



1 / 2 January 2021

י"ח טבת תשפ"א

SHABBAT WILL START AT 3:47pm AND TERMINATE AT 4:57pm

KINLOSS SHUL IS OPEN FOR SERVICES
PLEASE NOTE SERVICES FOR SHABBAT AND SUNDAY MUST BE PRE-BOOKED BEFORE 9am ON FRIDAY 1ST JANUARY

FRIDAY NIGHT

3:55pm MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Nissan and Rifca Deal Halls

3:40pm SEPHARDI MINCHA, KABBALAT SHABBAT & MA'ARIV
in the Sephardi Synagogue

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:15am MAIN SYNAGOGUE led by Chazan Eli Sufrin
Kriat Hatorah by Robert Owen
Rabbi Lawrence will speak

9:30am THE MINYAN in the Kinloss Suite
Kriat Hatorah by Dani Schuchman

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

The Youth Minyan, Family Service and Children's Service,
are not taking place this Shabbat

SHABBAT AFTERNOON

3:55pm MINCHA AND SHIUR by Rabbi Lawrence titled
Marriage, Madness & Mismanagement - The story of the Gett of Cleves

4:57pm MA'ARIV & TERMINATION OF SHABBAT
in the Nissan and Rifca Deal Halls

D'VAR TORAH BY LEORA AND HARRY SALTER

Facing up to obstacles of life

וַיְבָרֶכֶם בַּיּוֹם הַהוּא לְאִמּוֹךְ בְּךָ יִבְרַךְ יִשְׂרָאֵל לֵאמֹר יִשְׁמַךְ אֱלֹהִים בְּאַפְרַיִם וּכְמִנְשֶׁה וַיִּשֶׁם אֶת־אַפְרַיִם לְפָנֵי מְנַשֶּׁה:

“So he blessed them that day, saying, “By you shall Israel invoke blessings, saying: May G-d make you like Ephraim and Manasseh.” Thus he put Ephraim before Manasseh (48:20)”

What is the greatest blessing we can bestow on our children and future generations?

We would obviously wish they be granted an easy and comfortable life, one with health and happiness. And if we could, we would try and protect their life and shield them from any difficulties. Yet, as we all know, we do face trials and challenges during our lives. We're unable to shield future generations from difficulties they may come across in their life time.

Precisely for that reason, Yaackov formulates the special text of his blessing that has become a common phrase for Jews throughout the generations. Yaackov places his hands on Yosef's sons Ephraim and Manasseh and blesses them. The words of the verse above, “May G-d make you like Ephraim and Manasseh,” are said by many Jewish parents on a Friday night before making Kiddush.

Why were these two grandchildren chosen among all of Yaackov's children who had grown up in his household to become the model and symbol to be emulated?

As we know from Jewish history, from the time of Yaackov to our current situation there have been many periods of exile and unceasing struggles against foreign cultures. Growing up in Egypt, in a culture diametrically opposed to their own, Ephraim and Manasseh still managed to hold on to their independent culture. The sons of an Egyptian high-officer, who grew up in the Egyptian palace, remained Yaackov's grandchildren. Yaackov blesses all his children, grandchildren, great-grandchildren and all future generations that we should pass the test as successfully as Ephraim and Manasseh in every age and in every place. Obstacles and difficulties will come in life, and Ephraim and Manasseh were not to be shielded, rather to face up to difficulties in their life.

As Yaackov says in his blessing to Yosef, may all future generations be protected from evil:

הַמַּלְאָךְ הַגָּאֵל אֹתִי מִכָּל־רָע יְבָרַךְ אֶת־הַנְּעָרִים וַיִּקְרָא בְּהֵם שְׁמִי וַיִּשֶׁם אֲבֹתַי אַבְרָהָם וְיִצְחָק וַיְדַגּוּ לִרְבִּי בְּקֶרֶב הָאֲרָץ:

The Angel who has redeemed me from all evil— Bless the lads. In them may my name be recalled, And the names of my fathers Abraham and Isaac, And may they be teeming multitudes upon the earth.” (48:16)

VAYECHI STATISTICS

MITZVOT: NONE OF THE 613 MITZVOT

VERSES: 85 (11TH SHORTEST OF THE 54 SIDROT)

WORDS: 1158 (11TH SHORTEST)

LETTERS: 4448 (12TH SHORTEST)

TODAY'S HAFTARAH: 12 VERSES (4TH SHORTEST OF THE 80 HAFTAROT)

VAYECHI IS THE ONLY SIDRA THAT COMMENCES IN THE MIDDLE OF A PARAGRAPH.

