

23 / 24 SEPTEMBER 2022

כ"ח אלול תשפ"ב

SHABBAT WILL START AT 6:42pm AND TERMINATE AT 7:41pm



FRIDAY NIGHT

6:45pm Mincha followed by Kabbalat Shabbat in the Nissan and Rifca Deal Halls

6:45pm Sephardi Mincha, Kabbalat Shabbat & Ma'ariv

SHABBAT MORNING SERVICES

7:45am HASHKAMA in the Nissan and Rifca Deal Halls

9:00am Rabbi Dr Raphael Zarum's Rambam Shiur in the Liora Graham Beit Midrash
'Hilchot Gerushin, the Laws of Divorce'

9:00am SEPHARDI SERVICE in the Sephardi Synagogue
led by Rabbi Heller and Reuben Gorji

9:15am MAIN SERVICE in the Main Synagogue
led by Chazan Eli Sufrin
Kriat Hatorah by Robert Owen
Rabbi Laitner will speak

9:30am THE MINYAN in the Nissan and Rifca Deal Halls
Kriat Hatorah by Michael Zucker
Rabbi Lawrence will speak
Minyan Kiddush sponsored jointly by
Lynn & Andrew Stock and Irene & Geoffrey Herman

9:45am YOUTH SERVICE in the Liora Graham Beit Midrash

10:15am Anim Zemirot Club in the Newman Room led by David Lesser

10.45am CHILDREN'S SERVICES

Ages 0 – 4 - in the Silver Suite - run by Coral Harding
Reception to Yr 2 – in the Nemetnejad Room – run by Natalie Sommer
Yr 3 - Yr 4 - in the 1st floor classrooms
Yr 5 - Yr 6 - in the Newman Room

There will not be a kiddush this week

SHABBAT AFTERNOON

6.25pm Mincha followed by Seuda in the Small Deal Hall
with Rabbi Laitner titled

'Preparing for Rosh Hashanah: the thought and life of Rabbi Joseph B Soloveichik Part 2'

7:41pm MA'ARIV & TERMINATION OF SHABBAT
in the Liora Graham Beit Midrash

'And the Lord your God will circumcise your heart, and the hearts of your descendants, that you shall love the Lord your God with all of your heart and your soul, that you shall live'. (Devarim 30,6)

Chapter 30 of Devarim, appearing in this week's sidra, is known as the 'parasha of *teshuva*' (return). It is appropriate for us to read as we approach Rosh Hashana and Yom Kippur. What is the meaning of the phrase that 'God will circumcise your heart' and how does that relate to 'return'?

Another occurrence of this phrase, in Devarim 10:16, helps to provide an answer. It commands us to 'circumcise the layer of your heart'. **Rashi** explains there that it refers to a 'covering' of the heart, which needs to be removed, a metaphor for individual *teshuva*. **Ramban**, another of the major commentators on the Torah, sees it as an audit call, to concentrate on what is central, and jettison what is not. As a basis for these views, the **Talmud (Yoma 38b, Shabbat 104a)** states that 'one who comes to be purified receives help', but that the penitent must take some positive action as well to rectify matters, not just rely on the help of heaven. Hence the metaphor related to the heart, portrayed as the seat of desires. The explanations of Rashi and Ramban offer us ways to accomplish this.

These explanations seem to be on an individual level. Ramban, in the continuation of his comments, discusses whether our verse also has a national aspect to it. He quotes verses from Biblical prophets about the future of the Jewish people and the Biblical visions for the future, when the world will become a better place. In this vein, the first Chief Rabbi of the State of Israel, **Rabbi Dr Isaac Herzog**, and the Nobel Prize winning writer, **S.Y. Agnon**, included this verse in their version of the prayer for the State of Israel, in the edition found in Israeli siddurim, which was written shortly after the establishment of the State of Israel. They wanted the prayer to reflect a 'national *teshuva*' represented by the birth of the State of Israel and the opportunities the State offers to show the realisation of those Biblical visions. Our task as individuals is to play our part in bringing about the national realisations of *teshuva*.

We are thus issued with a dual challenge – personal and national auditing to achieve 'circumcision of the heart' and the return to God, which is *teshuva*. The first challenge is in our hands individually. The second challenge is down to us all. Everything we do brings the second closer, so any positive action, however small, should not be undervalued! May we be blessed with God's help and succeed in both in the coming year!

