

29 / 30 APRIL 2022

כ"ט ניסן תשפ"ב

WWW.KINLOSS.ORG.UK
Rosh Chodesh will be on Sunday & Monday**SHABBAT WILL START AT 8:06pm AND TERMINATE AT 9:15pm**

Mazel Tov to Eyal Selouk on his Bar Mitzvah in the Minyan.
We extend a warm welcome to their family and guests

FRIDAY NIGHTS

7:30pm Mincha followed by Kabbalat Shabbat in the Nissan and Rifca Deal Hall

7:20pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Liora Graham Beit Midrash
'Hilchot Gerushin, the Laws of Divorce'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue
led by Chazan Eli Sufrin
Kriat Hatorah by Robert Owen
Rabbi Laitner will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Eyal Selouk
Rabbi Lawrence will speak

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemiroth Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES

Ages 0 – 4 in the Silver Suite - run by Michal Bassalian and Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms - run by Ella Schuchman
Yr 5 - Yr 6 - in the Newman Room - run by Orli Ruback

This week's Kiddush is sponsored by Kinloss Synagogue

SHABBAT AFTERNOON

8:00pm MINCHA AND SHIUR by Rabbi Laitner titled
"From Exile to Redemption? Preparing for Yom Haatzmaut"

9:15pm MA'ARIV & TERMINATION OF SHABBAT
in the Main Synagogue

‘So that the Land will not spit you out for how you have contaminated it, as it spat out the nation which was there before you’ (Vayikra 18:28)

This verse follows laws regarding forbidden relationships. It is midway between those laws and the societal laws of chapter 19, like the ‘famous’ injunctions to be ‘holy’ (i.e. even what is permitted to you is not always good for you, according to part of **Ramban**’s explanation) and ‘love your neighbour as yourself’.

The Land of Israel has a kind of personality that cannot bear sin, emphasised by the verb *‘lehaki’* meaning to spit out. The Torah says that if the Jews fall into the same ways as those of the previous inhabitants of the land, such as those listed in chapter 18, then the Jews’ tenure on the Land is also in jeopardy. While we always have the right to the Land of Israel, our own behaviour may prevent us from exercising that right until we are able to do so correctly.

This is a salutary lesson whether we are in the Land or not. **Verse 25** indicates that the behaviour of the Canaanites led to their loss of the Land. **Verse 28** warns us not to emulate them. The **Talmud (Shabbat 33a)** also provides further commentary as to why the sins listed are linked to losing the Land.

Actions of individuals, in any society, do not impact simply on themselves. They also impact on society as a whole, as our actions can shape the kind of people we become and the kind of decisions that we make. Doing ‘your own thing’ can, in some circumstances, ultimately become a selfish decision. The Land of Israel and the Jewish people are like a corporate body. Our actions impact on ourselves and our community. The Land of Israel has a special status as a place to shine (see **Devarim 11:12**). Here, the Torah tells us that if we wish to exercise our rights, we have to exercise our responsibilities. Through doing so, may we ultimately find a more meaningful life.

I hope these ideas provide for some useful reflections as we approach Yom Hazikaron and Yom Haatzmaut

Rabbi Michael Laitner

ACHAREI MOT STATISTICS

Mitzvot: 28 of the 613 Mitzvot, 2 positive & 26 prohibitions
Verses: 80 (10th shortest of the 54 Sidrot)
Words: 1170 (12th shortest)
Letters: 4294 (10th shortest)

Page No.	SONCINO	HERTZ	ARTSCROLL
Acharei Mot	705	480	636
Haftarah (Machar Chodesh - 1 Shmuel 20:18-42)	1189	948	1207

Observing the Omer

One of the more befuddling seasonal challenges is the plethora of traditions regarding the Omer. The requirement to count 49 days comes straight from the Torah (Vayikra 23:15).