PAGE NO.	SONCINO	HERTZ	ARTSCROLL
SIDRA	296	180	268
HAFTARAH	315	191	1145

From Today and Onwards – A Good Year.

We are coming towards the end of a very tough year. At every level, our lives have been turned upside down. From international travel and global enterprises, through national infrastructure and local businesses, and right into our neighbourhoods and inside our homes, it has been very different.

And it has been very difficult.

There has been a new kind of fear. Particularly for those of us who usually enjoy lives in stability and in peace. A year ago, there was appropriate anxiety about climate change. A fraction of a degree here or there, translating into the destruction of a species or environment. We had to reconsider what we were doing and where we were going because of the effects years down the line.

Then, suddenly, we couldn't go anywhere. We had to plan from day to day, from one public service announcement to the next. Travel ceased. Leisure, commerce, education, even public worship. Friends and neighbours were fearful to go out. Worried that they wouldn't see loved ones again – and sadly, all too many times, they didn't.

Isolation was bad, but even within homes and families, togetherness tested relationships. Too much time together exacerbated the fault lines for people trapped, and with nowhere to go.

And after a brief respite, we return to restriction and confinement with hospitals at capacity, friends, family and members unwell, a growing number of bereavements. Uncertainty.

Fortunately, we are beginning to see vaccinations and the prospect that within the year, we should have neutralised this virus and be able to manage its close mutations.

What of January 1st? Do we even recognise it as a date apart from any other?

Clearly it is not “our festival” and a celebration of the date would be aligned with pagan or Christian seasonal observances. The 16th century Rema, citing the 15th century Terumat HaDeshen makes the implicit link with the 1st January and 8th Day of C-mas and the brit which might have followed the eponymous birth. The Rema (Shulchan Aruch YD 148:12) cautions against creating bad blood with our non-Jewish neighbours and even allows for the sending of reciprocal presents (early better than on the day itself. Not later as that might look like we are snubbing them.) He rules that a “Baal Nefesh” should avoid joining in with their celebrations. Rav Moshe Feinstein follows this line in responsa with the observation that the day's religious significance is thoroughly diminished.

Both Naftali Zvi of Ropshitz (d1827) and the late Lubavitcher Rebbe ztz”l are reported to have cited the verse from Tehillim

87:6 ה' יספר בכתוב עמים “Hashem will reckon in the writing of the nations” as a hint to the secular calendar and to have wished people a Happy New Year through a desire to engage others with goodwill.



The Ohev Yisrael, Rabbi Avraham Yehoshua Heshel of Apt (1748-1825), used to greet people on New Year's Eve תחל מהיום שנה טובה “From today, it should be a good year.” This is explained in the Yalkut Ohev Yisrael: On Rosh Hashana, when the Jews cry out to Hashem for forgiveness, our prayer is not always effective against the many sins prosecuted against us. However, when it comes to the secular new year Hashem sees that we marked our day with supplication and awe. By contrast, the nations of the world revel in their appetites and desires. Accordingly, on New Year's Eve, Hashem is drawn to Israel. Even if from Rosh Hashana till now, our fate or forgiveness were with some reservation, from *today*, it should be a Shana Tova!

Only a great and spiritual mind could find a way to celebrate *our* new year on their new year!

In the face of all this year's formidable challenges, and in the midst of gloom and fear, this year I have found inspiration in seeing the very best of humanity. Neighbours and neighbourhoods grew closer and supportive; volunteers joined to call, collect and contribute. And as disparate support groups collaborated and strengthened our communities.

Connections we had made through cross disciplinary networking established shortcuts to action.

In particular, it has been wonderful to see the inter and intra faith collaboration, offering models of hope and resilience to our congregations and the wider public.

There are many ways in which we are called to serve the greater good. And so many people have given of their time and expertise to demonstrate the healing potential of the human spirit in the face of an unhealthy world.

To all friends, associates and colleagues, thank you for all that you do and may God bless you, your loved ones and your communities with health, strength and continued purpose in the year ahead.

May 2021 be a good year. A better year.

May it be a good year for us, our families and communities... From today, even 5781 should become a good year!