Shabbat Shalom and Shana Tova!

Nitzavim Statistics

Mitzvot: None of the 613 mitzvot
Verses: 40 (the 2nd shortest of the 54 Sidrot)
Words: 657 (4th shortest)
Letters: 2575 (4th shortest)

Page No.	SONCINO	HERTZ	ARTSCROLL
Sidra	1138	878	1086
Haftarah	1145	883	1202

Awesome Appreciation

Rosh Hashana is a festival of visualisation.

The famous passage in the Talmud (Rosh Hashana 16b) talks of the Three Books of Judgement open before Hashem for the צדיקים גמורים fully righteous, who are inscribed immediately for life; the רשעים thoroughly wicked, signed immediately for death and the בינוניים in-betweeners, whose judgement is suspended until Yom Kippur.

The Talmud Shabbat 31a advises us of the questions that we will be asked in the Heavenly Tribunal:

אָמַר רַבָּא: בְּשַׁעֲהָ שְׁמַכְנִיסִין אָדָם לְדִין, אֲמָרִים לוֹ: קָשָׁאתָ וְנָתַתָּ בְּאִמּוּנָה? קִבַּעְתָּ עֵתִים לַתּוֹרָה? עָסַקְתָּ בַּפְּרִיָּה וּבְרֵבִיָּה? צָפִיתָ לַיְשׁוּעָה? פָּלַפַּלְתָּ בְּחֻכְמָה? הִבַּנְתָּ דָּבָר מִתּוֹךְ דָּבָר? וְאַפִּילוּ הִכִּי, אִי יֵרָאֵת ה' הִיא אוֹצְרוֹ - אֵין, אִי לֹא - לֹא.

Rava said: After departing from this world, when a person is brought to judgment for the life he lived in this world, they say to him: “Did you designate times for Torah study? Did you engage in procreation? Did you yearn for salvation? Did you engage in the dialectics of wisdom? Did you understand one matter from another?”

Various commentaries elaborate on the themes. Our lives should be anchored in something meaningful and spiritual, something that transcends our own need to get by. Ideally, we should be building a future, looking to fill the world with life. We should live in hope, not see the world as irredeemably bleak. Life’s lessons should be learned from others as well as our own experience. Moreover, we should interrelate ideas from different disciplines and sources, avoiding siloed living.

Most important, though, אִי יֵרָאֵת ה' הִיא אוֹצְרוֹ - אֵין, אִי לֹא is that we should live lives of reverence and awe, understanding the majesty of Hashem with an awareness of our personal accountability. To that end, the very first question we are asked in heaven according to another midrash is, “Did you enjoy and bless My world?” Did we seize opportunities for pleasure, and did we show appreciation?

The images of judgement and accountability are supposed to guide our חשבון הנפש, taking spiritual stock of ourselves.

As the Gemarra (Shabbat 153a) explains Pirkei Avot

perish tomorrow and that audience with Hashem is suddenly upon us.



One might think that sobering image is to jolt us into repentance, fearful of harsh judgement. However, the goal, accepting the inevitable encounter, is to make the most of our lives – to live lives which are clean, so that our eventual reckoning is a celebration of a positive and purposeful time on earth.

Stop... Think... Appreciate... Consider with optimism what might be... From there, we can join the dots and chart a path.

“**Choose life!**” – וּבַחֲרֹתַי בְּחַיִּים לְמַעַן תִּחְיֶה אִתָּה וְזַרְעֲךָ: Instructs Hashem in Parashat Nitzavim – “So that you shall live. You and your descendants...” אִי יֵרָאֵת ה' הִיא “Fear of Heaven” is not cowering in the face of possible penalty at Hashem’s hands – it is awe and wonder at **what we might only achieve in life** – and **who we might only become** with Hashem as a partner – when we choose a life of meaning for ourselves and our families after us.

Shabbat Shalom and Shana Tova!

R' Jeremy Lawrence



Selichot Service at Kinloss



KINLOSS SERVICE TIMES

EREV ROSH HASHANAH

Sunday 25th September

7.15am Shacharit and Selichot (Liora Graham Beit Hamidrash)

7.00am Sephardi Selichot, Hatara and Shacharit

6.35pm Sephardi Mincha and Arvit (Deal Halls)

6.38pm Yom Tov begins.

