Stafford** www.kinloss.org.uk/bake

Early next week the **Kinloss Shavuot Companion** should reach you in the post. Thanks to all our wonderful contributors.

On **Tuesday evening at 8.15pm**, **Mandy Lawrence** will give a Shiur entitled "**Avraham & Ruth – A Chesed Reset**". The shiur is open to everyone and marks the fifth Yahrzeit of her father, David Levy.

www.kinloss.org.uk/zoom



On **Wednesday evening**, I will be giving a **Pre-Shavuot Shiur (8.20pm)** after **Mincha/Maariv (7.30pm)** and **Yizkor (8pm)**.

There will also be a **Yizkor service on Thursday at 11am**.

The Shiurim, Tefilla and Yizkor are all on

www.kinloss.org.uk/zoom

Meeting room: **365 248 0613** Password: **Kinloss**



On Sunday after Shavuot (31st May) at 8pm, we are delighted to present an evening of comedy with **Ashley Blaker**. www.kinloss.org.uk/Ashley. We really appreciate his support of Kinloss and the wider Jewish community.



We have set up a new Instagram account "[KinlossCommunity](https://www.instagram.com/KinlossCommunity)". Please add us.

We are looking for Every family to send us a **Shabbat Shalom** message ahead of the **Shabbaton** or with you watching the **Yom Yerushalayim Concert**.

Please share the **cheesecakes and dairy goodies** that you prepare for Shavuot.

Please share your embellishments on **Ryan Stafford's recipes** and your laughter at **Ashley Blaker's humour**.

Thursday evening is both Erev Shavuot and Clap for our Carer's. How many inventive ways can you combine the **Rainbow and the Ten Commandments** for your window? Let us know!

Wishing you a Shabbat Shalom, a Chodesh Tov and good health.

R' Jeremy Lawrence

**Watch and listen
to Shiurim online join our WhatsApp Group
on www.kinloss.org.uk/streaming**



Daily Mincha and Ma'ariv

Join **Rabbi Lawrence** every evening
**for Mincha and Ma'ariv
at 7.30pm.**

This includes the reading of Yahrzeits.
Click <https://zoom.us/j/3652480613> to
join

or by phone on 0203 481 5237 using
code 365 248 0613.

The password is Kinloss.



Daily Halacha

Daily Halacha from **Rabbi Laitner**,
as a short voice note on the Kinloss
streaming group,
relating to current topics, as normally
**takes place after the weekday
first minyan at Shul.**

Click www.kinloss.org.uk/streaming
to join



Tribe Spark and Material

Click

[https://www.tribeuk.com/category/tribe-
resources-download](https://www.tribeuk.com/category/tribe-resources-download)
for Tribe resources.

Click [https://www.tribeuk.com/content/
weekly-shabbat-newsletter](https://www.tribeuk.com/content/weekly-shabbat-newsletter)
for the Tribe weekly spark newsletter.
This will be updated regularly.



Weekly Rambam Shiur with Rabbi Dr Raphael Zarum

Weekly shiur at **1.30 - 2.00pm
on Fridays.** Click

[https://zoom.us/j/91486961830?pwd=MVU
yd1Q5MTI0R052ZWtjWGVhOXR6Zz09](https://zoom.us/j/91486961830?pwd=MVUyd1Q5MTI0R052ZWtjWGVhOXR6Zz09)
Meeting ID: 914 8696 1830
Password: 955617

The UK Community Shabbaton at Home- Jerusalem Edition.



[Download the Booklet in A4 Format](http://www.tinyurl.com/shabbatona4)

www.tinyurl.com/shabbatona4



[Download the Booklet in A5 Format](http://www.tinyurl.com/shabbatona5)

www.tinyurl.com/shabbatona5

This is a project of Mizrahi UK and the United Synagogue and it will allow tens of thousands of homes of all across the UK to join together both with their communities as well as nationally to celebrate Shabbat in our homes this Shabbat 22/23 May in honour of Yom Yerushalayim.

Once again from Sheffield to Stanmore, from Woodside Park to Whitefield we celebrate Shabbat together.

We will be launching on **Friday at 6:30pm** with a special Yom Yerushalayim concert featuring some of the UK's favourite names in music, as well as addresses from the **Chief Rabbi** and the **Israeli Ambassador**. Once again, a total of over 60 communities across the country are participating in this Shabbaton, sending the project into well over 30,000 homes.

This can all be accessed via the **United Synagogue YouTube channel**:
<https://www.youtube.com/watch?v=o2RnmZRYuoo>

Watch via the **United Synagogue YouTube channel**:

<https://www.youtube.com/watch?v=TOcHK5lpl88>

Finally, please also find various resources to download and print to add to your Shabbat experience.