Shabbat Shalom

A handwritten signature in blue ink, reading "Jeremy Lawrence".

Rabbi Jeremy Lawrence

LIVE KIDNEY DONATION: THE GIFT OF LIFE

SUNDAY 10TH JAN: 7.30PM



DAYAN MENACHEM GELLEY
ROSH BEIT DIN - LONDON



REBBETZIN LORI PALATNIK
KEYNOTE SPEAKER



RABBI JEREMY LAWRENCE
SENIOR RABBI - KINLOSS



PROF LIZ LIGHTSTONE
PROF OF RENAL MEDICINE



PROF ANTHONY WARRENS
DEAN FOR EDUCATION & DIRECTOR OF THE
INSTITUTE OF HEALTH SCIENCES EDUCATION



MR JEREMY CRANE
CONSULTANT TRANSPLANT
& VASCULAR SURGEON

REGISTER AT
WWW.KINLOSS.ORG.UK/KIDNEY

HEALTHCARE TALKS

A 2021 webinar series organised by Kinloss Synagogue in partnership with The Wellington Hospital and United Synagogue

HEALTHCARE PROBLEMS FOR CHILDREN DURING THE PANDEMIC

19th Jan 8.00pm

Mr Andrew Goldberg	Consultant Orthopaedic Surgeon
Dr Lisa Anderson	General Practitioner
Dr Mark Furman	Consultant Paediatric Gastroenterologist
Dr Lee Noimark	Consultant Paediatric Allergist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist

THE LATEST THINKING ON DISEASE MEDICAL ADVANCES

2nd March 8.00pm

Dr Clive Onnie	Consultant Gastroenterologist
Dr Huw Beynon	Consultant Rheumatologist
Prof Daniel Hochhauser	Consultant Medical Oncologist
Dr Jenny Cross	Consultant Nephrologist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist

FOR THE OVER 70s: OPTIMISING YOUR HEALTH

13th April 8.00pm

Dr Michael Fertleman	Consultant Physician
Dr Bal Athwal	Consultant Neurologist
Mrs Joanne Hockey	Consultant Gynaecologist
Dr Huw Beynon	Consultant Rheumatologist
Prof Martyn Caplin (CHAIR)	Consultant Gastroenterologist



Professor Martyn Caplin

Consultant Gastroenterologist

As a member of Kinloss, I am delighted to chair the 2021 Healthcare Talks Series in partnership with The Wellington Hospital. We have a tremendous programme of talks planned in 2021 with leading authorities, who will share their valuable insights on common healthcare problems for children, the latest medical advances and how best to optimise our health. I am confident these talks will provide you and your family with a great deal of support and reassurance during an uncertain time for many. I hope you can register and join our talks.



Dr Lisa Anderson
General Practitioner



Dr Bal Athwal
Consultant Neurologist



Dr Huw Beynon
Consultant Rheumatologist



Dr Jenny Cross
Consultant Nephrologist



Dr Michael Fertleman
Consultant Physician



Dr Mark Furman
Consultant Paediatric Gastroenterologist



Mr Andrew Goldberg
Consultant Orthopaedic Surgeon



Professor Daniel Hochhauser
Consultant Medical Oncologist



Mrs Joanne Hockey
Consultant Gynaecologist



Dr Lee Noimark
Consultant Paediatric Allergist



Dr Clive Onnie
Consultant Gastroenterologist

WHEN AND HOW TO REGISTER:

You can register online at www.kinloss.org.uk/health no later than a week before each webinar taking place. The webinars will start promptly on the date and the time specified as above.

Mazel Tov to the Children in our Community celebrating their birthdays this week

Benjamin Weitzman (3)
Oren Staub (9)
Carmelle Jesner (4)
Rocco Sollosi (4)

Joseph Nyman (12)
Zara Yaros (9)
Raphael Barsam (9)



**Join Ilana Banana for
a Special Winter
pre Shabbat sing-a-long**

Suitable for ages 0 - 5

**Friday 1st Jan
Time: 2pm**

**KINLOSS**

**REGISTER: WWW.KINLOSS.ORG.UK/ILANA
PASSCODE: SHABBAT**



**This week Kinloss hosted its first ever blood
drive. Thank you to the NHS and Camp Simcha
and to those who gave blood.**



KINLOSS PRESENTS



AURIM DRIVE IN!