Candle-lighting (light a 48-hour candle prior to candle-lighting in order to light second night candles)

6.40pm Mincha followed by Ma'ariv (Main Synagogue)

FIRST DAY ROSH HASHANAH

Monday 26th September

6.30am Hashkama (Sephardi Shul)

7.45am Main Synagogue

8.00am Parallel Service (Kinloss Suite)

8.30am Sephardi Service (Deal Halls)

9.00am Youth Service (Liora Graham Beit Hamidrash)

9.30am Reading of the Torah in Main Synagogue
& Parallel Service (approx.)

10.15am Shofar Blowing in Main Synagogue (approx.)

10.15am Sermon by Rabbi Laitner in Parallel Service (approx.)

10.30am Shofar Blowing in Parallel Service

10.30am Youth Kiddush followed by shofar (approx.)

10.45am Children's Services followed by Kiddush and special programme

12.30pm Sermon by Rabbi Lawrence in Main Synagogue (approx.)

After the services there will be additional shofar blowing in the Main Synagogue (1pm) approx)

5.30pm Community Tashlich at Waverley Grove Bridge led by Rabbi Lawrence

5.30pm Sephardi Mincha and Tashlich

6.35pm Mincha followed by Ma'ariv (Main Synagogue)

6.45pm Sephardi Arvit (Deal Halls)

7.37pm Nightfall & earliest candle-lighting (from an existing flame)

SECOND DAY ROSH HASHANAH

Tuesday 27th September

- 6.30am Hashkama (Sephardi Shul)
- 7.45am Main Synagogue
- 8:00am Parallel Service (Kinloss Suite)
- 8.30am Sephardi Service (Deal Halls)
- 9.00am Youth Service (Liora Graham Beit Hamidrash)
- 9.30am Reading of the Torah in Main Synagogue & Parallel Service (approx.)
- 10.15am Shofar Blowing in Main Synagogue (approx.)
- 10.15am Sermon in Parallel Service by Rabbi Lawrence (approx.)
- 10.30am Shofar-blowing in Parallel Service (approx.)
- 10.30am Youth Kiddush followed by shofar (approx.)
- 10.45am Children's Services followed by Kiddush and special programme
- 12.30pm Sermon by Rabbi Laitner in Main Synagogue (approx.)

After the services there will be additional shofar blowing in the Main Synagogue (1pm) approx)

- 6.15pm Sephardi Mincha
- 6.35pm Mincha followed by a shiur
- 7.34pm Ma'ariv, Havdalla and termination of Rosh Hashanah

ASSERET Y'MEI TESHUVA - 10 DAYS OF REPENTANCE

Wednesday 28th September– Tzom Gedaliah (Fast of Gedaliah)

- 5.17am Fast Commences
- 5.45am Sephardi Selichot & Shacharit
- 6.45am Shacharit (Liora Graham Beit Hamidrash)
- 6.00pm Sephardi Mincha and Arvit (Sephardi Synagogue)
- 6.25pm Mincha followed by Ma'ariv (Liora Graham Beit Hamidrash)
- 7.26pm Fast terminates

Thursday 29th September

- 5.45am Sephardi Selichot & Shacharit (Sephardi Synagogue)
- 6.45am Selichot & Shacharit (Liora Graham Beit Hamidrash)
- 6.00pm Sephardi Mincha and Arvit (Sephardi Synagogue)
- 6.25pm Mincha followed by Ma'ariv (Liora Graham Beit Hamidrash)

Friday 30th September

- 5.45am Sephardi Selichot & Shacharit (Sephardi Synagogue)
- 6.45am Selichot & First Shacharit (Liora Graham Beit Hamidrash)
- 6.26pm Shabbat begins
- 6.10pm Sephardi Mincha and Arvit (Sephardi Synagogue)
- 6.30pm Mincha and Kabbalat Shabbat (Deal Halls)

Rosh Hashanah & Yom Kippur Programming Schedule

Rosh Hashanah Day 1 - Monday 26th September

10.00am - Rachel's tears at New Year: Repairing Broken Relationships
with Chava Wulwick (Women Only)

11.15am - Rabbi Dov Cowan (Inspiration)

Rosh Hashanah Day 2 - Tuesday 27th September

11.15am - Hearing the voices in the Krias HaTorah on Rosh Hashanah
with Chava Wulwick

Yom Kippur - Wednesday 5th October

11am - The Scapegoat with Chava Wulwick

12pm - Rabbi Dov Cowan (Inspiration)