1. [Daf Hashavua](#) – the US's weekly Torah publication
2. [Tribe weekly newsletter – for children](#)
3. [Kids Zone](#)
4. [Tribe Siddur Yona, Siddur Asher](#) – we have put the contents of our two Tribe children's siddurim online for you to use
5. [HaMizrachi – Yom Yerushalayim/Shavout Magazine](#)
6. [Koren/NCSY Siddur Aviv – Tribe edition. Mincha, Kabbalat Shabbat and Havdalah](#)
7. [Guide to page number for central prayers on Shabbat morning](#)

As we are all separated at home – let us once again connect together with the wonderful opportunity of a UK Community Shabbaton at Home – Jerusalem edition!

Enjoy and Shabbat Shalom and Yom Yerushalayim Sameach!

Rabbi Andrew Shaw
CEO Mizrahi UK

Rabbi Michael Laitner
Rabbi, US Jewish Living Division

Rabbi Daniel Fine
Community Rabbi, Stanmore US

and **United Synagogue Facebook page**:
<https://www.facebook.com/UnitedSynagogueUK/videos/842734072914620/>

Join Rabbi Lawrence and JJ for Kabbalat Shabbat www.kinloss.org.uk/shabbaton

And then it is over to you – and this is the secret of the Shabbaton at Home!

Please print the attachment in this email. It is the full schedule for this wonderful Community Shabbaton at home as well as all the materials you will need for an inspiring 25 hours!

It contains stories, Divrei Torah, ideas, quizzes, games and messages for and from your community. We have given it to you in either an A4 (23 pages) or A5(12 pages).

And then after Shabbat at 10:10pm in London, we will be joining **Rabbi Marc Levene** and **Rabbi Andrew Shaw** for a memorable Havdalah service.



- Chef to Top Celebrities
- Private Chef to Anthony Joshua
- 30k followers on Instagram
- MasterChef UK Series 2 Semi-Finalist 2008
- Winner of Young Chef of the Year award, Gastronomy by the Seine, Paris 2008
- Jamie Oliver's Fifteen London (Jnr Sous Chef)

Unique and Rare Opportunity



Through a Lens

Baking Masterclass *with Ryan Stafford*

Monday 25th May @ 8pm

Sign Up at

www.kinloss.org.uk/bake

Ruth and Avraham The Chesed Reset



Mandy Lawrence

Tues 8.15pm

www.kinloss.org.uk/zoom



MIZRACHI
UNITED KINGDOM



THE UK COMMUNITY SHABBATON @ HOME THE JERUSALEM EDITION

22nd & 23rd MAY 2020 | 29th IYAR 5780
PARASHAT BAMIDBAR | פרשת במדבר

Chief Rabbi Ephraim Mirvis | Ambassador Mark Regev |
Pre Shabbat Yom Yerushalayim Concert | Live Havdalla |
Divrei Torah | Quizzes | Stories | Kids Corner |
Guide to Tefillot | Jerusalem Personalities

BRINGING JERUSALEM TO YOUR HOME

Join us for a very special

Yom Yerushalayim Hallel LIVE from the Kotel

**Rabbi Dov and
Rebbetzen Freda Kaplan**
of OTS Amiel Bakehila

Friday 22 May, 9:30am (UK time)

Live on the US and Tribe Facebook and YouTube pages

 **LIVE**  **YouTube (t=)**





Join

Rebbetzen Dr Hadassah Fromson
from Golders Green United Synagogue

and

Hadassa Kessler
Social worker and musician

**FOR AN UPLIFTING
WOMEN'S HALLEL
SERVICE**

to mark Rosh Chodesh – the new Jewish month of Sivan

Sunday, 24 May, 11.00am

Live via United Synagogue
Facebook and YouTube pages

Please note this event is for women only

 **LIVE**  **YouTube (t=)**

Rabbi Sacks'

COVENANT & CONVERSATION

.....Family Edition.....



With Rabbi Michael Laitner



Join the study of Rabbi Sacks' compelling Covenant & Conversation (Family Edition) handout, offering fascinating insights into the weekly Parasha.

The handouts can be downloaded from
www.RabbiSacks.org/CCFamilyEdition

Thursday 28 May @ 1:00 - 1:40pm

Live on the United Synagogue Facebook page  LIVE

SHARED READING ZOOM

Tuesday 26th May at 2pm

Log in via <https://us02web.zoom.us/j/88117459113>



Meeting ID: 881 1745 9113

For more information, please speak to:
Kate Fulton on 07801 911 481 or kathrynfulton@hotmail.com

CHATS FOR CHAPS

Percy Kaye is inviting you to a scheduled Zoom meeting

ON WEDNESDAY 27TH MAY AT 12PM

To join the meeting, Click:

<https://zoom.us/j/95389611637?pwd=cWw5QjZmQWtCSnU5SWxZS3o4Rk1kdz09>

Meeting ID: 953 8961 1637

Password: Kinloss

The Shul Office will be closed on :

Bank Holiday Monday 25th May,

and will close at 1pm Thursday 28th May (Erev Shavuot),

and all day Yom Tov 29th May

In case of emergency, please call Rabbi Lawrence on 07501 895 124

Emails sent to office@kinloss.org.uk will be checked regularly
on non Yom Tov days

Mazel Tov to the Children in our Community celebrating their birthdays this week

Yael Zinkin (8)
Orla Davis (9)
Arieh Joseph (8)
Chloe Hamilton (10)
Lilia Rose (7)

Aviv Staub (3)
Sophie Angel (8)
Yoni Rosenthal (11)
Katie Lappin (6)



JEWISH SCHOOLS ADMISSIONS UPDATE CRP REGISTRATION FOR 2020

One important element of the admissions process for many Jewish schools is the operation of the criteria set out in Certificate of Religious Practice (CRP). In the light of the Coronavirus (COVID 19) pandemic it will not be possible to apply one of the criteria, namely attendance at synagogue, the opportunity for which is due to start from 1 May 2020 for admissions for 2021/22.