THURSDAY 25TH FEBRUARY

FANCY DRESS | FOOD | ENTERTAINMENT

**DETAILS TO FOLLOW
SPONSORSHIP OPTIONS AVAILABLE**

MAZEL TOV - מזל טוב

★ Charles and Rebecca Sandberg on the birth of their daughter, Felicity Mya Sandberg, born 23rd December. Mazel Tov to Grandparents Sandra and Barry Shulman and Tracy and David Sandberg and to Great Grandmother Anne Miller

MONDAY MATTERS FOR WOMEN

The next group meeting will be on
MONDAY 11TH JANUARY

at 3:00pm

Log in via: www.kinloss.org.uk/matters
Everyone is welcome



HATZOLA
NORTHWEST
EMERGENCY AMBULANCE SERVICE

ADDRESS FOR CORRESPONDENCE
FREEPOST HATZOLA
5 HAYES CRESCENT
LONDON NW11 0DG
WWW.HATZOLANW.ORG
EMAIL: ADMIN@HATZOLANW.ORG

י"ב טבת תשפ"א
27/12/2020

Community Covid bulletin

There has been much talk about a new wave of Covid, but many in the local area have not seen or experienced it directly and there is a dangerous complacency.

Hatzola Northwest are now definitely seeing patients with new onset of symptoms, and the Covid-19 related call volume has significantly increased in the last 48 hours and is rising further as we write. Some of these patients are declining rapidly.

From previously being relatively relaxed, the Royal Free, Whittington and Barnet hospitals now have sharply increasing numbers of patients being admitted in rapidly worsening clinical condition.

THIS IS NOW A CRITICAL TIME.

Tier 4 is real - THIS IS NOT SOMEONE ELSE'S PROBLEM - we ALL need to respect and adhere to the recommended government guidelines at all times.

Please also note that even if you or someone close to you has had Covid, you can catch it again or transmit it. If you've been in contact with someone with Covid, please strictly follow the rules of self-isolation to avoid passing it on to others.

If you or someone you know is unwell and you are concerned, please do not wait till the situation deteriorates - **call early.**

MONITORING

Working with local GPs and JDoc, Hatzola Northwest has set up a monitoring program for those with early onset symptoms, but not requiring hospitalisation or patients discharged from hospital, but still symptomatic.

If you or someone you know falls into one of these two categories and wish to be on our 'radar', simply email covid@hatzolanw.org to register. You will then be sent a link with a form to complete. If you do not have access to e-mail, please call 01234 483818

Subject to capacity, those registering will hopefully benefit from daily monitoring and their observations subsequently reviewed by doctors on a daily basis.

Let's try, בעזרת ה', to play our part to save lives together.

Prof Stuart D Rosen
Medical Director Hatzola Northwest

BOOKING SYSTEM FOR SERVICES AND HOW TO BOOK:
 In the interest of health and safety we will be capping the number of people attending services. To book please go to <http://www.kinloss.org.uk/book>

It is essential that we operate a track and trace system on all those attending the building and therefore, individuals **MUST** book in advance online to attend. Bookings must be made in advance of 24 hours of the commencement of the service. If an option is not available, it is either full or no longer available.

Only members can book in using this system.
 Individuals over the age of 21 must have membership separate to that of their parents.

To book to attend the Persian services, please email michael@michaelhakimian.com

Seating: Unfortunately, allocated seating in the Main Shul is currently suspended and we thank you in advance for your co-operation.

If you are experiencing problems with booking, please contact the office by email on office@kinloss.org.uk

Please do not attend if you have not received confirmation of booking.

SERVICES (שבת SEE FRONT PAGE)	SUN 3RD 19 TEVET	MON 4TH 20 TEVET	TUES 5TH 21 TEVET	WEDS 6TH 22 TEVET	THUR 7TH 23 TEVET	FRI 8TH JAN 24 TEVET
SHACHARIT	8:00am	7:15am	7:15am	7:15am	7:15am	7:17am
SEPHARDI	8:00am	6.30am	6.30am	6.30am	6.30am	6.30am
MINCHA / MA'ARIV	3:55pm	3:55pm	3:55pm	3:55pm	3:55pm	MINCHA KABBALAT SHABBAT 3:55pm

Children's Services
 with grateful thanks to Natalie Sommer
 we have uploaded her
Children's Service Videos for Vayechi
<https://youtu.be/XuccOa6l5ql>

other links for Natalie are available on
www.kinloss.org.uk/natalie

ARE YOU THINKING OF TAKING A GAP YEAR?