1pm - Explanatory Service with Rabbi Lawrence

2pm - Shiur with Harris Bor

3.15pm - Ask the Rabbi with Rabbi Lawrence

EVERYONE WELCOME




KINLOSS

WHOLE SHATTERED WHOLE

Inspirational Rosh Hashana
experience with Rabbi Dov
Cowan, unlocking the
profound life lessons that we
can learn from the shofar
sounds

ROSH HASHANA DAY ONE
11.15am
NEWMAN ROOM



"WHOLE..SHATTERED ... WHOLE"

For anyone who might be looking for something a bit different this year,
Kinloss is excited to be offering a unique Rosh Hashana Interactive class with
Rabbi Dov Cowan. Educator, Jewish meditation instructor and the founder of the popular
Soul Fitness series of classes and experiences,
Rabbi Dov will be sharing profound insights on the shofar's powerful lessons for life in 2022.

The Shul Office will close
at 1pm on Friday 23rd September
and we will re-open at 9am on Wednesday 28th September.

In case of emergency, please call
Rabbi Lawrence on 07501 895 124 or email office@kinloss.org.uk
(messages will be checked on non Yom Tov days)
The Staff in the Kinloss Office wish everyone a very Happy New Year
and well over the Fast.

TRIBE COMMUNITY MEMBERSHIP FOR SINGLES AGED BETWEEN 21 - 29

Is your child single and between the age of 21 - 29?

**If so, they are not covered under your household membership and funeral scheme.
It is essential they are members in their own right
The cost is £5 a month.**

This will also enable them to attend weekday, Shabbatot and Chaggim Services.

Please sign up here :

<https://portal.tribeuk.com/account/tcm/register/>



Kinloss Cares - WE NEED YOU

Weekly Highlight Project

We are looking for volunteers to make phonecalls and connect with the elderly ahead of Yom Tov. Training will be provided.



To volunteer, please contact Rochelle
on kinlosscares@kinloss.org.uk
0208 349 5263 / 07517 577 019

KINLOSS cares
about you

Kinloss Cares

What can we offer?



Contact Rochelle
020 8349 5263

kinlosscares@kinloss.org.uk

KINLOSS cares
about you

Volunteers needed to shop
for our elderly members.
We also need volunteers to give lifts
to our elderly members.

Please contact Rochelle
0208 349 5263/ 07517 577 019

giftaid it

*is a government initiative
to encourage giving to charities.*

*Signing up would maximise the
value of your contributions made
to Kinloss.*

Are you already signed up?

*If you're not sure
or would like to sign up,
please call Kinloss Office
to discuss with
Denise or Shimon 020 8346 8551*

**WE URGENTLY NEED
VOLUNTEERS TO JOIN OUR
SECURITY ROTAS**

Shul members, PLEASE join our security rotas for shifts. Our Shul is one of the most visible, high profile buildings in London. The Community remains on a serious state of alert and we MUST provide a visible deterrent.

You would only be required for one hour every 8 weeks, on Shabbat morning.
Please email : securekinloss@yahoo.co.uk
or call Martin Shiers on 07831 836 031 to volunteer

Children currently in Year 3 who wish to attend / participate in the Year 3 Graduation Simchat Torah Service (Tuesday 18 October) please email nataliesommer2000@yahoo.co.uk



**MAZEL TOV TO
THE CHILDREN
IN OUR
COMMUNITY CELEBRATING
THEIR BIRTHDAYS**

Zoe Renton (3)
Raphael Shem-Tov (2)
Emily Kanzen (10)
Jacob Eden (5)
Zeph Hamilton (10)
Emily Hoddes (10)
Henry Schuldenfrei (1)
Eliana Stiefel-Sevitt (4)

ANIM ZEMIROT CLUB

Come and learn to sing Anim Zemirot.
Our club will meet every Shabbat at 10:15am in the Newman Room. Boys of 6 and over welcome.
Led by David Lesser



KINLOSS

A FILM BY ADRIAN KELATY

EPIPHANY

A true story based on a Holocaust Survivor who makes a shattering discovery.