וּסְפַרְתֶּם לָכֶם מִמַּחֲרַת הַשָּׁבֹט מִיּוֹם הַבִּיאָכֶם אֶת-עֹמֶר הַתְּנוּפָה
שִׁבְעַת שָׁבָתוֹת תְּמִימָת תִּהְיֶינָה: עַד מַחֲרַת הַשָּׁבֹט הַשְּׁבִיעִית
תִּסְפְּרוּ חֲמִשִּׁים יוֹם וְהִקְרַבְתֶּם מִנְחָה חֲדָשָׁה לַה':

And from the day on which you bring the sheaf of elevation offering—the day after the sabbath—you shall count off seven weeks. They must be complete: you must count until the day after the seventh week—fifty days; then you shall bring an offering of new grain to Hashem.

During the Temple period an Omer of grain (about 3 ½ litres) was harvested by each household and taken to the Temple as an offering. No grain from the new harvest (Chadash) could be eaten until the Omer offering had been brought.

The “day after the Shabbat” is explained by the Rabbis of the Talmud as the day after first day Pesach. “Shabbat” is used within the Torah to denote festivals and not just the seventh day. However, the Sadducees and Karaite literalists understood that day one of the count would be the first Sunday after Pesach and Shavuot, accordingly, would always fall on a Sunday. Their reasoning is augmented by the lack of a specified Torah date for Shavuot (6 & 7 Sivan).

The Talmud (Yevamot 62b) identifies the period as one of tragedy and recounts how Rabbi Akiva lost 24,000 disciples from Pesach until Atzeret (Shavuot). Within the 49-days, we observe a period of mourning with a measure of celebration on Lag BaOmer (the 33rd day of the Omer) where we are told none of the students perished. According to tradition there were 33 days of plague

But what is the period of mourning? And what are the observances?

The Tur (Yaakov Ben Asher 1270-1340) says that there should no marriages nor haircuts throughout the 49 days, though records an opinion that from Lag BaOmer (18 Iyar) onwards they are permitted. This opinion is cited as the correct minhag by the Shulchan Aruch (1563 by Yosef Karo 1488-1575). The Shulchan Aruch rules that mourning carries on until the 34th day in the morning.

A third opinion assumes that deaths did not occur on the more joyous days where we do not recite Tachanun. It takes the 33 days from the day after Rosh Chodesh Iyar till Erev Shavuot. A fourth in the Mishna Berura (R' Yisrael Meir Kagan 1838-1933) from the first day of Rosh Chodesh

Iyar (30th Nissan) until 3 days before Shavuot (when the Israelites were assembled in readiness at Sinai).



Minhag Anglia is not to have weddings from 2 Iyar up until but not including Rosh Chodesh Sivan (with the exception of Lag BaOmer, when they are permitted).

The Rema (R' Moshe Isserles 1520-1572) states that one should follow the minhag of the city and not have some following one custom and others another as it would look as if we were observing two Torahs.

The restrictions of the Omer are less arduous than the 3 weeks between 17th Tammuz and Tisha B'Av. Greater latitude is given to shaving, for those who need to look groomed at work. The Mishna Berura is explicit that one can say shehechianu (for example) on new fruits. According to many Poskim, if there is a need one can buy new clothes as the essential prohibitions are only on weddings and music/dance.

The reason given in the Talmud for the plague which blighted R' Akiva's students was that they did not accord each other due respect. The observance of the mourning is supposed to inspire us to distance ourselves from hatred, jealousy and desire for glory; to pursue love, modesty and peace.

In the spirit of respecting diversity of minhagim, R' Moshe Feinstein (1895-1986) in his Responsa (Iggerot Moshe, OC 1, 159), he allows people who observe mourning in one period to attend the wedding of someone who holds by a different minhag.

Yom HaShoah (27 Nissan), Yom HaZikaron (3 Iyar), Yom Haatzmaut (4 Iyar) and Yom Yerushalayim (28 Iyar) have all been added to our calendar in the recent decades. These observances mark the transition from the 1930s to 1967; from near total destruction to the near fulfilment of a 2,000 year redemptive dream. Ours is an evolving chiastic calendar marking cycles within cycles, a journey onwards, anchored in ancestral time.