In order to make the CRP process for this year as simple and workable as possible, the Office of the Chief Rabbi and the United Synagogue are reviewing the existing CRP to determine revised criteria. We are assuming that any revised criteria will be in force for admissions for 2021/22 only, in order to take account of current conditions. Once the United Synagogue have finalised the revised criteria for 2021/22, which we hope to be in the very near future, a revised CRP form will be available from the schools in due course.

We respectfully request that you do not contact the schools' admissions officer or Kinloss about this matter until there is a published resolution.

GRAB A PENCIL AND PAPER AND PAUL WILL SHOW YOU HOW TO DRAW US!

A SUPER TIME IS GUARANTEED!

**BECOME
A TRIBE SCRIBE!
WITH CARTOONIST
PAUL SOLOMONS**

Each week we bring you the Tribe Scribe, but now you get to learn how to draw your very own Dan and Dina!

TUESDAY 26 MAY, 5PM

Live on the **Tribe Facebook** page
and the **United Synagogue YouTube** page

YouTube **LIVE**

tribe
www.tribeuk.com

100
Celebrating 100 years
The US

tribe UK
@TheTribeUK
Tribe

THURSDAY NIGHT PARASHA QUIZ

JOIN US AT 7:15PM EVERY
THURSDAY FOR THE KINLOSS
YOUTH PARASHA QUIZ

PRIZES TO BE WON EVERY WEEK
FOR YEARS 7-13

ZOOM LINK:
[HTTPS://US02WEB.ZOOM.US/J/8
2510173364](https://us02web.zoom.us/j/82510173364)
ZOOM MEETING ID:
825 1017 3364



Phyllis Nathan Trust

The Trust helps needy people in the Kinloss community and is providing additional support in the current crisis.

If you are in need, or know about anyone who could benefit, please contact Shimon initially on 0208 349 5264.

All enquires will be treated with the upmost confidentiality.

MEMBERSHIP BILLS

We really appreciate you honouring your membership bills at this time.

Please pay your invoices via online BACS payment

OR the member portal <https://myus.theus.org.uk/login>

OR CALL THE OFFICE 020 8346 8551

AND SPEAK TO DENISE

TO PAY BY CREDIT / DEBIT CARD OVER THE PHONE

STORY TIME WITH RABBI ELI

Every Friday at 12pm

Join Rabbi Eli Levin for a fun and inspiring story.
Live on the Tribe Facebook page.
(Suitable for ages 4-8)

 **LIVE**  **YouTube** (••)

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

RABBI LAWRENCE WILL BE RECITING THE MEMORIAL PRAYER FOR ALL THE Yahrzeits THIS SHABBAT

Shabbat 23 MAY

Rosemary Fisch	Brother
Betty Lasher	Husband
Susan Levi	Mother
Jeremy Silverman	Father

Sunday 24 MAY

Joseph Abrams	Mother
David Davis	Father
Harold Ellis	Father
Farita Franklin	Daughter
Pamela Kaye	Mother
Anthony Lewis	Father

Monday 25 MAY

Alan Lee	Sister
Miriam Margolin	Brother
Ann Marks	Mother
Robert Summers	Mother

Tuesday 26 MAY

Eric Green	Father
Rachel Margo	Father

Wednesday 27 MAY

Valerie Green	Mother
Mandy Lawrence	Father
Alfred Poser	Mother
Oren Zeloof	Father

Thursday 28 MAY

Irene Aharoni	Brother
Farzaneh Amini	Husband
Darren Cooper	Mother
Madeleine Rubins	Father

Friday 29 MAY

Anna Black	Sister
Gilda Braff	Husband
Michael Braff	Father
Harry Cass	Brother

CONDOLENCES:

- * Clive & Richard Perilly on the loss of their mother Brenda Perilly Z"L
- * Ruth Levy & Neil Isenberg on the loss of their mother Adele Isenberg Z"L
- * Joy Lyons, Anthony Jacobs, Lawrence Cooklin & Rosalind Saunders on the loss of their mother and sister Mona Jacobs Z"L
- * Chockat, Hannah & Rosalyn Bassally-Elishahoff on the passing of their husband and father Yaghoub Bassally-Elishahoff Z"L

ALL TOMBSTONE CONSECRATIONS ARE POSTPONED FOR THE TIME BEING

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