SUNDAY 13 NOVEMBER, DOORS OPEN 7PM
FINCHLEY UNITED SYNAGOGUE

PRE BOOK TICKETS - www.kinloss.org.uk/film



**HAMSA
MAGIC**

ART WORKSHOP
WITH INSPIRING
ARTIST
HANNA DAHAN

SUNDAY 23 OCTOBER
9AM-12PM OR 4PM-7PM

Hanna will share her joy,
passion and skills to help
you create your own
beautiful hamsa on
canvas

WOMEN ONLY (AGE 15+)

£15 KINLOSS MEMBERS
£20 NON MEMBERS

BOOK BY 9 OCTOBER
www.kinloss.org.uk/hamsa

KINLOSS

MAZEL TOV • מזל טוב

* Mazel Tov to Sally & Aubrey Moher on the Bar Mitzvah of Nadav Rotter on Shabbat Shuva, Son of Claire & Pinny Rotter of Dagan, Efrat brother to Yishai, Amitai, Gilad Idan & sister Halleli.

* Mazel Tov to Gila & Eli Hakimian, Orly, Ariel & Shira on Moriah's Bat Mitzvah. Mazel Tov also to grandparents, Mahin Hakimian and Rivka & Rachamim Betsaleli. Remembering Grandfather Mehdi Hakimian Z"L at this special time.



KINLOSS

BETTER
the feel good place

CHAIR BASED EXERCISE CLASS

**FREE CLASSES ON THURSDAY 6, 13, 20, 27 OCTOBER,
10.30AM, NEMETNEJAD ROOM**

GLL in partnership with Barnet Council have developed
an important project getting Barnet residents 'more
active more often'.

Adults 55+ Exercise Classes, rotating equipment each week

- SOFT BALLS
- WEIGHTS
- FITNESS CIRCLES
- STETCH BANDS

REGISTER NOW VIA
www.kinloss.org.uk/exercise
OR CALL 020 8349 5267



New Years Party

Chol Hamoed Wednesday 12th
October
Year 5-6 @ 6:00pm - 7:00pm
Year 7-8 @ 7:30pm - 8:30pm

Kinloss Suite - Dinner in the Succah

£10 for members - £15 for non-members

Book now:
www.kinloss.org.uk/nyparty

YOMIM NORAIM @ KINLOSS YOUTH



ROSH HASHANAH

1st Day Rosh Hashanah:

8:45am - Breakfast
Shmooze

9am - Shacharit in Liora
Graham Beit Midrash
10:30am - Kiddush
10:50am - Speaker
Shofar and Mussaf

2nd Day Rosh Hashanah:

8:45am - Breakfast
Shmooze

9am - Shacharit Liora
Graham Beit Midrash
10:30am - Kiddush
10:50am - Speaker
Shofar and Mussaf



YOM KIPPUR

6:20pm - Kol Nidrei with
the Main Shul and Parallel
Service

10:00am - Shacharit in the
Liora Graham Beit Midrash

12:45pm - Mussaf in the
Liora Graham Beit Midrash

4:15pm - Mincha with the
Parallel service

5:45pm - Sermon by Chief
Rabbi Ephraim Mirvis,
followed by Neila with the
Parallel service



SUKKOT

1st & 2nd Day Sukkot:

9:30am - Breakfast
Shmooze in the Youth
Succah

9:45am - Shacharit
Followed by Kiddush

Shemini Atzeret:

9:30am - Breakfast
Shmooze in the
Succah

9:45am - Shacharit
Followed by Kiddush

Simchat Torah:

Maariv and Hakafot
Followed by Simchat
Torah Dinner

9:45am - Breakfast
Shmooze

10:00am - Shacharit
Followed by Kiddush



For Years 7-13

Rosh Hashana and Yom Kippur services will have
explanations on the service given by Leora &
Harry

For more information, contact Leora & Harry:
07827031851 or email: youth@kinloss.org.uk



13 @ KINLOSS

A PARENT AND SON BAR MITZVAH PROGRAMME

LEARN KEY FUNDAMENTAL TOPICS OF JUDAISM AND THE
PRACTICAL SIDE OF BECOMING A BAR MITZVAH BOY IN A
7 PART PROGRAMME:

WISDOM
MITZVOT
ISRAEL
JEWISH HISTORY
CHESED
MENTAL HEALTH
FINALE

EACH SESSION WILL BE TAUGHT THROUGH EXPERIENTIAL
LEARNING

TO SIGN UP AND FIND OUT MORE INFORMATION ABOUT
THE PROGRAMME, VISIT: WWW.KINLOSS.ORG.UK/BM

MEMBERS: £40 NON-MEMBERS: £50

FOR MORE INFORMATION, CONTACT LEORA AND HARRY:
07827031851 OR EMAIL: YOUTH@KINLOSS.ORG.UK



12@Kinloss Kinloss Bat Mitzvah Programme

**The course includes interactive sessions
exploring Jewish identity and values**

**Using text and creative activities
relating to remarkable women from
history**



Starting on November 2022

For Parents and Daughters

£40 for Members, £50 for Non-Members

To sign up, go to: www.kinloss.org.uk/bt

CEMETERY OPENING, FOR VISITS DURING ELLUL

SUNDAYS 18 and 25 SEPTEMBER 2022

BUSHEY CEMETERY Please note that no transport to and from Bushey Cemetery will be provided	OPEN 18/9/22 09.00 – 17.00 25/9/22 09.00 – 16.00
WALTHAM ABBEY CEMETERY Please note that no transport to and from Waltham Abbey Cemetery will be provided	OPEN 18/9/22 09.00 – 17.00 25/9/22 09.00 – 16.00
WILLESSEN CEMETERY	OPEN 18/9/22 10.00 – 16.00 25/9/22 10.00 – 16.00
EAST HAM CEMETERY	OPEN 18/9/22 09.00 – 15.00 25/9/22 09.00 – 13.00
WEST HAM CEMETERY (At all other times by appointment only)	OPEN 18/9/22 10.00 – 15.00 25/9/22 10.00 – 13.00
PLASHET CEMETERY (At all other times by appointment only)	OPEN 18/9/22 10.00 – 15.00 25/9/22 10.00 – 13.00

All other Sundays, Bushey, Waltham Abbey, East Ham and Willesden Cemeteries will be open as per 18/9/22 above timings. West Ham and Plashet Cemeteries will be shut.

MONDAY - FRIDAY OPENING TIMES

Bushey, East Ham, Waltham Abbey and Willesden Cemeteries are open as follows:

Monday – Thursday 09.00 – 17.00 (East Ham 09.00 – 15.00)

Friday 09.00 – 16.00 (East Ham 09.00 – 13.00)

Monday 29 August, As above, except Willesden open only from 10.00 – 16.00, East Ham is closed.

Monday 6 September and other eves of Jewish Holidays, all cemeteries will close at 16.00 (East Ham 13.00)

All other cemeteries are by appointment only; please call 020 8950 7767 Option 1 to arrange a visit.

Please note that West Ham and Plashet Cemeteries may be unsupervised during visits.

The United Synagogue cemeteries are maintained to a good standard but due to the nature of the grounds there are inevitable risks namely, slips and trips. By agreeing to visit our cemeteries, the United Synagogue Burial Society consider that you understand and accept these conditions.

Please be careful when visiting as paths can be very uneven. When walking around the graves please ensure that you do not hold onto the headstones and ensure you watch your footing. The ground at these cemeteries is very volatile; subsidence can occur at any time. Please take notice of the iron railings and any signage indicating risk.

President: Michael Goldstein

Treasurer: Maxwell Nisner

Trustees: Andrew Eder, Claire Lemer, Fleurise Lewis, Nicola Rosenfelder, Barry Shaw, Saul Taylor, Jacqui Zinkin

Chief Executive: Steven Wilson



TheUS



Would you like to sponsor a Kiddush in the Minyan on Shabbat?

Please sign up via:
www.kinloss.org.uk/minyankiddush

SHUL MEMBERSHIP BILLS

You have received your 2022/23 membership bills in the post.

Please pay your invoices via:

- * Online BACS payment
- * The member portal <https://myus.theus.org.uk/login>
- * If you would like to pay by Credit / Debit Card over the phone, please call Denise on 020 8346 8551



LEVEL 2 SECURITY OFFICER COURSES



Krav Maga



Scenario training

COURSE 1
Monday (pm)

7 Nov–12 Dec

COURSE 2
Wednesday (pm)

9 Nov–14 Dec

COURSE 3
Thursday (pm)

10 Nov–15 Dec

Assessment Sunday 18 December (am)

Online lectures • Face to face training • Once a week • Six weeks



02084579999

recruitment@cst.org.uk



Kinloss Banqueting

banqueting@kinloss.org.uk

0208 349 5268

www.kinlossevents.co.uk



[kinloss.banqueting](https://www.instagram.com/kinloss.banqueting)