The Omer should be counted while standing.

May we stand and be counted amongst those who are blessed to see the light of complete redemption and the glory of our mourning turned to joy.

Shabbat Shalom & Chodesh Tov

Rabbi Jeremy Lawrence



YOM HA'ATZMAUT & YOM HAZIKARON

4TH MAY 2022 / 4TH IYAR 5782

FINCHLEY UNITED SYNAGOGUE (KINLOSS)
MINCHA 6.45PM
SERVICE 7.00PM

FOLLOWED BY A PARTY IN THE KINLOSS SUITE



MIZRACHI
UNITED KINGDOM



KINLOSS

Spies and Spymasters

Meet Helen Fry



- Distinguished World War II Historian
- Author/Editor of over 25 Books
- Ambassador for National Centre for Military Intelligence
- Association of Jewish Refugees (Honorary Member)

Monday 16th May 2022 at Kinloss, 8pm—Live and on Zoom
www.kinloss.org.uk/fry



In conjunction with



Hendon United
Synagogue



Join us for a Civic Service and Celebration of THE QUEEN'S PLATINUM JUBILEE

In the presence of the Deputy Lord Lieutenant for Barnet, Martin Russell Esq DL FCT

led by our Rabbonim, with Chazan Eli Sufrin & Chazan Avromi Freilich
and the Choir of Sacks Morasha JPS, Children of the Congregation and Bnei Akiva



1952 - 2022...

Tuesday 24th May, 6.00pm - 7.15pm
Followed by Refreshments
RSVP: www.kinloss.org.uk/jubilee

INTRODUCING...

Shabbat UK 2022 at Kinloss

Thurs 12th
May,
6pm

Challah Bake with Challah
Mummy, Allegra Benitah



Fri 13th
May,
8.30pm

Young US & Kinloss
Friday Night

Shabbat
14th May,
10.30am

Spiritual Workout with
Rabbi Dov Cowan



Shabbat
14th May,
12.30pm

Lunch with Guest Speaker
Rabbi Danny Mirvis & Kids
Entertainment



Shabbat
14th May,
7pm- 8.30pm

Seuda with Sivan Rahav
Meir



Shabbat
14th May,
after Mincha

Shiur with Rabbi Andrew
Shaw



Book Now - www.kinloss.org.uk/shabbat

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat
at 10:15am in the Newman Room.
Boys of 6 and over welcome. Led by David Lesser

Kinloss Junior Table Tennis
new term starts
28th April for 10 weeks.

Sign up now :
www.kinloss.org.uk/tabletennis
Spaces are limited

ShabbatUK Challah Make

with Challah Mummy 'Allegra Benitab

Thursday 12th May
6pm



BOOK NOW - www.kinloss.org.uk/challah

KIDS' YOM HA'ATZMAUT AT KINLOSS

GET READY FOR ISRAEL'S 74TH BIRTHDAY!

SUNDAY 1ST MAY

10:30 - 11:45AM

KINLOSS MEMBER KIDS £1.50/NON-MEMBER KIDS £5.50

ADVANCE BOOKING ONLY, BY 29/4, AT WWW.KINLOSS.ORG.UK/FLAG

PIN THE
CITY ON THE
MAP

BLUE & WHITE
JEWELLERY
MAKING

ISRAELOPOLY
TEAM GAME
AGES 7-11
WITH
R' LAITNER

ART
ACTIVITIES

FOR MORE INFO
E: LAITNERS@KINLOSS.ORG.UK

Soul Fitness At Kinloss

with Rabbi Dov Cowan



Rabbi Dov Cowan has developed a reputation for dynamic, passionate and relevant classes that speak to the heart and sing to the soul.

Soul Fitness was born from hundreds of conversations with students of all ages over ten years.

Reaching for Spiritual Fulfilment in our Prayer

Rabbi Dov will be running *Soul Fitness* workshops at Kinloss on Shabbat UK (14th May) and Shabbat 21st May at 10.30am.