WE'RE HERE TO TALK

FOR YEARS 12-13, WE'RE HERE TO
DISCUSS GAP YEAR OPTIONS,
INCLUDING: YESHIVA, SEMINARY
AND GAP YEAR PROGRAMMES



RABBI LAITNER, LEORA AND
HARRY ARE AVAILABLE FOR
PRIVATE MEETINGS TO DISCUSS
AND ADVISE ON THE BEST
OPTIONS



**TO BOOK A SESSION, CONTACT:
YOUTH@KINLOSS.ORG.UK OR 07827031851**



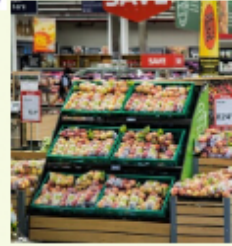
KINLOSS
tribe



KINLOSS



What can we offer?



- Welfare Phone Support
- Bereavement Support
- Shopping
- Advice on communal services
- Financial assistance through The Phyllis Nathan Trust - www.kinloss.org.uk/pnt

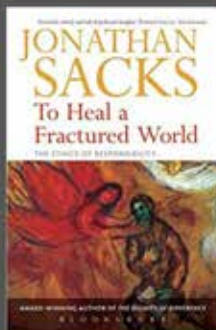


Contact Rochelle
0208 349 5263

kinlosscares@kinloss.org.uk



The Rabbinic Chavrusa
in memory of Rabbi Lord Sacks



Rabbi Friedman and Rabbi Lawrence
discuss 'To Heal a Fractured World: The Ethics of
Responsibility'



MONDAY
— · 25 JANUARY, 8.00PM · —

BOOKING ESSENTIAL AT:
www.kinloss.org.uk/SacksBook

OR

FACEBOOK LIVE
<https://www.facebook.com/HGSSynagogue>

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 2 JANUARY

Fiona Bor	Mother
Laurence Cohen	Mother
Michael Cohen	Wife
Jonathan Field	Father
Philip Mayer	Father
Linda Sharpe	Mother
Eric Tager	Brother
Michael Tager	Brother
Suzanne Weiniger	Mother
Michael Zabaroff	Father

Sunday 3 JANUARY

Ian Addleson	Father
Anne Freedman	Mother
David Grant	Father
Helena Hart	Father
Martin Landsman	Father
Jarvis Lebetkin	1st Wife
Naomi Pope	Father
Paul Tuhrim	Father
Josepha White	Mother

Monday 4 JANUARY

Shirley Bowles	Mother
Lucy Furman	Father
Sonia Hirsch	Sister
Leslie Kaye	Father
Joseph Sassoon	Mother

Tuesday 5 JANUARY

Doreen Coller	Mother
Simon Eisenberg	Wife
Rachel Hajioff	Father
Harry Kaufman	Father
Harvey Plant	Mother
Karen Waters	Mother

Wednesday 6 JANUARY

Ian Addleson	Mother
Irene Alizade	Father
David Grant	Mother
Michael Grunberg	Mother
Stephen Pincus	Brother
Vikki Shields	Sister
Michael Young	Mother

Thursday 7 JANUARY

Leon Meyer	Father
Sheila Rose	Father
David Seres	Mother
Yaffa Toubian	Father
Paul Vegoda	Father
Aviva Vyner	Father
Rose Young	Husband 1st

Friday 8 JANUARY

Harvey Plant	Brother
Audrey Sinclair	Mother
Adrienne Sussman	Sister
Mike Ungelson	Father

CONDOLENCES:

- * Bernice Kliger on the passing of her Daughter, Caron Lesley Kliger Jarvis Z"L
- * Michael Wacks and Jodi Schajer on the passing of his father and her stepfather Tony Wacks Z"L
- * Family of Diane French Z"L

CONSECRATIONS:

Please note these are being held privately with limited numbers. If you wish to attend please call the family beforehand:

28 FEB 21 10:30am at Bushey Old in memory of Gwendoline Greenwood Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

Rabbi Jeremy Lawrence: 07501 895 124

Shimon Gillis, Chief Operations Officer: 020 8349 5264

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

Jackie Caplin, Safeguarding Officer: 07974 665 418