Part of the hybrid Healthcare Talks 2022 series

HOW TO PREVENT COMMON CONDITIONS & ILLNESSES AS YOU GET OLDER

Join us on Tuesday 25th October at 8pm



Dr Vanessa Eisman (Chair)
General Practitioner



Mr Andy Goldberg
Consultant Orthopaedic Surgeon



Mr Colin Elton
Consultant Colorectal Surgeon



Dr Bal Athwal
Consultant Neurologist



Dr Sundeep Kalra
Consultant Cardiologist

REGISTER ONLINE AT:
kinloss.org.uk/health



The Wellington Hospital

part of **HCA Healthcare UK**



We are pleased to announce that we would like to restart the weekly Bridge Club on either Wednesday or Thursday mornings. Self-taught Bridge will be played with a possibility of Supervision. To register your interest, please call Lucy on 020 8349 5267.

SHARED READING GROUP

EVERYONE IS WELCOME
EXISTING OR NEW PARTICIPANTS

**Tuesday 25th October
at 2pm in the Rabbi's office
at Kinloss**

For more information,
please speak to :

Kate Fulton on 07801 911 481 or
kathrynfulton@hotmail.com

Are you able to help on the
Welcoming Desk
on Shabbat and the Chaggim?
Please register via
www.kinloss.org.uk/welcome

THE KEHILLA WISHES חיים ארוכים "LONG LIFE" TO THE FOLLOWING WHO HAVE YAHRZEIT

Shabbat 24 SEPTEMBER

Jonathan Angel	Brother
Felice Crown	Father
Linda Davis	Father
Jill Pivnik	Father
Thea Valman	Father

Sunday 25 SEPTEMBER

Pauline Amdur	Father
Shirley Freeman	Father
Arlette Gotkine	Husband
Claire Shine	Father

Monday 26 SEPTEMBER

Simon Eisenberg	Brother
Sheila Leveson	Mother
Eugenia Melnick	Mother
Eugenia Melnick	Father
Lasse Paulen	Father
Birthe Tager	Father
Esther Yellon	Sister
Esther Yellon	Mother

Tuesday 27 SEPTEMBER

Henry Aaronson	Brother
Helen Azizoff	Brother
Suzanne Clinton-Davis	Father
Anna Ezekiel	Mother
Emma Greenbaum	Mother
Paul Greenbaum	Wife
Anna Popivker	Father
Ronald Rosenblatt	Wife
Michael Weinstein	Mother

Wednesday 28 SEPTEMBER

Doreen Coller	Husband
Harold Ellis	Brother
Melanie Harris	Father
Howard Markham	Father
Carole Paule	Mother
Alison Ross	Mother
Vikki Shields	Husband
Jehuda Sosnow	Mother
Gail Swerling	Father

Thursday 29 SEPTEMBER

Brian Gedalla	Father
Howard Gilmore	Mother

Friday 30 SEPTEMBER

Arie Bleiberg	Father
Gerald Cantor	Mother
Malcolm Chaplin	Wife
Harold Ellis	Sister
Rhoda Morgan	Husband
Robert Owen	Father
Zena Shattin	Sister
Michael Tager	Father
Candice Woolfson	Father

CONDOLENCES:

* Fiona Bor, Suzanne Weiniger, Sharon Silverblatt, Lisa Cohen, Louis Cohen, Barbara Ebbing on the passing of their father and brother Michael Cohen Z"L

CONSECRATIONS:

02/10/2022 10:00 in Bushey Old in memory of Anne Freedman Z"L
 30/10/2022 10:30 in Waltham Abbey Cemetery in memory of Leo Abeles Z"L
 06/11/2022 10:30 in Adath Yisrael Cemetery Cheshunt in memory of Freda Wineman Z"L
 (mother of Sandra Wagner)
 06/11/2022 12:30 in Bushey Old in memory of Eric Green Z"L
 20/11/2022 11:00 in Bushey New in memory of Ruth Rosenberg Z"L
 20/11/2022 11:30 in Waltham Abbey in memory of Kathrin Slezinger Z"L

FINCHLEY SYNAGOGUE USEFUL PHONE NUMBERS

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Shimon Gillis, Chief Operations Officer: 020 8349 5264

Safeguarding Officer, Jason Marantz: 02083495262 / safeguarding@kinloss.org.uk

Shul Office: 020 8346 8551

Kinloss Cares: 020 8349 5263