His Soul Fitness Meditation recordings have over 10K listens since launching in May 2020.

Register your interest: www.kinloss.org.uk/soul

MIZRACHI'S WEEKEND OF INSPIRATION

12-15 MAY 2022



CULMINATING WITH THE ANNUAL
MIZRACHI UK, KINLOSS AND STENECOURT
DAY OF INSPIRATION



EYAL SELOUK

Mazel Tov to Eyal on his Bar Mitzvah

Eyal has two brothers, Matan and Ari,
and he attends JFS

Eyal really enjoys Krav Maga and Martial Arts

* Mazel Tov to Debbie, Simon, Matan and Ari Selouk on their son and brother Eyal's Bar Mitzvah. Mazel Tov to grandparents Esther & Jehudah Selouk and Naomi & Dudley Rogg.

* Mazel Tov to Joy Lyons on her grandson Alon Taylor's Barmitzvah this Shabbat. Mazel Tov to parents Dr Fiona Taylor & Dr Richard Taylor and siblings Emma, Amikel and Devorah.

* Mazel Tov to Adam & Jess Koschland on the birth of their daughter Layla Rose Koschland on 22 April, 7th day Pesach. Mazel Tov to grandparents Fiona Seitler & Jonathan Koschland, Deborah & Phillippe Katz and great-grandparents Marian Birnhak, Alan Fishman, Rev. Bernd Koschland, Doris Sherwood and Hilary & Fred Katz.

CERTIFICATE OF RELIGIOUS PRACTICE (CRP)

DO YOU KNOW
HOW TO COMPLETE

**THE CRP
PROCESS?**

If you are applying to a Jewish school for admission in September 2023 you are required to earn a CRP certificate. Make sure to look at the admissions pages of the schools you are applying for.

Please be aware that the CRP form has been updated.



Office of The
CHIEF RABBI



Full details can be found at
www.theus.org.uk/crp

Or watch our info film at
www.TheUS.tv/crp2022

**MAZEL TOV TO THE CHILDREN
IN OUR COMMUNITY
CELEBRATING THEIR BIRTHDAYS**

Rachel Stone (10)
Mila Ebrahimoff (5)
Orli Boltman (6)
Olivia Dahan (7)

CHATS FOR CHAPS AND MONDAY MATTERS

WILL BOTH BE HELD ON

MONDAY 23RD MAY IN KINLOSS SHUL

STARTING AT 11:00AM

FOLLOWED BY COMBINED LUNCH

FOR CATERING PURPOSES,

IF YOU WOULD LIKE TO ATTEND PLEASE CALL
ROCHELLE SCHRANK 020 8349 5263

BY WEDNESDAY 18TH MAY

WE URGENTLY NEED VOLUNTEERS TO JOIN OUR SECURITY ROTAS

Shul members, PLEASE join our security rotas for shifts.

Our Shul is one of the most visible, high profile buildings in London.

The Community remains on a serious state of alert and we **MUST** provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.

Please email : securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031 to volunteer

This week at 13@Kinloss Barmitzvah Programme we had JAMI run a session on mental health and well-being



TIKKUN LEIL SHAVOUT @ KINLOSS YOUTH

*Motsei Shabbat
4th June*

*Watch out for more
information*



**KINLOSS
tribe**

SERVICE TIMES:

SERVICES (שבת see front page)	Sun 1st Rosh Chodesh 30 Nissan	Mon 2nd Bank Holiday/ Rosh Chodesh 1 Iyar	Tues 3rd 2 Iyar	Wed 4th Yom Hazikaron 3 Iyar	Thur 5th Yom Ha'atzmaut 4 Iyar	Fri 6th 5 Iyar
Shacharit	8:00am	8:00am	7:15am	7:15am	6:50am	7:15am
Sephardi	8:00am	8:00am	6:30am	6:30am	6:30am	6:30am
Mincha / Ma'ariv	7:30pm	7:30pm	7:30pm	6:45pm Mincha only Maariv at end of BA Service	7:30pm	Mincha Kabbalat Shabbat 7:30pm

KNIT, STITCH & NATTER

The Tuesday Knit, Stitch and Natter group have been busy knitting adorable baby hats that will be delivered to Barnet General's Delivery Suite and Premature Baby Unit.



The group will be meeting on the
3rd & 10th May @11am
in the Marilyn Newman Room

Our Volunteer from Jewish Care Has asked that
everyone in attendance takes a lateral flow test that morning
and bring the result swab along with you

Kinloss Cares

What can we offer?



- Welfare Phone Support
- Bereavement Support

Advice on
communal
services

- Shopping



- Financial assistance
through the Phyllis
Nathan Trust
(www.kinloss.org.uk/pnt)



Contact Rochelle

020 8349 5263

kinlosscares@kinloss.org.uk

SHARED READING GROUP

EVERYONE IS WELCOME
EXISTING OR NEW PARTICIPANTS

Tuesday 24th May
at 2pm in Benchers at Kinloss
For more information, please speak to :

Kate Fulton on 07801 911 481
or kathrynfulton@hotmail.com



Gift Aid is a government initiative to encourage giving to charities.

Signing up would maximise the value of your contributions made to

Kinloss. Are you already signed up?

*If you're not sure or would like to sign up,
please call Kinloss Office to discuss with
Denise or Shimon 020 8346 8551*

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THE FRIENDSHIP CLUB AT KINLOSS

is back every Tuesday at Kinloss
We are also looking for drivers
for pick ups at 9:30am and take home at 1pm
Call Trudy on 020 8346 3925
or just turn up - everyone welcome!

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 30 APRIL

Stephen Barnett	Father
Howard Josephs	Mother
Beatrice Primhak	Mother

Sunday 1 MAY

Elizabeth Azizoff	Mother
Rochelle Bard	Father
Yvette Kamlish	Mother
Helene Levene	Mother
Rachel Shababo	Father
Susan Sharp	Father
Michael Zabaroff	Mother

Monday 2 MAY

Alan Bearman	Brother
Sorelle Kafton	Mother

Tuesday 3 MAY

Arie Bleiberg	Son
Barbara Bleiberg	Son
Philip Elias	Mother
Michael Goldman	Mother
Richard Jaffa	Father
Cynthia Rothman	Father
Bernard Trent	Mother

**We are looking for
volunteers to serve
Chollent and Kugel
at Kiddush
(approx 11.20 - 12pm)
Please sign up via:
www.kinloss.org.uk/kiddush**

Wednesday 4 MAY

Jonathan Glasser	Father
Yvette Kamlish	Father

Thursday 5 MAY

Rami Kanzen	Father
Sylvia Kayman	Father

Friday 6 MAY

Sadie Bloom	Mother
Josephine Cohen	Brother
Gloria Gilchrist	Father
Janet Gold	Father
Geoffrey Graham	Father
Warren Levy	Mother
Judith Newman	Mother
Rosalind Shear	Father
Nedjat Toubian	Mother

Membership Bills from Pesach 2022

You will have received your new membership bills in the post.

Please pay your invoices via:

- * Online BACS payment
- * The member portal

<https://myus.theus.org.uk/login>

- * If you would like to pay by Credit / Debit Card over the phone, please call the office on 020 8346 8551 and speak to Denise

CONDOLENCES:

* Joy Foux, Clair Goldberg and Melina Macall on the passing of their mother Dr Rhoda Goldberg Z"L

* Francesca Miller, Debra Ross, Honey Lipnick, Darren Manasseh, Philip Cohen & Brina Koppel on the passing of their mother and sister Leila Manasseh Z"L

CONSECRATIONS:

01/05/2022	14:30 in Bushey New in memory of Adrian Weisbard Z"L
15/05/2022	09:30 in Bushey Old in memory of Fred Leveson Z"L
22/05/2022	12:00 in Bushey New in memory of Arnold Nissen Z"L
22/05/2022	14:00 in Bushey Old in memory of Gordon Ross Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

